

2022 Family Resource Directory

*Presented by:
Stanislaus County
Health Services Agency*

Public Health Services, Family Health Services
917 Oakdale Rd.
Modesto, CA 95355
209-558-7400 • 800-834-8171

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24-HOUR CRISIS HOTLINES

Adult Protective Services (APS) Hotline	800-336-4316 209-558-2637
American Sexual Health Association Sexually transmitted disease hotline. Press #1 for English or #2 for Spanish. www.ashastd.org	800-227-8922
California Poison Control Center www.calpoison.org Emergency poisoning information and treatment line available 24/7. Press #1 for English or #2 for Spanish.	800-222-1222 For Hearing Impaired 800-222-1222
Central Valley Suicide Prevention Hotline www.cvsph.org	888-506-5991
CERT (Community Emergency Response Team) 1904 Richland Ave., Ceres For mental health crisis, individuals may call for telephone counsel and to receive referral for psychiatric help. Clients are evaluated by CERT; however, patients with psychosis or at risk of harming self or others will be referred to the hospital.	209-558-4600
Child Protective Services (CPS) Hotline Protective services for children suspected of being physically, sexually, or emotionally abused.	800-558-3665
Children’s Crisis Center Crisis Family Line www.childrenscrisiscenter.com Temporary day or overnight shelter for children (0 – 17 yrs.) in crisis.	209-577-4413
<ul style="list-style-type: none"> • Guardian House, Oakdale • Marsha’s House, Modesto • Sawyer’s House, Modesto • Verda’s House, Turlock 	209-845-3910 209-578-3180 209-577-4110 209-656-7783
Domestic Violence National Hotline Services available 24/7.	800-799-7233
Haven Women’s Center Domestic violence crisis line and shelter for women and their children. Rape and sexual abuse intervention programs are available. www.havenwcs.org	24-Hour Crisis Line 209-577-5980 888-45HAVEN 888-454-2836
Hutton House Drop-in counseling services for runaway teens. Appointments preferred. Clients are seen usually within 1 – 2 days. www.centerforhumanservices.org	24-Hour Emergency Line 209-526-5544

Long Term Care Ombudsman Program	www.aging.ca.gov	800-231-4024
MCERT (Mobile Community Emergency Response Team)		209-558-4600
Clients with mental health conditions are evaluated in the community (mobile van) with a police officer present. www.stancounty.com/bhrs		
National Suicide Prevention Lifeline		800-273-8255
Recording is in English: Press #1 if a veteran or press #2 for Spanish.		
Postpartum Depression Warm Line	www.postpartum.net	800-944-4773
Line available for postpartum moms (or their families) experiencing postpartum and perinatal mood disorders. Also accepts telephone calls from professionals. Mon – Fri: 9:00 a.m. – 3:00 p.m.		
Safe Surrendered Baby Hotline		877-BABYSAF 877-222-9723
www.babysafe.ca.gov		
Teen Line		800-852-8336
Support over the phone for teens to talk to teens. Open: 6:00 p.m. – 10:00 p.m.		
Veterans Crisis Line		800-273-8255
Veterans and their loved ones can call, text, or chat online to receive confidential support 24/7. www.veteranscrisisline.net		

ADDICTION SUPPORT SERVICES

Alcoholic Anonymous (AA) of Modesto	24-Hour Line	209-572-2970
Meetings held in both Spanish & English. www.cviaa.org		
Access Line, BHRS		888-376-6246
24 hours/ 7 days a week phone line for anyone needing information or services related to mental and behavioral health.		
Al-Anon and Alateen		209-524-3907
Support groups for families and teens struggling with a loved one’s alcohol dependence. Meeting information in English & Spanish. www.ncwsa.org/d18		
American Lung Association	www.lung.org	510-638-5864
333 Hegenburger Rd., Ste. 450, Oakland, CA		
BHRS (Behavioral Health & Recovery Services)		888-376-6246
www.stancounty.com/bhrs		

California Council on Problem Gambling www.calproblemgambling.org	800-426-2537
California Lottery Problem Gambling Help Line www.calottery.com	888-277-3115
California Smoker's Line Referral hotline for tobacco education, smoking cessation, and self-help information.	800-662-8887
Chewing Tobacco	800-844-2439
Center for Human Services 2000 W. Briggsmore Ave., Ste. I, Modesto Drug and alcohol treatment programs for youth and adults. Mental health counseling for children and adults.	209-526-1440
First Step 1700 McHenry Village Way, Ste. 16, Modesto Outpatient drug treatment program for pregnant and parenting women.	209-527-3270 707-416-4290
Gamblers Anonymous www.gamblersanonymous.org	855-222-5542
Genesis Narcotic Replacement Therapy, BHRS 800 Scenic Dr., Bldg. 4, Modesto Mon – Fri: 7:00 a.m. – 3:00 p.m. Outpatient methadone treatment for opiate addiction. Pregnant women given priority for admission. Services in Spanish. Accepts Medi-Cal and private pay.	209-525-6146
Living Center, The 917 13 th St., Modesto Residential and outpatient alcohol and drug recovery services.	209-575-2013 209-575-1580
Modesto Recovery Services, BHRS 500 N. 9 th St., Ste. A, Modesto Mental health assessment, treatment, and wellness services including psychiatric medications, case management, referrals to wellness services, and substance use disorder services and supports.	209-558-4598
Narcotics Anonymous Help Line Recorded information available in English and Spanish over the phone.	www.SVGNA.org 888-942-9922
Narcotic Anonymous World Service Office	818-773-9999
Spanish	888-622-4672

National Council on Problem Gambling Counseling offered on gambling addiction. www.calproblemgambling.org	800-522-4700
National Drug Abuse Treatment, Information, & Referral	800-662-4357
New Hope Recovery 823 E. Orangeburg Ave., Modesto Low-cost inpatient and outpatient treatment for drug and alcohol dependency. Medi-Cal not accepted. Accepts private pay.	209-527-9797
Nicotine Anonymous www.nicotine-anonymous.org Holds support group meetings online and by phone.	1-877-879-6422
Nirvana Drug & Alcohol Treatment Institute, BHRS 1028 Reno Ave., Modesto Residential treatment for men only. Fee for services. Insurance accepted for some services. Outpatient recovery services, sober living services, detox, and counseling.	209-579-1103
San Joaquin Valley Teen Challenge -Ceres 6643 Faith Home Rd., Ceres Residential treatment program with religious affiliation for males aged 18 and older. Fee is \$1,500.00/month. Clients may cover fee with work and sponsorship.	209-537-0606
San Joaquin Valley Teen Challenge - Turlock 522 W. Main St., Turlock Re-entry center and transitional housing.	209-668-8506
Stanislaus Recovery Center, BHRS 1904 Richland Ave., Ceres Residential treatment for individuals with alcohol and drug problems. Services in English and Spanish. No cost to Medi-Cal & uninsured in Stanislaus County.	209-541-2121
Telecare 500 N. 9 th St., Ste. B, Modesto Outpatient services for adults including case management for individuals with substance use disorders and severe mental health illness. Services in English and Spanish. Serves Medi-Cal and individuals without insurance.	209-341-1824
Turlock Recovery Center, BHRS 2101 Geer Rd., Ste. 120, Turlock Mental health and substance use disorder treatment, referrals, case management, and wellness for adults. Call the referral line to evaluate the service needs.	209-664-8044 Referral Line 888-376-6246

Women of Hope (Nirvana) 209-578-3132
1116 Alice St., Modesto
Only for women 18 years and older. Outpatient recovery services, sober living facilities, and detoxification counseling. Fee for service. Medi-Cal insurance accepted for some services.

ADOPTION

Bethany Christian Services 209-522-5121
3048 Hahn Dr., Modesto www.bethany.org/Modesto
Infant, international, and foster care adoption; as well as, post-adoption support.

Family Connections Adoption Services 209-524-8844
1120 Tully Rd., Modesto
Foster children, international, private, and guardianship adoptions.

Stanislaus County Adoption Services Hotline 209-558-2292

Uplift Family Services 209-523-3710
1620 N. Carpenter Rd., Ste. D-41, Modesto 877-488-5437
Facilitates foster care placement and adoptions. www.upliftfs.org

CHILDCARE

Cal-Safe Childcare Services at Elliot Education Center 209-569-2997
1440 Sunrise Ave., Modesto Mon – Fri: 7:00 a.m. – 2:00 p.m.
Childcare services for parenting teens attending Elliot Education Center to complete their high school diploma.

Central California Child Development Services www.cccds.com 209-581-9000
2250 Rockefeller Dr., Ste. 1, Ceres
Childcare centers in Westley, Patterson, Ceres, Empire, Newman, Escalon, Hughson, and Riverbank school districts for children of seasonal or migrant agricultural workers. Serves children ages 6 weeks to 5 years.

