

FAX TO: 409-766-7040 ATTN: Jennifer Douglas

PHYSICIAN'S DIET MODIFICATIONS

The U.S. Department of Agriculture School Meals Program requires that ALL QUESTIONS BE ANSWERED in order for ANY diet modification or substitution to be made in school meals.

Parent/Guardian Name _____ Student Name _____
Campus Name _____ Date of Birth _____
As parent or guardian, I give permission for Galveston ISD to contact the Physician's office regarding my child's dietary needs. _____ (Signature)

PART A – STUDENTS WITH

LIFE THREATENING FOOD ALLERGIES ONLY COMPLETE THIS PART

(If there is **NO LIFE THREATENING FOOD ALLERGY, SKIP THIS SECTION, and GO TO PART B on back of page**)

PHYSICIAN'S STATEMENT Date _____

I _____, (physician) declare the child listed above to possess
Physician's Name (please PRINT)
the following **LIFE THREATENING FOOD ALLERGY.**

1. Life threatening food allergy – Omit these foods:

___ fluid milk ___ peanuts ___ tree nuts ___ eggs ___ fish ___ shellfish ___ wheat ___ soy

2. Can the student consume foods where the allergen is an ingredient in the food product? ___ yes ___ no
(Example: scrambled eggs are omitted but egg as an ingredient in pancakes is allowed)

Explain _____

3. Other life threatening food allergies (list all) – Omit these foods:

4. Explanation of why this disability restricts diet: _____

5. Major life activity affected by the life threatening food allergy (check all that apply):

(NOTE: Galveston cannot honor this document unless at least one life activity is marked.)

___ eating ___ caring for one's self ___ performing manual tasks ___ walking ___ seeing
___ hearing ___ speaking ___ breathing ___ learning

6. Foods to Substitute (NOTE: Galveston ISD cannot honor this document unless substitutions are listed below.)

Physician's Signature _____

Telephone _____

Clinic/Facility Name & Address _____

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Parent/Guardian Name _____ Student Name _____ Date of Birth _____
As parent or guardian, I give permission for Galveston ISD to contact the Physician's office regarding my child's
dietary needs. _____ (Signature)

PART B – STUDENTS WITH DISABILITIES COMPLETE THIS

PHYSICIAN'S STATEMENT

Date _____

I _____, (physician) declare the child listed at top of page to possess
Physician's Name (please PRINT)
the following DISABILITY.

1. List any disability requiring meal modification: _____

2. Explanation of why this disability restricts diet: _____

3. Major life activity affected by the DISABILITY (check all that apply):

(NOTE: Galveston ISD cannot honor this document unless at least one life activity is
marked.)

_____ eating _____ caring for one's self _____ performing manual tasks _____ walking _____ seeing
_____ hearing _____ speaking _____ breathing _____ learning _____ other, specify _____

4. Foods to Omit: _____

5. Foods to Substitute (NOTE: Galveston ISD cannot honor this document unless substitutions are listed below.)

Physician's Signature

Telephone

Clinic/Facility Name & Address