

410 Roy Drive Ashville, Alabama 35953 (205) 594-7131

Jenny Seals SUPERINTENDENT Scott Suttle PRESIDENT

INVITATION TO BID # 16/17-12BOE

Beverage/Snack Vending Services & Exclusive Category Sponsorship Rights
February 13, 2017

In compliance with Alabama Bid Law, Act 2009-760, Alabama Legislature Session 2009, the St. Clair County Board of Education Requests for Proposals for the Exclusive Vending/Concessions sponsorship rights for all St. Clair County campuses. All bids must be received by the start of the bid opening conference on February 24, 2017 at 9:00 a.m. The official bid specifications, forms, and scope of service are enclosed. All products under this agreement must be in compliance with all <u>Federal & Alabama Law that addresses the U.S. Department of Agriculture policy on Smart Snacks in Schools. Please review document enclosed.</u>

SCOPE OF SERVICE

All bidders shall submit a complete list of beverages (carbonated and non-carbonated) provided and case quantity pricing for each.

All bidders shall submit a list of sports drinks in powder form, with size, yield and their respective prices.

All Bidders shall submit a list of all products for vending machines.

All vending machines shall be full service including monthly statements of proceeds and profit provided to the respective prices.

All Bidders agree that all equipment (size and type) shall be provided as requested by each school based on mutual agreement of vender and school system.

Each Bidder shall be responsible for surveying each school to determine proposal requirements.

Each Bidder shall make an appointment prior to their visit by calling each school administrative office.

All delivery route drivers and service technicians shall wear uniforms depicting their name and their company name. All vehicles entering school property will be identified by the Vendor's company name.

All Bidders agree that vending equipment will be added as requested by the respective Principals to meet future needs of each school.

All Bidders shall submit a list identifying pricing and commissions for soft drinks (type and size) for vending machines.

Awarded Vendor will coordinate with outgoing vendor to ensure that new vending machines are placed in each school within 3 days of removal of old machines.

All equipment shall be state-of-the-art and meet all local and state health code requirements. All vending equipment shall be equipped with dollar bill validators, changers, casters and lock outs. All equipment will be posted with the Vendor's telephone number.

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All Bidders shall submit a list of two (2) references. One (1) shall be a school system reference and one (1) shall be a concession reference.

All Bidders agree that failure to fulfill any part of the contract will result in contract cancellation with forfeiture of all equipment listed under this agreement and located on St. Clair County Board of Education property, until new vendor replaces equipment.

Bids will be awarded on the following criteria:

- 1. 50% on Sponsorship Rights Fee Proposal
- 2. 45% on bid pricing of product
- 3. 5% on references

Completion date for installation of equipment will be August 8, 2017.

List of School Facilities with Vending/Concessions

Ashville Elementary	33225 US Highway 231, Ashville, AL 35953	205-594-5242
Ashville Middle	33221 US Highway 231, Ashville, AL 35953	205-594-7044
Ashville High	33215 US Highway 231, Ashville, AL 35953	205-594-7943
Eden Career Tech	45 County Road 33, Ashville, AL 35953	205-594-7055
Margaret Elementary	680 County Road 12, Odenville, AL 35120	205-629-5034
Moody Elementary	1006 H.L. Blocker Circle, Moody, AL 35004	205-640-2180
Moody Middle	696 High School Drive, Moody, AL 35004	205-640-2190
Moody Jr. High	600 High School Drive, Moody, AL 35004	205-640-2040
Moody High	714 High School Drive, Moody, AL 35004	205-640-5127
Odenville Elementary	420 Alabama Street, Odenville, AL 35120	205-629-6406
Odenville Intermediate	300 Burgess Drive, Odenville, AL 35120	205-629-2246
Odenville Middle	100 1st Avenue, Odenville, AL 35120	205-629-2280
Ragland High	1060 Main Street, Ragland, AL 35131	205-472-2123
St. Clair County High	16700 US Highway 411, Odenville, AL 35120	205-629-6222
Springville Elementary	75 Wilson Street, Springville, AL 35146	205-467-6550
Springville Middle	6691 US Highway 11, Springville, AL 35146	205-467-2740
Springville High	8295 US Highway 11, Springville, AL 35146	205-467-7833
Steele Jr. High	105 McHugh Street, Steele, AL 35987	256-538-5489