General Childcare Program – Stan Wait Center 209-238-6400
John O’Bannon Child Development Center 209-726-3165

Child and Family Services		209-238-1800
1100 H St., Modesto www.stancoe.org		
Mon – Fri: 8:00 a.m. – 5:00 p.m.		
Childcare Info Line (StanWORKS)		209-558-2332
Subsidized Childcare services and information for approved Welfare to Work recipients and activities. Return call will be received within 24 hours.		
Childcare Resource & Referral		209-238-6400
1324 Celeste Dr., Modesto www.fundchildcarestanislaus.org		
A service of Stanislaus County Office of Education that provides information on Childcare licensing. Child development and toy lending library.		
Children’s Crisis Center	Crisis Family Line	209-577-4413
Crisis care for children needing overnight and emergency care. Languages:		209-577-0138
English, Spanish, Portuguese, and Laotian.		
My Friends Pediatric Day Healthcare Center		209-409-8481
1100 Kansas Ave., Modesto		
Provides day care 7 days a week for children with special needs requiring nursing services such as specialized feeding, tracheostomy care, and other nursing care. Funded by Medi-Cal, regional centers, and other funding sources.		
Stanislaus County Office of Education (SCOE) – Childcare (Head Start)		209-238-6400
Childcare subsidies for families who are employed, seeking employment, in school, training program or referred by Child Protective Services.		
Ages: birth to 13 years. Mon – Fri: 9:00 a.m. – 5:00 p.m.		
Trustline		800-822-8490
Background check for non-license exempt care providers.		
Mon – Fri: 9:00 a.m. – 5:00 p.m. www.trustline.org		

ADULT DAY CARE

Cole Vocational Services		209-575-3100
544 Lyell Dr., Modesto		
Day care program for individuals with developmental and intellectual disabilities. Must be referred by Valley Mountain Regional Center (VMRC).		
Howard Training Center	www.howardtrainingcenter.com	209-538-4000
1424 Stonum Rd., Modesto		Meals Line 209-593-5633
Job training for individuals with disabilities.		

www.modestogospelmission.org

United Samaritans Foundation, Hughson

209-883-9212

2413 3rd St., Hughson

To be eligible, must bring proof of income and current address. Serving persons and families from Empire, Hughson, and Waterford. Must bring social security or Medi-Cal card for each person. Clothing Hours: Mon: 1:00 p.m. – 3:00 p.m.

www.unitedsamaritans.org

United Samaritans Foundation, Turlock

209-668-4853

220 S. Broadway, Turlock

Serves areas of Turlock, Keyes, Ceres, Waterford, Denair, and Hickman. Must be 18 years or older and bring proof of income. Mon – Fri: 9:00 a.m. – 12:00 p.m.

www.unitedsamaritans.org

CONSUMER INFORMATION

211 Stanislaus United Way

24-Hour Line

209-572-2255 or
211

422 McHenry Ave., Modesto

Mon – Fri: 8:00 a.m. – 5:00 p.m.

Information line available to Stanislaus residents when searching for resources related to basic needs, education, and access to health care.

www.211.org www.uwaystan.org

Area Agency on Aging

209-558-8698

3500 Coffee Rd., Ste. 19, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.

800-677-1116

Information and referral for elders in Stanislaus County. Senior caregiver information and assistance. www.agingservices.info

Better Business Bureau

www.bbb.org

916-443-6843

This organization accredits businesses who abide by the law in serving consumers. Consumers can file a complaint, report scam, or other grievances related to a business.

Community Health Services, Health Services Agency

800-834-8171

Information regarding access to health care providers, health related programs and referrals to community, health, and social services.

Veteran Services, Stanislaus County

209-558-7380

3500 Coffee Rd., Ste. 19, Modesto

Mon – Fri: 8:00 a.m. – 4:30 p.m.

Assists veterans, dependents, and survivors in obtaining federal, state, and county benefits.

COUNSELING SERVICES

Bentley Health Center 12619 Bentley, St., Waterford Offers counseling for children, teens, and adults. Accepts most insurances and offers a sliding fee scale for uninsured persons.	209-442-6200
Catholic Charities Counseling Services 2351 Tenaya Dr., Ste. D, Modesto Individual and family counseling services (English and Spanish) at low-cost.	209-593-6113
Center for Human Services www.centerforhumanservices.org 2000 W. Briggsmore Ave., Ste. I, Modesto Counseling services for children, teens, and adults throughout Stanislaus County.	209-526-1440
Central Valley Counseling Center 203 N. 1 st Ave., Oakdale Assistance with depression, anxiety, anger management, substance use disorder, relationships, and family. Evening and weekend appointments available. www.cvconline.com	209-845-9037
Ceres Healthy Start 2491 Lawrence St., Ceres Life skills education, and referrals. Mental health counseling, Tues: 9:00 a.m. – 4:30 p.m.	209-556-1559 Mon – Fri: 8:00 a.m. – 4:30 p.m.
El Concilio 1314 H St., Modesto www.elconcilio.org Prevention and early intervention counseling for families, children 0 – 5 years of age, and Spanish speaking Stanislaus residents.	209-523-2860
Haven Women’s Center – Modesto 618 13 th St., Modesto Offers individual counseling focused on domestic violence, sexual assault, and sex trafficking.	209-524-4331
Haven Women’s Center – Turlock 301 Starr Ave., Turlock Offers individual counseling focused on domestic violence, sexual assault, and sex trafficking.	209-664-9131

Las Palmas Health Center 1010 W. Las Palmas Ave., Patterson Offers counseling for children, teens, and adults. Accepts most insurances and offers a sliding fee scale for uninsured individuals.	209-837-3990
Leaps and Bounds, BHRS 4640 Spyres Way, Ste. 7, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Counseling program for children 0 – 5 years of age and their parents.	209-558-4595
Modesto Vet Center 1219 N. Carpenter Rd., Ste. 12, Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m. Provides counseling services for veterans and their families.	209-569-0713
Sierra Vista Child and Family Services 100 Poplar Ave., Modesto Individual and group counseling for children. ADHD services also available. Provides life skills education, alcohol and drug counseling, and referrals.	209-523-4573
VA Modesto Clinic & Lab 1225 Oakdale Rd., Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m. Mental health services available for veterans. By appointment only.	209-557-6200

DEATH & BEREAVEMENT CENTERS

Community Hospice 4368 Spyres Way, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Care for the terminally ill, bereavement counseling, and support for families.	209-578-6300
Jessica’s House 1225 W. Christofferson Parkway, Turlock Provides a safe and caring place for children, teens, young adults, and families grieving a death. Evening support groups and other services available. Mon – Fri: 8:00 a.m. – 4:00 p.m.	209-250-5395

DENTAL PROVIDERS, REFERRAL & SURGERY CENTERS

ABC Dental 2020 Coffee Rd., Ste. G2, Modesto Serving children 5 – 18 years of age with Medi-Cal insurance. For kindergarten	209-491-2223
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<p>registration, please bring forms with you. Pregnant women only with a medical release and regular Medi-Cal. Not accepting emergency or pregnancy Medi-Cal.</p> <p>Access Dental – Modesto</p> <p>2605 Coffee Rd., Ste. 200, Modesto</p> <p>Accepting ages 5 yrs. and older with private insurance only. Will accept pregnant women with a medical release. Not accepting Medi-Cal for new patients.</p>	209-521-0100
<p>Access Dental – Ceres</p> <p>1440 E. Hatch Rd., Ste. 102, Ceres</p> <p>Accepts Medi-Cal for children 4 – 10 years, and adults 21 – 45 years of age. Accepts all ages with private insurance. Will accept pregnant women with a medical release.</p>	209-531-2000
<p>All Smile Dental</p> <p>1647 Countryside Dr., Ceres</p> <p>Serves individuals 6 – 20 years old with Medi-Cal/Denti-Cal insurance. Individuals with private insurance with no age limit.</p>	209-668-3736
<p>All Smile Dental</p> <p>1100 Carver Rd., Ste. 5, Modesto</p> <p>Serves individuals 6 – 20 years old with Medi-Cal insurance. Individuals with private insurance with no age limit.</p>	209-409-8839
<p>Allstar Family Dentistry</p> <p>2030 Coffee Rd., Ste. C4, Modesto</p> <p>Serving individuals 3 yrs. and older with Medi-Cal are accepted. Serves pregnant women with a medical release.</p>	209-238-9444
<p>Anderson & Bauman DDS</p> <p>1213 Coffee Rd., Ste. G, Modesto</p> <p>Serves children 1 – 20 years of age with Medi-Cal and private insurance. Only serving individuals older than 20 yrs. who are established patients.</p>	209-575-9501
<p>Ascend Dental Care</p> <p>2503 East Hatch Rd., Modesto</p> <p>New patients with Medi-Cal on the 3rd Tuesday of every month. No age limits.</p>	209-537-5783
<p>Aspire Family Dentistry</p> <p>605 Standiford Ave., Ste. G, Modesto</p> <p>Serves individuals 6 years and older. Accepts Medi-Cal and private insurance.</p>	209-633-1200
<p>Balisha, Charles DDS</p> <p>215 N. Thor St., Ste. A, Turlock</p>	209-667-9264

Serving individuals ages 5 – 20 years. Accepts private insurance and Medi-Cal.

