

SCHOOL PROFILE

2023-2024
SCHOOL YEAR



3601 Burt Street
Omaha, NE 68131
DuchesneAcademy.org

NETWORK OF SACRED HEART SCHOOLS

Academy of the Sacred Heart
St. Charles, Missouri

Academy of the Sacred Heart
New Orleans, Louisiana

Academy of the Sacred Heart
Bloomfield Hills, Michigan

Carrollton School of the Sacred Heart
Miami, Florida

Convent of the Sacred Heart
New York, New York

Convent & Stuart Hall
Schools of the Sacred Heart
San Francisco, California

Duchesne Academy of the Sacred Heart
Houston, Texas

Duchesne Academy of the Sacred Heart
Omaha, Nebraska

Forest Ridge School of the Sacred Heart
Bellevue, Washington

Josephinum Academy
Chicago, Illinois

Newton Country Day School of the Sacred Heart
Newton, Massachusetts

Princeton Academy of the Sacred Heart
Princeton, New Jersey

Sacred Heart Academy Bryn Mawr
Bryn Mawr, Pennsylvania

Sacred Heart Greenwich
Greenwich, Connecticut

Sacred Heart School of Halifax
Halifax, NS

Sacred Heart School of Montreal
Montreal, QC

Sacred Heart Schools
Atherton, California

Saint Philomena School
Portsmouth, Rhode Island

Schools of the Sacred Heart
Chicago, Illinois

Schools of the Sacred Heart
Grand Coteau, Louisiana

Stone Ridge School of the Sacred Heart
Bethesda, Maryland

Stuart Country Day School of the Sacred Heart
Princeton, New Jersey

The Regis School of the Sacred Heart
Houston, Texas

Villa Duchesne School of the Sacred Heart
St. Louis, Missouri

Woodlands Academy of the Sacred Heart
Lake Forest, Illinois

HEAD OF SCHOOL

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PRINCIPAL

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DEAN OF STUDENTS

Amy Becker
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COLLEGE COUNSELOR

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FACULTY PROFILE

- 36 full-time teachers
- 6 support staff/administrators
- 3 part-time
- 44 master's degrees
- 2 doctoral degrees
- Student to faculty ratio: 8 to 1

ENROLLMENT

- Total student body: 326
- Self-identification of race/ethnicity
- 9% Hispanic or Latina
- 6% Black or African American
- 7% Asian
- 2% Native American
- 76% Caucasian
- 55% of our students receive some form of financial aid

PLACEMENT IN CLASS

Duchesne only admits students able to do college-preparatory work and because classes are small, there is generally a small range in students' grade averages. We do not rank students.

PORTRAIT OF A GRADUATE

Discerning:

Duchesne graduates aim to be attuned to God's presence, practicing self-reflection and acting with purpose from a strong moral compass for courageous decisions.

Inquisitive:

Duchesne graduates seek lifelong learning, possessing skills in analysis, critical thinking, and problem-solving to understand contemporary issues and build God's kingdom on earth with imagination.

Kind:

Duchesne graduates value civil discourse, respecting the dignity of those they disagree with and facing challenges with courage and grace.

Empathetic:

Duchesne graduates strive for compassion, inspired by Catholic Social Teaching, and work towards human rights and protecting creation.

Authentic:

Duchesne graduates aim to remain true to their principles and values while recognizing cultural differences, understanding all are created in God's image and are brothers and sisters in Christ.

SCHOOL & PHILOSOPHY

Founded in 1881, Duchesne Academy of the Sacred Heart is a Catholic, independent, college-preparatory school dedicated to providing young women with a rigorous and supportive atmosphere in which to best develop their moral, spiritual, and intellectual lives. It is one of 25 institutions comprising the Network of Sacred Heart Schools in the United States and Canada. Schools of the Sacred Heart commit to educate to:

- A personal and active faith in God
- A deep respect for intellectual values
- A social awareness which impels to action
- The building of community as a Christian value
- Personal growth in an atmosphere of wise freedom

COMMUNITY SERVICE

Goals

- Contemplate civic responsibility
- Deal realistically with personal gifts and limitations
- Analyze injustice
- Embrace a life-long commitment to service
- Model the teachings of Christ in the broader community

12,564
service hours in 2022-2023

Service Requirements

Freshman, sophomores, and juniors complete 45 hours for graduation. Seniors complete an additional two-week, full-time service experience at one local community partner (approximately 60 hours).

