

Park Brook Elementary

Focus on Fitness Site Improvement Plan

2023 - 2024



Goals & Strategies

Reading

- 🎯 In May of 2023, Park Brook met the transformational goal with 50.5% of students proficient on the MCA Index Rating. For school year 2023 – 2024, 55.3% of the students at Park Brook will be proficient on the MCA Index Rating.

Strategies

- Reading interventions vary by grade level. Interventions will be determined to meet students' needs at all academic levels.
- Phonemic awareness via speech/language strategies in primary grades.

Behavior

- 🎯 90% of 1st – 5th students will participate in at least one engagement activity.

Strategies

- Wellness Committee
- Grades 3 - 5 personal fitness goals.
- Advertise and encourage, specifically students with multiple Office Discipline Referral's, to participate in engagement activities.
- Increase movement and fitness levels.

Math

- 🎯 In May of 2023, Park Brook met the basic goal with 51.5% of students proficient on the MCA Index Rating. For school year 2023 – 2024, 53.7% of the students at Park Brook will be proficient on the MCA Index Rating to meet the transformational goal.

Strategies

- Increase student speed at recalling math facts to allow them to use the math facts for critical mathematical problem solving.
- Increase fitness levels.

Family Engagement

- 🎯 Increase number of family events, such as bringing back Park Brook Winter Funland and Turkey BINGO.

Strategies

- Google Meet options,
- Google Webpages,
- Invite parents to participate in weekend field trips.

Focus on Fitness



Park Brook Elementary has embraced the research that indicates increasing physical fitness and movement increases academic growth and positive behaviors.

At Park Brook you will notice:

- 🏋️ Kinesthetic seating to increase use of core muscles which results in 10% increase in brain activity,
- 🏋️ Brain Boosts throughout the day when students are physically in the building.
- 🏋️ Encourage students to get at least 60 minutes of physical exercise every day.
- 🏋️ Before & after school and weekend fitness opportunities.

Focus on Fitness is designed to assist with closing the achievement and opportunity gaps.

This document does not contain the entire Site Improvement Plan. The entire plan can be viewed at www.pb.district279.org.