Bid Results will be posted at www.sccboe.org/district/departments/Facilities and Purchasing

Each bidder must include the following items with the bid: BID QUOTE SHEET LIST OF REFERENCES AFFIDAVIT OF ALABAMA IMMIGRATION COMPLIANCE NOTICE OF ALABAMA IMMIGRATION LAW COMPLIANCE REQUIREMENTS NON COLLUSION AFFIDAVIT
The successful bidder must provide the following within two weeks of being awarded the bid: □ E-Verify Memorandum of Understanding □ PROOF OF LIABILITY INSURANCE (minimum of one million dollars) □ W-9 □ Sign a contract with the conditions set forth in the bid.

BID QUOTE SHEET

Bid # 16/17-12BOE

St. Clair County Board of Education Beverage & Snack Vending Services

Bid Opening Date: January 24, 2017 @ 9:00 a.m.

Location: St. Clair County Board of Education

Category 1: Drinks	Vending Prices		Commission
8 oz. Milk/Juice Drinks (elementary)12 oz. Milk/Juice Drinks (middle)20 oz. Calorie Free Drinks (high)	\$ \$ \$		% % %
12 oz. Isotonics (no/low calorie)12 oz. Isotonics (no/low calorie)12 oz. Cans	\$ \$ \$		% % %
20 oz. Isotonics (no/low calorie) 20 oz. Flavored Water 20 oz. Water (with/without carbonation)	\$ \$ \$		% % %
Category 2: Snacks			
Snacks (chips-crackers)	\$		\$
Snacks (candy-pastries)	\$		\$
Category 3: Sponsorship Rights Fee			
Sponsorship Fee:	\$(annual)	or	\$(one-time)
NAME OF COMPANY:			V1 U4
ADDRESS:			
PHONE:	FAX:		
Do you accept credit card payments?	☐ Yes ☐ No		
LOCAL CONTACT PERSON:			
PHONE:			
EMAIL ADDRESS:			
PRINTED NAME AND TITLE OF COM	IPANY OFFICIAL		
SIGNATURE OF COMPANY OFFICIA	L	DATE	

St. Clair County Board of Education Bid # 16/17-12BOE

Please Check yes or no as it applies:

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School	is/ Diau	uums

☐ Yes ☐ No	Bidder must supply all scoreboards requested (including upgrades).
☐ Yes ☐ No	Replace/repair or upgrade all "letter type" signs for each County Middle Schools.
☐ Yes ☐ No	Replace/upgrade current vending machine types based on school each school level.
☐ Yes ☐ No	Bidders must maintain all machines and other equipment provided for as long as the equipment is required or bid is in effect.
☐ Yes ☐ No	Bidders will be able to provide 24 hour maintenance on all equipment with a 24 hour response time. Request for maintenance must be responded to locally, that is, local telephone number to call if needed.
☐ Yes ☐ No	Lighted scorer's table advertising furnished for high school gyms.
☐ Yes ☐ No	Provide all mobile trailers requested for special events and football games. Trailers should be wired to provide service needed and in good repair.
☐ Yes ☐ No	Provide all cups, paper supplies, coolers, towels and squeeze bottles as needed (not to exceed \$2,500.00 per year)
☐ Yes ☐ No	Provide monthly billing statements showing account status.
☐ Yes ☐ No	Rehab and/or furnish graphics on pressboxes/concession stands as needed.
☐ Yes ☐ No	Exclusive service bid will remain in effect for up to five (5) years.
☐ Yes ☐ No	All capital type expenses (i.e., scoreboards, ice machines, lighted scorer's tables) must be in place by August 8, 2017.
☐ Yes ☐ No	Provide drinks and drink supplies for athletes, band and cheerleaders – not to exceed 500 cases per high school per year (allotment for middle & high school).
☐ Yes ☐ No	Provide coolers for concessions.
☐ Yes ☐ No	Print signs for advertising events as requested by the school administrator.
☐ Yes ☐ No	Provide advertising for the football and yearbook ads not to exceed \$500 per year per school.
☐ Yes ☐ No	Inventory and restock drink coolers each week during football season.
☐ Yes ☐ No	Give an annual sponsorship fee to meet additional needs at the school (to be decided by the CSFO and Facilities Coordinator) or a one-time fee for the term of the contract.
☐ Yes ☐ No	Allow each school administrator to determine snack/vending machines needed.

