

NOVEMBER | 2023



Breakfast-CCHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Enter Text Here	31 Enter Text Here	1 Bacon, Egg & Cheese WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	2 WG Breakfast Pizza 2 ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	3 NO SCHOOL
6 WG Pancake Sausage 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	7 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk Choice	8 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	9 WG Muffin / Yogurt 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	10 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
13 Sausage WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	14 WG French Toast 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	15 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	16 Bacon, Egg & Cheese WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	17 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
20 WG Muffin 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	21 Chicken Pattie WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 WG Pancake Sausage 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	28 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk Choice	29 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	30 WG Muffin / Yogurt 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	1 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice

News

Variety of Milk served daily.

Variety of Fruit served daily.

In accordance with Federal Law and U.S. department of Agriculture policy this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410.

NOVEMBER | 2023



Breakfast-CCMS-JPE-LES-WHE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Enter Text Here	31 Enter Text Here	1 Bacon, Egg & Cheese WG Biscuit Choice of Cereal Fruit Juice Milk Choice	2 WG Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	3 NO SCHOOL
6 WG Pancake Sausage Choice of Cereal Fruit Juice Milk Choice	7 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk Choice	8 WG Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	9 WG Muffin Yogurt Choice of Cereal Fruit Juice Milk Choice	10 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
13 Sausage WG Biscuit Choice of Cereal Fruit Juice Milk Choice	14 WG French Toast Choice of Cereal Fruit Juice Milk Choice	15 WG Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	16 Bacon, Egg & Cheese WG Biscuit Choice of Cereal Fruit Juice Milk Choice	17 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
20 WG Muffin Yogurt Choice of Cereal Fruit Juice Milk Choice	21 Chicken Pattie WG Biscuit Choice of Cereal Fruit Juice Milk Choice	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 WG Pancake Sausage Choice of Cereal Fruit Juice Milk Choice	28 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk Choice	29 WG Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	30 WG Muffin / Yogurt Choice of Cereal Fruit Juice Milk Choice	1 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice

News

Variety of Milk served daily.

Variety of Fruit served daily.

In accordance with Federal Law and U.S. Department of Agriculture policy this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410.

NOVEMBER | 2023



Lunch-CCHS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Enter Text Here</p>	<p>31 Enter Text Here</p>	<p>1 Chicken Nuggets WG Roll Mashed Potatoes Green Beans Carrot Sticks Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>2 Oriental Chicken WG Roll Rice & Egg Roll Steamed Broccoli Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>3 NO SCHOOL</p>
<p>6 Chicken Strips / WG Roll Steamed Broccoli Buttered Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>7 Hamburger / Cheeseburger WG Bun Baked Beans Cole Slaw Toppings Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>8 Popcorn Chicken WG Roll Mashed Potatoes Green Peas Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>9 Taco Salad / WG Chips Toppings Refried Beans & Mexican Rice Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>10 WG Pizza Fish Sticks WG Roll Corn Tossed Salad Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>
<p>13 Beef Dippers WG Roll Sweet Potato Fries Green Peas Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>14 Oven Roasted Chicken WG Roll Mashed Potatoes Glazed Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>15 Chili WG Crackers WG Grilled Cheese Baked Potato Roasted Asparagus Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>16 Turkey, Dressing, Green Peas Mashed or Sweet Potatoes Turkey Gravy WG Roll Cranberry Sauce Salad Box WG Crackers Fruit Choice Milk Choice</p>	<p>17 WG Pizza Turkey & Cheese WG Bun Corn Tossed Salad Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>
<p>20 Chicken Strips / WG Roll Steamed Broccoli Buttered Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>21 Hot Dog / Chili Dog Corn Dog French Fries Baked Beans Salad Box WG Crackers Fruit Choice Milk Choice</p>	<p>22 NO SCHOOL</p>	<p>23 NO SCHOOL</p>	<p>24 NO SCHOOL</p>
<p>27 Chicken Pattie WG Bun Red Seasoned Potatoes Tossed Salad Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>28 Spaghetti WG Breadstick Green Beans Glazed Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>29 Oriental Chicken WG Roll Rice & Egg Roll Steamed Broccoli Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>30 Taco Salad WG Chips Toppings Refried Beans & Mexican Rice Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>	<p>1 WG Pizza Fish Sticks WG Roll Corn Tossed Salad Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice</p>

News

Variety of Milk served daily.