Buchler Dental Corp. 209-524-5515
1236 Floyd Ave., Ste. C, Modesto
Orthodontist accepts private insurance and Medi-Cal for individuals 13 – 21 years of age.

Central California Dental Surgi-Center 209-381-2047
3605 Hospital Rd., Ste. H, Atwater
Serves children 2 – 8 years from central valley counties. Children with a mental or physical disability are covered by Medi-Cal. Also accepts private insurance.

Central Dental Group 209-668-2220
2211 Fulkerth Rd., Turlock
Serving individuals 5 through 20 years with Medi-Cal/Denti-Cal or private insurance.

Dental Referral Service 800-336-8478
Available 24 hours for information and referrals. 800-Dentist

Diko, A. DDS 209-523-2100
3848 McHenry Ave., Ste. 130, Modesto
Serves individuals 3 years and older with Medi-Cal and private insurance.

Essapour, Antonio DDS 209-668-1080
875 E. Canal Dr., Ste. 11, Turlock Languages: Assyrian, Farsi, and Spanish
Will see pregnant women with medical release. Only private insurance accepted.

Gesicho, Gladys DDS 209-632-2082
711 E. Hawkeye Ave., Ste. 2, Turlock
Accepts Medi-Cal/Denti-Cal and private insurance. Serves individuals 2 years and older in Turlock and surrounding areas.

Golden Valley Health Center Dental Clinics

Ceres: 1920 Memorial Dr. 209-541-3001
Routine dental services for all ages. Accepts Medi-Cal/Denti-Cal.

Modesto: 1121 Hammond St. 209-876-4800
Mon – Thu: 8:00 a.m. – 4:30 p.m. & Fri: 7:30 a.m. – 4:00 p.m.
Routine dental services for children ages 1 – 17 yrs. Accepts private insurance and Medi-Cal. Languages: English/Spanish

South Modesto: 1717 Las Vegas St. 209-556-5044

Routine dental services for children ages 1 – 17 yrs. Accepts private insurance and Medi-Cal. Languages: English/Spanish

Newman: 637 Merced St. 209-862-9449
Serving individuals 1 yr. and older. Will see pregnant women with a medical release. Accepting all insurances. Languages: English/Spanish

Patterson: 200 C St. 209-892-6307
Serving individuals 2 yrs. and older. Will see pregnant women with a medical release. Accepting all insurances. Languages: English/Spanish

Gomez, Martha DDS 209-522-8783
1130 Coffee Rd., Ste. 9A, Modesto (Includes Orthodontics – Braces)
Accepts Medi-Cal for individuals 4 – 18 yrs. of age, and private insurance for all ages. NOT accepting pregnant women. Spanish speakers, bring translator.

Hoybjerg, Christian J. DDS 209-238-9700
1212 12th St., Modesto
Orthodontist serving individuals of all ages with private insurance. Medi-Cal insurance accepted for individuals ages 13 – 21.

Hughson Family Dentistry 209-883-4477
7206 Hughson Ave., Hughson
Serving individuals from 4.5 – 21 years of age. Medi-Cal and private insurance accepted.

Kids Smile Dental 209-250-2600
2460 Geer Rd., Turlock
Serves minors 1 – 18 years of age. Accepts private insurance and Medi-Cal.

Kids World Dental 209-537-7878
1404 Mitchell Rd., Modesto
Serves children 1 – 8 years of age. Accepts Medi-Cal and private insurance.

Modesto Kidz Dental 209-578-3131
2801 Coffee Rd., Bldg. B, Modesto
Accepting patients from the 1st tooth through 12 years of age. Medi-Cal and private insurance accepted.

Momani, Ahmad DDS 209-869-4505
3309 Sierra St., Riverbank
Accepting patients 5 years and older with private insurance and Medi-Cal.

<p>Oak Valley Dental Clinic 1420 West H St., Oakdale Dental services for individuals of all ages with Medi-Cal, Medicare, and private insurance. There is also a sliding fee scale for eligible patients without insurance.</p>	209-848-4185
<p>Oakdale Kids Dentist & Orthodontics 250 S. Oak St., Ste. B3, Oakdale Serving children up to 17 years of age with Medi-Cal/Denti-Cal and private insurance.</p>	209-322-3174
<p>Palm Dental Group 241 N. Palm St., Turlock Serves individuals of all ages. Accepts Medi-Cal/Denti-Cal, and private insurance.</p>	209-667-2254
<p>Paregian, Sam DDS 1601 McHenry Village, Ste. 8, Modesto Orthodontist services such as braces for individuals 13 -21 with Medi-Cal insurance. Orthodontic services with private insurance for all ages.</p>	209-529-4872
<p>Park, Tae Een DDS 190 S. Oak Ave., Bldg. 3, Ste. 6, Oakdale Serving individuals 2 years and older with Medi-Cal and private insurance.</p>	209-847-2800
<p>River Oak Dental Spa (Tourtlotte, Christina DDS) 1473 East G St., Ste. C, Oakdale Accepting private insurance only.</p>	209-848-8074
<p>Riverbank Dental 3324 Santa Fe St., Ste. B, Riverbank Serving individuals ages 1 – 20 years. Medi-Cal/Denti-Cal, and private insurance accepted.</p>	209-869-1558
<p>Salida Surgical Center 5712 Pirrone Rd., Salida Only seeing children up to 10 yrs. of age. Accepts Medi-Cal and private insurance.</p>	209-543-9299
<p>Smiles for Miles 2020 Coffee Rd., Ste. E-1, Modesto Serves individuals ages 5 – 20 yrs. with Medi-Cal. Adult Medi-Cal for persons that need dentures or denture replacements. No services to pregnant women.</p>	209-571-9855
<p>Village One Dental Clinic</p>	209-551-1414

3020 Floyd Ave., Ste. 609, Modesto
Private insurance or cash only. \$69.00 for exam & x-rays, and cleaning for \$95.00.
Vo, Mai DDS 209-527-7550

2020 Coffee Rd., Ste. A-4, Modesto
Open 2 days a week, Mon and Fri: 10:00 a.m. – 4:00 p.m.
Accepting regular Medi-Cal and private insurance (PPO Plan).
Serves 4 yrs. and older. Will see pregnant women with a medical release.

Western Dental Center – Modesto 209-241-5510

2045 W. Briggsmore Ave., Ste. E, Modesto
Serves individuals 13 yrs. and older. Languages: English and Spanish. Will see pregnant women with a medical release. Private and Medi-Cal insurances.

Western Dental Center – Turlock 877-828-0113

703 N. Golden State Blvd., Turlock
Serves individuals 6 yrs. and older. Accepts all insurances. Must bring insurance card to the appointment. Pregnant women with a medical release only.

DENTISTS ACCEPTING MEDI-CAL:

Ceres

Access Dental 209-531-2000

1440 E. Hatch Rd., Ste. 102, Ceres
Accepting children ages 4 – 10 and adults 21 – 45 years with Medi-Cal.
Serves pregnant women with a medical release. English/Spanish.

All Smile Dental 209-668-3736

1647 Countryside Dr., Ceres
Serves established patients 6 – 20 years old with Medi-Cal/Denti-Cal insurance.
Not accepting new patients at this moment.

Golden Valley Health Center Dental Clinic 209-541-3001

1920 Memorial Dr., Ceres
Serves all ages. Accepting new patients with Medi-Cal.

Hughson

Hughson Family Dentistry 209-883-4477

7206 Hughson Ave., Hughson
Serves individuals 4.5 – 21 yrs. with Medi-Cal. Not serving pregnant women.

Modesto

ABC Dental 209-491-2223

2020 Coffee Rd., Ste. G2, Modesto
Serving children 4.5 yrs. and older. Pregnant women only with a medical

release and regular Medi-Cal. Not accepting emergency or pregnancy Medi-Cal. For kinder registration, please bring forms with you.

