## **OCTOBER 2023**

## CENTRAL YORK K-3

LUNCH MENU

LUNCH PRICES
Students - \$2.70
Reduced - NO CHARGE
Adults -\$4.20
Milk - \$0.80

Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid.

- Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Alternate Line Available Everyday. Menu will change daily.
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- \*Contains Pork/Ham

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Big Daddy's Pizza Or Turkey Lunch Kit Chips Steamed Broccoli	2	Walk Away Taco w/Lettuce/Tomato Cup Or Mickey's Pizza Mexican Fiesta Rice Ranchero Beans	Chicken Poppers w/ Dinner Roll Or Turkey Lunch Kit Mashed Potatoes/Gravy Corn 4	Chef Salad w/WG Snack Pack Or Mickey's Pizza Mixed Vegetables	Cheeseburger or Hamburger Or Cook's Choice Curly Fries Carrot Pack w/Dip 6
NO SCHOOL	9	Baked Mac & Cheese w/Toppings Or Fish Shapes WG Mini Soft Pretzel Steamed Broccoli	Chicken Tenders Or *Pulled Pork Sandwich Seasoned Rotini Baked Beans	Cheese Steak Sandwich Or Fish Shapes Pierogies Steamed Carrots	Chicken Potpie Or Cook's Choice WG Funnel Cake Peas
Cheese Pizza Sticks w/ Marinara Sauce Or Munchable Kit California Blend	16	Snack'n Waffle w/Chicken Nuggets Or Deep Dish Pizza Green Beans	Korean Noodle Bowl Or Munchable Kit Roasted Vegetables w/Broccoli	EARLY DISMISSAL Deli Turkey Sandwich Chips Juice Box	NO SCHOOL 20
NO SCHOOL	23	Nacho Dippers w/Meat, Cheddar or Queso Cheese Or Toasted Cheese Sandwich Fiesta Beans	World Pasta Day! Rotini w/Meat Sauce Cheese Bread Stick Or Toasted Cheese Sandwich Spring Mix Salad 25	French Toast Sticks *Sausage Or Cook's Choice Hash Brown Juice cup 26	*Hot Ham & Cheese on Pretzel Bun Or Cook's Choice French Fries Glazed Carrots 27
Pebbles & Stones w/ Marinara Sauce Or Turkey & Cheese Sandwich Italian Vegetable Blend	30	Corn Dog Or Pizza Lunch Kit Oven Potatoes Baked Beans			