Variety of Fruit served daily.

Fixings: Lettuce, Tomato, Onions & Pickles.

In accordance with Federal Law and U.S. department of Agriculture policy, this institution is prohibited from discrimination the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410.

NOVEMBER | 2023



Lunch-CCMS-JPE-LES-WHE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Enter Text Here</p>	<p>31 Enter Text Here</p>	<p>1 Chicken Nuggets / WG Roll Mashed Potatoes Green Beans Carrot Sticks PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>2 Taco Salad / WG Chips Toppings Refried Beans & Mexican Rice Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>3 NO SCHOOL</p>
<p>6 Chicken Pattie / WG Bun Potato Wedges Green Beans PBJ / Cheese Stick / Crackers Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>7 Spaghetti / WG Breadstick Steamed Carrots Tossed Salad Salad Box / WG Crackers PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>8 Oven Roasted Chicken WG Roll Mashed Potatoes Steamed Mixed Vegetables Salad Box / WG Crackers Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>9 Hamburger / Cheeseburger WG Bun Fixings Baked Beans French Fries PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>10 Chili / WG Crackers WG Grilled Cheese Baked Potato WG Pizza Tossed Salad Fruit Choice Milk Choice</p>
<p>13 Beef Dippers / WG Roll Sweet Potato Fries Green Peas Tossed Salad Salad Box / WG Crackers PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>14 Oriental Chicken / WG Roll Rice / Egg Roll Steamed Broccoli Carrot Sticks PBJ / Cheese Stick / Crackers Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>15 Hot Dog / Corn Dog Pork N Beans French Fries Tossed Salad PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>16 Turkey, Dressing, Green Peas Mashed or Sweet Potatoes Turkey Gravy WG Roll Cranberry Sauce Salad Box WG Crackers Fruit Choice Milk Choice</p>	<p>17 WG Pizza Turkey & Cheese / WG Bun Corn Tossed Salad Fruit Choice Milk Choice</p>
<p>20 Chicken Strips / WG Roll Steamed Broccoli Buttered Carrots Salad Box / WG Crackers PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>21 Hamburger / Cheeseburger WG Bun Fixings Baked Beans French Fries PBJ / Cheese Stick / Crackers Yogurt / Cheese Stick / Crackers Fruit Choice & Milk Choice</p>	<p>22 NO SCHOOL</p>	<p>23 NO SCHOOL</p>	<p>24 NO SCHOOL</p>
<p>27 Hot Dog / Corn Dog Pork N Beans French Fries Tossed Salad PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>28 Beef Dippers / WG Roll Sweet Potato Fries Green Beans Tossed Salad Salad Box / WG Crackers PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>29 Popcorn Chicken / WG Roll Steamed Broccoli Mashed Potatoes Salad Box / WG Crackers Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>30 Taco Salad / WG Chips Toppings Refried Beans & Mexican Rice PBJ / Cheese Stick / Crackers Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice</p>	<p>Vegetables Soup / WG Crackers WG Grilled Cheese Baked Potato WG Pizza Tossed Salad Fruit Choice Milk Choice</p>

News

Variety of Milk served daily.

Variety of Fruit served daily.

Fixings: Lettuce, Tomato, Onion & Pickles.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410.



DECEMBER | 2023

Breakfast-CCHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Enter Text Here	28 Enter Text Here	29 Enter Text Here	30 Enter Text Here	1 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk
4 WG Pancake Sausage 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	5 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk	6 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk	7 WG Muffin / Yogurt 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	8 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk
11 Sausage WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	12 WG French Toast 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	13 WG Breakfast Pizza 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	14 Bacon, Egg & Cheese WG Biscuit 2ct. Pop Tart Choice of Cereal Fruit Juice Milk Choice	15 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk
18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 wgNO SCHOOL

News

Variety of Milk served daily.

Variety of Fruit served daily.

In accordance with Federal Law and U.S. Department of Agriculture policy this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410.



