

NYS Wellness Policy Assessment Tool

This template provides information on wellness policy goals and practices within the LEA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school. The wellness policy and completed assessment must be made available to the public.

LEA Name:	Washingtonville Central School District	
School Name:	Little Britain Elementary School	Date: 2/2/22
Grades:	1-5	
Name/Title of person completing report:	Christopher Barrie/Principal	

	Yes	No	Nutrition Education
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	The written wellness policy includes measurable goals for nutrition education that are designed to promote student wellness.
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Standards based nutrition education is offered in a variety of subjects (i.e. science, math).
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lifelong lifestyle balance is reinforced by linking nutrition and physical activity.
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Age appropriate nutrition education and activities are provided to students in: <input checked="" type="checkbox"/> elementary school <input type="checkbox"/> middle school <input type="checkbox"/> high school
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Families and the community are engaged in nutrition education efforts.
Indicate additional nutrition education activities that occur or are planned for the future: More visuals for My Plate throughout the building.			

Yes	No	Physical Activity
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy includes measurable goals for physical activity.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Physical education is provided to students on a weekly basis.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Before or after school physical activity is offered in sports or other clubs.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Community partnerships are available that support programs, projects, events, or activities.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	A staff wellness program is available.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Opportunities are provided for physical activity throughout the day.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The written physical education curriculum for each grade is aligned with national and/or State physical education standards.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Recess is available for all elementary students (skip this question if no elementary schools).
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Walk or bike to school is promoted for students with Safe Routes to School or other related programs.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses physical activity not being used as a punishment and not withheld as punishment.
Other physical education/physical activity/school-based activities that are available:		
There are several activities that occur in the classrooms such as Planks for November and interactive videos. After school consist of Girls on The Run, Cheerleading, Tennis, Basketball, and Soccer after school depending on the season.		
Future goals for physical activity:		
Walking club at recess, staff wellness club, & log in sheet with activities for students to do at home with their family.		

Yes	No	Standards for USDA Child Nutrition Programs and School Meals
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses nutrition standards for USDA reimbursable meals.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses access to the USDA School Breakfast Program.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Alternate school breakfast service models are available to increase participation such as "grab and go", breakfast served in the classroom, and breakfast after the bell.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Steps are taken to protect the privacy of students who qualify for free or reduced-priced meals.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Free drinking water is available during meals.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Annual training is provided for food and nutrition staff in accordance with USDA Professional Standards.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School nutrition staff meet hiring criteria in compliance with federal criteria.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses purchasing local foods when possible for the school meals program.
		Other ways the local wellness policy addresses school meals and nutrition standards:

Yes	No	Nutrition Standards for Competitive and Other Foods and Beverages
		The local school wellness policy addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day including:
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> as a la carte offerings <input type="checkbox"/> in school stores <input type="checkbox"/> in vending machines
		<input type="checkbox"/> as fundraisers
		Nutrition standards are followed for food/beverages served at school parties, celebrations, events, etc.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	

Notes and future goals on nutrition standards for competitive and other foods and beverages:

Wellness Promotion and Marketing	
Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Marketing on the school campus during the school day is only allowable for those foods and beverages that meet Smart Snacks standards.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Steps are taken to address strategies to support employee wellness.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non-food items.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Healthy meal choices are offered and being promoted in the school meal programs.	
<input type="checkbox"/>	<input checked="" type="checkbox"/>
Farm to School activities take place at the school such as having a school garden, taste-testing local products, and educating students in the classroom and on field trips about local agriculture.	
Other ways wellness is promoted at the school: Principal's weekly emails to the staff consist of wellness activities. Mental health staff will discuss at faculty meetings important ways to promote wellness for the students and staff.	
Future wellness goals: Help students and staff create healthy habits (emotional, physical, eating, etc.)	

Implementation, Evaluation, and Communication

The following are encouraged to participate in the development, implementation, and periodic review and update of our local wellness policy:

- Administrator School Food Service Staff P.E. Teachers
- Parents School Board Members School Health
- Professionals Students Public

The designee responsible for the implementation and compliance of the local wellness policy is:

Name/Title:

The wellness policy is made available to the public by (describe):

The implementation of policy goals are measured and communicated to the public at least once every three years (describe):

Yes No

The wellness policy is reviewed at least annually.

