

Morton Junior High School

IESA Track & Field

4-A Sectional #8

Coach Information

Friday, May 13, 2022 – 11:00am

Carper Field, Morton High School

Parent Notes

Bus Parking Instructions & Map

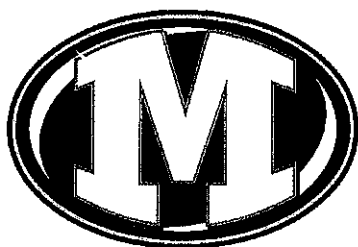
Informational Memo & Contact Information

Coaches' Assignments & Track Markings

Seed & Scratch Meeting Agendas

Program

Running Event Scratch Form



Home of the Junior Potters

IESA Track & Field Sectional

Parent Notes

Morton High School Carper Field
350 N. Illinois
Friday, May 13, 2022; 11:00 am start

Parking: Morton High School is still in session (sans seniors), so the main parking lot will still have a section of "Student Parking" until 3:00. Please do not park in the student parking section until 3:00.

Admissions: \$5 – HS students & adults / \$3 – K-8 students & senior citizens

Concessions: gondolas, Chick-fil-A, pizza, donuts, candy, Pepsi, Gatorade, candy, chocolate, nachos, Kona Ice, handwarmers, ponchos, sunscreen, etc.

CASH ONLY
(No ATM)

Order of Events

break between girls and boys running events

Running Events: Girls followed by Boys	Field Events: Boys followed by Girls
Hurdles	Shot Put: 8 th – 7 th
100 M Dash	Discus: 7 th – 8 th
1600 M Run	Long Jump: 8 th – 7 th
4x200 M Relay	High Jump: 7 th – 8 th
4x100 M Relay	Pole Vault: 8 th – 7 th
400 M Dash	
200 M Dash	
800 M Dash	
4x400 M Relay	

Field Events

Finals: top 8 attempts advance and receive two additional attempts

Starting Heights:

High Jump	7G – 4-01; 8G – 4-03; 7B – 4-7; 8B – 5-00
Pole Vault	7G – 6-00; 8G – 6-06; 7B – 6-09; 8B – 8-03



