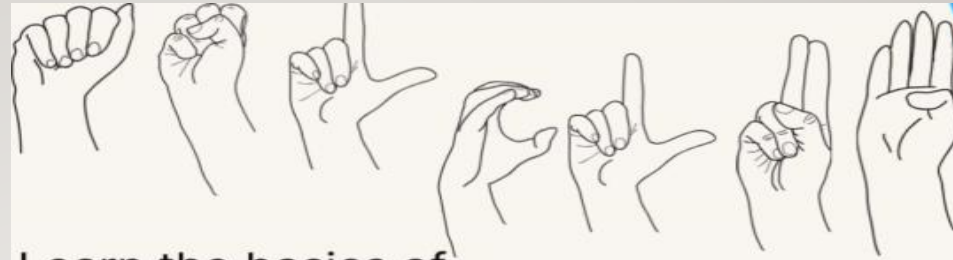




2023-2024 HIGHLANDS MIDDLE SCHOOL CO- CURRICULAR ACTIVITIES

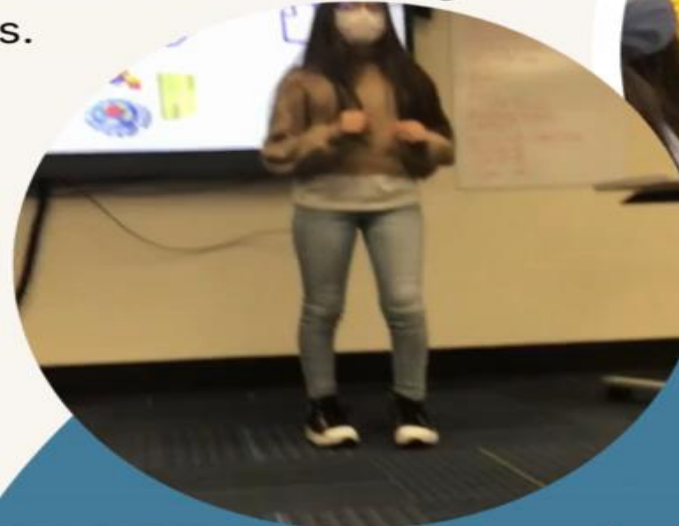
UNLOCKING THE UNIQUE
POTENTIAL OF EACH
STUDENT EVERYDAY

ASL CLUB



Schoology Code:
2RQJ-C7FS-JRJZH

Learn the basics of communicating in American Sign Language. Building a sense of community and inclusivity with friends of all hearing levels.



WHAT WE DO:

- Dialogue w/ peers
- Tell ASL stories (like an acrostic poem)[see video #1]
- Play Games [see video #2]
- Learn about famous deaf individuals
- Win prizes
- Educational Trips

WHERE: MEDIA CENTER
WHEN: FRIDAY'S
TIME: 2:35P-4:30P

For any questions about the ASL Club reach out to Ms. Loney on schoology or email:

Shamekaloney@wpcsd.k12.ny.us



BAKING CLUB

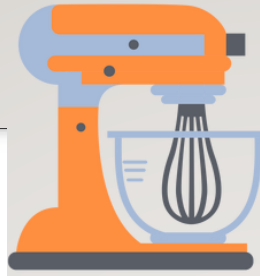


*Do you love to bake?
Do you have recipes you'd like to try?
Do you want to serve the community
with your tasty treats?*



Come out to the Interest Meeting
Friday, October 13th
Room 261
See Mrs. Irlen or Mrs. Rose-Perea
with questions

BAKING CLUB



Highlands Baking Club



Do you like to bake or do you want to learn how to bake?

Sign up with the Schoology Code Below:

56T4-NFFP-WSCGR

Come out to our interest meeting on

Friday October 13th – 2:30-4:15*

Room 261

If you need to leave at 3:15- let us know

See Ms. Rose-Perea or Ms. Irlen with questions!



Baking Time!

