OCTOBER 2023

CENTRAL YORK K-6

BREAKFAST MENU

BREAKFAST PRICES Students - No Charge Adults -\$2.30 Milk - \$0.80

Milk is included with each meal:

1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid.

Daily Cold Breakfast Offerings will include:

- Cereal,
- Cereal Bar
- Pop Tart w/ Yogurt or Cheese Stick
- *Contains Pork/Ham

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini - Cinnis Assorted Fruit Juice Milk	Mini French Toast Assorted Fruit Juice Milk	*Egg Extravaganza Hash Brown Assorted Fruit Juice Milk 4	Mini Bagel Assorted Fruit Juice Milk	Apple Breakfast Bites Assorted Fruit Juice Milk 6
NO SCHOOL	Mini Waffles Assorted Fruit Juice Milk	*Breakfast Sandwich w/Egg, Cheese & Sausage Assorted Fruit Juice Milk	Muffin Assorted Fruit Juice Milk	Mini Donuts Assorted Fruit Juice Milk
Breakfast Bun Assorted Fruit Juice Milk	French Toast Assorted Fruit Juice Milk 17	Scrambled Eggs w/Bicuit Assorted Fruit Juice Milk 18	Mini Pancakes Assorted Fruit Juice Milk 19	NO SCHOOL 20
NO SCHOOL 23	Mini Bagel Assorted Fruit Juice Milk	Pancake Bites Assorted Fruit Juice Milk 25	Muffin Assorted Fruit Juice Milk 26	Glazed Donut Assorted Fruit Juice Milk
Mini - Cinnis Assorted Fruit Juice Milk	Mini French Toast Assorted Fruit Juice Milk 31			