

MARGARET CLIFFORD OCTOBER Lunch Menu



Choose 1 Entrée.

Lunch Includes:

Protein ~ Grain ~ Fruit ~ Veggie ~ Milk
Choose at least 3 out of 5 components including a fruit or veggie. You may take 2 fruits & 2 veggies.

All salads come with a grain.

Daily Fruit offerings include: Fresh, Cupped & 100% Juice

Monday-October 2	Tuesday-October 3	Wednesday-October 4	Thursday-October 5	Friday-October 6
DAY A <u>Entrée #1</u> HOT DOG <u>Entrée #2</u> HAM & CH. WRAP <u>Sides:</u> Wedge Potatoes	DAY B <u>Entrée #1</u> BEEF NACHOS <u>Entrée #2</u> EGG CHEESE BAGEL <u>Sides:</u> Wedge Potatoes	DAY C <u>Entrée #1</u> DUTCH WAFFLE <u>Entrée #2</u> GRILLED CHEESE <u>Sides:</u> Wedge Potatoes	DAY D <u>Entrée #1</u> POPCORN CHICKEN <u>Entrée #2</u> FISH STICKS <u>Sides:</u> Wedge Potatoes	DAY E <u>Entrée #1</u> CHEESE PIZZA <u>Entrée #2</u> PASTA & MEATSAUCE <u>Sides:</u> Wedge Potatoes
Monday-October 9	Tuesday-October 10	Wednesday-October 11	Thursday-October 12	Friday-October 13
	DAY F <u>Entrée #1</u> TURKEY TACOS <u>Entrée #2</u> GARDEN SALAD <u>Sides:</u> Glazed Carrots	DAY A <u>Entrée #1</u> PANCAKES <u>Entrée #2</u> CHEESEBURGER <u>Sides:</u> Green Peas	DAY B CHICKEN TENDERS <u>Entrée #2</u> EGG CHEESE CROIS <u>Sides:</u> Southwest Baked Beans	DAY C <u>Entrée #1</u> PIZZA DIPPERS <u>Entrée #2</u> CEREAL LUNCH <u>Sides:</u> Garden Salad Side
Monday-October 16	Tuesday-October 17	Wednesday-October 18	Thursday-October 19	Friday-October 20
DAY D <u>Entrée #1</u> PASTA & MEATBALLS <u>Entrée #2</u> BBQ PORK SANDW. <u>Sides:</u> Broccoli	DAY E <u>Entrée #1</u> CHICKEN FAJITAS <u>Entrée #2</u> GARDEN SALAD <u>Sides:</u> Vegetable of the Day	DAY F <u>Entrée #1</u> WAFFLES <u>Entrée #2</u> BAGEL LUNCH <u>Sides:</u> Carrots	DAY A <u>Entrée #1</u> CHICKEN NUGGETS <u>Entrée #2</u> FISH STICKS <u>Sides:</u> Corn	DAY B <u>Entrée #1</u> FR.BREAD PIZZA <u>Entrée #2</u> CHEESEBURGER <u>Sides:</u> Caesar Salad Side
Monday-October 23	Tuesday-October 24	Wednesday-October 25	Thursday-October 26	Friday-October 27
DAY C <u>Entrée #1</u> HAM CH. MELT <u>Entrée #2</u> GRILLED CHEESE <u>Sides:</u> Vegetable of the Day	DAY D <u>Entrée #1</u> QUESADILLA PIZZA <u>Entrée #2</u> TURKEY TACO SALAD <u>Sides:</u> Super Sweet Peas	DAY E <u>Entrée #1</u> FRENCH TST STICKS <u>Entrée #2</u> HOT DOG <u>Sides:</u> Baked Beans	DAY F <u>Entrée #1</u> CHICKEN PATTY <u>Entrée #2</u> EGG & CHEESE <u>Sides:</u> Sweet Potato Fries	DAY A <u>Entrée #1</u> PIZZA BAGELS <u>Entrée #2</u> CEREAL LUNCH <u>Sides:</u> Garden Salad Side
Monday-October 30	Tuesday-October 31			
DAY B <u>Entrée #1</u> MINI CORN DOGS <u>Entrée #2</u> BAGEL LUNCH <u>Sides:</u> Sweet Potatoes	DAY C <u>Entrée #1</u> TURKEY TACO WRAP <u>Entrée #2</u> PIZZA CRUNCHERS <u>Sides:</u> Sweet Potatoes			

CAFÉ CONTACT INFO:

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Milk: Skim Chocolate, 1% White, Skim Strawberry

***Menu subject to change.**

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