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AFFIDAVIT OF ALABAMA IMMIGRATION COMPLIANCE BY A

SUBCONTRACTOR TO LOCAL SCHOOL BOARD IN THE STATE OF ALABAMA AND/ OR THE STATE BOARD OF EDUCATION

In compliance with SECTIONS 9 (a) and (b) BEASON-HAMMON ALABAMA TAXPAYER AND CITIZEN PROTECTION ACT (the "Act"); CODE OF ALABAMA, SECTIONS 31-13-9 (a) and (b), this Affidavit of Alabama Immigration Compliance is to be completed and signed by an officer or owner of a subcontractor and notarized, as a condition for the award of any contract by a local school board ("the Board") or by the Alabama Department of Education (ALSDE) to a Contractor that employs one or more employees in the State of Alabama and is a recipient of funds from the State of Alabama Department of Education, or funds from any political subdivision of the State of Alabama, or any public funded entity. As determined by the Superintendent of the Alabama Department of Education, a notarized Subcontractor Affidavit in this format shall be acceptable by all Contractors to local school boards in the State of Alabama and the ALSDE in compliance with the Act. Subcontractors are to provide notice to their Subcontractors of their Alabama Immigration Compliance obligations.

State of Alabama: County of:
county or
Before me, a notary public, personally appeared (print name) who, is duly authorized by the business entity/employer which appears below, being sworn, says as follows:
As a condition for being a subcontractor to a contractor or grantee on a project paid for by contract, grant, or incentive by the State of Alabama, or any political subdivision thereof, or any state-funded entity, I hereby attest that in my capacity as (your position) for
(name of subcontractor), said subcontractor does not knowingly employ, hire for employment, or continue to employ an unauthorized alien. Further, subcontractor affirms that it is providing notice to its subcontractors of their Alabama Immigration Compliance obligations.
I further attest that said subcontractor is enrolled in the E-Verify program and attached to this Affidavit is our E-Verify Memorandum of Understanding confirming such program enrollment. Further, as a direct subcontractor, for those current employees for whom the E-Verify program may not be used in accordance with applicable federal rules and regulations, subcontractor has reviewed, or had reviewed, the Form I-9s for each of its current employees and has a good faith belief that it has complied with ALA. CODE § 31-13-9(c) and (d).
I have read this Affidavit and swear and affirm that it is true and correct.
Signature of Affiant
Sworn to and subscribed before me thisday of, 20
I certify that the Affiant is known (or made known) to me to be the identical party he or she claims to be.
Signature and Seal of Notary Public

St. Clair County Board of Education

410 Roy Drive Ashville, Alabama 35953 (205) 594-7131 Fax (205) 594-4441

Jenny Seals Superintendent Scott Suttle Board President

Notice of Alabama Immigration Law Compliance Requirements to all Contractors of the St. Clair County Board of Education

As a Contractor, as defined in the Beason-Hammon Alabama Taxpayer and Citizen Protection Act, to the St. Clair County Board of Education ("the Board"), it is critical to your relationship (future or continuing) with the Board that you comply with the Immigration Reform and Control Act of 1986, as amended by the Immigration Act of 1990, and the Beason-Hammon Alabama Taxpayer and Citizen Protection Act. Accordingly, please provide your Affidavit of Immigration Compliance with attached E-Verify Memorandum of Understanding, as requested in the attached memorandum. If you do not believe these obligations apply to you, please notify the Board immediately.