Triennial assessment results are/will be made available to the public and will include:

1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy;
2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies;
3. A description of the progress made in attaining the goals of the local school wellness policy.

A plan will be put together to update the local wellness policy based on results of the triennial assessment.

Indicate additional wellness practices and/or future goals and describe progress made in attaining the goals of the wellness policy.

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LEA Name:	
School Name: Round Hill	Date:
Grades: Pre-K-5	
Name/Title of person completing report: Steve Kiel/Wellness Committee	

	Yes	No	Nutrition Education
<input checked="" type="checkbox"/>	<input type="checkbox"/>		The written wellness policy includes measurable goals for nutrition education that are designed to promote student wellness.
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Standards based nutrition education is offered in a variety of subjects (i.e. science, math).
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Lifelong lifestyle balance is reinforced by linking nutrition and physical activity.
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Age appropriate nutrition education and activities are provided to students in: <input checked="" type="checkbox"/> elementary school <input type="checkbox"/> middle school <input type="checkbox"/> high school
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Families and the community are engaged in nutrition education efforts.
Indicate additional nutrition education activities that occur or are planned for the future:			
Round Hill Cooking Club promotes healthful eating habits. The club has provided snacks for our primary grades.			

Physical Activity	
Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The local wellness policy includes measurable goals for physical activity.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Physical education is provided to students on a weekly basis.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Before or after school physical activity is offered in sports or other clubs.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Community partnerships are available that support programs, projects, events, or activities.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
A staff wellness program is available.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Opportunities are provided for physical activity throughout the day.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The written physical education curriculum for each grade is aligned with national and/or State physical education standards.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Recess is available for all elementary students (skip this question if no elementary schools).	
<input type="checkbox"/>	<input checked="" type="checkbox"/>
Walk or bike to school is promoted for students with Safe Routes to School or other related programs.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The local wellness policy addresses physical activity not being used as a punishment and not withheld as punishment.	
Other physical education/physical activity/school-based activities that are available:	
We have added multiple exercise areas for students to use during recess. We added another full basketball court, a gaga pit and a new playground.	
Future goals for physical activity:	
Continue to expand the gaga pit area since it is very popular.	

Standards for USDA Child Nutrition Programs and School Meals	
Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The local wellness policy addresses nutrition standards for USDA reimbursable meals.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The local wellness policy addresses access to the USDA School Breakfast Program.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Alternate school breakfast service models are available to increase participation such as "grab and go", breakfast served in the classroom, and breakfast after the bell.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Steps are taken to protect the privacy of students who qualify for free or reduced-priced meals.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Free drinking water is available during meals.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Annual training is provided for food and nutrition staff in accordance with USDA Professional Standards.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
School nutrition staff meet hiring criteria in compliance with federal criteria.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The local wellness policy addresses purchasing local foods when possible for the school meals program.	
Other ways the local wellness policy addresses school meals and nutrition standards:	
Grab and go meals and breakfast in the classrooms.	

Nutrition Standards for Competitive and Other Foods and Beverages	
Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The local school wellness policy addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day including:	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
as a la carte offerings <input checked="" type="checkbox"/> in school stores <input type="checkbox"/> in vending machines	
<input type="checkbox"/>	<input type="checkbox"/>
as fundraisers	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Nutrition standards are followed for food/beverages served at school parties, celebrations, events, etc.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Continue to promote healthful snacks for all classroom parties.	

Notes and future goals on nutrition standards for competitive and other foods and beverages:

Wellness Promotion and Marketing	
Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Marketing on the school campus during the school day is only allowable for those foods and beverages that meet Smart Snacks standards.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Steps are taken to address strategies to support employee wellness.	
<input type="checkbox"/>	<input checked="" type="checkbox"/>
Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non-food items.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Healthy meal choices are offered and being promoted in the school meal programs.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Farm to School activities take place at the school such as having a school garden, taste-testing local products, and educating students in the classroom and on field trips about local agriculture.	
Other ways wellness is promoted at the school:	
We continue to partner with Guy Jones from Blooming Hill Farms to offer a garden club. We are currently working to rebuild our garden. Classrooms grow plants from seeds.	
Future wellness goals:	