- Allstar Family Dentistry** 209-238-9444
2030 Coffee Rd., Ste. C4, Modesto
Serving individuals 3 yrs. and older with Medi-Cal insurance.
Pregnant women with a medical release.
- All Smile Dental** 209-409-8839
1100 Carver Rd., Ste. 5, Modesto
Serves established patients 6 – 20 years old with Medi-Cal insurance.
- Anderson & Bauman DDS** 209-575-9501
1213 Coffee Rd., Ste. G, Modesto
Serves children 1 – 20 years of age with Medi-Cal.
- Ascend Dental Care** 209-537-5783
2503 East Hatch Rd., Modesto
New patients of all ages with Medi-Cal on the 3rd Tuesday of every month.
- Aspire Family Dentistry** 209-633-1200
605 Standiford Ave., Ste. G, Modesto
Serves individuals 6 years and older with Medi-Cal.
- Buchler Dental Corp.** 209-524-5515
1236 Floyd Ave., Ste. C, Modesto
Orthodontist accepts Medi-Cal for individuals 13 – 21 years of age.
- Diko, A. DDS** 209-523-2100
3848 McHenry Ave., Ste. 130, Modesto
Serves individuals 3 years and older with Medi-Cal.
- Golden Valley Health Center Dental Clinic** 209-576-4800
1121 Hammond St., Modesto
Mon – Thu: 8:00 a.m. – 4:30 p.m. & Fri: 7:30 a.m. – 4:00 p.m.
Routine dental services for children ages 1 – 17 yrs. Accepts Medi-Cal.
- Golden Valley Health Center Dental Clinic** 209-556-5044
1717 Las Vegas St., Modesto
Accepts Medi-Cal for all ages. Accepting new patients. English and Spanish.
- Gomez, Martha DDS** 209-522-8783
1130 Coffee Rd., Ste. 9A, Modesto (Includes Orthodontics – braces)

Accepts Medi-Cal for ages 4 – 19 yrs. Services include orthodontics such as braces. NOT accepting pregnant women.

Kids World Dental 209-537-7878
1404 Mitchell Rd., Modesto (Mon & Thurs 8 am-7 pm and Tues/Wed/Fri 8 am-6pm) Serves children 1 – 8 years of age. Accepts Medi-Cal.

Modesto Kidz Dental 209-578-3131
2801 Coffee Rd., Bldg. B, Modesto (Mon/Wed/Fri 8:30 am – 6:00 pm. Tuesday & Thurs 8 am- 6 pm) Accepting patients with Medi-Cal from the 1st tooth through 12 years of age.

Paregian, Sam DDS 209-529-4872
1601 McHenry Village, Ste. 8, Modesto
Orthodontist services (braces) for individuals 13-21 with Medi-Cal.

Smiles for Miles 209-571-9855
2020 Coffee Rd., Ste. E-1, Modesto
Serves individuals ages 5 – 20 yrs. with Medi-Cal. Adult Medi-Cal for persons that need dentures or denture replacements. NOT providing services to pregnant women.

Vo, Mai DDS 209-527-7550
2020 Coffee Rd., Ste. A-4, Modesto
Open 2 days a week, Mon and Fri: 10:00 a.m. – 4:00 p.m.
Accepting regular Medi-Cal. Serves 4 yrs. and older.
Will see pregnant women with a medical release.

Western Dental Center 209-527-3000
2045 W. Briggsmore Ave., Ste. E, Modesto
Serves individuals 13 yrs. and older with Medi-Cal. Will serve pregnant women with a medical release. Services in English and Spanish.

Newman

Golden Valley Health Center Dental Clinic 209-862-9449
637 Merced St., Newman Mon – Fri: 8:00 a.m. – 5:00 p.m.
Accepts Medi-Cal for all ages. Will serve pregnant women with a medical release.

Oakdale

Oak Valley Dental Clinic 209-848-4185
1420 W. H St., Oakdale
Accepts Medi-Cal, Medicare, and payment for services.

Oakdale Kids Dentist & Orthodontics 209-322-3174
250 S. Oak St., Ste. B3, Oakdale
Serving children up to 17 years of age with Medi-Cal/Denti-Cal.

Park, Tae Een DDS 209-847-2800
190 S. Oak Ave., Bldg. 3, Ste. 6, Oakdale
Serving individuals 2 years and older with Medi-Cal.

Patterson

Golden Valley Health Center Dental Clinic 209-892-6307
200 C St., Patterson
Accepts Medi-Cal only. Serves individuals ages 2 yrs. and older. Will see pregnant women with a medical release. English/Spanish

Riverbank

Momani, Ahmad DDS 209-869-4505
3309 Sierra St., Riverbank
Accepting patients 5 years and older with Medi-Cal.

Riverbank Dental 209-869-1558
3324 Santa Fe St., Ste. B, Riverbank
Accepting Medi-Cal. Serves individuals 4 to 21 yrs. of age. Will serve pregnant women with a medical release.

Salida

Salida Surgical Center 209-543-9299
5712 Pirrone Rd., Salida
Dental surgery for children 18 months to 10 years with Medi-Cal.

Turlock

Balisha, Charles DDS 209-667-9264
215 N. Thor St., Ste. A, Turlock
Serving individuals ages 5 – 20 years. Accepts Medi-Cal.

Central Dental Group 209-668-2220
211 Fulkerth Rd., Turlock
Mon – Fri: 9:00 a.m. – 6:00 p.m. & Sat: 8:00 a.m. – 4:30 p.m.
Serves individuals 5 yrs. and older. Accepts Medi-Cal. Serves pregnant women with a medical release. Languages: Spanish, English, and Korean

Gesicho, Gladys DDS 209-632-2082
711 E. Hawkeye Ave., Ste. 2, Turlock
Accepts Medi-Cal/Denti-Cal. Serves individuals 2 years and older.

Kids Smile Dental 209-250-2600
2460 Geer Rd., Turlock
Serves minors 1 – 18 years of age with Medi-Cal.

Palm Dental Group 209-667-2254
241 N. Palm St., Turlock
Serves individuals of all ages with Medi-Cal/Denti-Cal.

Western Dental Center 209-216-4198
703 N. Golden State Blvd., Turlock
Mon – Fri: 9:00 a.m. – 6:00 p.m. & Sat: 8:00 a.m. – 4:30 p.m.
Serves individuals 6 yrs. and older. Accepts all insurances. Serves pregnant women with a medical release. Must have insurance card during visit.

DEVELOPMENTAL SERVICES

California Children’s Services 209-558-7515
917 Oakdale Rd., Modesto
Mailing Address: PO Box 3088, Modesto, CA 95353

Doctors Medical Center- High Risk Infant Follow-Up Program 209-576-3956
1441 Florida Ave., Modesto
Program for special needs children and children born at risk ages 0 – 2 yrs.
They are referred by the hospital staff or child’s family.

Early Intervention Program (School System Services) 209-541-2330
1350 Stonum Rd., Modesto Assessment Office 209-541-2325
Mon – Fri: 7:30 a.m. – 4:00 p.m.
Serves Stanislaus County children (not Modesto City Schools) ages 0 – 3 yrs.
Will refer children ages 3 – 5 yrs. for assessment when necessary.

John F. Kennedy Center for Special Education 209-541-2320
1202 Stonum Rd., Modesto
Serves individuals with severe disabilities ages 6 – 22 years.

Leaps and Bounds, BHRS 209-558-4595
4640 Spyres Way, Bldg. B, Ste. 7, Modesto
Outpatient behavioral health program focused on serving children 0 – 5 and their families. Consultation services provided at pre-schools and family daycare places.

Sierra Vista ADHD Clinic – Modesto 209-550-5850
1700 McHenry Village, Modesto
Provides assessment and treatment for children ages 6 – 21 yrs.

Sierra Vista ADHD Clinic – Turlock 209-669-6771
2925 Niagra St., Ste. 3, Turlock
Provides assessment and treatment for children ages 6 – 21 yrs. Parents or providers can call to request services on behalf of the child and/or family.

Sierra Vista Early Intervention Program & Outpatient Services 209-550-5869
1400 K St., Ste. B, Modesto
Serves children ages 3 – 5 yrs. of age and their families with counseling, behavioral assessments, and treatment. Accepts Medi-Cal.
Mon – Fri: 8:00 a.m. – 5:00 p.m.

Valley Mountain Regional Center 209-529-2626
1820 Blue Gum Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.
Serves children and adults with developmental disabilities in Stanislaus and other neighboring counties. Provides diagnosis, assessment, and on-going services for individuals with intellectual disability, cerebral palsy, epilepsy, and autism.

DISABILITY SUPPORT SERVICES

California Council of the Blind 800-221-6359
2143 Hurley Way Ste. 250 916-441-2100
Helps blind and visually impaired Californians to gain full independence and equality of opportunity.

Disability Resource Agency of Independent Living (DRAIL) 209-521-7260
920 12th St., Modesto
Serves individuals with a disability to live independently and get support from technology. They assist with housing, benefits counseling, personal assistants, and access issues. Walk-ins are welcome. Mon – Fri: 8:00 a.m. – 5:00 p.m.

Society for disABILITIES 209-524-3536
1129 8th St., Ste. 101, Modesto
Organization provides recreational programs. Special funds may be available for those unable to pay for adaptive equipment. Mon – Fri: 8:30 a.m. – 4:30 p.m.