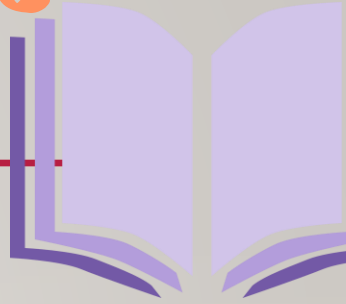


Bake Sales





BOOK CLUB- ROARING READERS



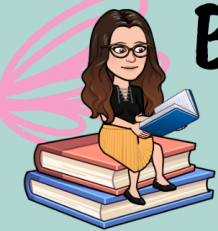
DO YOU LIKE TO TALK ABOUT BOOKS?
HAVE BOOK RECOMMENDATIONS?
WANT A PLACE TO SHARE IDEAS?



Meet with Ms. Lopez after school for book discussions and recommendations.
First Meeting in room 357 Tuesday, October 3



Book Club- Roaring Readers



Do you like to talk about books?
Have book recommendations?
Want a place to share ideas?

- 1. OCTOBER 3
 - 2. OCTOBER 17
 - 3. OCTOBER 24
 - 4. NOVEMBER 2 (THURSDAY)
 - 5. NOVEMBER 14
 - 6. NOVEMBER 21
 - 7. NOVEMBER 28
 - 8. DECEMBER 5
 - 9. DECEMBER 12
 - 10. JANUARY 2
 - 11. JANUARY 9
 - 12. JANUARY 16
 - 13. JANUARY 23
 - 14. JANUARY 30
 - 15. FEBRUARY 6
- SNOW DATE: FEBRUARY 13

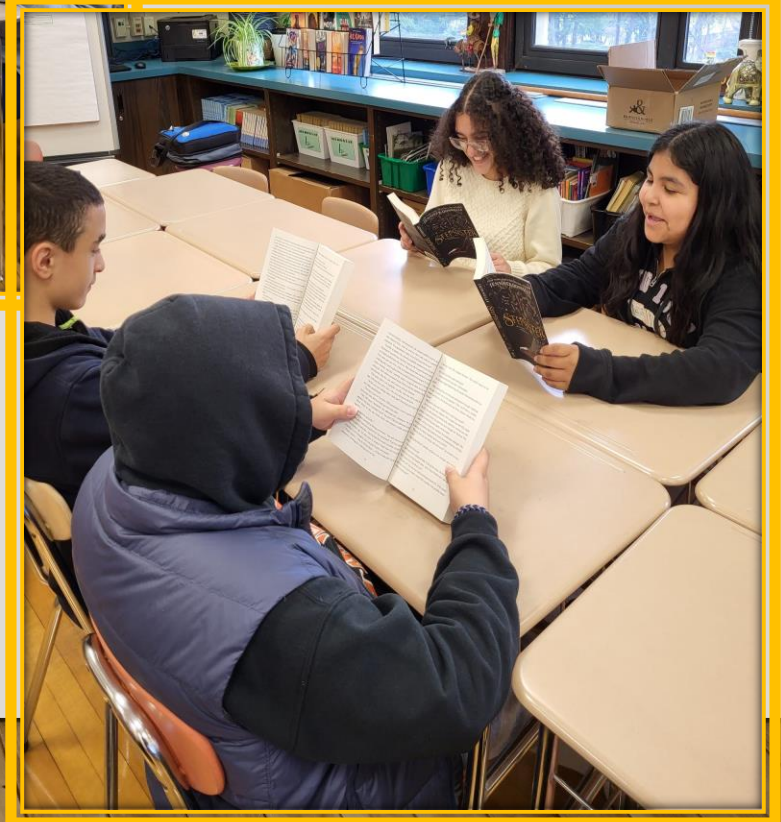
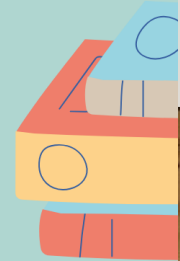


Meet with Ms. Lopez after school for book discussions and recommendations.

