



October



Monday

Tuesday

Wednesday

Thursday

Friday

<p>2 Breakfast Cereal Choice & Toast</p> <p>Lunch Whole Grain Corn Dog or Turkey Hot Dog, BBQ Beans, Fruit</p>	<p>3 Breakfast Sausage Biscuit</p> <p>Lunch Chili on Chips or baked potato bar, Fruit & Vegetable Choices</p>	<p>4 Breakfast Donut</p> <p>Lunch Crispy Chicken Sandwich, Baked Fries, Garden Salad w/Dressing, Fruit</p>	<p>5 Breakfast Egg Scramble</p> <p>Lunch Bean Burrito or Quesadilla, Spanish Rice, Fresh Salsa, Fruit</p>	<p>6 Breakfast Breakfast Burrito</p> <p>Lunch Pizza or Cook's Choice, Vegetables with Dip, Fruit</p>
<p>9 Breakfast Cereal Choice & Toast</p> <p>Lunch Chicken Nuggets, Pan Bread, Baked Beans, Garden Salad w/Dressing, Fruit</p>	<p>10 Breakfast Breakfast Muffin</p> <p>Lunch Orange Chicken, Asian Brown Rice, Broccoli, Fruit</p>	<p>11 Breakfast Cheese Omelet</p> <p>Lunch Hamburger w/Lettuce, Pickle & Tomato, Baked Fries, Fruit</p>	<p>12 Breakfast Egg, Cheese McMuffin</p> <p>Lunch Beef Taco or Fish Taco, Refried Beans, Fresh Salsa, Fruit</p>	<p>13 Breakfast Yogurt Parfait</p> <p>Lunch Pizza or Cook's Choice, Vegetables with Dip, Fruit</p>
<p>16 Breakfast Cereal Choice & Toast</p> <p>Lunch Brunch For Lunch! French Toast, Sausage, Fruit, Vegetable Sticks</p>	<p>17 Breakfast Ham & Cheese Croissant</p> <p>Lunch Oven Crisp Chicken Drumstick, Mashed Potatoes, Green Beans, Fruit</p>	<p>18 Breakfast Cinnamon Roll</p> <p>Lunch Spaghetti w/ Garlic Bread, Garden Salad w/Dressing, Fruit</p>	<p>19 Breakfast Egg Patty w/Hash Brown</p> <p>Lunch BBQ Rib Sandwich or Grilled Cheese Sandwich, Vegetables, Fruit</p>	<p>20 Breakfast Cook's Choice</p> <p>Lunch Pizza or Cook's Choice, Vegetables with Dip, Fruit</p>
<p>23 Breakfast Cereal Choice & Toast</p> <p>Lunch Whole Grain Turkey Corn Dog or Beef Hot Dog, Barbeque Beans, Garden Salad w/Dressing, Fruit</p>	<p>24 Breakfast Sausage Biscuit</p> <p>Lunch Chili on Chips or Baked Potato Bar, Fruit & Vegetable Choices</p>	<p>25 Breakfast WG French Toast Sticks</p> <p>Lunch Crispy Chicken Sandwich, Baked Fries, Garden Salad w/Dressing, Fruit</p>	<p>26 Breakfast Egg Scramble</p> <p>Lunch Bean Burrito or Quesadilla, Spanish Rice, Fresh Salsa, Fruit</p>	<p>27 Breakfast Breakfast Burrito</p> <p>Lunch Pizza or Cook's Choice, Vegetables with Dip, Fruit</p>
<p>30 Breakfast Cereal Choice & Toast</p> <p>Lunch Chicken Nuggets, Pan Bread, Baked Beans, Fruit</p>	<p>31 Breakfast Breakfast Muffin</p> <p>Lunch Orange Chicken, Asian Brown Rice, Broccoli, Fruit</p>			

Daily Breakfast choices include:

Cereal, Fruit or Juice

Daily Lunch choices include:

Various Veggies & Salads;
Fruit or Juice Assortment

