

Menus for October 2023

Telfair County Middle/High

This institution is an equal opportunity provider. Menus are subject to change.

Success is not always what you see.



Available Daily

- Salad Cup
- Fresh Fruit
- Fruit Cup
- Fruit Icee
- Choice of Milk

Featured Specials of the Day

Monday, October 2

- Cheeseburger or Rib Sandwich
- Baked Beans
- French Fries

Tuesday, October 3

- General Tso's Chicken or Corndog
- Rice and Oriental Veggies
- Spring Roll
- Sunset Sip Juice
- Fruit Icee
- Fortune Cookie

Wednesday, October 4

- Chicken Tenders or Hamburger Steak
- Creamed Potatoes
- Green Beans
- Salad Cup
- Roll

Thursday, October 5

- Totchos or Ham and Cheese on Croissant
- Tater Tots
- Salad Cup

Friday, October 6



STAY!!!!!!

Feeling sick as a dog? If you think it's the flu, please do yourself, your teachers, your classmates, and their families a favor and stay home until your fever's been gone for at least 24 hours. That's a good boy.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

OCTOBER IS
**BREAST CANCER
AWARENESS MONTH**

Featured Specials of the Day

Monday, October 9



Tuesday, October 10

- Taco or Chicken Fajita
- Lettuce, Tomato, Cheese, Sour Cream
- Roasted Carrots
- Taco Beans

Wednesday, October 11

- Chicken Tenders or Steak Fingers
- Waffles
- Salad Cup
- Wango Mango
- Potato Wedges

Thursday, October 12

- Smoked Sausage or Ham on Croissant
- Rice and Tomatoes
- Roasted Broccoli
- Roll
- Fruit Icee

Friday, October 13

- BBQ Sandwich or Hotdog
- Sweet Potato Fries
- Coleslaw

24.7 BY THE NUMBERS
IN POUNDS, THE AMOUNT OF
CANDY THE AVERAGE
AMERICAN EATS IN A YEAR



Featured Specials of the Day

Monday, October 16

Cheeseburger or Rib Sandwich
Baked Beans
French Fries

Tuesday, October 17

Sweet and Sour Chicken or Corndog
Rice and Oriental Veggies
Spring Roll
Fortune Cookie
Sunset Sip Juice

Wednesday, October 18

Hamburger Steak or Chicken Tenders
Turnips
Creamed Potatoes
Cornbread

Thursday, October 19

Totchos or Ham on Croissant
Tater Tots
Salad Cup

Friday, October 20

Pepperoni Pizza or Hotdog
Coleslaw
Sweet Potato Fries

Featured Specials of the Day

Monday, October 23

Chicken Sandwich or Turkey on Croissant
Baked Beans
French Fries

Tuesday, October 24

Tacos or Chicken Fajita
Lettuce, Tomato, Cheese, Sour Cream
Roasted Carrots
Taco Beans

Wednesday, October 25

Chicken Tenders or Steak Fingers
Waffles
Potato Wedges
Wango Mango Juice

Thursday, October 26

Smoked Sausage or Ham on Croissant
Rice and Tomatoes
Roasted Broccoli
Roll

Friday, October 27

BBQ Sandwich or Corndog
Corn on the Cob
Sweet Potato Fries
Fruit Iced

Monday, October 30

Cheeseburger or Rib Sandwich
Baked Beans
French Fries

Tuesday, October 31

Creepy Chicken Nuggets or Chilling Chef Salad with Diced Ham
Robot Roasted Carrots
Spooky Salad Cup
Boo Breadstick



NIGHT STALKER.

A single little brown bat can eat up to 600 creepy mosquitoes and other flying insects in just an hour!

ANIMAL APPETITES

MANY MOONS

Native Americans had special names for every full moon of the year. One name for the October full moon is the "Yellow Leaf Moon," as the changing colors of the leaves signal a new season!