Join Highlands Schoology Book Club Course Code: K47C-D66S-6CJ24



First Meeting in room 357 Tuesday, October 3 AFTER SCHOOL



Chess Club



Do you want to learn or play chess?

If YES,

After school with Mr. Harrison to
learn all the tricks of the trade.

Mondays

Starting October 16

@2:45pm

Room 137

Schoology Code

SNW7-ZQJN-6SR85



2nd Place in Robot Game 2022

Coding & Robotics Club



CONTACT MR. TRUNKELY or MR. STECKLER WITH ANY QUESTIONS

ZACHARYTRUNKELY@wpcsd.k12.ny.us

DAVIDSTECKLER@WPCSD.K12.NY.US

This year's season



Why should you join?: Full If building and programming robots to complete tasks in a limited time competing against other schools as efficiently as you can utilizing your range of creativity and unique interests/skills sounds interesting – this club is for you!

Next Meeting: Tuesday September 3rd

- Where: Room 11 – Mr. Steckler's Classroom
- Day: Tuesday's
- Time: 2:35 – 4:15

Schoology Code:

Access Code

2CXR-JZ9V-GTFPV



Want to Feel Like a Creator?

Experience the joy and pride of bringing your own robots to life!



Ready to Feel Connected?

Share laughs, high-fives, and special moments as you collaborate with friends on exciting projects!



Excited to Feel the Rush of Competition?

Feel your heart race and your spirits soar as you compete and celebrate victories!



Eager to Feel Empowered?

Discover new things in STEM and feel the excitement of mastering cool and important skills!



Looking to Feel Challenged and Accomplished?

Tackle fun challenges, enjoy the thrill of solving them, and bask in the glow of achievement!

COMMUNITY SERVICE CLUB



ARE YOU INTERESTED IN MAKING WHITE PLAINS THE BEST POSSIBLE PLACE TO LIVE? DO YOU CARE ABOUT HELPING PEOPLE AND MAKING THE WORLD A BETTER PLACE? ARE YOU CREATIVE?

IF YOU ANSWERED YES TO ANY OF THESE QUESTIONS, JOIN COMMUNITY SERVICE CLUB!



JOIN THE SCHOOLOGY COURSE FOR MORE INFO.
3552-HWD9-XQTRX

STARTING IN OCTOBER!
LISTEN FOR
ANNOUNCEMENTS

CONTACT MR. LUPA IN ROOM 361
OR EMAIL:
ANTONYLUPA@WPCSD.K12.NY.US



THE COURIER NEWSPAPER

The longest running middle school newspaper in the country!



WHAT IS IT?

- Report on school events (during and after)
- Take photos & interview teachers, staff and students on events
- Write your opinion about topics of your choice!

WHEN IS IT?

- Three major editions for you to get involved in:
 - Fall (October – December)
 - Winter (January – March)
 - Spring (April – June)
- Meetings are Tuesdays/Thursdays

GET INVOLVED!

Come see Ms. Tschinkel in room 341 for more information!

Schoology Access Code:
273Z-Q7G2-FRN8W





JOIN

D A C

TUESDAYS

October- January

2:35 - 4:15 PM

Room 314





498N-MV39-PBQWK

SCHOOLY COURSE

DIGITAL ART CLUB

Do you love **art and technology?**

JOIN Digital Art Club to make new friends and **learn how to create in:**

- ADOBE PHOTOSHOP 
- ADOBE ILLUSTRATOR 
- VIDEO EDITING
- and more!

Message Mrs. Thornton with any questions.