MORTON JUNIOR HIGH ATHLETICS

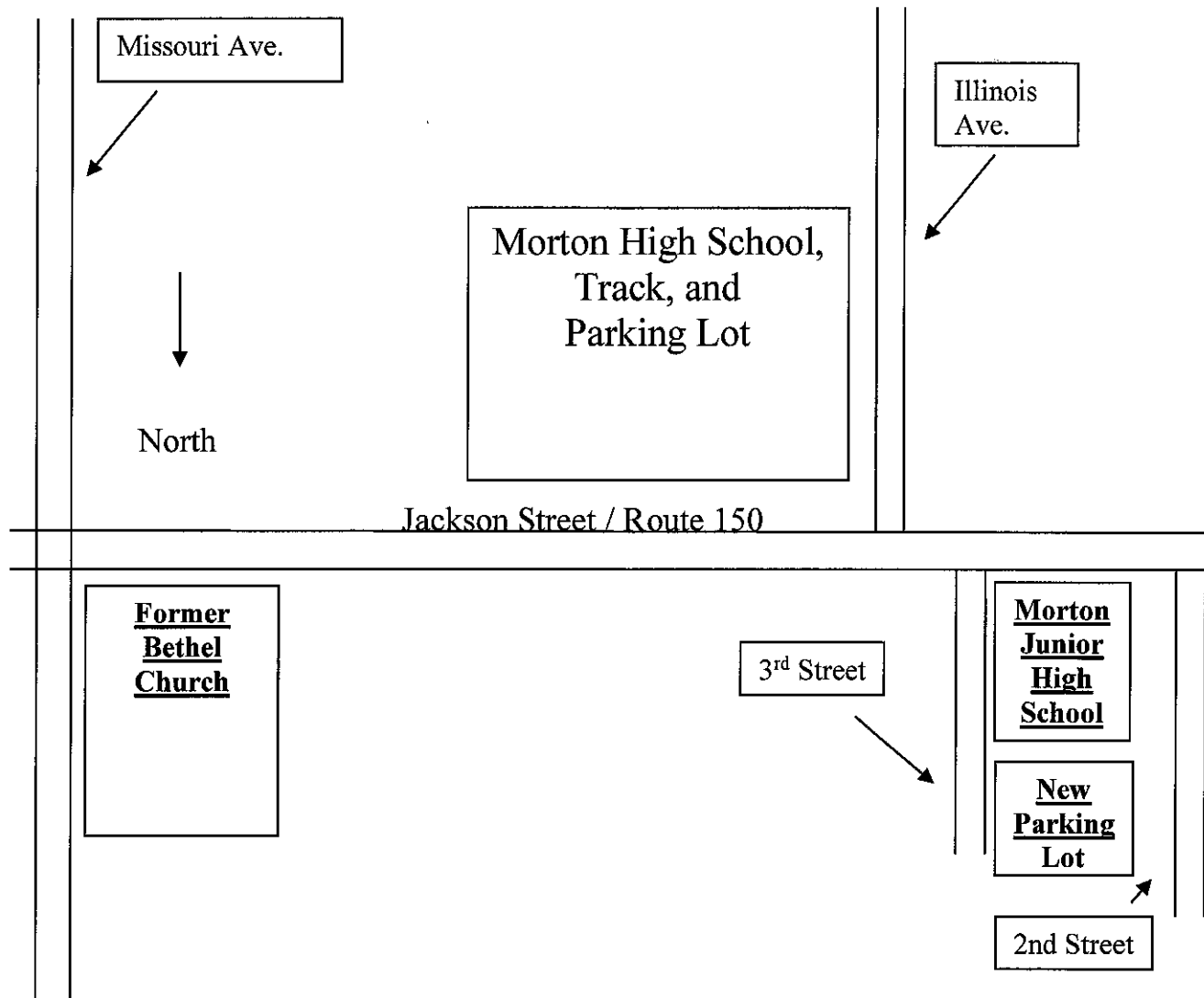
Track & Field *Bus Parking*

Buses parked in high school parking lot will be asked to move. Please provide this to your bus driver and/or transportation department.

Option #1: former Bethel Lutheran Church - corner of Jackson St. and N. Missouri Avenue...Directions: Take a RIGHT (EAST) out of the Morton High School parking lot onto Jackson Street and proceed approximately one block to Missouri Avenue and turn left

Option #2: Morton Junior High School Parking Lot– Available on Saturday for Tazewell County Invite or after 3:30p on Friday for the Sectional.

