

CLEAR SPRINGS HIGH SCHOOL

Guidance & Counseling

2023-2024

Clear Springs High School Mission Statement



The mission of Clear Springs High School, the beacon of innovative learning, is to cultivate self-direction, confidence, and commitment to excellence by instilling uncompromising character, a strong work ethic, and meaningful relationships.

Student Guidance and Counseling Services

The CSHS Counseling Department welcomes you to the 2023-2024 school year! Our first priority is our students. We readily make ourselves available to students in need of guidance and counseling throughout the school day. To ensure all students are well-served with the time and attention they deserve, **we ask that parents/guardians make an appointment** with their student's counselor to allow adequate scheduling and preparation.

We are committed to providing our students with a comprehensive guidance and counseling program to include:

Guidance curriculum to help students develop their full potential, including the student's interests and career

objectives. Guidance curriculum topics include:

- Child abuse, family violence, and dating violence. Parent permission is required for your student to attend this session; more information will come two weeks prior to the lesson.
- Bullying Prevention
- Drug Education/ Substance Abuse Awareness & Prevention
- Character Education/ CCISD Core Values
- Generation Texas Week
- Youth Mental Health Awareness
- Suicide Prevention
- Teen Dating Violence Prevention

Responsive services to intervene on behalf of any student whose immediate personal concerns or problems put the student's continued educational, career, personal, or social development at risk.

Individual planning to guide a student as the student plans, monitors, and manages the student's own educational career, personal, and social development.

System support to support the efforts of teachers, staff, parents, and other members of the community in promoting the educational, career, personal, and social development of students.

CSHS Guidance & Counseling Team

Students with Last Name	Counselor
A-Dc	Vanessa Ward vdiggs@ccisd.net 281-284-1345
Dd-Hj	Valerie Strickland vstrickland@ccisd.net 281-284-1342
Hk-Mk	Amanda Schmidt aschmidt@ccisd.net 281-284-1344
MI-Sc	Kristi Gann krgann@ccisd.net 281-284-1428
Sd-Z	Ashley De Luna adcorbett@ccisd.net 281-284-1348
Student Support Counselors	Karen Grayson kgrayson@ccisd.net 281-284-1484 Heather Valadez hvaladez@ccisd.net 281-284-1375
College, Career & Assessment Specialist	Michael Raffaeli mraffaeli@ccisd.net 281-284-1397
Communities in Schools Coordinator	Linda Deckert ldeckert@ccisd.net 281-284-1346
Lead Counselor & Director of College Counseling	Denise Cottenoir dcottenoir@ccisd.net 281-284-1340

Personal Counseling for ALL Students

School Counselors are available to assist students with a wide range of personal concerns including such areas as social, family, emotional, mental health, or substance abuse. A student may request to visit the school counselor's office and parents may request resources from a counselor.

A student who wishes to meet with a school counselor about personal concerns should request to visit the school counselor's office **by filling out an online form using the QR code posted outside of the counselor's door or various places around campus.**

If a parent is concerned about their child's mental or emotional health, please call the CSHS Counseling Office at 281-284-1341 and ask to speak with a school counselor for a list of resources that may be of assistance.

Student Support Groups

In order to meet the personal needs of students, school counselors may also offer support groups on a recurring basis. The support groups meet during the school day for approximately 30 minutes per week. Support groups may meet during Lightning Lunch & Learn so that students do not miss class time. These groups are intended to provide a safe, confidential, and supportive setting for the students to discuss concerns and practice behaviors that will support growth and development.

If a parent/guardian does not want their student to participate in a support group, written documentation of denial of services will need to be provided to the school counselor.

Other Guidance Curriculum

Additional guidance curriculum topics available for all students based on

campus, classroom, and/or student needs include;

- **Interpersonal Skills** (ex: social awareness, relationship skills, core values)
- **Intrapersonal Skills** (ex: self-awareness, SEL)
- **Post-Secondary Education & Career Readiness** (ex: responsible decision making)
- **Personal Health & Safety** (ex: self-management)

For more information about the CSHS Counseling Program and Curriculum, parents can make an appointment to review and discuss materials by calling the CSHS Counseling Office at 281-284-1341.



Getting Connected with Naviance

CCISD is pleased to provide *Naviance Student*, a web-based service designed especially for students and parents. *Naviance Student* is a comprehensive website that you can use to help in making decisions about careers, colleges, and scholarships. *Naviance Student* provides up-to-date data and information that is specific to your school.

Naviance Student will allow students and parents to:

- **Get involved in the planning and advising process**—Order

transcripts, build a resume, complete online surveys, and manage timelines/deadlines for making decisions about colleges, careers, and scholarships.

- **Take a learning style inventory**
- **Research Careers**
- **Strengths Finder**—Uncover student's talents and reveal potential strengths.
- **Build a 4-Year Plan**—View and manage high school course planning.

- **Research Colleges**—Compare GPA, standardized test scores, and other statistics to actual historical data from the school for students who have applied and been admitted in the past.

Naviance Login Information

Students: To log in, you must go through your CCISD Single Sign-On (SSO) Portal.