Implementation, Evaluation, and Communication	
The following are encouraged to participate in the development, implementation, and periodic review and update of our local wellness policy:	
<input type="checkbox"/> Administrator	<input type="checkbox"/> School Food Service Staff <input type="checkbox"/> P.E. Teachers
<input type="checkbox"/> Parents	<input type="checkbox"/> School Board Members <input type="checkbox"/> School Health
<input type="checkbox"/> Professionals	<input type="checkbox"/> Students <input type="checkbox"/> Public
The designee responsible for the implementation and compliance of the local wellness policy is:	
Name/Title:	
The wellness policy is made available to the public by (describe):	
The implementation of policy goals are measured and communicated to the public at least once every three years (describe):	
Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
The wellness policy is reviewed at least annually.	
<input type="checkbox"/>	<input type="checkbox"/>
Triennial assessment results are/will be made available to the public and will include:	
<input type="checkbox"/>	<ol style="list-style-type: none"> 1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; 2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies; 3. A description of the progress made in attaining the goals of the local school wellness policy.
<input type="checkbox"/>	A plan will be put together to update the local wellness policy based on results of the triennial assessment.

Indicate additional wellness practices and/or future goals and describe progress made in attaining the goals of the wellness policy:

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This template provides information on wellness policy goals and practices within the LEA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school. The wellness policy and completed assessment must be made available to the public.

LEA Name:	Washingtonville Central School District	
School Name:	Taft Elementary School	Date: May 2022
Grades:	K - 5	
Name/Title of person completing report:	Christine Williams, Principal (Team included: K. Umbrino 3rd grade, J. Ormiston 1st grade, O. Shmarina ENL, N. Havrilla Reading, E. Greico ENL, M. Laspisa 4th grade, C. Davy Nurse, L. Hindley AP, K. Tramonte 2nd grade, B. Gellman Food Service)	

	Yes	No	Nutrition Education
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	The written wellness policy includes measurable goals for nutrition education that are designed to promote student wellness.
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Standards based nutrition education is offered in a variety of subjects (i.e. science, math).
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lifelong lifestyle balance is reinforced by linking nutrition and physical activity.
	<input type="checkbox"/>	<input type="checkbox"/>	Age appropriate nutrition education and activities are provided to students in:
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> elementary school <input type="checkbox"/> middle school <input type="checkbox"/> high school
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Families and the community are engaged in nutrition education efforts.
Indicate additional nutrition education activities that occur or are planned for the future:			
Nutrition is not an area that is formally taught in the classrooms on a regular basis. It might be a good idea to incorporate some form of nutrition education for our students at every grade level. Nutrition could be incorporated into many of the other subject areas in the classroom. Displays could be shared inside the cafeteria so students can make the connections from what they're learning in the classroom to what they're eating in the cafeteria.			

Physical Activity	
Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The local wellness policy includes measurable goals for physical activity.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Physical education is provided to students on a weekly basis.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Before or after school physical activity is offered in sports or other clubs.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Community partnerships are available that support programs, projects, events, or activities.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
A staff wellness program is available.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Opportunities are provided for physical activity throughout the day.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The written physical education curriculum for each grade is aligned with national and/or State physical education standards.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Recess is available for all elementary students (skip this question if no elementary schools).	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Walk or bike to school is promoted for students with Safe Routes to School or other related programs.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The local wellness policy addresses physical activity not being used as a punishment and not withheld as punishment.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Other physical education/physical activity/school-based activities that are available:	
<p>At Taft, the students are encouraged to be physically active not only during Physical Education classes and recess, but also throughout the school day. Many teachers give their students physical activity throughout the school day, in between academic lessons.</p> <p>The staff also participate in a variety of physical activities: going to a gym, walking around campus after school, participating in mindful walks, etc.</p>	
Future goals for physical activity:	

Yes	No	Standards for USDA Child Nutrition Programs and School Meals
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses nutrition standards for USDA reimbursable meals.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses access to the USDA School Breakfast Program.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Alternate school breakfast service models are available to increase participation such as "grab and go", breakfast served in the classroom, and breakfast after the bell.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Steps are taken to protect the privacy of students who qualify for free or reduced-priced meals.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Free drinking water is available during meals.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Annual training is provided for food and nutrition staff in accordance with USDA Professional Standards.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School nutrition staff meet hiring criteria in compliance with federal criteria.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses purchasing local foods when possible for the school meals program.
		Other ways the local wellness policy addresses school meals and nutrition standards: Our students are offered a wide variety of healthy food and beverage choices on a daily bases for both breakfast and lunch.

