OCTOBER 2023

CENTRAL YORK HS

LUNCH MENU

LUNCH PRICES Students - \$2.70 Reduced - NO CHARGE Adults -\$4.20 Milk - \$0.80

Milk is included with each meal:
1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk.
Alternative Milk Choice: Soy and Lactaid.

- Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Alternate Line Available Everyday. Menu will change daily.
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Big Daddy's Pizza Chips Steamed Broccoli	Walk Away Taco w/Lettuce/Tomato Cup Mexican Fiesta Rice Ranchero Beans 3	Popcorn Chicken Bowl w/ Dinner Roll Mashed Potatoes Gravy Corn 4	EARLY DISMISSAL HS ONLY Deli Sandwich Chips Juice Box/Carrot Pack 5	Cheeseburger or Hamburger Curly Fries Carrot Pack w/Dip
NO SCHOOL	Baked Mac & Cheese w/Toppings WG Mini Soft Pretzel Steamed Broccoli Stewed Tomatoes	Chicken Nuggets Seasoned Rotini Baked Beans	Cheese Steak Sandwich Pierogies Steamed Carrots	Chicken Potpie WG Funnel Cake Peas
9	Stewed Tomatoes 10	11	12	13
Cheese Pizza Sticks w/ Marinara Sauce California Blend	Snack'n Waffle w/Chicken Tenders Green Beans	Korean Noodle Bowl Roasted Vegetables w/Broccoli	EARLY DISMISSAL Deli Turkey Sandwich Chips Juice Box Carrot Pack 19	NO SCHOOL 20
NO SCHOOL	Nacho Dippers w/Meat, Cheddar or Queso Cheese Fiesta Beans	World Pasta Day! Rotini w/Meat Sauce Cheese Bread Stick Spring Mix Salad 25	French Toast Sticks *Sausage Hash Brown Juice cup	*Hot Ham & Cheese on Pretzel Bun French Fries Glazed Carrots
Pebbles & Stones				
w/ Marinara Sauce Italian Vegetable Blend	Corn Dog Oven Potatoes Baked Beans			
30	31			