United Cerebral Palsy 209-577-2122
4265 Spyres Way, Ste. 2, Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m.
Provides adult day program, skill building in money management, self-advocacy, independent living, pre-employment, physical education, social skills, and adaptive technology training to improve communication and interaction.

Vision Impaired Persons Support (VIPS) 209-846-9027
1409 H St., Modesto Mon – Thu: 9:00 a.m. – 4:00 p.m.
Provides classes to adjust to blindness and vision loss. Training in independent living skills, job skills, assistive technology, braille instruction, and support groups for clients and their caregivers. Services at no cost. Open to individuals of all ages.

EDUCATION

ADULT G.E.D. CLASSES/CONTINUATION/ALTERNATIVE PROGRAMS:

Ceres

Argus Continuation High School & Endeavor 209-556-1800
2555 Lawrence St., Ceres Mon – Fri: 7:30 a.m. – 4:00 p.m.

Ceres Adult School 209-556-1557
4295 Central Ave., Ceres
Registration Hours: Mon – Fri: 9:00 a.m. – 4:00 p.m.

John B Allard/Tactical Character Academy 209-238-8750
3113 Mitchell Rd., Ceres Mon – Fri: 7:00 a.m. – 3:30 p.m.
(formerly Ceres Community School)

Empire

Empire Community School 209-558-4280
5101 E. Yosemite Blvd., Empire
Mon: 8:00 a.m. – 12:00 p.m. & Tue – Fri: 8:00 a.m. – 3:00 p.m.

Hughson

Billy Joe Dickens Continuation High School 209-883-4182
6937 Fox Rd., Hughson Mon – Fri: 7:45 a.m. – 12:15 p.m.

Modesto

G230-Johansen 209-492- 1828
641 Norseman Dr., Modesto

G230-Pearson 209-574-8192
500 Locust St., Modesto

Elliot Alternative Education School 209-574-1701
1440 Sunrise Ave., Modesto Mon – Fri: 7:00 a.m. – 2:00 p.m.

<p>Learning Quest Stanislaus Literacy Centers 1032 11th St., Modesto Mon – Thu: 9:00 a.m. – 6:00 p.m. Adult education free of charge. Meet in public settings. Teaches adults how to read and write in English. All materials are provided.</p>	209-522-0656
<p>Library Literacy Program – Modesto 1500 I St., Modesto Mon – Thu: 10:00 a.m. – 5:00 p.m.</p>	209-558-4505
<p>Modesto Junior College – Community Education 435 College Ave., Morris Admin. Bldg., Rm. 104, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Offers a G.E.D. course at no cost.</p>	209-575-6063
<p>Peterson Alternative Center for Education (PACE) 2209 Blue Gum Ave., Modesto Mon – Fri: 7:30 a.m. – 4:00 p.m. Alternative education for junior and high school students.</p>	209-238-6701
<p>Career Technical Education 1017 Reno Ave., Ste. B, Modesto Mon – Fri: 7:30 a.m. – 4:00 p.m. This program provides high school students with training at no-cost for entry level technical job positions. It is given at local high schools and off-site to individuals 16 yrs. and older. CNA program available for adults. Career guidance, training, counseling, and vocational training for youth 14-21 years of age.</p>	209-492-1786
<p>Stanislaus County Office of Education (Testing Center Only) 715 13th St., Modesto Office Hours: Mon – Fri: 8:00 a.m. – 4:00 p.m. Testing Hours: Tue – Fri: 8:00 a.m. – 2:30 p.m.</p>	209-238-6502
<p>Turnaround Opportunity Schools (TOPS) Serves 9th and 10th graders who are at risk of dropping out of school due to academic, attendance, or behavioral issues.</p> <ul style="list-style-type: none"> <p>▪ <i>TOPS at Gregori High School</i> 3701 Pirrone Rd., Modesto</p> <p>▪ <i>TOPS at Johansen High School</i> 641 Norseman Dr., Modesto</p> 	<p>209-574-1738</p> <p>209-574-1760</p>
<p>Valley Charter High School 108 Campus Way, Modesto School Year: Mon – Fri: 7:30 a.m. – 4:00 p.m. Early college for high school students. www.valleycharterhighschool.org</p>	209-238-6800

Newman

West Side Valley High School – Alternative Education Program 209-862-2309
890 Main St., Newman Mon – Fri: 7:30 a.m. – 3:30 p.m.
Education to obtain adult high school diploma.

Oakdale

East Stanislaus High School 209-847-1735
250 Hinkley Ave., Oakdale Mon – Fri: 7:30 a.m. – 3:30 p.m.
Continuation school for credit remedial.

Stanislaus Culinary Art Institute 209-238-8700
1040 Wakefield Dr., Oakdale
Independent studies and culinary program for high school students.
Offers college classes for the community in the evenings.

Patterson

Del Puerto High School 209-892-7463
640 M St., Patterson Mon – Fri: 7:30 a.m. – 4:00 p.m.
Continuation school for high school students and night adult school.

Stanislaus Industrial Technology Institute 209-238-8725
635 Walnut Ave., Patterson Mon – Fri: 8:00 a.m. – 2:30 p.m.
Alternative education opportunities for high school students.

Turlock

eCademy Charter School 209-669-3410
1100 Cahill St., Turlock Mon – Fri: 7:30 a.m. – 4:00 p.m.

John B. Allard School 209-238-6600
350 N. Kilroy Rd., Turlock Mon – Fri: 7:00 a.m. – 4:00 p.m.

Roselawn Continuation High School 209-634-9311
312 S. Roselawn Ave., Turlock Mon – Fri: 7:30 a.m. – 4:00 p.m.

Turlock Adult School 209-667-0643
1574 E. Canal Ave., Turlock
Mon – Thu: 8:00 a.m. – 7:00 p.m. & Fri: 8:00 a.m. – 4:00 p.m.

Turlock Family Resource Center 209-668-6118
2160 Geer Rd., Turlock Mon – Thu: 8:00 a.m. – 5:00 p.m.

COLLEGES

California State University, Stanislaus

1 University Circle, Turlock

Mon – Fri: 8:00 a.m. – 4:00 p.m.

Advisory Office: Mon – Thu: 8:30 a.m. – 4:00 p.m. & Fri: 8:00 a.m. – 5:00 p.m.

Provides career and academic counseling. Grants available to eligible low-income EOP individuals through the Financial Aid Office.

www.csustan.edu

Information
Advising Resource Office

209-667-3122
209-667-3108

Community Continuum College

1731 Colorado Ave., Turlock

Mon – Fri: 8:00 a.m. – 4:00 p.m.

Day learning program for adults and high school graduates with developmental disabilities. Referrals required. Must be a VMRC client.

www.continuumcollege.org

209-632-2406

Howard Training Center

1424 Stonum Rd., Modesto

Mon – Fri: 8:00 a.m. – 4:30 p.m.

Education and day program for adults (18 years and older) with physical and mental disabilities.

209-538-4000

Job Corps

1900 Mariposa Mall, Ste. 290, Fresno

Placement Office: Mon – Fri: 8:00 a.m. – 5:00 p.m.

Vocational training for males ages 16 – 24 yrs. who meet income guidelines.

www.jobcorps.dol.gov

559-230-4087

Modesto Institute for Continued Learning (MICL)

MJC West Campus, El Capitan Bldg., Modesto

Extended education for mature adult students 45 yrs. and older.

Mon – Thu: 10:00 a.m. – 3:00 p.m. & Fri: 10:00 a.m. – 12:00 p.m.

www.miclonline.org

209-575-6359

Modesto Junior College – East Campus

435 College Ave., Modesto

www.mjc.edu

Admissions

209-575-6853
209-575-6550

University of California, Merced

5200 N. Lake Rd., Merced

Mon – Fri: 8:00 a.m. – 5:00 p.m.

www.ucmerced.edu

209-228-4400

Yosemite Community College District

2201 Blue Gum Ave., Modesto

For Modesto Junior College and Columbia College

Mon – Fri: 8:00 a.m. – 5:00 p.m.