FINE ARTS CLUB WITH MR. BART

- For Beginner to Advanced Artists
- meet fellow artists, build your skills, snack, and upgrade your creative powers!
- Meets Mondays beginning October 9th with Mr. Bart in Room 330
- explore many art materials: drawing, painting, sculpture, metal, digital, and more
- planned TRIP to visit Metropolitan Museum of Art in NYC
- Weekly challenges or bring your own art projects

FINE ART CLUB

WITH MR. BART

MONDAYS 2:30-4:15
BEGINNING OCTOBER 9

LEVEL-UP YOUR ART SKILLS

WEEKLY CHALLENGES

PAINTING DRAWING SCULPTURE DIGITAL METAL AND MORE!

BEGINNERS TO ADVANCED

CREATE YOUR OWN PROJECTS

ROOM 330
-See Mr. Bart with any questions!

SCHOOLGY COURSE CODE CTHH-B94Q-Z3D2Q

**SEE MR. BART IN ROOM
330 WITH QUESTIONS!**

GIRL TALK

no one understands
us like us



DO YOU NEED A SAFE SPACE TO TALK TO OTHER GIRLS
ABOUT IMPORTANT TOPICS?

THROUGH DISCUSSIONS AND ACTIVITIES, WE WILL TALK ABOUT FRIENDS, SCHOOL,
STRESS, RELATIONSHIPS, AND MORE!

FIRST MEETING: TUESDAY OCTOBER 10, 2023
2:35-4:15 ROOM 311

SCHOOLGY CODE: W2F9-QF9S-NPKT9

FOR MORE INFORMATION, CONTACT:
MS. LEMBO, ROOM 331, CINDIELEMBO@WPCSD.K12.NY.US
MS. ORTIZ, ROOM 157E, MELANIEORTIZ@WPCSD.K12.NY.US



INTERNATIONAL CLUB

INTERESTED IN EXPLORING CULTURES, LANGUAGES AND
TRADITIONS AROUND THE WORLD?

WANT TO MAKE CRAFTS, COOK DELICIOUS FOODS & WATCH
FILMS FROM DIFFERENT COUNTRIES?

See Mrs. Lopez in room 357





JOIN US!



International Club



Interested in exploring cultures, languages, and traditions around the world?

Want to make crafts, cook delicious foods and watch films from different countries?



See Ms. Lopez in room 357 on the following days:

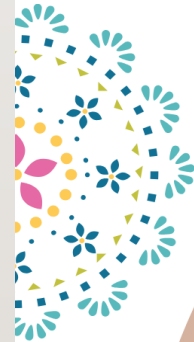


- 1. OCTOBER 23
- 2. NOVEMBER 13
- 3. NOVEMBER 20
- 4. DECEMBER 11
- 5. DECEMBER 14
- 6. JANUARY 8
- 7. JANUARY 11
- 8. JANUARY 22
- 9. JANUARY 29
- 10. FEBRUARY 5
- 11. FEBRUARY 12
- 12. FEBRUARY 26
- 13. MARCH 4
- 14. MARCH 11
- 15. MARCH 18

Schoology Access Code:
7S4W-5WBP-GXJGN



SNOW DATE: MARCH 25



INTRAMURAL SPORTS



WHAT DOES INTRAMURALS MEAN?

- ❖ Intramurals are for EVERYONE – no experience required!
- ❖ You do not need a physical to participate in intramural sports
- ❖ You play with the people who attend
- ❖ Attendance is not mandatory – come as much as you can!

WHAT SPORTS ARE AVAILABLE?

- ❖ Girls Basketball – Coach Sherman
- ❖ Boys Basketball – Coach Armogida
- ❖ Girls Lacrosse – Coach Morelli
- ❖ Boys Lacrosse – Coach Armogida
- ❖ Soccer (co-ed) - Mr. King
- ❖ Volleyball (co-ed) - Ms. Tschinkel
- ❖ Wrestling – Coach Taino & Mr. Iasiello

GIRLS BASKETBALL INTRAMURALS

MEETS IN THE SOUTH GYM STARTING

11/6/23

NO EXPERIENCE REQUIRED

GOOD OPPORTUNITY TO GET READY FOR
TEAM TRYOUTS OR JUST FOR FUN



**SCHOOLGY Access Code – GO TO GROUPS NOT
COURSES!!! 9XD3-HNCB-8Z9C2**



BOYS LACROSSE INTRAMURALS

December
& January

See Coach Armogida for info

T6FH-5S6P-X4W5S



BASKETBALL

INTRAMURALS

NOVEMBER 2023

See Coach Armogida for more info
P8XH-2TT3-TQM7X

GIRLS LAX

Learn the basics or brush up on your skills before the season starts!

