

SHADY SIDE

ACADEMY

Senior School
WEEK 5 (October 30– November 5)

Gluten free options are available daily.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Omelet Station Breakfast Burritos Crispy Bacon Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Waffle Bar Eggs Benedict Breakfast Sausage Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Omelet Station Ham & Cheddar Sandwich Crispy Bacon Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Waffle Bar Cheesy Scrambled Eggs Breakfast Sausage Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Omelet Station Breakfast Sandwich Crispy Bacon Breakfast Potatoes Assorted Breads Assorted Cold Cereal Assorted Fruits	Pumpkin Pancakes Meat Lover's Hash or Assorted Scrambled Eggs Bacon Breakfast Potatoes Assorted Breads Fresh Baked Treats Assorted Cold Cereals	Omelet Station Grilled Stuffed Breakfast Burrito or Chef's Choice Breakfast Sausage Breakfast Potatoes Assorted Breads Fresh Baked Treats Assorted Cold Cereals
Main Plate	Hot Dog Bar Or Popcorn Shrimp Spicy Sweet Fries Broccoli Vegetable Medley	"New Jersey" The Soprano Or Pierogis Rosemary Potatoes Brussels Sprouts Vegetable Medley	Chicken Gyro Or Meatless Sloppy Joe Spiral Fries Edamame & Roasted Lemon Vegetable Medley	Pot Roast Or Stuffed Squash Mashed Redskins Roasted Vegetables Vegetable Medley	Chicken Enchilada Or Cheese Enchilada Black Beans Zucchini Vegetable Medley	Bacon Breakfast Potatoes Assorted Breads Fresh Baked Treats Assorted Cold Cereals	Assorted Breads Fresh Baked Treats Assorted Cold Cereals
Evening Main Plate	"Goul"ash Or Mummy Dogs Flies & Larva (Wild Rice Pilaf) Cauliflower Brains Zucchini Worms and Onion Eyes	"Spaghetti Dinner" Spaghetti (Marinara or Alfredo) Meatballs (Beef or Vegetarian) Rolls & Butter Haricot Vert Vegetable Medley	Stuffed Salmon Or Pasta Primavera Bake Garlic Bread Green Beans Vegetable Medley	Fried Chicken Or Mushroom Ragu Spaetzle Golden Corn Vegetable Medley	GRILLED CHEESE NIGHT (Brisket, Buffalo Chicken, Kimchi) Waffle Fries Broccoli Vegetable Medley	Herb Crusted Beef or Stuffed Zucchini Parsley Potatoes Fresh Vegetable Vegetable Medley	Asiago Chicken or Loaded Veggie Flats Parmesan Orzo Green Beans Vegetable Medley

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