SPECIAL AWARDS

Barat Service recognizes students who have made service a part of their lives and have generously shared time and talent.

Très Bien recognizes students who raise their averages in a class at least five points, while maintaining all other class averages.

Mes Amis Award recognizes students who continually reach out to others in their class and in the school community. As a result, their efforts strengthen Duchesne Academy.

ACADEMIC ACHIEVEMENTS

PRIZE is awarded to the student(s) in an individual class who has the highest yearly average (with a minimum of 90%).

DISTINCTION is awarded to the student(s) with the next highest average in an individual class.

RECOGNITION is awarded to the student(s) who might not have the highest average but consistently worked hard.

ATHLETICS

Duchesne competes in Class B as a member of the River Cities Conference in 11 NSAA sponsored activities. We also offer 6 club sports. 75% of students participate in at least one sport.

Fall:	Winter:	Spring:	Club Sports:
Cross Country	Basketball	Soccer	Archery
Golf	Swimming	Tennis	Cheerleading
Softball	Diving	Track & Field	Dance Team
Volleyball	Bowling		Esports
			Lacrosse
			Trap Shooting

ACADEMIC PROFILE

GRADUATION REQUIREMENTS

A minimum of **26.0** credits are required for graduation, which must include:

English 4.0	Social Studies 4.0
Math 4.0	Fine Arts 2.0
Theology 4.0	International Language 2.0
Science 4.0*	P.E. 2.0

*Biology/Chemistry/Physics + 1 credit Science or IT

ADVANCED PLACEMENT (AP) COURSES

- American Government
- Calculus
- Chemistry*
- Computer Science A
- Computer Science Principles
- English Literature
- European History
- Physics*
- Psychology*
- Spanish
- Statistics
- Studio Art
- US History

* Offered every other year

HONORS COURSES

- Algebra II
- American Lit III
- Biology
- Biomedical Physiology
- Calculus III
- Chemistry
- Economics
- Geometry
- Physics
- Pre-Calculus
- Research Methodology
- Spanish IV

DUAL ENROLLMENT

Students may earn college credit for:

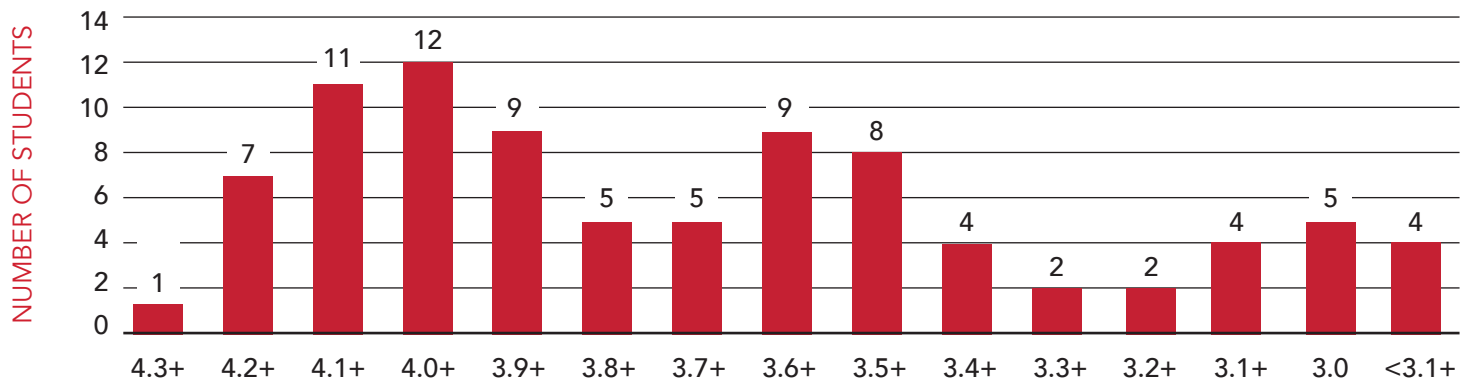
- **AP Calculus** through Creighton University
- **AP Physics** through the University of Nebraska Omaha
- **AP US History, World Religions, Spanish IV,** and, **Honors Biomedical Physiology** through Nebraska Wesleyan University