Every contract entered into by the Board from this point forward with a contractor will contain the following clause or one substantially similar:

Alabama Immigration Law Compliance Contract: Contractor agrees that it will fully comply with the Immigration Reform and Control Act of 1986, as amended by the Immigration Act of 1990, and the Beason-Hammon Alabama Taxpayer and Citizen Protection Act, which makes it unlawful for an employer in Alabama to knowingly hire or continue to employ an alien who is or has become unauthorized with respect to such employment or to fail to comply with the I-9 requirements or who fails to use E-Verify to verify the eligibility to legally work in the United States for all of its new hires who are employed to work in the State of Alabama. Without limiting the foregoing, Contractor shall not knowingly employ, hire for employment, or continue to employ an unauthorized alien, and shall have an officer or other managerial employee who is personally familiar with the Contractor's hiring practices to execute an affidavit to this effect on the form supplied by the Board and return the same to the Board. Contractor shall also enroll in the E-Verify Program prior to performing any work, or continuing to perform any ongoing work, and shall remain enrolled throughout the entire course of its performance hereunder, and shall attach to its affidavit the E-Verify Program for Employment Verification and Memorandum of Understanding and such other documentation as the Board may require to confirm Contractor's enrollment in the E-Verify Program. Contractor agrees not to knowingly allow any of its subcontractors, or any other party with whom it has a contract, to employ in the State of Alabama any illegal or undocumented aliens to perform any work in connection with the Project, and shall include in all of its contracts a provision substantially similar to this paragraph. If Contractor receives actual knowledge of the unauthorized status of one of its employees in the State of Alabama, it will remove that employee from the project, jobsite or premises of the Board and shall comply with the Immigration Reform and Control Act of 1986, as amended by the Immigration Act of 1990, and the Beason-Hammon Alabama Taxpayer and Citizen Protection Act. Contractor shall require each of its subcontractors, or other parties with whom it has a contract, to act in a similar fashion. If Contractor violates any term of this provision, this Agreement will be subject to immediate termination by the Board. To the fullest extent permitted by law, Contractor shall defend, indemnify and hold harmless the Board from any and all losses, consequential damages, expenses (including, but not limited to, attorneys' fees), claims, suits, liabilities, fines, penalties, and any other costs arising out of or in any way related to Contractor's failure to fulfill its obligations contained in this paragraph.

To the extent that there is no formal written contract between the Board and the Contractor, such as where business is conducted by purchase order, this document shall serve as the Alabama Immigration Compliance Contract.

Alabama Immigration Law Compliance Contract Notice Acknowledged and Agreed by Contractor whose name appears below:

Contractor Officer or Owner Signature/Date

Print Name/Title/Company

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NON-COLLUSION AFFIDAVIT

I state that I am of	ot	
	(Title)	(Name of Firm)
		of my firm, and its owners, directors, and ee(s) and the amount of this proposal. I state
communication or agree	□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	d at independently and without consultation, r, responder, or potential responder to this
approximate amounts in	this proposal, have been disclo	l, and neither the approximate budgets nor osed to any other firm or person who is a ey will not be disclosed before the proposal
to this RFP/ITB, or to ind	uce them to submit a budget that	any firm or person to refrain from responding is higher than the budget in this proposal, or al or other form of non-responsive proposal.
[27] - [with, or inducement from, any fi	rade in good faith and not pursuant to any irm or person to submit a complementary or
(5)(Nan	its affilia	ated, subsidiaries, officers, directors, and
four years been convict	ed or found liable for any act	overnmental agency and have not in the last prohibited by State or Federal law in any ect to bidding or proposing on any public
I state that(Nan	ne of Firm)	understands and acknowledges that the
above representations ar Education (SCCBOE) in av my firm understands th	e material and important, and wil warding the contract(s) for which at any misstatement in this affi	Il be relied on by the St. Clair County Board of this proposal is submitted. I understand and idavit is and shall be treated as fraudulent submission of proposals for this contract.
	Signature	
	Printed Name	
	Date	