Map NOT to Scale





Morton High School / Carper Field



MORTON JUNIOR HIGH ATHLETICS

IESA Track & Field 4A Sectional #8

GENERAL INFORMATION

1. **Date:** Friday, May 13 at 11:00am. Rain date: Monday, May 16; time, TBD.
2. **Location:** Morton High School (Carper Field).
3. **Bus Parking:** Parking will be an issue on Friday since school is in session. Buses are NOT to park in the Morton High School main lot. They can park in the former Bethel Church parking lot. Or at Morton Junior High after 3:30. A map is included.
4. **Admission Prices:** \$5.00 – Adults/HS Students; \$3.00 – K-8 Students/Seniors. CASH ONLY.
5. **Seed Meeting:** Wednesday, May 11; 6:00 in MJHS cafeteria. Scratches and replacements are allowed at the seed meeting. Only scratches are allowed on Friday. NO CHANGES can be made after the Seed Meeting. Coaches are responsible for entering CORRECT times. Only times/marks actually achieved this season in a meet are permitted.
6. **Entry Deadline:** All entries are to be entered through athletic.net by midnight on Tuesday, May 10. Be sure to enter your entire team. Entries may NOT be added after the deadline.
7. **Scratches:** turn in your scratch form to the press box immediately upon your arrival.
8. **Scratch Meeting:** 10:00 am in the south locker room (visitors/SW side of field).
9. **Timing:** We will be using FAT. Schools will still need to supply one coach for backup timing.
10. **Track Surface:** Only ¼" pyramid spikes. No tape is to be used on the track or runways.
11. **Field Events:** Implements will be weighed in immediately after the scratch meeting under the visitor bleachers at the shed. No warm-ups until a coach is supervising. Coaches assigned to work field events are EXPECTED to know how to correctly measure and are responsible for knowing that field event's rules.
12. **Infield:** Only competitors and judges/coaches/ timers are allowed in the infield.
13. **Concession Stand:** A full concession stand will be available with pizza, gondolas, Chick-fil-A, candy, hot and cold drinks. Cash only.
14. **Press Box:** Absolutely no parents allowed.
15. **Athletes:** Please keep athletes out of the infield until their event is called.
16. **Games Committee:** To be determined at the seed meeting (veteran coaches are needed).
17. **Ribbons:** 1st-6th Places awarded. Additional ribbons will be ordered and sent to you by the IESA. If you are missing one, check the results packet to confirm it was due a tie. All team ribbons will be collected in an envelope for coaches to pick up at the end of the meet in the press box.
18. **Plaques:** 1st Place plaques will be distributed in the locker room. Ties: Coin flip to determine who receives the plaque and a second plaque will be ordered and sent.
19. **Garbage:** It is expected that each team clean up their camp and the surrounding grounds at the end of the meet. Garbage bags can be found in the concession stand.
20. **Medical Kits:** Schools need to bring their own medical kit minor scrapes. Ice will be available in the concession stand for injuries.
21. **Supervision:** It is expected that athletes will be supervised throughout the day.
22. **Contact Information:** Included is the contact information for each school that the IESA currently has on file (Please let us know of any changes to coaches, numbers, or emails).
23. **Officials:** Starters – Stan Prosser & David Mitchell; Head Field Judge – Steve Gonwa
24. **Sportsmanship Cards:** No longer required.

MORTON JUNIOR HIGH CONTACT INFORMATION

Assistant Principal/AD: Chris Carter – chris.carter@mcusd709.org, 284-5060 (o), 208-5067 (c)

Head Track Coach: Don Swearingen – don.swearingen@mcusd709.org, 266-6522 (s), 645-6802 (c)



MORTON JUNIOR HIGH ATHLETICS ORDER OF EVENTS

Running Events: Girls then Boys	Field Events: Boys then Girls
Hurdles	Shot Put: 8 th , 7 th
100 M Dash	Discus: 7 th , 8 th
1600 M Run	Long Jump: 8 th , 7 th
4x200 M Relay	High Jump: 7 th , 8 th
4x100 M Relay	Pole Vault: 8 th , 7 th
400 M Dash	
200 M Dash	
800 M Dash	
4x400 M Relay	

STARTING HEIGHTS

<u>Division</u>	<u>High Jump</u>	<u>Pole Vault</u>
7 Girls	4-01	6-00
8 Girls	4-03	6-06
7 Boys	4-07	6-09
8 Boys	5-00	8-03

PARTICIPATING SCHOOLS (14 Schools Total)

Evans, Bloomington, Canton, Dunlap Valley, E. Peoria Central, Churchill, Geneseo, John Deere, Wilson, Morton, Chiddix, Kingsley, Parkside, Broadmoor

ASSIGNMENTS

A minimum of one coach from each school per field event is needed to run the event. We will have parents/athletes scheduled to help out with raking, marking, etc. The assigned coach is in charge of the field event. There will be a wagon and bucket at the event that will include all the supplies you should need.

SCHOOL CONTACT INFORMATION

Admin:

Evans	Mrs. Rachael Hernandez, AP/AD	(309) 557-4406	hernanre@unit5.org
Bloomington	Ms. Amie Keeton, Admin. Asst.	(309) 827-0086	oxararta@district87.org
Canton	Mr. Brad Hulet, AD	(309) 647-0520	brad.hulet@cantonusd.org
Dunlap Valley	Mr. Scott Lawson, Asst. Prin.	(309) 243-1034	slawson@dunlapcusd.net
E. Peoria	Mr. Mike Wallace, AD	(309) 427-5200	wallacem@epd86.org
Churchill	Mr. Matt Lingafelter, Asst. Prin.	(309) 973-2002	mlingafelter@galesburg205.org
Geneseo	Mr. Nathan O'Dell, Prin.	(309) 945-0599	nodell@geneseoschools.org
John Deere	Mr. Robert Michna, AD	(309) 743-1622	bmichna@molineschools.org
Woodrow Wilson	Mr. Dan Olson, AD	(309) 743-1623	mperkins@molineschools.org
Morton	Mr. Chris Carter, Asst. Prin./AD	(309) 266-6522	chris.carter@mcusd709.org
Chiddix	Mrs. Elisa Palmer, Asst. Prin.	(309) 557-4405	palmere@unit5.org
Kingsley	Mr. Dennis Larson, A.D.	(309) 557-4407	ambrosev@unit5.org
Parkside	Mr. Jon Haws, Assoc. Prin.	(309) 557-4408	hawsj@unit5.org
Broadmoor	Mr. Ty Goss, Principal	(309) 477-4731	ty.goss@pekin108.org



MORTON JUNIOR HIGH ATHLETICS

Coaches:

Evans	Aaron Jimenez	(512) 650-7787	jimenea@unit5.org
Bloomington	Brian Slaw	(217) 454-6620	bcslaw777@gmail.com
Bloomington	Vanessa Hernandez	(224) 321-0176	hernandezv@district87.org
Canton	Carl Fisher	(309) 224-1556	carl.fisher@cantonusd.org
Canton	Jic O'Neill	(309) 339-2445	jic.oneill@cusd66.org
Dunlap Valley	Ellen Benefield	(217) 372-7681	ebenefield@dunlapcusd.net
Dunlap Valley	Teague Dentino	(309) 678-0786	tdentino@dunlapcusd.net
E. Peoria	Brittney Tomlinson	(309) 427-5200	tomlinsonb@epd86.org
E. Peoria	John Beyer	(309) 427-5200	beyerj@epd86.org
Churchill	Carmen Peterson	(309) 973-2002	cpeterson@galesburg205.org
Churchill	Jared Hahn	(309) 973-2002	jhahn@galesburg205.org
Geneseo	Erin Gillespie	(630) 698-0075	egillespie@geneseoschools.org
Geneseo	Todd Ehlert	(309) 781-3272	tehlert@geneseoschools.org
John Deere	Alex Tyson	(309) 235-0681	bmichna@molineschools.org
John Deere	Carlton Sims	(309) 235-0681	btmichna@mchsi.com
Woodrow Wilson	Grant Putnam	(309) 742-1623	gputnam@molineschools.org
Woodrow Wilson	Matthew Perkins	(309) 743-1623	mperkins@molineschools.org
Morton	Don Swearingen	(309) 645-6802	don.swearingen@mcusd709.org
Chiddix	Andrew Miller	(309) 557-4405	millerand@unit5.org
Chiddix	Kierra Mello	(573) 433-5655	mello2k16@gmail.com
Kingsley	Vincent Allen	(309) 846-2189	vtallen@ilstu.edu
Parkside	Jeremy Stahmer	(309) 532-8070	kemptc@unit5.org
Parkside	Paul Bliss	(309) 481-8818	blisspa@unit5.org
Broadmoor	Cary VandeSchraaf	(309) 202-1989	cary.vandeschraaf@pekin108.org
Broadmoor	Jake Norman	(309) 253-5398	jake.norman@pekin108.org

MORTON JUNIOR HIGH ATHLETICS



Coach Assignments & Track Markings

IESA Track & Field Sectional #8

Saturday, May 13, 2022; 11:00am

A minimum of one coach from each school per field event is needed to run the event. The assigned coach is in charge of the field event. Please familiarize yourself with proper procedures for marking and measuring. There will be a wagon and bucket with needed supplies at each field event.

