

What's on the Menu?

Westport Public Schools
October Elementary Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Week of
October 2-6
B: Italian Combo
C: Chicken Salad
Bento Box
Soup: Tomato

2
Grilled Cheese
Seasoned Corn



3
**Cheeseburger or
Hamburger**
French Fries

4
Pancakes Bites
Warm Blueberry
compote
Turkey Sausage
Patty



5
**Cheese Pizza
Or
Pepperoni Pizza**



6
Pasta Bar with
Marinara Sauce
Meatballs
Roasted Zucchini
Mood Boost



Milk choices
include 1% low-
fat white milk &
fat free chocolate

Week of
October 9-13
B: Ham & Cheese
C: Pretzel Bento
Soup: Chicken
Noodle

9
Mac & Cheese
Seasoned
Broccoli



10
Beef Nachos
Black Beans
Corn

11
**Early Release
PD Day**
Option B or C Only

12
**Cheese Pizza
Or
Pepperoni Pizza**



13
Chicken Tenders
French Fries
Seasoned Carrots



Week of
October 16-20
B: Turkey & Cheese
C: WG Bagel Bento
Soup: Tomato

16
**Cheese
Quesdilla**
seasoned Corn



17
**Meatball Sub on
Grinder Roll**
Seasoned Broccoli

18
**Egg and Cheese
Biscuit**
Turkey Sausage
Patty



19
**Cheese Pizza
Or
Pepperoni Pizza**



20
**Pasta Bar with
Meat Sauce**
Roasted Brussel
Sprouts
Mood Boost



All lunches come
with Assortment
of Whole Fresh
Fruit Fresh
Veggie Crudit 



Week of
October 23-27
B: Subutter & Jelly
C: chicken Salad
bento Box
Soup: Chicken
Noodle

23
**Cheesy Stuffed
Breadstick**
Marinara Dipping
Sauce
Seasoned Veggie



24
**Taco Tuesday!
Beef Taco**
Rice and Beans



25
French Toast
Warm Blueberry
Compote
Turkey Sausage
Patty



26
**Cheese Pizza
Or
Pepperoni Pizza**



27
Chicken Tenders
French Fries
Seasoned Corn



Week of
October 30-31
B: Italian Combo
C: Pretzel Bento Box
Soup: Tomato

30
Grilled Cheese
Seasoned Carrots



Happy Halloween 31
All Beef Hot Dog
Tots
Seasoned Green
Beans

Leaf =
Is or can be
vegetarian



**MOOD
BOOST**