For Purchasing Use Only

Vendor #_____

Date:

Coordinator:_____

410 Roy Drive Ashville, AL 35953 (205) 594-7131 or (205) 594-2056, Fax (205) 594-4441 joe.goble@sccboe.org

VENDOR REGISTRATION

Date	
Ve	endor Name
Address (where bid re	quests and orders are to be mailed)
Conta	act Information
MINORITY BUSINESS ENTERPRISE TYPE:	
Is your business a minority/woman owned? \square_{Ye}	s \square No Identify
Primary Business Activity/Main Products Sold	or Services:
Check appropriate box: ☐ Corporation ☐ Partnership ☐ Individual ☐ Non Profit	Tax ID Number (FEIN/SSN) Required or Social Security Number (SSN) Required Complete W-9 form and mail to address
Phone (Toll-free)	listed above.
Fax Number	E-Mail Address
ls the business debarred, suspended, proposed excluded from participation in transactions with agency? Yes ☐ No ☐	d for debarment, declared ineligible, or voluntarily In the state of Alabama or any federal department or
information could cause cancellation by the St. Cla	in is correct and that I understand that any representation of ir County Board of Education. I certify that I will not employment because of race, color, religion, sex, disability,
Signature	Date

Alabama's Healthy Snack Standards focus on decreasing fat and sugar, increasing nutrient density and moderating portion sizes for snack foods and beverages in school. The Alabama State Department of Education (SDE) requires schools to use these standards to determine what snacks are available at school, including a la carte sales in the cafeteria, vending machines, school stores, fundraisers, classroom parties and other school events. The standards do not apply to reimbursable meals served in the U.S. Department of Agriculture's (USDA) school nutrition programs, since standards already exist for school meals.

These standards were developed by a statewide committee appointed by the state superintendent. These standards were adopted by the Alabama State Board of Education July 12, 2005.

Nutrition Implementation Guidelines

School Settings (Cafeteria and Vending Machines)

Schools should provide a consistent environment that is conducive to healthful eating behaviors during school hours. The school campus should reflect healthy nutrition environments. Adequate time to eat should be allowed. Schools should not establish policies, class schedules, bus schedules or other barriers that directly or indirectly restrict access to and completion of meals.

Foods served and/or sold through the cafeteria shall adhere to the guidelines established by USDA and published in the School Meals Initiative (SMI) for Healthy Children, 1995 guidance. Serving sizes will comply with the meal pattern requirements as described by the United States Department of Agriculture (USDA) regulations.

School meals must average, for a weekly period, meeting the standards of the Dietary Guidelines for Americans, which recommends no more than 30% of an individual's calories be furnished from fat and 10% or less from saturated fat. School lunches should meet the standard of providing one-third and school breakfasts the standard of furnishing one-fourth of the Recommended Dietary Allowances for protein, Vitamin A, Vitamin C, iron, calcium, and calories.

Schools must review the items offered as ala carte sales and evaluate the nutritional contribution of each item. Single items may be sold as ala carte that constitute the reimbursable meal. Additional portions of those items may be sold by the cafeteria. Foods not normally used in meeting the requirements of the reimbursable meal and not meeting the criteria listed below should be eliminated or portion sizes reduced in order to be in compliance with the requirements.

Healthy and appealing foods should be available through:

Cafeteria meals and ala carte items

Schools should focus on improving food quality in the school meal programs by increasing the whole grain options, having one percent or less fat milk as the standard beverage, and increasing fruit and vegetables preferably using freshly grown, Alabama produce. Preparation of foods in the cafeteria should use cooking techniques to provide fiber and reduce fat, sugar, and sodium in school meals. School districts should reduce the number of fried foods and pre-prepared items planned and served each week to comply with the federal guidance for healthy children. Fried potato products (fries, tater tots, etc.) should be limited to a three (3) ounce portion size. Baked potato products, that have not been pre-fried, flash fried, or deep fat-fried in any way, are the product of choice and may be served more frequently replacing the fried potato products. Food flash-fried by the manufacturer may be served but should be prepared by a food preparation other than fried.