GRADE CONVERSION CHART

Beginning with the 2022/2023 school year, Duchesne adopted a new grading scale. Cumulative GPA is calculated and reported using a 4.0 scale, instead of the former 100-point scale. All honors courses receive an added 0.5 GPA point; all AP courses receive an added 1.0 GPA point which is averaged into the cumulative GPA. Course grades reported on the transcript are not weighted. Duchesne does not report student rank.

Letter grade	100pt scale	Regular scale	Honors scale	A.P. scale
A	94-100	4.0	4.5	5.0
A-	90-93	3.8	4.3	4.8
B+	87-89	3.4	3.9	4.4
B	84-86	3.1	3.6	4.1
B-	80-83	2.8	3.3	3.8
C+	77-79	2.4	2.9	3.4
C	74-76	2.1	2.6	3.1
C-	70-73	1.8	2.3	2.8
D+	67-69	1.4	1.9	2.4
D	65-66	1.1	1.6	2.1
F	>64.5	0.0	0.0	0.0

GRADE DISTRIBUTION FOR THE CLASS OF 2024



AP/HONORS COURSE PARTICIPATION

for the 2023/2024 School Year

139 students taking one or more AP course(s)

229 students taking one or more honors course(s)

In the interest of promoting personal health and wellness, school policy limits the number of AP Classes to 4 for all juniors and seniors unless the student receives administrative approval.

ADVANCED PLACEMENT RESULTS 2023

52 students took at least one AP test

86% of students scored a 3 or higher

ACT Scores for the 2022-2023 School Year

Subject	Mean
English	27.5
Math	23.9
Reading	28.1
Science	25.4
Composite	26.4

Cumulative GPA for the Class of 2024 (end of junior year)

Mean	Median
3.75	3.845

RESPONSE TO COVID-19

Classes for the 4th quarter of the 2019/2020 school year were conducted via remote learning. The 2020/2021 school year used a hybrid learning model. Academic standards were not modified and students were expected to attend class daily. Regular scheduling resumed beginning with the 2021/2022 school year.

AT A GLANCE: DUCHESNE INITIATIVES

SUSTAINABILITY

- 2020 US Department of Energy Green Ribbon School
- Goal to become zero waste and net positive energy school by 2030
- First school in Omaha to implement composting program
- 40 MWh of clean energy generated from on-campus solar array since 2019
- School currently diverts 82% of its waste from the landfill
- Campus garden for education purposes and food production

50+ CLUBS, INCLUDING:

- American Sign Language
- Archery
- Bell Choir
- Board Games
- Campus Ministry
- Cardinal Crew
- Caring for Africa
- Chess
- Cinema
- Comedy
- Cor Unum
- DASH Diversity
- Drama
- Fashion
- Feminist
- For-Life
- Guitar
- Healthy Optimism and Positive Environments (HOPE)
- ILAC
- Inside Duchesne Team (social media)
- International Foods
- Mock Trial
- National Honor Society
- National Spanish Honor Society
- Operation Others
- Peer Facilitators
- Robotics
- Science Bowl
- Self Care
- Sodality/CLC
- Speech
- Sports and Spirit
- Student Ambassadors
- Student Athletic Leadership Team (SALT)
- Sustainability
- Swifties
- UNICEF
- Young Democrats
- Young Medicine
- Young Republicans

GLOBAL OPPORTUNITY

Duchesne, part of a global school network with 150+ campuses across six continents, provides international exchange opportunities for Sacred Heart students. Students can apply for 2 to 4-week exchanges at other Sacred Heart schools worldwide. These exchanges are available between junior and senior year during the summer.

Each year, Duchesne hosts Sacred Heart students from different countries, nurturing lasting international friendships. The school also organizes service trips during the academic year and summer, blending education, real-world experience, and travel.