Yes	No	Nutrition Standards for Competitive and Other Foods and Beverages
		The local school wellness policy addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day including:
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> as a la carte offerings
		<input checked="" type="checkbox"/> in school stores
		<input checked="" type="checkbox"/> in vending machines
		<input checked="" type="checkbox"/> as fundraisers
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Nutrition standards are followed for food/beverages served at school parties, celebrations, events, etc.

Notes and future goals on nutrition standards for competitive and other foods and beverages:

Yes	No	Wellness Promotion and Marketing
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Marketing on the school campus during the school day is only allowable for those foods and beverages that meet Smart Snacks standards.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Steps are taken to address strategies to support employee wellness.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non-food items.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Healthy meal choices are offered and being promoted in the school meal programs.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Farm to School activities take place at the school such as having a school garden, taste-testing local products, and educating students in the classroom and on field trips about local agriculture.
<p>Other ways wellness is promoted at the school:</p> <p>Teachers are always educating their students about health and wellness. They incorporate healthy habits into their curriculum lessons. We also partner with New York Agriculture in the Classroom each year to bring Agriculture Literacy Week to our K-2 classrooms each spring. We also work with The Alcoholism and Drug Abuse Council (ADAC) of Orange County and they bring us the Too Good for Drugs Program for our 3-5 classrooms each year. Our Washingtonville High School students also work with our 5th graders on a program called iDecide, where students learn how to make good healthy choices and habits.</p>		
<p>Future wellness goals:</p> <p>Maybe we could incorporate some form of self-assessment for staff as well as students where people can see where they are at on their way to a healthy lifestyle. There may be a digital app that could be used for this self-assessment of a healthy lifestyle.</p> <p>In order to help parents learn and understand what a healthy lifestyle means for their family, maybe we could send home promotional materials and/or hold family nights.</p> <p>For staff, we can do some other fun activities that encourage healthy lifestyles: water drinking challenge, step challenge, food app challenge, share healthy recipes, weekly walking, exercise "classes", etc.</p>		

Implementation, Evaluation, and Communication	
The following are encouraged to participate in the development, implementation, and periodic review and update of our local wellness policy:	
<input checked="" type="checkbox"/> Administrator	<input checked="" type="checkbox"/> School Food Service Staff <input checked="" type="checkbox"/> P.E. Teachers
<input checked="" type="checkbox"/> Parents	<input type="checkbox"/> School Board Members <input checked="" type="checkbox"/> School Health
<input checked="" type="checkbox"/> Professionals	<input type="checkbox"/> Students <input type="checkbox"/> Public

The designee responsible for the implementation and compliance of the local wellness policy is:

Name/Title: Christine Williams at Taft Elementary School

The wellness policy is made available to the public by (describe):

The implementation of policy goals are measured and communicated to the public at least once every three years (describe):

At Taft, we discuss the wellness policy at faculty meetings, at least once a year.

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
The wellness policy is reviewed at least annually.	
Triennial assessment results are/will be made available to the public and will include:	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<ol style="list-style-type: none"> The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; The extent to which the LEA's local school wellness policy compares to model local school wellness policies; A description of the progress made in attaining the goals of the local school wellness policy. 	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
A plan will be put together to update the local wellness policy based on results of the triennial assessment.	

Indicate additional wellness practices and/or future goals and describe progress made in attaining the goals of the wellness policy.

One area that is missing from the district wellness policy is mental health wellness. Student and staff mental health and social emotional wellbeing are areas that also need to be addressed in our policy. We are finding more and more people who need support in their mental well being just as much as their physical well being.

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LEA Name:	Washingtonville Central School District	
School Name:	Washingtonville High School	Date: 5/1/22
Grades:	9-12	
Name/Title of person completing report:	Brian Connolly	

Yes	No	Nutrition Education
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The written wellness policy includes measurable goals for nutrition education that are designed to promote student wellness.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Standards based nutrition education is offered in a variety of subjects (i.e. science, math).
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lifelong lifestyle balance is reinforced by linking nutrition and physical activity.
<input type="checkbox"/>	<input type="checkbox"/>	Age appropriate nutrition education and activities are provided to students in: <input type="checkbox"/> elementary school <input type="checkbox"/> middle school <input checked="" type="checkbox"/> high school
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Families and the community are engaged in nutrition education efforts.
Indicate additional nutrition education activities that occur or are planned for the future: Nutrition newsletter was provided to students/families at the beginning of the school year H.S Health classes provide lessons on proper nutrition.		