The State staff in the CNP will work with local school system CNP employees to address modifications necessary in order to offer healthier school meals.

Beginning with the 2006-2007 school year, every school shall have reviewed its offerings of foods sold and developed a strategic plan to provide foods in vending machines, school stores, and snacks sold from the cafeteria with nutritious foods as outlined. The strategic plan to provide healthy food choices will include a specific method in promoting the consumption of healthful foods and beverages. Suggestions include, but are not limited to, a focus group(s) made of students, staff, and parents to review the approved vending list/products to identify healthy products that will be accepted or a survey to determine staff, student, and parent opinions about the healthy products with implementation plans explained. Healthy products should have the price at a level that encourages students to purchase them. Questions to consider while working with vending service contracts are in the attachment entitled "Vending Contract".

Foods sold will follow the policy for sale of competitive foods as outlined in the SDE memorandum dated November 6, 2001. Schools should refer to Log # FY02-3005 which clarifies the sale of competitive foods during meal service times. Schools are prohibited from selling or providing free of charge any food or meal that is in competition with the scheduled school meal. Schools are required to restrict student access to concessions, extra sales, vending, and fundraisers during the meal periods. Schools may not schedule sales immediately before or after meals that would in effect compete with the meal service. If sales should occur that are in competition with the meal, then all income generated from such sales will be required to be deposited into the Child Nutrition account. The policy is not intended to restrict access to healthy snacks during recess, or at times other than the meal service.

The Healthy Snacks Standards include guidelines for both nutrient content and types of snack items.

The following guidelines are for nutrient content:

For single servings, these snack foods must be:

- Low or moderate in fat (10% or less Daily Value of total fat)
- Have less than 30 grams of carbohydrate (10% or less Daily Value of total CHO)
- Have less than 360 mg of sodium
- Contain 5% Daily Value (DV) or more (10% is healthiest) of at least one: Vitamin A, Vitamin C, iron, calcium, or fiber (5% Daily Value)

Types of snack items include:

- Beverages
- Snacks and Desserts
- Fruits and Vegetables

Portion sizes are limited for certain items. Further restrictions for Elementary, Middle, and High Schools are provided in the guidelines shown below.

Beverages

Acceptable beverages include:

- Milk Milk should be reduced fat milk (1% or less) flavored or unflavored. No more than 10 percent of the daily value may come from fat. Flavored milks may contain no more than 30 grams total sugar per 8 ounce serving. Milk may not contain artificial sweeteners.
- Dairy Alternatives such as soy milk and rice milk No more than 30 grams total sugar per 8 ounce serving. No more than 10 percent of the daily value may come from fat. Dairy alternatives may not contain artificial sweeteners.
- Fruit or Vegetable Juice (100% juice and low sugar fruit smoothies) 100 percent juice is exempt from the sugar standard.
- Water Includes plain (in any size container) and flavored waters without added sugar or caffeine.

Portion Sizes – Limit portion sizes of all beverages to no more than 12 ounces (except water in any size container and milk. Milk container sizes may not exceed 16 ounces.

In regards to beverage sales:

Elementary Schools: An Elementary School is defined as a school where the majority of students are in grades Pre-K through 5.

Effective with the 2005-2006 school year, no carbonated soft drinks shall be available for sale to students at any time during the school day. No vending machine display front may display any product that is not water or 100% fruit juice. Items that may be sold include non-carbonated flavored and unflavored water, 100% fruit juices, milk, tea, and sports drinks. No sales of any items may occur during meal service times.

The school day is defined as the period of time that children arrive at school until after the end of the last scheduled class.

Middle Schools: A Middle School is defined as a school where the majority of the students are in grades 6 through 8.

Effective with the 2005-2006 school year, at a minimum 70% of the selections available in vending machines or for sale in school stores are to be non-carbonated flavored or unflavored water, 100% fruit juices, milk, tea, or sports drinks. At a maximum, 30% of the selections can be carbonated soft drinks, but at least 50% of those selections must be no/low calorie selections. Only 15% of the selections may be regular soft drinks. No carbonated beverages of any kind or other competing food/beverage sales are to be available to students during the meal service time. Beginning with the 2006-2007 school year no vending machine display front may display any product that is not water or 100% fruit juice.

