

	<u>UNIT 5</u>		<u>UNIT 6</u>		
Title	DRUG EDUCATION		REPRODUCTIVE HEALTH - PERSONAL HYGIENE		
Unit Length <i>(weeks taught)</i>	1 weeks		1 week		
Performance Task <i>(e.g., Persuasive Essay, DBQ, Nutritional Analysis, etc.)</i>	<ul style="list-style-type: none"> *"3-2-1" charts *Marijuana: Clearing the air activity *Drug Free Pledge 		<ul style="list-style-type: none"> *"3-2-1" charts *PH Product ID 		
Enduring Understanding <i>(The big ideas, the "why" we include these ideas)</i>	<ul style="list-style-type: none"> *The term "drugs" refers to illegal, prescription, and OTC substances. *All three main types of drugs can be misused and abused, and may result in death. *Prescription drugs should be used only by the person whose name is on the label. *Under no circumstances should one exceed the recommended dose of any medicine. *Any substance put into the body will react with all other present substances in addition to the natural chemicals found in the body and can cause unknown reactions. (It is not a+b, it is A*B) *Drugs like marijuana and alcohol are called gateway drugs because they often lead users to experiment with other dangerous substances. 		<ul style="list-style-type: none"> *As your body changes, the need for new products and increased attention to hygiene grows. *Essential daily hygienic practices that everyone should follow. *Acne: the cause, treatments, products to reduce outbreaks, preventative methods. *Body Odor: the cause, reducing odor, products that should be used daily. *Foot care: cause of odor, products to reduce odor, methods to minimize odor and blisters. *Importance of showering daily and brushing hair/teeth, clipping nails. *Everyone in the world has gone through, is going through, or will go through these changes. *Puberty is a normal natural process that we all go through on our own schedule. 		

	<p>*Marijuana is addicting. *Short and long-term effects of marijuana use.</p>				
<p>Essential Questions (What do we want students to think about)</p>	<p>*What are some examples of illegal drugs? Prescription? OTC? *Why do you think illegal drugs are illegal, but substances like alcohol and tobacco are not? *Do you think there is a difference between the marijuana today and the marijuana of 30 years ago? *What does the term gateway drug mean? *If your sibling has strep throat and gets a prescription from the doctor, is it ok for you to use when your throat starts to hurt a few days later? *Why do you think the number of prescription drug problems are soaring to record highs? *Do you think most people understand the dangers of prescription and OTC drugs?</p>		<p>*What does the term hygiene mean? *In which ways do we practice good hygiene every day? *What do you think causes body odor? *How can we combat body odor? *What areas of your health does hygiene affect and how does it affect the area?</p>		