Yes	No	Physical Activity
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy includes measurable goals for physical activity.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Physical education is provided to students on a weekly basis.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Before or after school physical activity is offered in sports or other clubs.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Community partnerships are available that support programs, projects, events, or activities.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	A staff wellness program is available.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Opportunities are provided for physical activity throughout the day.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The written physical education curriculum for each grade is aligned with national and/or State physical education standards.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Recess is available for all elementary students (skip this question if no elementary schools).
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Walk or bike to school is promoted for students with Safe Routes to School or other related programs.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses physical activity not being used as a punishment and not withheld as punishment.
Other physical education/physical activity/school-based activities that are available:		H.S athletic programs available to students.
Fundraising activities that include physical activity ie Laps for a Cure		
Future goals for physical activity:		
Continue to promote alternative activities to traditional team sport activities in our Physical Education classes to promote lifelong fitness among students who are typically reluctant to participate.		

Yes	No	Standards for USDA Child Nutrition Programs and School Meals
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses nutrition standards for USDA reimbursable meals.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses access to the USDA School Breakfast Program.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Alternate school breakfast service models are available to increase participation such as "grab and go", breakfast served in the classroom, and breakfast after the bell.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Steps are taken to protect the privacy of students who qualify for free or reduced-priced meals.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Free drinking water is available during meals.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Annual training is provided for food and nutrition staff in accordance with USDA Professional Standards.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School nutrition staff meet hiring criteria in compliance with federal criteria.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local wellness policy addresses purchasing local foods when possible for the school meals program.
		Other ways the local wellness policy addresses school meals and nutrition standards:

Yes	No	Nutrition Standards for Competitive and Other Foods and Beverages
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The local school wellness policy addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day including: <input checked="" type="checkbox"/> as a la carte offerings <input checked="" type="checkbox"/> in school stores <input type="checkbox"/> in vending machines <input type="checkbox"/> as fundraisers
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Nutrition standards are followed for food/beverages served at school parties, celebrations, events, etc.

Notes and future goals on nutrition standards for competitive and other foods and beverages:

Continue to offer health alternatives at school functions and events

Wellness Promotion and Marketing	
Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Marketing on the school campus during the school day is only allowable for those foods and beverages that meet Smart Snacks standards.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Steps are taken to address strategies to support employee wellness.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non-food items.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Healthy meal choices are offered and being promoted in the school meal programs.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>
Farm to School activities take place at the school such as having a school garden, taste-testing local products, and educating students in the classroom and on field trips about local agriculture.	

Other ways wellness is promoted at the school:

Future wellness goals:

Programs and policies aimed at promoting social and emotional wellness

Implementation, Evaluation, and Communication

The following are encouraged to participate in the development, implementation, and periodic review and update of our local wellness policy:

Administrator School Food Service Staff P.E. Teachers

Parents School Board Members School Health

Professionals Students Public

The designee responsible for the implementation and compliance of the local wellness policy is:

Name/Title: Dr. Cogliano

The wellness policy is made available to the public by (describe):

District website

The implementation of policy goals are measured and communicated to the public at least once every three years (describe):

Wellness meetings occur at the building and district level in which the success of our current programs are evaluated.

Yes No

The wellness policy is reviewed at least annually.

Triennial assessment results are/will be made available to the public and will include:

1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy;
2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies;
3. A description of the progress made in attaining the goals of the local school wellness policy.

A plan will be put together to update the local wellness policy based on results of the triennial assessment.

Indicate additional wellness practices and/or future goals and describe progress made in attaining the goals of the wellness policy:



Middle School Wellness Policy Assessment

Questions Responses Settings

5 responses

Summary Question Individual

School Name Middle School Washingtonville Middle School

5 responses

3 2 1 0



Date 5 responses

Oct 2021 28

Dec 2021 2 3 5 9



Committee Members

5 responses

T. Thompson, S. Nyarady, T Smith, J. Dempsey, J. Barbagallo, C. Allegro, M. Murphy

Kerri LoPuzzo

Carle Allegro

Megan Murphy

Steven Nyarady

Nutrition Education

The written wellness policy includes measurable goals for nutrition education that are designed to promote student wellness.