Parents: To log in, you must go the following website: <https://student.naviance.com/clearsprings>

CCISD Core Values & Social-Emotional Learning (SEL) Curriculum



CCISD Core Values

CCISD has six core values, or standards of behavior, that we have adopted from the Character Counts 6 Pillars. Clear Springs integrates these core values daily into their school community, not only modeling but teaching students how to demonstrate these values.

The CCISD Core Values are:

- ◆ **Trustworthiness** – Act with honesty in all that you do
- ◆ **Respect** – Value yourself and others
- ◆ **Responsibility** – Own your choices
- ◆ **Fairness** – Play by the rules and consider the needs of others
- ◆ **Caring** – Be kind to others
- ◆ **Citizenship** – Work to improve your school, community, and country

Character Strong

Clear Springs High School integrates the *Character Strong* curricula with the CCISD Core Values to teach Social Emotional Learning and Character at the same time. CSHS integrates SEL competencies into their school community through explicit teaching and modeling of skills.

Character Strong Develops:

- ◆ **Respect**
- ◆ **Commitment**
- ◆ **Honesty**
- ◆ **Kindness**
- ◆ **Forgiveness**
- ◆ **Patience**
- ◆ **Humility**
- ◆ **Selflessness**



★ CCISD Social and Emotional Learning (SEL) Timeline 2023 – 2024 ★

Month	STANDARD OF BEHAVIOR	SEL CURRICULUM = EXPLICIT TEACHING AND MODELING OF SKILLS		
	CCISD CORE VALUES	LEADER IN ME HABITS	PURPOSE FULL PEOPLE TRAITS	CHARACTER STRONG TRAITS
August	TRRFCC	CCISD 20 Social Skills For Success	CCISD 20 Social Skills For Success	First 10 Days of SEL
September	Respect	Be Proactive	Respect	Respect
October	Responsibility	Begin with the End in Mind	Responsibility	Commitment
November	Citizenship	Put First Things First	Gratitude	Humility
December	TRRFCC	Overview of Habits	Empathy	Overview of Traits
January	Trustworthiness	Think Win-Win	Perseverance	Honesty
February	Caring	Seek First to Understand, Then Be Understood	Honesty	Kindness
March	Caring	Seek First to Understand, Then Be Understood	Cooperation	Forgiveness
April	Fairness	Synergize	Courage	Patience
May	TRRFCC	Sharpen the Saw	Creativity	Selflessness

Remember: CORE VALUES = standards of behavior SEL = explicit teaching, modeling, and practicing of the skills needed to demonstrate standards of behavior

College, Career, & Military Readiness

Whether students are headed for college, the armed forces, or directly into the workforce, CCISD provides a practical toolkit of resources and events for future alumni to be prepared for what’s on the other side of the graduation stage.

CCISD provides the following events and resources that work together to better equip students and families for success in life:

- ◆ **Clear to College**—Every year, CCISD experts lead virtual tutorial sessions on all things related to the college entrance process. Sessions range from guidance on the college entrance essay and admission testing to support through the Common Application and Apply Texas process. Clear to College can be accessed through the [CCISD YOUiversity](#) platform.
- ◆ **CCISD College & Career Fair**—Through the annual College & Career Fair, students and guardians have the opportuni-

ty to meet and hear first-hand from more than 300 colleges and universities and explore the right college fit. Armed forces representatives are also on-hand as well as professionals representing a variety of career options. **All students and parents are invited to attend on October 11, 2023 at the The Education Village (Clear Falls High School).**

- ◆ **Financial Aid Night**— This annual forum provides guidance from experts on seeking financial aid for college or career school, from applying for scholarships to submitting the Free Application for Federal Student Aid (FAFSA) application. **All students and parents are encourage to tune in to our virtual session on January 24, 2024 at 6PM at CCISD.net.**
- ◆ **Military Readiness**— In addition to exemplary JROTC programming at CCISD schools, the District welcomes all branches of the military to share information on serving in the armed

forces and associated benefits including tuition assistance.

CCISD offers an array of rigorous Career and Technical Education programs. Some programs lead to certifications before graduation.

These programs are:

- ◆ Automotive Technology
- ◆ Biomedical Science
- ◆ Biotechnology
- ◆ Broadband Communications
- ◆ Certified Nursing Assistant
- ◆ Computer Technician
- ◆ Construction Technology
- ◆ Cosmetology
- ◆ Culinary Arts
- ◆ Metal Manufacturing
- ◆ Pharmacy Technician
- ◆ Registered Dental Assistant
- ◆ Robotics



College & Career Online Resources

[CCISD College & Career Planning](#)

[FAFSA](#)

[SAT, PSAT, AP Exams](#)

[Apply Texas](#)

[TASFA](#)

[ACT](#)

[Common Application](#)

[Core Course GPA](#)

[NCAA](#)

Follow us on Facebook by scanning the QR Code. Charger You will provide easy access to information regarding upcoming dates, tutorial videos, scholarships, etc. (Also follow us on Instagram by searching [cshs_charger_you](#))



[School Profile](#)

Great Resource to have on hand while Applying to College!