The school day is defined as the period of time that children arrive at school until after the end of the last scheduled class.

High Schools: A High School is defined as a school where the majority of the students are in grades 9 through 12.

Effective with the 2005-2006 school year, at a minimum 50% of the selections available in vending machines or for sale in school stores are to be non-carbonated flavored or unflavored water, 100% fruit juices, milk, tea, or sports drinks. At a maximum, 50% of the selections can be carbonated soft drinks, but at least 50% of those selections must be no/low calorie selections. Only 25% of the selections may be regular soft drinks. No carbonated beverages of any kind or other competing food/beverages sales are to be available to students during meal service times.

The school day is defined as the period of time that children arrive at school until after the end of the last scheduled class.

Snacks and Desserts

This category addresses chips, crackers, popcorn, cereal, trail mix, nuts, seeds, cookies, animal/graham crackers and cereal bars, granola bars, bakery items (e.g., pastries, toaster pastries, muffins, soft pretzels), frozen desserts, ice cream, yogurt and smoothies (made with low-fat dairy alternatives and/or fruit/juice).

- Fat Nuts, seeds, peanut and other nut butters may provide more than 10% daily value of total fat.
- Carbohydrates Naturally occurring sugars in fruits, vegetables, and dairy products are not included in the maximum amount of carbohydrates per serving...
- Encourage the availability of whole grains and foods containing fiber. Provide choices of whole grains and naturally occurring grains (those with minimal/trace amounts of added fat and added sugar).

Portion Sizes – Serve the portion sizes listed below. If products meet the standards for snacks and desserts, they may be served in single-serving portion sizes **or** in a package that does not exceed the serving size limits specified below.

Baked chips, popcorn, rice cakes, puffed snacks	1.25 oz.
Crackers, hard pretzels, pita chips, snack mix	1.25 oz.
Peanut butter-filled crackers and cheese-filled crackers	1.25 oz.
Trail mix, nuts, seeds, soy nuts	
Cereals	
Low-fat cookies, animal crackers, graham crackers, cereal bars, granola bars	1.33 oz.
Bakery items, e.g., pastries, toaster pastries, muffins, bagels, soft pretzels	2 oz.
Low-fat frozen desserts, low-fat ice cream and pudding, fruit bowls	4 oz.
Low-fat yogurt	
Smoothies (made with low-fat yogurt or	
other low-fat dairy alternatives and/or fruit/juice)	12 oz.

Fruits and Vegetables

Make quality fruits and vegetables available at any place snack items are sold. For example, dried fruit in vending machines, fresh fruit such as pineapple slices or melon cubes or fresh vegetables such as baby carrots in a la carte lines and school stores. ("Quality" means fruits and vegetables prepared and packaged without added fat, sugar, or sodium.)

- Fat No more than 10 percent of daily value calories from fat.
- Carbohydrates No more than 10 percent daily value or 30 grams maximum per serving.

Portion Sizes – If products meet the preceding standards for fruits and vegetables, they may be served in the following portion sizes:

- ½ cup minimum for quality fruits and vegetables
- ½ cup maximum for vegetables or fruits with added fat
- 1.25 ounces maximum for dried fruit

Foods of Minimal Nutritional Value (FMNV)

FMNV may not be sold in schools. The definition of FMNV is found in 7CFR 210, Appendix B. The summary is as follows:

- Water ices, including frozen sicles, ices and slushes, except those ices containing fruit juice.
- Chewing gum, flavored or unflavored from natural or synthetic sources
- Certain candies, processed predominately from sugar or corn syrup sweeteners combined with a variety
 of ingredients including but not limited to:
 - Hard candies, sour balls, fruit balls, candy sticks, starlight mints, after dinner mints, sugar wafers, rock candy, cinnamon candies, breath mints, and cough drops
 - Jellies and gums, such as gum drops, jelly beans, jellied and flavored fruit slices
 - o Marshmallow candies or other aerated sugar, corn syrup, or invert sugar confections
 - o Fondants, such as candy corn, and soft mints
 - o Licorice
 - Spun candy, cotton candy
 - Candy coated popcorn

<u>LONG RANGE GOALS.</u> There is no implementation date set at this time: These items should be addressed in more detail in the local wellness policy.

