

October 2023

2. Long John Maple Donuts	3. Cinnamon Rolls	4. Sausage, Egg and Cheese Croissants	5. Cereal and Yogurt Cups/ Parfaits	6. Chocolate Muffins
9. Banana Bread	10. Breakfast Pizza	11. Mini Cinnamon Donuts	12. No School	13. No School
16. TRICK OR TREAT	17. Blueberry Waffles	18. Apple Cinnamon Texas Toast	19. Honey Donuts w/ Sprinkles	20. Pancake on a Stick
23. Orange Rolls	24. Mini Cinnamon Rolls	25. Breakfast Burritos	26. Bacon, Egg and Cheese Biscuit	27. Cereal and Yogurt Cups/ Parfaits
30. Pumpkin Bread	31. Banana Muffins	1. Bean and Cheese Burritos	2. Pancakes w/ Syrup	3. Cereal and Yogurt Parfaits

2. Corndogs and Fries	3. Chicken Fajita Quesadillas	4. Beefaroni and a Breadstick	5. Chili Dogs and Chocolate Chip Cookie	6. Meatball Sub and Chips
9. Mac and Cheese	10. Turkey, Ham and Cheese Sub w/ Rice Krispy Treat	11. PBJs and Chips	12. No School	13. No School
16. TRICK OR TREAT	17. French Bread Pizza	18. Pulled Pork Sandwich and Potato Wedges	19. Chicken Broccoli Alfredo and Garlic Bread	20. Beef Taco Sticks
23. Chicken Noodle Soup w/ Crackers	24. Fish Sticks and Fries	25. Beef Stroganoff and a Breadstick	26. Teriyaki Chicken and Veggie Rice	27. Philly Cheesesteaks and Chips
30. Hot Dogs and Fries	31. Chicken Nuggets and Chips	1. Spaghetti and Garlic Bread	2. Toasted Cheese and Tomato Soup	3. Cheesy Nachos and Chocolate Chip Cookie

This institution is an equal opportunity provider.

Breakfast:

Served with milk, fruits, juice, cereal, yogurt, string cheese and granola bars every day!

K-6th- \$2.35
7th-12th- \$2.70

Do you qualify for free or reduced lunch? Fill out a lunch application!

Please contact kitchen for any dietary restrictions!

Due to manufacturing shortages, the menu is subject to change without notice!

Lunch:

Served with a milk, fresh fruits and a fresh salad bar every day!

K-6th - \$2.80
7th-12th- \$3.05