

What's on the Menu?

Middle School Lunch Menu October 2-6

Monday	Tuesday	Wednesday	Thursday	Friday
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create

Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
Chicken Tenders Fries	Crunchy Beef Tacos Spanish Rice Black Beans	Breakfast for Lunch Crispy Waffles Warm fruit compote Turkey sausage	Pasta Bar! Marinara or Butter Roasted Broccoli	Student Choice Station Big City BBQ

grilled

Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
Grilled Cheese	Meatball Sub	Nashville Hot Chicken Sandwich	Classic American Cheeseburger	Classic Fish Sandwich
Seasoned fries	Seasoned fries	Seasoned fries	Seasoned fries	Seasoned fries



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza

ON THE GO

Assorted Fresh Salads	Assorted Fresh Salads	Assorted Fresh Salads	Assorted Fresh Salads	Assorted Fresh Salads
Fruit Cups	Fruit Cups	Fruit Cups	Fruit Cups	Fruit Cups
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits



Vegetarian



Locally Grown

This institution is an equal opportunity provider.



What's on the Menu?

Middle School Lunch Menu October 9-13

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

Mac & Cheese-ology

Hot Dog

Early Release

Pulled Pork Sandwich

Student Choice Station

Bok Choy

Seasoned Broccoli

Tater Tots

PD Day

Onion Rings

Seasoned Broccoli

Breakfast for Lunch!

Roasted Carrots

French Toast

Warm fruit compote

Turkey Sausage

grilled

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

BBQ Riblet Sandwich

Chicken Parmesan Sandwich

Philly Cheese Steak

Pepperoni and Mozzarella Panini

Triple Cheese Grilled Cheese

Seasoned fries

Seasoned fries

Seasoned fries

Seasoned fries

Seasoned fries



Old World Style Classic Cheese Pizza

Old World Style Classic Cheese Pizza

Old World Style Classic Cheese Pizza

Old World Style Classic Cheese Pizza

Old World Style Classic Cheese Pizza

Traditional Italian Pepperoni Pizza

Traditional Italian Pepperoni Pizza

Traditional Italian Pepperoni Pizza

Traditional Italian Pepperoni Pizza

Traditional Italian Pepperoni Pizza

ON THE GO

Assorted Fresh Salads

Assorted Fresh Salads

Assorted Fresh Salads

Assorted Fresh Salads

Assorted Fresh Salads

Fruit Cups

Fruit Cups

Fruit Cups

Fruit Cups

Fruit Cups

Yogurt Parfaits

Yogurt Parfaits

Yogurt Parfaits

Yogurt Parfaits

Yogurt Parfaits



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What's on the Menu?

Middle School Lunch Menu October 16-20

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Chicken Alfredo Pasta
Seasoned Broccoli

Handrolled sushi

Menu Items

Loaded Nachos!
With Rice and Corn

Menu Items

Breakfast for Lunch
Crispy Waffles
Warm fruit compote
Turkey Sausage

Menu Items

Cheese Ravioli
Marinara
Vegetable

Menu Items

Student Choice Station
Flame

grilled

Menu Items

Ham and Cheese
Toasty

Seasoned fries

Menu Items

BLT

Seasoned fries

Menu Items

Grilled Cheese
w/tomato

Seasoned fries

Menu Items

Cheese & Beef
Quesadilla

Seasoned fries

Menu Item

Buffalo Ranch
Chicken Sandwich

Seasoned fries



Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

ON THE GO

Assorted Fresh Salads
Fruit Cups
Yogurt Parfaits

Assorted Fresh Salads
Fruit Cups
Yogurt Parfaits

Assorted Fresh Salads
Fruit Cups
Yogurt Parfaits

Assorted Fresh Salads
Fruit Cups
Yogurt Parfaits

Assorted Fresh Salads
Fruit Cups
Yogurt Parfaits



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What's on the Menu?

Middle School Lunch Menu October 23-27

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Penne Pasta
Marinara or Butter
Meatballs
Seasoned Cauliflower

Menu Items

Sweet & Sour Chicken
White Rice
Seasoned Broccoli

Menu Items

Breakfast for Lunch
Pancake Bites
Warm Fruit Compote
Turkey Sausage

Menu Items

Discovery Kitchen
Seed To Table
Penne Pasta
w/bacon, tomato &
Spinach

Menu Items

Student Choice
Station
Roost

grilled

Menu Items

BBQ Chicken &
Cheddar Sandwich

Seasoned fries

Menu Items

Chicken Quesadilla

Seasoned fries

Menu Items

Chicken Parm Grinder

Seasoned fries

Menu Items

Grilled Cheese

Seasoned fries

Menu Items

Classic Burger

Seasoned fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

ON THE GO

Assorted Fresh Salads Assorted Fresh Salads Assorted Fresh Salads Assorted Fresh Salads Assorted Fresh Salads
Fruit Cups Fruit Cups Fruit Cups Fruit Cups Fruit Cups
Yogurt Parfaits Yogurt Parfaits Yogurt Parfaits Yogurt Parfaits Yogurt Parfaits



Vegetarian



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What's on the Menu?

Middle School Lunch Menu October 30-31

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

Chicken Alfredo Pasta
Roasted Broccoli

Happy Halloween
BBQ Riblets
French Fries

Hand Rolled Sushi

Vegetable Medley

grilled

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

Turkey Club

Nashville Hot Chicken
Sandwich

Seasoned fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

ON THE GO

Assorted Fresh Salads
Fruit Cups
Yogurt Parfait

Assorted Fresh Salads
Fruit Cups
Yogurt Parfait

Assorted Fresh Salads
Fruit Cups
Yogurt Parfait

Assorted Fresh Salads
Fruit Cups
Yogurt Parfait

Assorted Fresh Salads
Fruit Cups
Yogurt Parfait



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