



# Brookline Bulletin

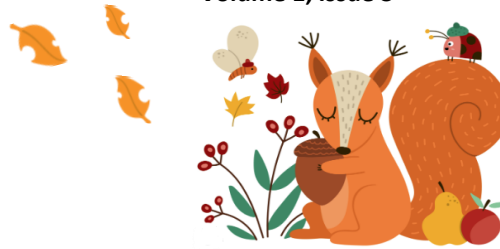



September 29, 2023

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 **Dates to remember**

**Oct. 5 EARLY RELEASE** RMMS 12:45 pm  
CSDA 12:55 pm


**Oct. 9 NO SCHOOL** Columbus Day

**Oct. 23-27** RMMS Book Fair

**Oct. 25** School Board meeting, 6:00 pm at RMMS

**Nov.1 NO SCHOOL** Professional Development

**Nov. 10 NO SCHOOL** Veteran's Day



Please keep an eye out for an October Update from our Brookline Food Pantry Project, coming soon! Until then, The PTO has kindly coordinated an Amazon Wish List at the following [link](#):

Parents, please remind your child(ren) about expected behaviors on the bus for the safety and well-being of all students riding the bus. Thank you.

**CSDA Happenings**

**Grade 4:** Fourth graders are starting our second math unit: addition and subtraction strategies for 4 digit numbers. In science, we are finishing up research projects on animal adaptations.

**Grade 5:** This week fifth graders finished up our first math topic: place value and decimals to the thousandths place. Next week we will begin topic 2: add and subtract decimals to the hundredths place.

**Grade 6:** Sixth graders have finished up the review of operations with decimals in math class. We are also working on writing personal narratives using strategies, including drawing comic strips, to organize our thoughts and ideas of how our event impacted our lives.

**CSDA Unified Arts:** CSDA artists are using the letters of their name to create vibrant and detailed works of art.

Have a wonderful weekend!  
Mrs. Bouley

**RMMS Happenings**

**Pre-K:** Next week, preschoolers will continue learning about apples and make applesauce. The preschool teachers are so happy with the way everyone has transitioned into the school routine.

**Grade K:** Next week kindergarten will begin their second topic in math. They will be comparing numbers using the terms “less than”, “greater than”, “equal to”, “more”, and “fewer”.

**Grade 1:** First graders will explore Topic 2 in math. The unit focuses on developing fluency of addition and subtraction facts within ten. In writing they will learn more about small moments stories and practice incorporating all they have learned in Foundations to their independent writing.

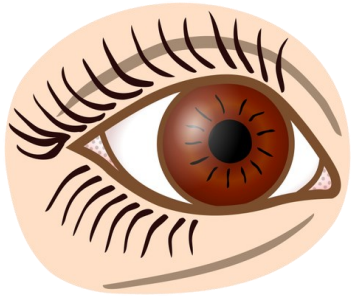
**Grade 2:** Our second graders will continue to explore communities in social studies. They will also wrap up topic 1 in math and begin to discuss even and odd numbers.

**Grade 3:** Third graders are beginning to learn division strategies in relation to multiplication. In writing, classes are integrating science lessons on Fossils to engage with writing prompts and experiments.

In **Physical Education** students are working on team building skills/activities. In **Health Education**, classes are working on nutrition and the importance of eating a variety of foods.

Have a wonderful weekend!  
Mr. Molinari

**CSDA & RMMS  
HEALTH OFFICE UPDATES  
SEPTEMBER 29, 2023**



**Upcoming Screenings in October 2023**

CSDA and RMMS will be performing annual vision screenings with the support of the NH Lion's Club. Hearing Screenings may also take place during the fall months. If you do not want your child to be screened, please notify the school nurse to opt out.

**MEDICAL INFORMATION**

Please send updated medical orders for this school year if your child has asthma and uses an inhaler or an allergy requiring an EpiPen or any other medication needed. You can send it via email or with your child.

**COVID Test Kits**

Get 4 free At Home Test Kits - As of 9/25/2023 each household can obtain 4 free rapid COVID test kits. Helpful to have on hand as we enter the cold and flu season. It is easy to request the kits at this link. <https://www.covid.gov/tests>

**ALLERGY MANAGEMENT**

Are seasonal allergies causing your child to have itchy/watery eyes, runny or stuffy nose, nasal congestion or sinus pressure, sneezing and scratchy throat? Please contact your child's doctor for a plan to manage their symptoms.

**Mental Health Resources**

Mental Health is as important as physical health. Inform the school nurse, teacher, principal, or trusted staff member about any health or emotional concerns so we can support your child together. Emergency Resources are available in **NH Rapid Response via Call/Text 833-710-6477** or Chat [www.nh988.com](http://www.nh988.com)

NH Child based behavioral health services:  
<https://www.dhhs.nh.gov/programs-services/health-care/childrens-behavioral-health>

**COVID GUIDELINES & RESOURCES:**

**Q: What symptoms should I look for with the latest covid variant?**

**A:** People with the latest COVID-19 variant are primarily reporting: sore throat, cough, congestion and runny nose. Other symptoms may include fatigue, headache, nausea, vomiting, diarrhea, loss of taste and/or smell, fever, chills, body aches, shortness of breath or difficulty breathing.

