

CONCUSSION SIGNS & SYMPTOMS

A concussion is caused by a bump, blow, or jolt to the head. It can also occur from a fall or blow to the body that causes the head to move rapidly back/forth. Even what seems to be a mild bump to the head can be serious. Be alert for the following signs & symptoms.

DOES STUDENT...

Appear dazed/stunned?
Show confusion?
Answer questions slowly?
Repeat questions?
Fail to recall events?
Lose consciousness?
Show behavior changes?
Forget schedule/assignment?



HAS STUDENT REPORTED...

Difficulty remembering?
Difficulty concentrating?
Feeling sluggish, hazy, foggy?
Headache or head pressure?
Nausea/vomiting?
Fatigue?
Light/noise sensitivity?
Irritability?
Sadness?
Nervousness?
Feeling especially emotional?

IF YOU SUSPECT A CONCUSSION

Remove student from activity, observe symptoms
& never leave student without adult supervision

During school hours, call nurse to the scene or escort student to clinic. Before/after school, call 911 if loss of consciousness, persistent vomiting or increasingly more confused. If mild, call parent & recommend follow up with doctor.