Coach Assignments	
<u>Field Events (Boys and Girls)</u>	<u>School</u>
Shot Put	Broadmoor, Churchill, Morton
Discus	Canton, Chiddix, John Deere
Long Jump	Evans, Kingsley, Wilson
High Jump	Geneseo, E. Peoria
Pole Vault	Bloomington, Dunlap Valley, Parkside
<u>Running Events</u>	<u>School</u>
Timing (backup only)	
4x200 - 1 st & 3 rd Exchange	Bloomington, Dunlap Valley
4x200 - 2 nd & 4 th Exchange	Broadmoor, Wilson
4x100 - 1 st Exchange	Canton, Chiddix
4x100 - 2 nd Exchange	Bloomington, Dunlap Valley
4x100 - 3 rd Exchange	Edison, Kingsley
Cut Line (800 & 1600)	E. Peoria
Scoring/Clerk	Morton

Track Markings			
<u>Start Colors</u>		<u>Exchange Zones</u>	
100 Hurdles	Yellow / White	4 x 100 Relay	Yellow
110 Hurdles	Blue / White	4 x 200 Relay	Black/Black/ Yellow
100 M Dash	Yellow / White	4 x 400 Relay	Blue (common)
200 / 400 Dash	White		
800 / 1600 Run	Green (alleys)	<u>Hurdle Set Colors</u>	
4 x 100 Relay	White	100 Hurdles	Yellow
4 x 200 Relay	Red	110 Hurdles	Blue
4 x 400 Relay	Blue		



MORTON JUNIOR HIGH ATHLETICS

Seed Meeting Agenda

4A IESA Track & Field Sectional #8

Wednesday, May 11, 2022 – 6:00 pm, MJHS Cafeteria

I. Attendance

Introductions:

Starter – David Mitchell
Clerk – Don Swearingen

Starter – Stand Prosser
FAT – Jay Mahannah

Head Field Judge – Steve Gonwa
Meet Manager – Chris Carter

All rule or appeal questions should address with the meet referee immediately.
Do not wait until Monday morning to address their appeals with the IESA Office.

Roll call (14 schools)

Bloomington Evans		Moline John Deere	
Bloomington		Moline Wilson	
Canton Ingersoll		Morton	
Dunlap Valley		Normal Chiddix	
E. Peoria Central		Normal Kingsley	
Galesburg Churchill		Normal Parkside	
Geneseo		Pekin Broadmoor	

2. Scratch and Replace

No additions to team roster, only changes to events
No replacing or changes after meeting

3. Miscellaneous

Parking: Bethel Church (all day), MJHS (after 3:30) or return at end of meet
(NO BUS PARKING IN MAIN HIGH SCHOOL LOT)

Concessions: gondolas, Chick-fil-A, pizza, donuts, candy, Pepsi, Gatorade, candy, chocolate, nachos,
Kona Ice, handwarmers, ponchos, sunscreen, etc.

Schedule: Scratch Meeting – 10:00 locker room; Meet starts – 11:00

T-shirts: Cubby Hole on site

Emergency plans: light rain – under bleachers; thunderstorm – Morton HS

Lunch: Provided in locker room (southwest corner) after girls running events while boys warm-up

Spikes: ¼" pyramid only

Awards: Ribbons (1st-6th); Plaque (1st Place)

Team Camps: Locations (no pre-meet set-ups)

Games Committee volunteers: (veteran coaches required)

1.	2.	3.
4.	5.	

4. Running Events

100/Hurdles – no prelims, all timed finals

800/1600 – 2-alley starts; waterfall and super alley starts prohibited by IESA

30 M exchange zone rule change



MORTON JUNIOR HIGH ATHLETICS

5. Field Events

Starting heights: allowed to adjust per IESA

CURRENT		
	<u>High Jump</u>	<u>Pole Vault</u>
7G	4-01	6-00
8G	4-03	6-06
7B	4-07	6-09
8B	5-00	8-03

Head Field Event Judge: final decision

Field event judge assignments: Equipment will be out at the event

Pole Vault and Shot/Disc: weigh-ins under visitor bleachers at shed after scratch meeting

Warm-ups: Not until coach in charge arrives

Shot, Disc, Long Jump: 8 finalists with 3 additional attempts

Pole Vault, High Jump: finals only, 3 trials per height

Familiarize yourself with proper measuring procedures

MORTON JUNIOR HIGH ATHLETICS



Scratch Meeting Agenda **4A IESA Track & Field Sectional #8** **Friday, May 13, 2022 – 10:00 am, locker room**

1. Attendance

Introductions:

Starter – David Mitchell
Clerk – Don Swearingen

Starter – Stand Prosser
FAT – Jay Mahannah

Head Field Judge – Steve Gonwa
Meet Manager – Chris Carter

Roll call (14 schools):

Bloomington Evans		Moline John Deere	
Bloomington		Moline Wilson	
Canton Ingersoll		Morton	
Dunlap Valley		Normal Chiddix	
E. Peoria Central		Normal Kingsley	
Galesburg Churchill		Normal Parkside	
Geneseo		Pekin Broadmoor	

2. Miscellaneous

Scratches: scratch form should have been delivered to press box

All rule or appeal questions should address with the meet referee immediately

Do not wait until Monday morning to address their appeals with the IESA Office

Lunch: Provided in locker room after girls running events and boys warm-up

Emergency plans: light rain – under bleachers, buses; thunderstorm – Morton HS

Ribbons: “Trade” garbage bag (get from concessions) for awards...ribbons in envelope
ties: sent out by IESA

Plaques: Locker Room

Parking: Move buses to church parking lot or send home

3. Running Events:

Last minute questions?

4. Field Events

Head Field Event Judge: final decision

Field event judge assignments: take and return clipboard

Weigh-Ins: under visitor bleachers at shed after scratch meeting

Warm-ups: Not until coach in charge arrives

LJ, SP, DT: 3 attempts; 8 finalists receive 3 additional attempts

CURRENT		
	High Jump	Pole Vault
7G	4-01	6-00
8G	4-03	6-06
7B	4-07	6-09
8B	5-00	8-03

[illegible]

2022 IESA TRACK & FIELD CLASS 4A SECTIONAL #8

***Hosted by Morton Junior High School
at Carper Field, Morton High School***

Friday, May 13, 2022; 1:00pm

*Bloomington Evans, Bloomington, Canton Ingersoll, Dunlap Valley, E. Peoria Central, Galesburg
Churchill, Geneseo, Moline John Deere, Moline Wilson, Morton, Normal Chiddix, Normal Kingsley,
Normal Parkside, Pekin Broadmoor*

Field Event Finals

Top 8 competitors advance and receive three additional attempts

Order of Events

First: Girls Running events (7th followed by 8th) and boys field events
Second: Boys Running events (7th followed by 8th) and girls field events

Running Events: Girls followed by Boys	Field Events: Boys followed by Girls
Hurdles 100 M Dash 1600 M Run 4x200 M Relay 4x100 M Relay 400 M Dash 200 M Dash 800 M Dash 4x400 M Relay	Shot Put: 8 th – 7 th Discus: 7 th – 8 th Long Jump: 8 th – 7 th High Jump: 7 th – 8 th Pole Vault: 8 th – 7 th



2022 IESA Class 4A FAT Qualifying Standards

<u>EVENT</u>	<u>7TH GIRLS</u>	<u>8TH BOYS</u>	<u>7TH GIRLS</u>	<u>8TH BOYS</u>
<i>100 Meter Hurdles</i>	:17.94	—	:17.24	—
<i>110 Meter Hurdles</i>	—	:17.94	—	:16.64
<i>100 Meter Dash</i>	:13.54	:12.44	:13.34	:11.94
<i>200 Meter Dash</i>	:28.54	:26.14	:27.94	:24.94
<i>400 Meter Dash</i>	1:05.24	:59.34	1:04.74	:56.44
<i>800 Meter Run</i>	2:36.24	2:24.24	2:34.74	2:16.74
<i>1600 Meter Run</i>	5:45.24	5:16.24	5:42.24	5:01.24
<i>4x100 Meter Relay</i>	:56.24	:52.54	:54.74	:49.24
<i>4x200 Meter Relay</i>	1:59.24	1:51.74	1:56.24	1:43.74
<i>4x400 Meter Relay</i>	4:39.24	4:15.84	4:32.24	3:57.74
<i>Pole Vault</i>	7-00	7-09	7-06	9-03
<i>High Jump</i>	4-07	5-01	4-09	5-06
<i>Long Jump</i>	14-08	16-10	15-02	18-04
<i>Shot Put</i>	27-00	34-11	29-02	40-08
<i>Discus Throw</i>	76-06	102-04	86-00	124-0