**Q. What should I do if my child has symptoms or a positive COVID test?**

**A.** If your child has symptoms, obtain a COVID test. If your child tests positive for COVID stay home and begin to isolate. **Contact your child's school nurse to determine a return to school plan.** The link below CDC guidelines, includes a calculator to determine isolation and masking calculator embedded in them.

[www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html](http://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html)

People who are exposed to someone else with COVID-19 should wear a mask, watch for symptoms and follow CDC guidelines: [www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html](http://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html)


**School Nurse Contact Information**

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# Breakfast

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>	• Cinnamon Roll Fruit, 100% Juice, Milk	<b>3</b>	• Blueberry Muffin Fruit, 100% Juice, Milk	<b>4</b>	• Breakfast Bun Fruit, 100% Juice, Milk	<b>5</b>	• Crumb Cake Fruit, 100% Juice, Milk	<b>6</b>	Breakfast Favorites Fruit, 100% Juice, Milk
<b>9</b>		<b>10</b>	• Chocolate Chip Muffin Fruit, 100% Juice, Milk	<b>11</b>	• Breakfast Bar Fruit, 100% Juice, Milk	<b>12</b>	• Apple Cinnamon Muffin Fruit, 100% Juice, Milk	<b>13</b>	Breakfast Favorites Fruit, 100% Juice, Milk
<b>16</b>		• Breakfast Bun Fruit, 100% Juice, Milk	<b>17</b>	• Cinnamon Roll Fruit, 100% Juice, Milk	<b>18</b>	• Blueberry Muffin Fruit, 100% Juice, Milk	<b>19</b>	• Crumb Cake Fruit, 100% Juice, Milk	<b>20</b>
<b>23</b>	• Mini Cinnis Fruit, 100% Juice, Milk	<b>24</b>	• Chocolate Chip Muffin Fruit, 100% Juice, Milk	<b>25</b>	• Breakfast Bar Fruit, 100% Juice, Milk	<b>26</b>	• Apple Cinnamon Muffin Fruit, 100% Juice, Milk	<b>27</b>	Breakfast Favorites Fruit, 100% Juice, Milk
<b>30</b>		<b>31</b>		<b>1</b>		<b>2</b>		<b>3</b>	

Menu is Subject to Change

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# Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> New ~ Homemade Cheese Filled Quesadilla Sour Cream & Salsa • Seasoned Corn • Mandarin Oranges Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>3</b> Brunch ~ • Pancakes • Breakfast Sausage Patty Honey Glazed Carrots Cinnamon Apple Slices Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>4</b> • Cheeseburger on a Bun • Hamburger on a Bun Fresh Veggies/Dip • Baked Beans • Pears Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>5</b> Early Release Day ~ Cook's Choice Veggies Fruit Choice Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>6</b> • Gill's Fresh Cheese Pizza Salad Fruit Choice Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special
<b>9</b> 	<b>10</b> • Mozzarella Cheese Sticks • Marinara Dip Cup • Steamed Broccoli • Applesauce Cup Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>11</b> New ~ Chicken Snack Wrap Chicken and Cheese in a Wrap Side of Ranch • Fresh Baby Carrots • Peaches Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>12</b> • Hot Dog on a Roll • Pasta Salad Smile Fries • Fresh Apple Slices Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>13</b> • Gill's Fresh Cheese Pizza Salad Fruit Choice Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special
<b>16</b> • Wild Mike's Cheese Bites • Marinara Dip Cup • Savory Green Beans • Pineapple Tidbits Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>17</b> Pasta w/Meatsauce • WG Dinner Roll • Steamed Broccoli • Mixed Fruit Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>18</b> • Chicken Patty on a Bun • Seasoned Potato Wedges • Baked Beans • Mandarin Oranges Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>19</b> Brunch~ • Waffles Lucky Charm Yogurt Parfait • Fresh Baby Carrots • Orange Smiles Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>20</b> • Gill's Fresh Cheese Pizza Salad Fruit Choice Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special
<b>23</b> The Standard... • Crispy Chicken Nuggets • Breadstick • Creamy Mashed Potatoes • Savory Green Beans • Pears Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>24</b> Meatballs in Marinara Sauce Cup o' Mozzy Cheese • Garlic Knot • Steamed Broccoli • Applesauce Cup Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>25</b> • Cheeseburger on a Bun • Hamburger on a Bun • Sweet Potato Waffle Fries • Peaches Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>26</b> • Toasted Cheese Sandwich • Tomato Soup • Seasoned Corn • Fresh Apple Slices Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special	<b>27</b> • Gill's Fresh Cheese Pizza Salad • Roasted Chick Peas Fruit Choice Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special
<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>

Milk & Fruit Choices Available With Each Meal

Menu is Subject to Change



HOLLIS-BROOKLINE WOMENS SOCCER  
HOSTS

# COMMUNITY NIGHT

**BOYS VARSITY VS. COE-BROWN**  
**HB YOUTH PLAYER GAMES**  
**AT HALFTIME**



**THUR**  
**OCT 5**



**6:30 PM**  
**TURF**  
**FIELD**

**PIZZA ★ KONA ICE ★ SNACKS**  
**HOLIDAY CARDS 4 MILITARY**

NOT SCHOOL SPONSORED EVENT