Skill work and pickup games

See Coach Morelli for more info :)

equipment available to borrow

Schoology D64D-ZZBJ-7FWQ8

GIRLS LACROSSE INTRAMURAL

D64D-ZZBJ-7FWQ8

**INTEREST MEETING 10/16
FITNESS CENTER**

**SEE COACH MORELLI WITH
ANY QUESTIONS**

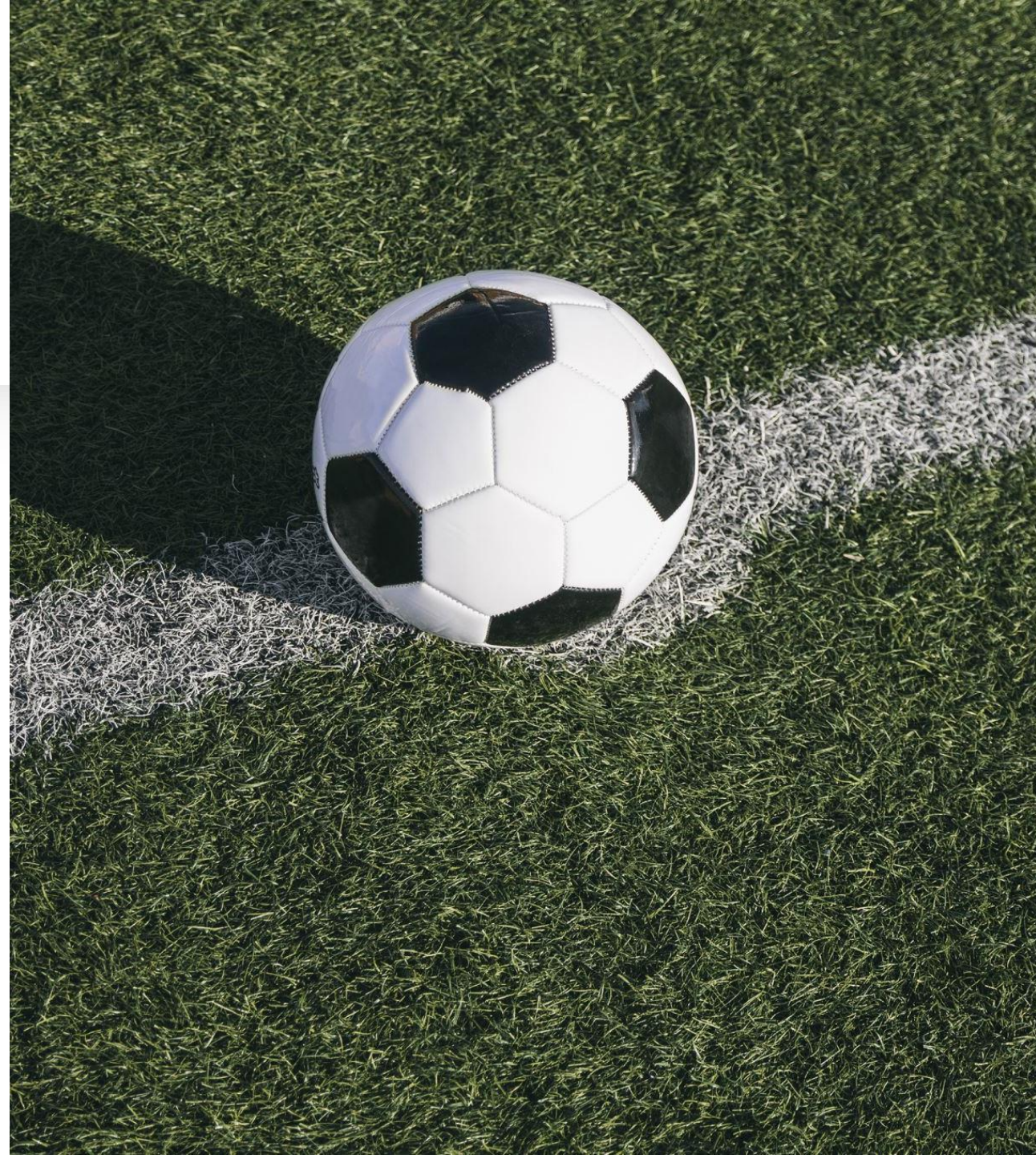


Intramural Soccer

Do you love the game of soccer and have time after school on Mondays?

Come join Mr. King for a fun game of organized soccer.

There will be no drills or standing in line. Just gameplay with some gentle coaching to help you to improve your skills and positioning on the field.



Intramural Soccer

Who is it for: Open to all students and all skill levels.

When: Monday's 2.45-4.15 beginning October 2nd.

Where: Meet Mr. King in Room 1B on the Garden Level. Games will take place outside, if possible.

Equipment: None needed but bring sneakers and cleats if you have them.

Contact: damienking@wpcsd.k12.ny.us

Schoology Course Code: Q3PN-WZ4F-JCJNV





INTRAMURAL WRESTLING

- Intramural Wrestling Club is a chance for all students to experience the great sport of wrestling. Whether you are new to the sport or an experienced wrestler, the club is geared for everyone. Fundamentals of wrestling will be taught including various techniques, positioning, rules, along with various fitness and games. Practice takes place from 2:30- 4:15. The club meets for half of its sessions in November (pre-season). Then, the final sessions will take place in March (post-season). (15 meeting dates)