A. Foods provided:

- 1. Frying as a method of on-site preparation for foods served as part of school meals, ala carte, snack lines, and school stores should be limited with the intention of elimination. Alternative methods of cooking (baking, broiling, and steaming) should be implemented instead of frying. (Deep fat frying equipment may not be purchased with CNP funds after July 1, 2006.)
- 2. Schools should pay special attention to portion sizes and assist students in selecting the appropriate amount of food.
- 3. Except when medically contraindicated, no one on the school campus will provide access to "for sale" or "free" foods and beverages that do not meet the guidelines described above. With respect to school parties, food or beverage items served should meet the criteria for food items found in Table 1. Items falling under the definition of foods of minimal nutritional value (FMNV) as described above should not be provided. However, some items such as birthday cakes and/or cupcakes may be allowed on an infrequent basis. Schools have the discretion to prohibit any specific items according to standards established by the school or school district. Persons responsible for this compliance include school administrators or staff (principals, coaches, teachers, etc.), students or student groups, parents or parent groups, or any other person, company or organization. Refer to "Guide to Healthy School Parties" and "Recommendations for Healthy Snacks at School, at School Parties, and at Home" on the Alabama Department of Public Health's web site.

B. School programs:

Schools are encouraged to participate in programs such as school gardens, farm to school programs, farmer's markets, and similar programs to increase the availability and consumption of Alabama-grown fruits and vegetables whenever possible.

Fundraising Activities

By the end of the 2005-06 school year, all fundraising activities that involve the selling of food should reinforce food choices that promote good health.

The document, Guide to Healthy School Fundraising, may be useful when teaching the staff, parents, and others who assist in fundraising events. This document is on the web at http://www,adph.org/nutrition/

All fundraising activities except when contracts have been or will be executed by August 8, 2005, that involve the selling of food during school hours or as students gather on the school campus before school begins or as students wait on transportation or otherwise exit the school campus following school dismissal should reinforce food choices that promote good health. This means all events outside the school day are not affected by this recommendation and booster clubs, etc. are free to select items for sale for specific fundraising and concession sales as they see fit as long as the activity does not conflict with this position.

Training

Teachers and other staff should understand the importance of fully implementing the nutrition and health education curriculum and become familiar with its underlying theory and concepts.

One initial in-service activity shall occur for personnel in each school system on the importance of nutrition and physical education with respect to prenatal, infant adolescent and adult lifestyles and lifespan, with new personnel being assigned to in-service activities during their first full year of employment. The length or duration of this in-service will be determined by the school district, but in no case should be less than 3 hours. This shall begin with the 2006-2007 school year. This in-service will also provide teachers the skills needed to use non-lecture active learning methods, assess and improve their own eating practices, and make staff aware of the behavioral messages they give as role models.

All CNP directors must meet qualifications:

- New staff must complete the educational requirements as specified in the standard in the Code of Alabama (1975), 290-080-030-06 within a three-year period from the date of employment.
- Current staff not meeting the qualifications must complete the educational requirements as specified by the beginning of the 2008-09 school year.
- Costs incurred for meeting these requirements cannot be funded with child nutrition funds.

Food service workers should be trained by a qualified Child Nutrition Program (CNP) director as published in the Code of Alabama (1975), 290-080-030-06.

An additional tool available, Guide to Healthy Vending, is found on the Alabama Department of Public Health's web site at

http://www.adph.org/nutrition/default.asp?templatenbr=0&deptid+115&templateid=2265. This publication should not be interpreted as an endorsement of a particular name brand product. It is included for additional reference materials only.

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