3 responses

Yes No



Standards based nutrition education is offered in a variety of subjects (i.e. science, math, etc.)

4 responses

Yes No



5/18/22, 2:12 PM

Middle School Wellness Policy Assessment - Google Forms

4 responses

Lifelong lifestyle balance is reinforced by linking nutrition and physical activity.



Yes
 No

5 responses

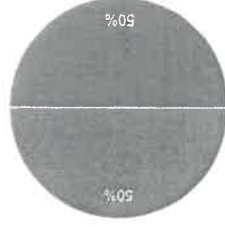
Age appropriate nutrition education and activities are provided to students in:



Elementary
 Middle School
 High School

4 responses

Families and the community are engaged in nutrition education efforts.



Yes
 No

1 response

Indicate addition nutrition education activities that occur or are planned for the future.

I'm not sure.

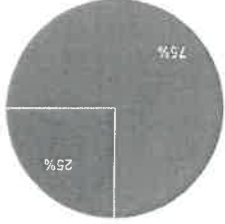
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Middle School Wellness Policy Assessment - Google Forms

Physical Activity

The local wellness policy includes measurable goals for physical activity.

4 responses



Yes
 No

5 responses

Physical education is provided to students on a weekly basis.



Yes
 No

5 responses

Before or after school physical activity is offered in sports or other clubs.



Yes
 No

3/14

https://docs.google.com/forms/d/1fWXW0e41_Mgo1B3HbJHhNKtN8i-mZmUZ8_xaxmH1qA/edit#responses

4/14

https://docs.google.com/forms/d/1fWXW0e41_Mgo1B3HbJHhNKtN8i-mZmUZ8_xaxmH1qA/edit#responses

5 responses

Community partnerships are available that support programs, projects, events, or activities.

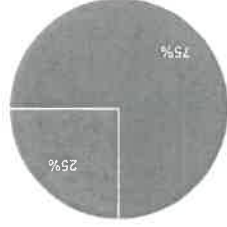


Yes

No

4 responses

A staff wellness program is available.



Yes

No

5 responses

Opportunities are provided for physical activity throughout the day.



Yes

No

Copy

The written physical education curriculum for each grade is aligned with the national and/or state education standards.

5 responses



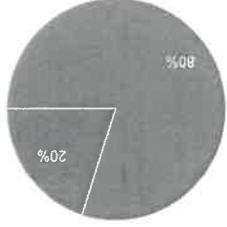
Yes

No

Copy

Recess is available for all elementary or middle school students.

5 responses



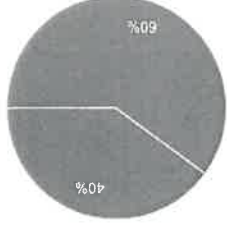
Yes

No

Copy

Walk or bike to school is promoted for students with safe routes to school or other related programs.

5 responses



Yes

No



The local wellness policy addresses physical activity not being used as a punishment and not withheld as punishment.

3 responses

Yes

No



Other physical education/physical activity/school-based activities that are available.

1 response

sports, clubs

Future goals for physical activity.

0 responses

No responses yet for this question.

Standards for USDA Child Nutrition Programs and School Meals

The local wellness policy addresses nutrition standards for USDA reimbursable meals.

4 responses

Yes

No



The local wellness policy addresses access to the USDA School Breakfast Program.

4 responses

Yes

No

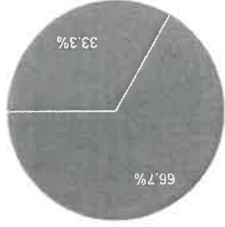


Alternate school breakfast service models are available to increase participation such as "grab and go", breakfast served in the classroom, and breakfast after the bell.

3 responses

Yes

No



Steps are taken to protect the privacy of students who qualify for free and reduced-priced meals.

5 responses

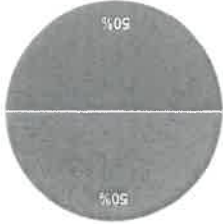
Yes

No



Free drinking water is available during meals.

