

YEAR AT A GLANCE: *HS Health, Part 2*

	<u>UNIT 1</u>	<u>UNIT 2</u>	<u>UNIT 3</u>	<u>UNIT 4</u>	<u>UNIT 5</u>
Title	Drug and Alcohol	Abstinence/Contraceptives NYS Condom Program	Family Planning and Prevention (NYS Youth Sexual Health Plan)	Human Growth and DeleopmentSexually	Sexually Transmitted Diseases
Unit Length (weeks taught)	4	2	2	2	1
Performance Task (e.g., <i>Persuasive Essay, DBQ, Nutritional Analysis, etc.</i>)	<p>Refusal Skills</p> <p>Health Education Online Digital Portfolio</p> <p>identify the consequences associated with engaging in high risk behaviors which compromise health,</p> <p>identify the characteristics of social and emotional health which are critical to adulthood.</p>	<p>Health Education Online Digital Portfolio</p> <p>identify the consequences associated with engaging in high-risk behaviors which compromise health,</p> <p>Condom distribution plan was submitted several years ago and approved. (c. 2008)</p> <p>Proper condom use S.C.O.R.E.D. = The safe acronym to follow for condom use being able to describe the pros and cons of contraceptives</p>	<p>Awaiting New York State adjustment to the Health Guidance Document..</p> <p>Health Education Online Digital Portfolio</p> <p>Students will identify that abstinence prevents pregnancy and is a key method that has the highest rate of prevention/reduction of transmission of Sexually Transmitted Diseases.</p> <p>Students will identify resources for family planning and assistance related to the prevention of diseases, and</p>	<p>Health Education Online Digital Portfolio</p> <p>understand human growth and development throughout the life cycle</p> <p>demonstrate the necessary knowledge and skills to promote healthy development into adulthood</p> <p>apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood</p> <p>evaluate how the multiple influences which affect health decisions and behaviors</p>	<p>Health Education Online Digital Portfolio</p> <p>demonstrate the necessary knowledge and skills to promote healthy development into adulthood</p> <p>apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood</p> <p>evaluate how the multiple influences which affect health decisions and behaviors can be altered.</p>

		<p>(method-specific) being able to describe the importance of abstinence identifying the proper use for each of the contraceptives outlined in class lessons. Identify the potential hazards affiliated with improper/nonuse of contraceptives</p> <p>identify the characteristics of social and emotional health which are critical to adulthood.</p>	<p>pregnancy and all family planning necessities.</p> <p>Demonstrate the ability to access community resources for planning and prevention.</p> <p>Construct a sexual health plan regarding their knowledge of medications, vaccines, preventative measures, and the correlation between behaviors and the impacts it can have on a human.</p> <p>Setting and designing techniques to adhere to personal and partner boundaries in sexual and non-sexual contact.</p>	<p>can be altered.</p>	<p>Properly identify the various parts of the male reproductive system</p> <p>Properly identify the various parts of the female reproductive system</p> <p>Properly identify and trace the path of human female reproductive sex cell</p> <p>Properly identify and trace the path of human male reproductive sex cell</p>
<p>Enduring Understanding (The big ideas, the “why” we include these ideas</p>	<p>Students will understand..</p> <p>How alcohol and other drugs impact our life such as smoking, violent behavior, or driving under the influence of alcohol/drugs</p> <p>How over-the-counter medications</p>	<p>Students will understand..</p> <p>How contraceptives help prevent pregnancy and sexually transmitted diseases</p> <p>The variety of choices when it comes to selecting a contraceptive (chemical, barrier, surgical, etc)</p>	<p>Awaiting New York State adjustment to the Health Guidance Document..</p>	<p>Students will understand...</p> <p>How our growth and development are different from person to person.</p> <p>How our life choices impact our overall development</p> <p>Developmental changes for each age range</p>	<p>Students will understand...</p> <p>How personal choice and behavior trends greatly impact their overall health and sexual health.</p> <p>How sexually transmitted diseases impact the overall quality of life and relationships.</p>

	<p>impact our lives and those around us</p> <p>How the development of the human brain is impacted by AOD's. (Alcohol and Other drugs)</p> <p>Peer pressure and its effect on our decision-making ability</p> <p>How AOD's put humans in dangerous situations</p> <p>The short and long-term effects of AOD's</p> <p>Brain development specific parts of the brain and the functions they are responsible for</p> <p>how do AOD's impact the development of the human brain</p> <p>what is the</p>	<p>How abstaining from sexual behaviors increase the chance of not contracting a sexually transmitted disease/pregnancy.</p> <p>Where to obtain contraceptives</p> <p>Abstinence and its impact on sexual health</p>		<p>Identifying the developmental “norms” for the teenage range</p> <p>Potential complications with the life development process</p>	<p>How there is a vast amount of help and information one can attain about disease treatment, cures, and therapies.</p>
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	<p>physical, mental and emotional impact of drugs on the human body</p> <p>Recognize potentially dangerous situations and know how to avoid or reduce their risk • know some personal and social skills which contribute to individual safety</p>				
<p>Essential Questions (What do we want students to think about)</p>	<p>How drugs and alcohol use impact the lives of those using</p> <p>How do drugs and alcohol impact the lives of those dealing with a user?</p> <p>How can we address the drug epidemic in our country?</p>	<p>How does awareness of sexual health and decisions around sexual behaviors impact our lives?</p> <p>What are ways we can stay safe from unplanned pregnancies and stds?</p> <p>What are contraceptives</p> <p>What are the three main types of contraceptives</p> <p>What is the main role</p>	<p>What does a Youth Sexual Health Plan mean?</p> <p>What is an example of a Youth Sexual Health Plan?</p>	<p>How do the body systems impact development</p> <p>What are key organs connected to puberty</p> <p>What role do hormones play in puberty</p> <p>What can be expected during the pubertal process?</p> <p>What is the correct path of sexual reproduction cells? Gestation process?</p>	<p>How can their personal behaviors increase or decrease their risk of contracting Sexually Transmitted Diseases?</p> <p>What is the best way to stay free of STDs?</p> <p>Why do teenagers more than any other age range contract sexually transmitted diseases?</p> <p>What steps can a person take in a new relationship to greatly reduce the risk of contracting a sexually transmitted disease?</p>

		<p>of a contraceptive</p> <p>Where can a person obtain contraceptives and other family planning services</p> <p>Where within my community can I access family planning services?</p>		<p>define specific biological and developmental terms essential to human growth.</p> <p>what are the Body's expectations during puberty</p> <p>when does puberty end</p>	<p>How would life look with being positive for an STD?</p>
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