INTRAMURAL VOLLEYBALL



LET'S GO!

Interested in working on
your volleyball skills?

Join us for Intramural
Volleyball in the North Gym!

All are welcome!

- No experience required
- No physical required
- Come when you can!



Join our Schoology
Course!

NQ8F-7GR7-P98FG

Meetings will begin in
March.

Check our Schoology
page to see specific dates.

Any other questions,
please see Ms. Tschinkel
in Room 341.

ALL INSTRUMENTS
WELCOME!!

HAVE FUN PLAYING
JAZZ, ROCK, POP,
AND OTHER
AWESOME MUSIC!

Jazz Band



Jazz Band Members

Ameer Ahmed: Keyboard
Luke Anselmo: Clarinet
Abraham Beals: Alto Sax
Luke Bellantoni: Euphonium
Charles Bowman: Clarinet
Vincent Cerilli: Trumpet
Stephanie Charro Gil: Clarinet
Kai Chen: French Horn
Enzo Cruz: Clarinet
Cristina Damato: Clarinet
Evan Daniele: Drums
Adin Dardashti-Weisz: Trumpet
Arin Diaz Lawson: Trumpet
Dominic Flora: Drums
Samantha Hudson: Trombone
Stella Khachetoorian: Keyboard
Ryan Kinzler: Clarinet
Aadi Kumar: Clarinet
Dylan Lemere: Drums
Mary Magneson: Flute
William Marin Godoy: Trumpet
Dianna Marin Godoy: Flute
Julian McDermott: Flute
Roman Range: Drums

Sophia Rivera Chavez: Clarinet
Ariel Rojas: Drums
Emilie Roldan: Flute
Yvette Sadler: Trombone
Ava Sanchez: Bass Clarinet



PLAY AT THE ST. PATTY'S
DAY PARADE!!

Schoology code:
86DP-3GV7-JGBQF

MIDDLE SCHOOL YEARBOOK



Watch the Video!