4 responses



Yes

No

Copy

Annual training is provided for food and nutrition staff in accordance with USDA Professional Standards.

2 responses



Yes

No

Copy

School nutrition staff meet hiring criteria in compliance with federal criteria.

2 responses



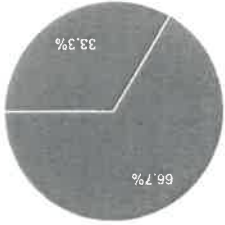
Yes

No

Copy

The local wellness policy addresses purchasing local foods when possible for the school meals program.

3 responses



Yes

No

Copy

Other ways the local wellness policy addresses school meals and nutrition standards:

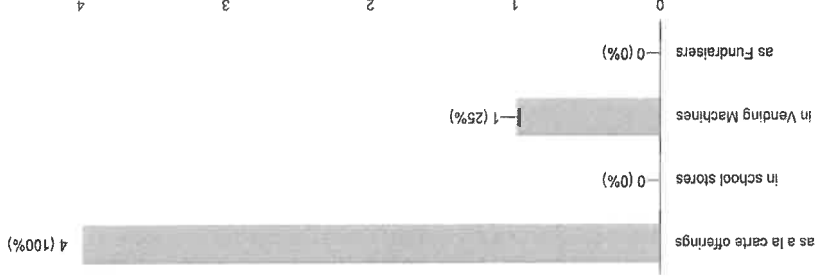
0 responses

No responses yet for this question.

Nutrition Standards for Competitive and Other Foods and Beverages.

The local school wellness policy addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day including:

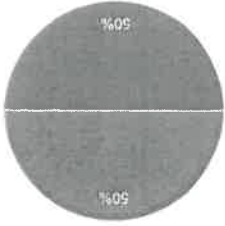
4 responses



Copy

Nutrition standards are followed for food/beverages served at school parties, celebrations, events, etc.

4 responses



Yes

No

Copy

No responses yet for this question.

Wellness Promotion and Marketing

Marketing on the school campus during the school day is only allowable for those foods and beverages that meet Smart Snack standards.

3 responses



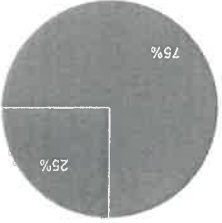
Yes

No

Copy

Steps are taken to address strategies to support employee wellness.

4 responses



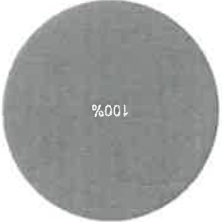
Yes

No

Copy

Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non-food items.

2 responses



Yes

No

Copy

Healthy meal choices are offered and being promoted in the school meal programs.

4 responses



Yes

No

Copy

Farm to School activities take place at the school such as having a school garden, taste-testing local products, and educating students in the classroom and on field trips about local agriculture.

4 responses



Yes No

Other ways wellness is promoted at the school:

1 response

clubs, sports

Future wellness goals:

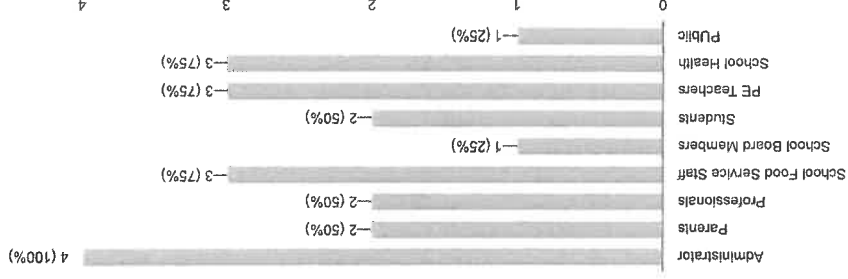
0 responses

No responses yet for this question.

Implementation, Evaluation, and Communication

The following are encouraged to participate in the development, implementation, and periodic review and update of our local wellness policy.

4 responses



The designee responsible for the implementation and compliance of the local wellness policy is:

2 responses

I'm not sure.

Mike Cogliano

The Wellness Policy is made available to the public by:

1 response

I could not find a working link to the district wellness policy.

The implementation of policy goals are measured and communicated to the public as least once every three years:

1 response

I'm not sure.

The wellness policy is reviewed at least annually.

2 responses

Yes No



Copy