www.yosemite.edu

209-575-6550

EMPLOYMENT

<p>Alliance Worknet Job training and job placement, assistance with resume development, typing certificates at no charge, career counseling, assessments, and on-the-job training. Basic eligibility must be met to be enrolled for these services.</p> <p>Locations:</p> <ul style="list-style-type: none"> • Modesto: 251 E. Hackett Rd. • Modesto: 629 12th St. • Oakdale: 1405 W. F St. • Patterson: 66 N. El Circulo Ave. 	<p>Work Line</p>	<p>209-558-WORK 209-558-9675</p> <p>209-558-2100 209-558-8556 209-322-3564 209-525-4909</p>
<p>American Job Center (EDD) 629 12th St., Modesto Assistance with job placement at the Employment Development Dept.</p>		<p>209-576-6118</p>
<p>California Conservation Corps 738 N. Market Blvd., Sacramento Provides education and job opportunities for eligible young people ages 18 – 25 yrs. No fee. Residential placement in some areas. www.ccc.ca.gov</p>	<p>Mon – Fri: 8:00 a.m. – 5:00 p.m.</p>	<p>800-640-2462 916-920-0285</p>
<p>California Indian Manpower Consortium, Inc. 738 N. Market Blvd., Sacramento Job training and employment related services for Native Americans, Native Alaskans, and Native Hawaiians who are unemployed or economically disadvantaged. Emergency assistance, community services, block grants for housing, and food assistance for Native Americans. www.CIMCINC.org</p>	<p>Mon – Fri: 8:00 a.m. – 5:00 p.m.</p>	<p>800-640-2462 916-920-0285</p>
<p>Californian State Rehabilitation Department 1209 Woodrow Ave., Ste. B-1, Modesto Services for individuals with physical or mental disabilities.</p>	<p>Mon – Fri: 8:00 a.m. – 5:00 p.m.</p>	<p>209-576-6220</p>
<p>Central Valley Opportunity Center (C.V.O.C.) 1581 Cummins Dr., Ste. 100, Modesto Offers free vocational training to low-income county residents, assists with job placement, GED, rental and energy assistance, emergency shelter, and food vouchers.</p>		<p>209-577-3210</p>
<p>Community Continuum College 1731 Colorado Ave., Turlock A learning day program for adults and high school graduates with developmental disabilities. To be eligible must be referred by Valley Mountain Regional Center.</p>	<p>Mon – Fri: 8:00 a.m. – 4:00 p.m.</p>	<p>209-632-2406</p>

Friends Outside 500 9 th St., Ste. K-3, Modesto Assistance with job placement, resume development, career counseling, and on-the-job training for individuals who have been incarcerated. Basic eligibility must be met to be enrolled in the program.	209-522-2209
Howard Training Center 1424 Stonum Rd., Modesto Education for adults (18 yrs. or older) with mental or physical disabilities.	209-538-4000
Modesto City School – Regional Occupation Program (ROP) 1017 Reno Ave., Bldg. B, Modesto Mon – Fri: 7:30 a.m. – 4:00 p.m. This program provides high school students with training at no-cost for entry level technical job positions. It is given at local high schools and off site to individuals 16 yrs. and older. CNA program available for adults.	209-492-1786
School to Career 1017 Reno Ave., Bldg. B, Modesto Career guidance, training, and counseling (includes youth 14 – 21 years).	209-492-1786
StanWORKS (CSA) 251 E. Hackett Rd., Modesto Welfare to work program. Provides assistance with basic needs and job training.	209-558-2777
Valley Mountain Regional Center 1820 Blue Gum Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. The foster grandparent and senior companion program serves children and adults who have a developmental disability. Volunteers wanted to work 20 hours week. Tax-free stipend. Must be 55 years of age or older and on a limited income.	209-529-2626

FAMILY PLANNING

Ceres Ceres Medical Office 3109 Whitmore Ave., Ceres	209-541-2929
Golden Valley Health Center 2760 3 rd St., Ceres	866-688-4842
Hughson Livingston Community Health 2412 3 rd St., Hughson	830-850-3500

Modesto

Del Valle Clinic 209-589-1500

1700 Herndon Rd., Ceres

Family planning services for uninsured women and men. Performs minor surgeries such as vasectomy. Also provides immigration health exams.

Consultation \$75.00. No insurances accepted. Call for more details.

Hours: Mon – Fri: 9:00 a.m. – 5:00 p.m. First Saturday: 9:00 a.m. – 12:00 p.m.

Family First Medical Care 209-869-5678

1317 Oakdale Rd., Modesto

Family Practice & Family Planning

Family Planning Associates Medical Group 209-578-0443

2030 Coffee Rd., Ste. A-1, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.

Accepts Medi-Cal, private insurance, cash, credit cards, or money

orders. Abortion up to 17 weeks for Medi-Cal recipients, and 18 ½ weeks for other insurances. Prior authorization required for some insurance plans.

Call for information. www.FPAwomenshealth.com

Golden Valley Health Center Clinics Appointment Line 866-688-4842

▪ **In front of DMC:** 1510 Florida Ave., Ste. B, Modesto 209-574-1365

▪ **West Modesto:** 1114 6th St., Modesto 209-576-2845

▪ **Hanshaw Office:** 1717 Las Vegas St., Modesto 209-576-4200

▪ **Airport Community:** 2101 Tenaya Dr., Modesto 209-576-6766

▪ **Robertson Road:** 1121 Hammond St., Modesto 209-576-4437

McHenry Medical Office 209-558-5312

1209 Woodrow Ave., Ste. B-10, Modesto

Modesto Arts Medical Group 209-522-1027

1400 Florida Ave., Ste. 207, Modesto

Palitz, Harvey MD 209-575-5885

1524 McHenry Ave., Ste. 405, Modesto

Paradise Medical Office 209-558-4000

401 Paradise Rd., Bldg. E, Modesto

Planned Parenthood Mar Monte 209-579-2300

1431 McHenry Ave., Ste. 100, Modesto

Family planning and other STD and cancer screenings.

Sierra Health Center 209-526-5770
 1801 Tully Rd., Ste. F, Modesto
 Primary care only

VA Modesto Clinic and Lab 209-557-6200
 1225 Oakdale Rd., Modesto
 Provides family planning to veterans only.

Newman

Golden Valley Health Center 209-862-0270
 637 Merced St., Newman Appointment Line 866-688-4842

Oakdale

Oak Valley Women’s Health Center Primary Care 209-848-4180
 1420 W. H St., Oakdale Prenatal 209-848-5336
 Accepts Medi-Cal Only.

Pathway Healthcare 209-848-8410
 190 S. Oak Ave., Bldg. 2, Ste. 1, Oakdale
 Family Practice

Patterson

Golden Valley Health Center 209-892-8441
 200 C St., Patterson Appointment Line 866-688-4842

Las Palmas Health Center 209-837-3990
 1010 W. Las Palmas Ave., Patterson
 Mon & Wed: 9:00 a.m. – 6:00 p.m. and Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.
 Accepts most insurances including Medi-Cal. Offers a sliding fee scale for individuals without insurance.

Wahid, Ali MD 209-892-1300
 1108 Ward Ave., Bldg. A, Ste. 1, Patterson
 Mon: 8:00 a.m. – 8:00 p.m. & Tue – Fri: 8:00 a.m. – 5:00 p.m.
 Family planning and Family Pact. Accepts Medi-Cal and private insurance.

Riverbank

Riverbank Community Health Center 209-869-8102
 2603 Patterson Rd., Ste. 3, Riverbank
 Mon – Sun: 8:00 a.m. – 6:00 p.m.
 Provides primary care and family planning services. Accepts Medi-Cal and offers a sliding scale fee for persons without insurance. Walk-in welcome.

Stockton

Stockton Pregnancy Control Medical Clinic 209-465-5655
 3209 N. California, Stockton Mon – Fri: 9:00 a.m. – 5:00 p.m.
 Abortions up to 14 weeks. Accepts cash and Medi-Cal from Stanislaus
 and San Joaquin County. No credit cards or private insurance.

Turlock

Golden Valley Health Center Clinics Appointment Line 866-688-4842
 ▪ **Downtown Turlock:** 1141 N. Olive Ave., Turlock 209-667-2749
 ▪ **West Turlock:** 1200 W. Main St., Turlock 209-668-5388

Sanchez, Felix MD 209-667-8544
 900 Delbon Ave., Turlock

Turlock Medical Office 209-664-8000
 800 Delbon Ave., Turlock

Turlock Pregnancy and Health Center 209-656-9898
 134 Regis St., Ste. B, Turlock

Waterford

Bentley Health Center 209-442-6200
 12619 Bentley St., Waterford
 Mon & Wed: 9:00 a.m. – 6:00 p.m. Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.
 Accepts most insurances including Medi-Cal. Offers a sliding fee scale for
 individuals without insurance. Walk-ins welcome.

Waterford Community Health Center 209-874-9254
 12146 Yosemite Blvd., Waterford
 Mon – Fri: 8:00 a.m. – 6:30 p.m.
 Family planning services. Accepts Medi-Cal. Offers a sliding fee scale for
 individuals without insurance. Walk-ins welcome.

