

What's on the Menu?

Rochester Community Schools: ATPS ACE Lunch Menu October 2023

A full student lunch includes a choice of entrée supplying protein and grain, 2(1/2) Cup vegetable sides, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.

A student must select a 1/2 cup fruit or veg to make a complete meal or a la carte pricing will be applied.

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
CHOICE A:	Cheeseburger with Tater Tots Fresh Fruit	Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	No School
	9	10	11	12	13
CHOICE A:	No School	Corn Dog Vegetarian Baked Beans Cupped Fruit	Popcorn Chicken w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	Waffles w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	WG Boscós (V) Pizza Sauce Cupped Fruit
	16	17	18	19	20
CHOICE A:	Cheeseburger with Tater Tots Fresh Fruit	Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	Cheese Quesadilla (V) Fresh Broccoli Cupped Fruit
	23	24	25	26	27
CHOICE A:	Fiestada Pizza Fresh Vegetable Juice Cup	Corn Dog Vegetarian Baked Beans Cupped Fruit	Popcorn Chicken w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	Waffles w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	WG Boscós (V) Pizza Sauce Cupped Fruit
	30	31			
CHOICE A:	Cheeseburger with Tater Tots Fresh Fruit	Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit			
CHOICE B:	Italian Cheese Pull Apart (V)	Italian Cheese Pull Apart (V)	Italian Cheese Pull Apart (V)	Italian Cheese Pull Apart (V)	Deli Turkey and Cheese Sub Sandwich

Questions or comments? Food Service Office 248-726-4618 Director Marsha Dziewit
Directors Tamara Brazelton and Marci Flaherty

institution is an equal opportunity provider.

Assistant

This
chartwells
serving up happy & healthy

