



Medications at School Parent Guidance

In order for the school nurse or medication trained assistant to administer medications during school hours or on field trips, you must follow the guidelines below.

1. All medications must be delivered by the parent or guardian to the nurse's office. This includes prescription and over the counter medications such as Tylenol, Advil, cortisone cream, triple antibiotic ointments, and/or creams, Benadryl, cough medicines, etc. Students **should never** have any medications on their person such as in purses, backpacks, or lunch boxes unless permission is granted and by the health care provider **and** the school nurse.
2. Over-the-counter medication must be in the original, **unopened** container from the manufacturer and not expired. All prescription medication must have the pharmacy label attached, not expired, and no writing on the pharmacy label. Medications administered during school require a School Medication Prescriber/Parent Authorization (PPA).
3. **All prescription medications, natural remedies, herbs, oils and nutritional supplements to be given at school require clear written instructions on the school medication form from a health care provider** (Physician, Dentist, Chiropractor, Optometrist, Nurse Practitioner or Physician's Assistant).
4. **Over the counter medication:** A Parent must sign the PPA and provide the medication to the school. Quantity of medication received is limited to 30 tablets/capsules. Requests for dosages exceeding the manufacturer's dosing will require a health care provider's dosing instructions and signature on the PPA. All medications containing aspirin products (salicylates) will also require a health care provider's signature.
5. **Sunscreen:** Students may carry and apply sunscreen without a PPA. If a school employee is asked to apply the sunscreen, then a parent must complete the PPA prior to employee applying. A health care provider's signature is not required.
6. **Controlled Substances:** Must be counted upon receipt and when returned to the parent. Parent and medication trained assistant or nurse signature is required after medication count is complete. Quantity of controlled medications to be received is limited to a 30-day supply.
7. All medications must be given by a Gulf Shores City Schools School Nurse, or a medication trained assistant who has successfully completed the medication training curriculum provided by the Alabama Board of Nursing and the Alabama State Department of Education.
8. Any medications remaining at school past the end of year dismissal will be discarded.
9. Students with an inhaler and/or Epi-pen in the health room attending after school care must provide a second dose to after school care, unless the physician indicates the medication can be self-carry. Medication kept in the nurse's office will not be sent to after school care.