Join the Yearbook!

No experience necessary & all creativity welcome!



YEARBOOK CLUB



Do you like?

- Graphic design
- Photoshop
- Photography
- Writing
- Making friends



The yearbook is for you! **Schoology Course Code: DVQ9-M3GG-2NTKG**
Come to room 203 to join!

Meeting Dates: Wednesdays

- September 20th
- September 27th
- October 4th
- October 11th
- November 8th
- November 22nd
- December 13th
- December 20th
- January 10th
- January 24th
- February 7th
- February 14th
- March 13th
- March 20th
- June 5th



SPRING MUSICAL

This year's show will be announced by the End of October!! Keep your Eyes and Ears open!



Do you like to Sing, Act and Dance?

Come out to the Interest Meeting on Monday November 6th, 2:30-4:15

- **If you intend on Auditioning for the show, you must be at the Interest meeting!**



Questions? See Mrs. Irlen in Rm 329 or email: jenniferirlen@wpcsd.k12.ny.us

Mentoring Club!

Are you interested in meeting new people? Would you like to create meaningful habits for your future? Are you looking for someone to encourage you and guide you?

Join the Mentoring Program,
see **Ms. Rodriguez in room 237**
for more information!

Activities will include: movie days, friendship bracelet making, food tastings, crafts, field trips and more!



Mentoring Club!

FIRST MEETING ON 10/4

Meetings on Mondays & Wednesdays:

October: 10/23

November: 11/1, 11/15

December: 12/4, 12/18

January: 1/10, 1/24

February: 2/5, 2/12

March: 3/4, 3/11, 3/20

April: 4/ 8, 4/15

May: 5/6

SCHOOLY COURSE

M4QP-7MFR-7FK35

S



Have you consistently made honor roll in 7th grade and are you on track to make honor roll in 8th grade?

If so, you may be eligible to join the National Junior Honor Society after quarter 1 of your 8th grade year!

National Junior Honor Society (NJHS)



QUALIFICATIONS

- Open to 8th graders
- Must have a 92% average or higher in ALL classes in 7th grade and Quarter 1 of 8th grade

TIMELINE



CONTACT

Contact Caryn Friedman for more information at carynfriedman@wpcsd.k12.ny.us





NYSSMA MUSIC CLUB

FOR ALL MUSICIANS IN BAND, ORCHESTRA, AND
CHORUS, AND/OR WHO PLAY PIANO AND
GUITAR



FIRST MEETING WEDNESDAY, OCTOBER 4TH, 2:45 IN THE AUDITORIUM
SCHOOLGY CODE: FXTF-KBQ2-BCV2C



SCULPTURE ART CLUB

welcome to
the CLUB



If you enjoy making 3D hands-on projects with clay, cardboard, paper mâché and other materials this is the club for you! Come to the interest meeting on **October 10th** to sign up!



SCULPTURE ART CLUB



MEETING DATES:

TIME: 2:35 - 4:15PM LOCATION: ROOM 230

INTEREST MEETING:

TUESDAY, 10/10 * UNTIL 3:15

Tuesday, 10/24

Tuesday, 1/2

Monday, 10/30

Monday, 1/8

Monday, 11/13

Tuesday, 1/23

Tuesday, 11/21

Monday, 1/29

Monday, 11/27

Tuesday, 2/6

Tuesday, 12/5

Monday, 2/12

Monday, 12/11

Tuesday, 2/27

Tuesday, 12/19

Monday, 3/4

SCHOOLGY COURSE CODE:

HV7V-DGXJ-5JCSN

QUESTIONS? EMAIL MRS. HENZI
JENNIFERHENZI@WPCSD.K12.NY.US

Student Organization



What do we do in S.O.?

The Student Organization (S.O.) at Highlands provides students with opportunities to learn from each other, engage and lead with the school community.

Why should you join?