FAMILY RESOURCE CENTERS

Airport Parent Resource Center 209-549-8193
 530 S. Santa Cruz Ave., Modesto

Bridge Community Center 209-571-8430
 605 Chicago Ave., Modesto

Ceres Partnership 209-541-0101
 1317 Grandview Ave., Ceres

El Concilio Community Center 1314 H St., Modesto	209-523-2860
Grayson/Westley Family Resource Center 301 Howard Rd., Westley	209-894-3188
Hughson Family Resource Center 6940 Hughson Ave., Hughson	209-883-2027
Newman Family Resource Center 1300 Patchett Dr., Newman	209-862-0295
North Modesto/Salida Family Resource Center 2020 Standiford Ave., Ste. C-1, Modesto	209-338-0279
Oakdale Family Resource Center 631 W. F St., Oakdale	209-847-0420
Oakdale Family Support Network 1405 W. F St., Ste. A, Oakdale	209-847-5121
Orville Wright Healthy Start 801 Empire Ave., Modesto	209-574-1646
Parent Resource Center 811 5 th St., Modesto	209-549-8193
Patterson Family Resource Center 821 F St., Patterson	209-690-3100
Sierra Vista Drop-In Center 908 Sierra Dr., Modesto	209-492-9785
Turlock Family Resource Center 2160 Geer Rd., Turlock	209-668-6118
Waterford Family Resource Center 12617 Bentley St., Waterford	209-874-8450
West Modesto Community Collaborative 601 S. Martin Luther King Dr., Modesto	209-522-6902

FINANCIAL ASSISTANCE

Automotive Repair Bureau (Dept. of Consumer Affairs)	800-952-5210
Financial assistance for smog checks and emissions related repairs. Call for packet or download application at: www.dca.ca.gov	
Cal-Fresh (Nutrition Assistance Program)	Information 877-652-0734
Stanislaus County Community Services Agency Locations to apply for Cal-Fresh:	
Modesto	
251 E. Hackett Rd., Modesto (Main Office) Mon – Fri: 8:00 a.m. – 5:00 p.m.	877-652-0734
401 Paradise Rd., Ste. E, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. By Appointment Only	877-652-0734
Hughson	
243 3 rd St., Hughson Mon – Fri: 8:00 a.m. – 5:00 p.m.	209-883-2125
Oakdale	
1405 W. F St., Ste. I, Oakdale Mon – Fri: 8:00 a.m. – 5:00 p.m.	209-322-3551
Turlock	
101 Lander Ave., Turlock Apply at office. Mon – Fri: 8:00 a.m. – 5:00 p.m.	877-652-0734
Central Valley Opportunity Center (C.V.O.C.) – Utility Assistance	209-338-0004
1801 H street Ste. B1 Modesto Assistance with energy bill by appointment only.	209-537-9217
City of Modesto	209-577-5344
1010 10 th St., Ste. 4400, Modesto	
Community Housing & Shelter Services (C.H.S.S.) – Rent Assistance	209-527-0415
708 H St., Ste. B, Modesto Mon – Thu: 9:00 a.m. – 4:00 p.m.	209-527-0444
Employment Development Department (Sacramento)	800-300-5616
Unemployment insurance claims. www.edd.ca.gov	

Home Energy Assistance Program (H.E.A.P.)		866-675-6623
Representative assistance: Mon – Fri: 8:00 a.m. – 4:50 p.m. Closed 11:50 a.m. – 1:00 p.m. Automated assistance 24/7, no walk-ins. www.csd.ca.gov		
M.I.D. Cares (Low Income Program)		209-526-7373
Enrollment reduces the fixed monthly charge from \$12.50 to \$8.00 and includes a 23% discount on the 1 st 850 kilowatt per hour for a period of three years or as long as you qualify: www.mid.org		
M.I.D. Life Support Program		209-526-7373
Electricity needed when household member has a medical need for electricity. 50% discount on the 1 st 500 kilowatts per hour. Go to: www.mid.org to download family application.		
Social Security		800-772-1213
1521 N. Carpenter Rd., Modesto	www.socialsecurity.gov	
StanWORKS (Stanislaus Work Opportunity and Responsibility to Kids)		877-652-0734
Temporary cash aid program for low-income families to meet their basic needs. StanWORKS provides education, employment, and training programs to help families get jobs and move toward self-sufficiency. Provides families with Medi-Cal, Cal-Fresh, and EBT. Apply at a StanWORKS office, or request an application by phone or online at www.c4yourself.com		
Hughson		
2413 3 rd St., Hughson	Mon – Fri: 8:00 a.m. – 5:00 p.m.	209-558-4564
Modesto (CSA)		
251 E. Hackett Rd., Modesto		209-558-2500
Mon- Fri: 8:00 a.m. – 5:00 p.m. & WIC Mon., Tue., Thu., Fri., 8:30 a.m.-5:30p.m.		
Oakdale		
1405 W. F St., Ste. I, Oakdale	Mon – Fri: 8:00 a.m. – 5:00 p.m.	209-322-3551
Turlock (CSA)		
1310 West Main St. Turlock, Ca. 95380	Mon – Fri: 8:00 a.m. – 5:00 p.m.	877-652-0734
State Disability Insurance (SDI)		877-379-3819
	Report Social Security Fraud	800-229-6297
T.I.D. Cares		883-8222
Must provide proof of income and identification for all adults living in the home. www.TID.org		

Veteran Services, Stanislaus 209-558-7380
3500 Coffee Rd., Ste. 19, Modesto 209-557-6200
Mon. – Fri: 8:00 a.m. – 4:30 p.m.
Provides counseling, referrals, and access to federal, state, and county benefits.

FOOD

American Red Cross 209-523-6451
1230 6th St., Modesto
Provides food during disasters.

Central General Baptist Church 209-538-7545
944 N. Central Ave., Ceres
Food bank open every 3rd Sunday of the month at 12:15 p.m.

Ceres Partnership 209-541-0101
1317 Grandview Ave., Ceres Mon-Fri: 8:00 a.m. – 5:00 p.m.
Must attend a nutrition education class at least once a month to receive bread and other food items as available.

Commodity Supplement Food Program 209-538-9700
617 Winmoore Way, Modesto
Program for seniors 60 and older. Provides seniors with a box of food once a month.

Community Services Program of 7th Day Adventist Church 209-538-1024
1633 N. Central Ave., Ceres Tue: 8:00 a.m. – 11:00 a.m.
Offers a box of food twice a month. Requires proof of income, residence, and identification for each member of the family. Must live in Stanislaus County.
www.ceresadventist.org

Community Sharing Christian Center 209-847-3401
579 Center St., Oakdale Tue: 8:00 a.m. – 11:30 a.m.
Requires identification, proof of income, residence in Oakdale area, and number of people in household.

First Southern Baptist Church 209-538-0833
2813 Don Pedro Rd., Ceres Fri: 10:00 a.m. – 2:00 p.m.
Eligibility limited to residents of zip codes: 95307, 95328, and portions of 95351, and 95358. Requires proof of income, residence, and identification.

- House Modesto, The (Nineveh Outreach)** 209-529-7346
 1601 Coffee Rd., Modesto Thu: 8:30 a.m. – 9:00 a.m.
 Groceries weekly. Need ID, proof of income, and residence. Other locations; call or go online for more information. www.thehousemodesto.com
- Interfaith Ministries** 209-572-3117
 120 Kerr Ave., Modesto Mon – Fri: 8:30 a.m. – 11:30 a.m.
 2 forms of identification (Medi-Cal card, identification, birth certificate, or immunization card), proof of address, and income. Send client with referral if possible. Eligible for food donations every month. www.interfaithmodesto.org
- Meals on Wheels – Home Delivery** 209-593-5633
 1424 Stonum Rd., Modesto
 Must be 60 years of age or older and be home bound.
 Call Howard Training Service to set up delivery (Senior Meals on Wheels).
- Modesto Union Gospel Mission** 209-529-8259
 1400 Yosemite Blvd., Modesto
 Food pantry and other meals available: Breakfast: 6:30 a.m. Dinner: 6:30 p.m. after chapel service. www.modestogospelmission.org
- Our Lady of Fatima Church – St. Vincent De Paul** 209-524-7421
 505 W. Granger Ave., Modesto
 Food vouchers given by appointment only.
- Riverbank Christian Food Sharing** 209-869-3710
 3017 High St., Riverbank Fri: 8:00 a.m. – 10:00 a.m.
 Serving those in need of food in Riverbank.
- Sacred Heart Catholic Church – St. Vincent De Paul** 209-668-8827
 1301 Cooper Ave., Turlock www.shparish.net
- Salvation Army – Food Program in 3 Locations** 209-577-3600
 Grocery assistance for individuals and families in crisis through our centers in Modesto and Turlock. Families and individuals are provided with 1-week supply of food at no cost once a month. Low-income families, individuals and seniors qualify for this service. Also provides noon meals during the week and breakfast Saturdays at the Modesto location on I street.
- Salvation Army – Citadel** 209-522-3209
 625 I St., Modesto
 Food and meals program Monday through Friday. Emergency food based on the need of the family.