INTERNATIONAL EXCHANGE



students have many opportunities for international travel:

- BRISBANE, AUSTRALIA
- MELBOURNE, AUSTRALIA
- MADRID, SPAIN
- AMIENS, FRANCE
- VIENNA, AUSTRIA
- TAIPEI, TAIWAN

SERVICE/JUSTICE TRIPS OPPORTUNITIES

- Mexico
- Dominican Republic
- Uganda
- New Orleans, LA
- Washington DC
- St. Augustine Indian Mission, Winnebago

STEAM & TECHNOLOGY

Through Duchesne's courses, students develop skills including intellectual, artistic, communication, and leadership skills, to solve global and humanitarian challenges that face the world. STEAM cultivates inquiry, design skills, and creativity through hands-on learning.

CLASSES INCLUDE:

STEAM Academy, Digital Photography, Journalism, Yearbook, Interior Design, AP Computer Science A, AP Computer Science Principles, Digital Citizenship, Programming in Python, Robotics, Intro to Cyber Security.

DIGITAL CITIZENSHIP

All freshmen take a semester-long Digital Citizenship course covering topics such as cybersecurity, programming, the impact of computing on society, managing digital footprints, and using technology to solve problems and build tools.

PROGRAMS/EQUIPMENT

Glowforge, laser cutters, 3D printers, Adobe Creative Cloud, FinalCut Pro, Digital Sewing, VR sets, drones.

4 YEAR

Computer Science pathway

STEAM ACADEMY

- Business community partnerships
- Internship opportunities
- Participation in Omaha Fashion Week

“Your example, even more than your words,
will be an eloquent lesson to the world”

— Saint Madeleine Sophie Barat

COLLEGE MATRICULATION

From 2020-2023, Duchesne Academy graduates matriculated to the following colleges and universities:

American University
Arizona State University
Augsburg University
Augustana University
Ave Maria University
Ball State University
Baylor University
Bellarmino University
Belmont University
Benedictine College
Benedictine University
Brown University
California College of the Arts
Chapman University
Coe College
Colgate University
College of Saint Benedict
College of the Atlantic
College of the Holy Cross
Colorado College
Colorado School of Mines
Colorado State University
Columbia College-Chicago
Columbia University-New York
Cornell University
Creighton University
Culinary Institute of America
Dartmouth College
DePaul University
Dominican University
Dordt University
Drake University
Fashion Institute of Technology
Florida Institute of Technology
Florida State University
Fordham University
George Washington University
Georgetown University
Gonzaga University
Grand Canyon University
Gustavus Adolphus College
Hillsdale College
Iowa State University
Ithaca College

Kansas State University
Kean University
Loyola Marymount University
Loyola University-Chicago
Loyola University-New Orleans
Macalester College
Marquette University
Metropolitan Community College
Miami University-Oxford
Midland University
Nebraska Methodist College
Nebraska Wesleyan University
New York University
New York University-Abu Dhabi
Northeastern University
Northwest Missouri State University
Northwestern University
Occidental College
Oklahoma State University
Regis University
Rhodes College
Rockhurst University
Saint Louis University
Saint Mary's College
Saint Mary's College of California
Saint Mary's University of Minnesota
Salve Regina University
San Diego State University
Savannah College of Art and Design
Seattle University
Seton Hall University
South Dakota School of Mines and Technology
South Dakota State University
Southern Methodist University
Spring Hill College
St. Catherine University
St. Ambrose University
St. John's University-New York
St. Lawrence University
St. Olaf College

Stanford University
Stephens College
Suffolk University
Texas Christian University
Truman State University
Tulane University of Louisiana
University of Alabama
University of Arizona
University of California-Irvine
University of California-Los Angeles
University of Chicago
University of Central Florida
University of Chicago
University of Dallas
University of Denver
University of Iowa
University of Kansas
University of Limerick-Ireland
University of Mississippi
University of Missouri-Kansas City
University of Missouri-Columbia
University of Nebraska-Lincoln
University of Nebraska-Omaha
University of Northern Iowa
University of Notre Dame
University of Oregon
University of San Diego
University of San Francisco
University of Sioux Falls
University of South Dakota
University of Southern California
University of St. Thomas
University of Tulsa
University of Wisconsin-Madison
Virginia Polytechnic Institute and State University
Washington University in St Louis
Wayne State College
Whitworth University
Xavier University
Yale University