- engage with the school community
- develop leadership and organizational skills
- plan and run community events
- meet with administration to discuss student's concerns
- run for elected office: president, vice-president, secretary, treasurer, and public relations manager
- be leaders and impact change

Schoology Code

2RGW-7RM9-PNXXM

S.O. Meeting Schedule Fall 2023

Meeting Date and Time	Meeting Location	Meeting Topic
September 19th 2:35pm to 4:15pm	Room 261	Interest Meeting
October 3rd 2:35pm to 4:15pm	Room 261	General Meeting
October 12th 2:35pm to 4:15pm	Room 261	General Meeting
October 17th 2:35pm to 4:15pm	Room 317 Room 139	General Meeting Election Team Building
October 26th 2:35pm to 4:15pm	Room 139	Executive Board Meeting
November 14th 2:35pm to 4:15pm	Room 261	General Meeting



TALENT SHOW

Mrs. Davila (room 313)
Ms. Melendez (room 317)



WHY?

Share your talent with the school! This includes singing, dancing, a comedy skit, playing an instrument and more!



STAGE CREW

We need students who will be part of stage crew. Stage crew is in charge of the lights and the set.



SCHOOLLOGY CODE

8VKK-3R7D-56M3T



MEETING DATES

The interest meeting will happen in January. We will post the schedule in the Schoolology course.



LOCATIONS

We will meet in room 313 and in the auditorium. The talent show will happen during school hours on March 22.



THURSDAYS HIGHLANDS TEEN FIT

Get Stronger and Faster!!

Join Highlands afterschool program called, "*Highlands Teen Fit,*" with Mr. Harrison. Starting 10/12!p



Exercises include but not limited to:

Air Squats, lunges, push-ups, sit-ups, jumping jacks, sprints, and many many more!!!

DO YOU WANT TO
GET STRONGER
AND FASTER?

DO YOU WANT TO
BE A BETTER
ATHLETE?

DO YOU WANT
TO FEEL BETTER
MENTALLY AND
PHYSICALLY?

ARE YOU TIRED
OF ALWAYS
FEELING TIRED?

DO YOU WANT TO
BE THE BEST YOU?

AFTER SCHOOL

Thursdays 2:45pm

Schoology Access Code:
OJB8-Q9KJ-XZCPM

paulharrison@wpcsd.k12.ny.us

10/12,10/19,10/26,11/2,11/9,11/16,11/30,
12/7,12/14,12/21,1/4,1/11/1/18,1/25,2/1

VIDEO PRODUCTION CLUB

Co – Create

- HIGHLIGHT HL'S S.O. EVENTS
- CREATE YOUR OWN MINI-CLIP
- MOVING UP CEREMONY 2024

[Highlands](#)
[Highlights 2022-23](#)

Short Video

**JOIN
VIDEO PRODUCTION
CLUB**
Learn to create, edit &
produce short movies

Wednesdays
Room 7
2:40-4:15 p.m.
October 18th-January 3rd
May 11th- June 5th

Schoology Access Code
2FZJ-GVVV-C6Q94

OCTOBER 18 - INTEREST MEETING
OCTOBER 25
NOVEMBER 1
NOVEMBER 8
NOVEMBER 15
NOVEMBER 29
DECEMBER 6
DECEMBER 13
DECEMBER 20
JANUARY 3
MAY 1
MAY 8
MAY 15
MAY 22
MAY 29
JUNE 5



Calm is cool!!!

To get started on a calmer, cooler, more productive YOU – join the ZEN ZONE CLUB and learn easy tools to help you reduce stress, deal with pressures and generally make each day easier and happier for you and those around you!

THE ZEN ZONE CLUB

Ms. Drabek
Room 202
Tuesdays 2:45-3:15 starting
10/17

What can you do IN THE MOMENT to reduce stress?

How can food affect your mood?

What physical activities can calm you?

How can you quickly and easily transform negative thoughts into positive ones?