DECEMBER | 2023

Breakfast-CCMS-JPE-LES-WHE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Enter Text Here	28 Enter Text Here	29 Enter Text Here	30 Enter Text Here	1 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
4 WG Pancake Sausage Choice of Cereal Fruit Juice Milk Choice	5 WG Toast Scrambled Eggs Bacon Choice of Cereal Fruit Juice Milk Choice	6 WG Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	7 WG Muffin Yogurt Choice of Cereal Fruit Juice Milk Choice	8 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
11 Sausage WG Biscuit Choice of Cereal Fruit Juice Milk Choice	12 WG French Toast Choice of Cereal Fruit Juice Milk Choice	13 WG Breakfast Pizza Choice of Cereal Fruit Juice Milk Choice	14 Bacon, Egg & Cheese WG Biscuit Choice of Cereal Fruit Juice Milk Choice	15 WG Biscuit / Gravy Sausage Choice of Cereal Fruit Juice Milk Choice
18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

News

Variety of Milk served daily.

Variety of Fruit served daily.

In accordance with Federal Law and U.S. Department of Agriculture policy this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410.



DECEMBER | 2023

Lunch-CCHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Enter Text Here	28 Enter Text Here	29 Enter Text Here	30 Enter Text Here	1 WG Pizza Fish Sticks WG Roll Corn Tossed Salad Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice
4 Chicken Strips / WG Roll Steamed Broccoli Buttered Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	5 Hamburger / Cheeseburger WG Bun Baked Beans, Cole Slaw Toppings Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	6 Vegetable Soup WG Crackers WG Grilled Cheese Baked Potato Celery Sticks Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	7 Taco Salad WG Chips Toppings Refried Beans & Mexican Rice Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	8 WG Pizza Turkey & Cheese WG Bun Corn Tossed Salad Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice
11 Beef Dippers WG Roll Sweet Potato Fries Green Peas Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	12 Oven Roasted Chicken WG Roll Mashed Potatoes Glazed Carrots Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	13 Chili WG Crackers WG Grilled Cheese Baked Potato Roasted Asparagus Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	14 Hot Dog / Chili Dog WG Bun Corn Dog French Fries Baked Beans Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice	15 WG Pizza Fish Sticks WG Roll Corn Tossed Salad Salad Box WG Crackers WG Sandwich Box Fruit Choice Milk Choice
18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

News

Variety of Milk served daily.

Variety of Fruit served daily.

Fixings: Lettuce, Tomato, Onions & Pickles.

In accordance with Federal Law and Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410.



DECEMBER | 2023

Lunch-CCMS-JPE-LES-WHE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Enter Text Here	28 Enter Text Here	29 Enter Text Here	30 Enter Text Here	1 Vegetable Soup / WG Crackers WG Grilled Cheese Baked Potato WG Pizza Tossed Salad Fruit Choice Milk Choice
4 Chicken Pattie WG Bun Potato Wedges Green Beans PBJ / Cheese Stick / Crackers Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice	5 Spaghetti WG Breadstick Steamed Carrots Tossed Salad Salad Box / WG Crackers PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice	6 Oven Roasted Chicken WG Roll Mashed Potatoes Steamed Mixed Vegetables Salad Box / WG Crackers Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice	7 Hamburger / Cheeseburger WG Bun Fixings Baked Beans French Fries PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice	8 Chili / WG Crackers WG Grilled Cheese Baked Potato WG Pizza Tossed Salad Fruit Choice Milk Choice
11 Beef Dippers WG Roll Sweet Potato Fries Green Peas Tossed Salad Salad Box / WG Crackers PBJ / Cheese Sticks / Crackers Fruit Choice Milk Choice	12 Oriental Chicken WG Roll Rice / Egg Roll Steamed Broccoli Carrot Sticks PBJ / Cheese Stick / Crackers Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice	13 Hot Dog / Corn Dog Pork N Beans French Fries Tossed Salad PBJ / Cheese Stick / Crackers Fruit Choice Milk Choice	14 Taco Salad WG Chips Toppings Refried Beans & Mexican Rice Yogurt / Cheese Stick / Crackers Fruit Choice Milk Choice	15 WG Pizza Fish Sticks WG Roll Corn Tossed Salad Fruit Choice Milk Choice
18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

News

Variety of Milk served daily.

Variety of Fruit served daily.

Fixings: Lettuce, Tomato, Onion & Pickles.

In accordance with Federal Law and Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410.