

| <b>Unit 5 Physical Education Standards Based Grading 6th Grade</b>  |                | <b>Unit of Assessment</b> |                   |              |                     |               |                            |                           |                    |   | <i>Possible Assessments</i>  |
|---|----------------|---------------------------|-------------------|--------------|---------------------|---------------|----------------------------|---------------------------|--------------------|---|--|
|   |                | <b>Badminton</b>          | <b>Basketball</b> | <b>Dance</b> | <b>Floor Hockey</b> | <b>Soccer</b> | <b>Cardiovascular Fit.</b> | <b>Muscular S &amp; E</b> | <b>Flexibility</b> |   |  |
| <b>Standard 19: Acquire movement skills and understand concepts needed to engage in health-enhancing physical activity.</b> | <b>19.A.3a</b> | X                         | X                 | X            | X                   | X             | X                          | X                         | X                  | X | <a href="#">Written Test</a><br><br><a href="#">Heart Rate Monitor Journal</a><br><br><a href="#">Unit Assessment Rubric</a>                         |
|   | <b>19.A.3b</b> |                           | X                 | X            |                     |               |                            |                           |                    |   |  |
|   | <b>19.B.3a</b> | X                         |                   | X            |                     |               |                            | X                         | X                  |   |  |
|   | <b>19.B.3b</b> |                           |                   | X            |                     |               |                            |                           |                    |   |  |
|   | <b>19.C.3a</b> |                           | X                 |              | X                   | X             |                            | X                         | X                  |   |  |
|   | <b>19.C.3b</b> | X                         | X                 |              | X                   | X             |                            |                           |                    |   |  |
| <b>Standard 20: Achieve and maintain a health-enhancing level of physical fitness based upon continual self-assessment.</b> | <b>20.A.3a</b> |                           |                   |              |                     |               |                            |                           |                    |   | <a href="#">Fitness Journal</a><br><br><a href="#">Lap Run</a><br><br><a href="#">Timed Run</a><br><br><a href="#">Monitoring Exercise Intensity</a> |
|   | <b>20.A.3b</b> |                           |                   |              |                     |               |                            |                           |                    |   |  |
|   | <b>20.B.3a</b> |                           |                   |              |                     |               | X                          |                           | X                  |   |  |
|   | <b>20.B.3b</b> |                           |                   |              |                     |               |                            |                           |                    |   |  |
|   | <b>20.B.3c</b> |                           |                   |              |                     |               |                            |                           |                    |   |  |
|   | <b>20.C.3a</b> |                           |                   |              |                     |               |                            |                           |                    |   |  |
|   | <b>20.C.3b</b> |                           |                   |              |                     |               |                            |                           |                    |   |  |
|   | <b>20.C.3c</b> |                           |                   |              |                     |               |                            |                           |                    |   |  |
| <b>Standard 21: Develop team-building skills by working with others through physical activity.</b>                          | <b>21.A.3a</b> |                           |                   |              |                     |               |                            |                           |                    |   | <a href="#">Archery Peer Checklist</a><br><br><a href="#">Group Evaluation</a>   |
|   | <b>21.A.3b</b> |                           |                   |              |                     |               |                            |                           |                    |   |  |
|   | <b>21.A.3c</b> | X                         | X                 | X            | X                   | X             | X                          | X                         | X                  |   |  |
|   | <b>21.B.3a</b> |                           |                   |              | X                   |               |                            |                           |                    |   |  |

| <b>No Evidence</b>  | <b>Beginning</b>  | <b>Progressing</b>  | <b>Proficient</b>  | <b>Exceptional</b>  |
|---|---|---|--|---|
| <b>0</b>  | <b>1</b>  | <b>2</b>  | <b>3</b>   | <b>4</b>  |
| Student has not submitted or produced evidence of understanding/application of skill. | Unable to demonstrate understanding or show application of skill without support or evidence is not complete. | Inconsistently or partially demonstrates understanding or shows application of skill. | Consistently demonstrates complete and consistent understanding/application of skill or concept. | Demonstrates complete understanding/application of skill or concept and deeper learning of concepts or skills beyond the level explicitly taught. |