

# What's on the Menu?

## Staples High School Lunch Menu October 2-6

Monday	Tuesday	Wednesday	Thursday	Friday
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### create

Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
<b>Breakfast Bar</b> Scrambled Eggs Pork Sausage Waffle or French Toast	Chicken Tenders Fries Carrots	<b>Discovery Kitchen</b> Seed to Table <b>Black Bean &amp; Corn</b> <b>Nachos</b> Rice	Cajun Chicken Thighs Onion Rings Sautéed Green Beans	<b>Student Choice</b> Big City BBQ Pulled Pork Pulled Chicken Corn/Tots

### grilled

Philly Steak and Cheese	Chicken Quesadilla	Discovery Kitchen Seed To table Mozzarella & Roasted	Meatball Sub	Turkey Club
Classic American Cheeseburger	Classic American Cheeseburger	Veg Panini	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries	Seasoned Fries	Classic American Cheeseburger	Seasoned Fries	Seasoned Fries



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza



By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar
<b>Italian Pasta Bar</b>	<b>Italian Pasta Bar</b>	<b>Italian Pasta Bar</b>	<b>Italian Pasta Bar</b>	<b>Italian Pasta Bar</b>



Vegetarian



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# What's on the Menu?

## Staples High School Lunch October 9-13

Monday

Tuesday

Wednesday

Thursday

Friday

### create Protein

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Items Discovery Kitchen <b>Seed to Table</b> Penne Pasta w/chicken, Spinach & Bacon	Menu Items <b>Taco Tuesday!</b> Beef Tacos Cilantro Lime Rice	Menu Items Early Release PD Day Breakfast Only	Menu Items Jerk Chicken Thighs Rice & Beans	Menu Items <b>Student Choice Station</b> Roost Chicken sandwich Bar

### Handrolled Sushi

### grilled

Classic American Cheeseburger	BBQ Pulled Pork	Nashville Hot Chicken Sandwich	Hot Dog	Fish and Chips
Seasoned Fries	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

Mac & Cheese-Ology Mac & Cheese-Ology Mac & Cheese-Ology Mac & Cheese-Ology



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# What's on the Menu?

## Staples High School Lunch Menu October 16-20

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items  
Penne Pasta  
Bolognese Sauce  
Italian Green Beans

Menu Items  
Pulled Pork Sandwich  
French Fries  
Baby Carrots

Menu Items  
Chicken Vindaloo  
Roasted Potatoes  
Roasted Cauliflower

Menu Items  
Sweet & Sour  
Chicken  
Lo Mein Noodles  
Steamed Broccoli

Menu Items  
**Student Choice  
Station**  
**Chaat House**  
**Indian Cuisine**

### grilled

French Dip	Hot Ham and Swiss	Turkey Club	Mozzarella & Tomato Panini	Chicken & Cheese Quesadilla
Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza



By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar
<b>Loaded Nacho Bar</b>	<b>Loaded Nacho Bar</b>	<b>Loaded Nacho Bar</b>	<b>Loaded Nacho Bar</b>	<b>Loaded Nacho Bar</b>



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# What's on the Menu?

## Staples School Lunch Menu October 23-27

Monday

Tuesday

Wednesday

Thursday

Friday

### create

B

Menu Items

Sloppy Joe  
Tots  
Seasoned Corn

Handrolled Sushi

Menu Items

Chicken Alfredo  
Pasta  
Steamed Broccoli

Menu Items

Discovery Kitchen  
Seed To Table  
Chili Spiced Butternut  
Squash Taco

Menu Items

Caribbean Jerk  
Chicken  
Rice & Beans

Menu Items

Student Choice  
Station  
Flame  
Burger Bar

### grilled

Meatball Sub

Turkey Rachel

Philly Steak

BLT

Turkey Club

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza



By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

Revolution Noodle  
Station

Revolution Noodle  
Station

Revolution Noodle  
Station

Revolution Noodle  
Station



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# What's on the Menu?

## Staples School Lunch Menu October 30-31

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

Greek Chicken Gyros  
Couscous  
Cucumber Tomato  
Salad

Menu Items

**Happy Halloween**

Riblets Sandwich  
Waffle Fries  
Sautéed Green Beans

Menu Items

Menu Items  
**Discovery Kitchen**

Menu Items  
**Student Choice  
Station**

### grilled

Hot Pastrami Sandwich

Buffalo Chicken Wrap

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza



By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

Chili Bar

Chili Bar



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