<p>Modesto Red Shield Community Center 1649 Las Vegas St., Modesto Mon, Wed, Fri: 8:30 a.m. – 6:30 p.m. Commodities distribution 2nd Monday of the month.</p>	<p>209-538-7111</p>
<p>Salvation Army – Turlock Community Center 893 Lander Ave., Turlock Pantry services available Monday through Thursday.</p>	<p>209-677-6091</p>
<p>Seventh Day Adventist 1614 H St., Modesto Distribute food every Tue: 10:00 a.m. – 2:00 p.m.</p>	<p>209-521-6460</p>
<p>St. Jude’s – St. Vincent De Paul 3824 Mitchell Rd., Ceres Mon & Wed 3:30 p.m. – 4:30 p.m. ID for every person in the household. Social security card for the children. Proof of income and residence such as a utility bill with address).</p>	<p>209-537-0516</p>
<p>St. Stanislaus Church – St. Vincent De Paul 709 J St., Modesto</p>	<p>209-524-4381 209-524-0983</p>
<p>Food vouchers and utility bill assistance done by appointment only on Tuesday and Thursday 10:00 a.m. – 2:00 p.m.</p>	<p>Call for Appointment</p>
<p>United Samaritans Foundation – Hughson 2413 3rd St., Hughson</p>	<p>209-883-9212</p>
<p>4th Mon & Thu 9:00 a.m. – 12:00 p.m. Requires proof of income, residence, and ID for each member in household.</p>	
<p>United Samaritans Foundation – Turlock 220 S. Broadway St., Turlock</p>	<p>209-668-4853</p>
<p>Mon – Fri: 8:30 a.m. – 4:30 p.m. Daily Bread Ministries serve a free lunch five days a week. Drop-in homeless services to wash clothes and shower. Mon – Fri: 8:30 a.m. – 11:00 a.m. Emergency food boxes the last Tuesday and Friday of the month from 9:00 a.m. – 12:00 p.m. Call for all options.</p>	
<p>United Way Information Referral (211 Stanislaus) Food, shelter, employment services, housing, health care, counseling, financial aid, and other resources available 24/7. www.uwaystan.gov</p>	<p>209-572-2255 or 211</p>

HEALTH EDUCATION

American Heart Association 2007 O St., Sacramento Emergency Cardiac Care Customer Support Center.	www.heart.org	209-477-2683
American Lung Association 333 Hegenberger Rd., Ste. 450, Oakland Smoking cessation classes and information to promote respiratory health.	www.lung.org	510-638-5864
American Red Cross 1230 6 th St., Modesto Adult and infant CPR, lifeguard, safe food classes, fees vary.	www.redcross.org	209-523-6451
Community Hospice 4368 Spyres Way, Modesto Provides classes for caregivers.	www.hospiceheart.org	209-578-6300
Emanuel Medical Center 825 Delbon Ave., Turlock	www.emanuelmedicalcenter.org	209-664-2580
Family Resource Center 5250 Claremont Ave., Ste. 48, Stockton Info and advocacy for children with genetic and medical disorder, and parent support by appointment only. Childcare referral services.	www.frcn.org Tue – Fri: 8:30 a.m. – 2:30 p.m.	209-472-3674
Health Service Agency (HSA) Information Line 830 Scenic Dr., Modesto Toll free line that promotes greater access to information about health care providers, health related programs, and referrals to community health and social services over the phone.		800-834-8171
Maino Community Health Library 1700 McHenry Ave., Ste. 60-B, Modesto Mon – Fri: 8:30 a.m. – 5:00 p.m. The library is a free medical research library open to the community. It has computer health databases featuring full text articles, books, magazine, videos, and textbooks in English and Spanish.		209-523-0732
Memorial Medical Center – Education Department 1700 McHenry Ave., Ste. 60-B, Modesto Mon – Fri: 7:00 a.m. – 5:00 p.m. Health education and conference center.		209-548-7880

Memorial Medical Center – Health Center		209-572-7262
1800 Coffee Rd., Ste. 30, Modesto		
Mon – Fri: 8:00 a.m. – 4:30 p.m.		
Education on diabetes, cardiac rehab, pulmonary rehab, congestive heart failure and bariatric program. www.memorialmedicalcenter.org		
Oak Valley Hospital Community Programs	www.oakvalleycares.org	209-847-5121 ext.10
1405 W. F St., Ste. A, Oakdale		
Mon & Wed: 9:00 a.m. – 4:00 p.m. and Tues & Fri: 9:00 a.m. – 1:00 p.m.		

BREASTFEEDING EDUCATION AND SUPPORT

Community Health Services		209-558-7400
Provide breastfeeding support from a nurse or a certified lactation specialist.		
		800-834-8171
Emanuel Medical Center		209-664-2666
Classes and lactation support available. Walk-Ins OK. Tue: 1:00 p.m. – 3:00 p.m.		
Infant Risk Center	www.infantrisk.com	806-352-2519
Medication used during pregnancy and breastfeeding.		
Mon – Fri: 8:00 a.m. – 5:00 p.m.		
La Leche League	www.lalecheleague.org	877-452-5324
Toll Free Help Line. Meetings are held on the 3 rd Tuesday of the month		
from 10:30 a.m. – 12:00 p.m.	Call Susan in Ceres for details	209-537-1243
Memorial Medical Center – Health Center		
1800 Coffee Rd., Modesto		
Breastfeeding assistance program, including breast pumps and breastfeeding		209-572-7210
101 classes. Walk-ins welcome. Mon – Fri: 1:30 p.m. – 3:30 p.m.		
Lactation consultant available in Suite 30. Mon – Fri: 9:30 a.m. – 12:00 p.m.		209-572-7262
WIC Program (for WIC Clients)	Information	209-558-7377
WIC Breastfeeding Warm Line - messages are answered during working hours.		209-525-4838

PERINATAL EDUCATION

California Teratogen Information Service (CTIS)	www.mothersbabyca.org	866-626-6847
For information or questions regarding the effects of medications, illnesses, drugs, and other environmental agents on pregnancy and breastfeeding.		
Text available (855) 999-3525.		

Emanuel Medical Center Education Line 209-664-2580
825 Delbon Ave., Turlock Mon – Fri: 7:00 a.m. – 3:15 p.m.

Support Group Sites in Stanislaus County:

- Airport Parent Resource Center 209-549-8193
- Ceres Partnership 209-541-0101
- Grayson/Westley Family Resource Center 209-894-3188
- Hughson Family Resource Center 209-883-2027
- Newman Family Resource Center 209-862-0295
- North Modesto/Salida Family Resource Center 209-338-0279
- Oakdale Family Resource Center 209-847-0420
- Patterson Family Resource Center 209-690-3100
- Turlock Family Resource Center 209-668-6118
- West Modesto Community Collaborative 209-522-6902

Keep Baby Safe (KBS) Program 209-342-3459
Car seat safety education offered in English and Spanish.

Memorial Medical Center – Health Center 209-572-7262
1800 Coffee Rd., Ste. 30, Modesto
www.memorialmedicalcenter.org

Oak Valley Women’s Health Center 209-847-3011
1420 W. H St., Oakdale
www.oakvalleycares.org

Parent Resource Center 209-549-8193
811 5th St., Modesto
Support and education for pregnant women, parenting teens, women,
and their partners.

HEALTH INSURANCE INFORMATION

AARP Offers supplemental insurance in 50 states (transferable) and Medi-Cal Access Program. www.aarpmedicaresupplement.com	844-775-1729
California Dept. of Insurance (Consumer Info & Complaints) Mon – Fri: 8:00 a.m. – 5:00 p.m. Call for information. www.insurance.ca.gov	800-927-4357
Ceres Healthy Start 2491 Lawrence St., Ceres Able to refer parents for assistance with health insurance applications for children. Free health clinic every 2 nd Wednesday of the month from 11:00 a.m. – 1:00 p.m.	209-556-1559 Mon – Fri: 8:00 a.m. – 3:00 p.m.
Community Assistance Program Outreach program that distributes discount prescription drug cards free of charge. www.Caprxprogram.org/actnow	Website Only
Community Services Agency (CSA) 251 E. Hackett Rd., Modesto For Cal-Works, Cal-Fresh (Food Stamps), WIC, Foster Care, Medi-Cal, StanWORKS, Welfare-to-Work, Adult Protective Services, Child Protective Services, and In-Home-Support Services.	877-652-0734 www.csa-stanislaus.com
CSA SATELLITE OFFICES: Call main number for days and hours of operations <ul style="list-style-type: none">• Hughson: 2413 3rd St.• Modesto: 401 Paradise Rd.• Oakdale: 1401 W. F. St.• Turlock: 101 Lander Ave.• Turlock: 275 3rd St.	877-652-0734
Covered California California's health insurance online market for individuals, families, and small businesses. Apply for coverage, shop, and compare. It also provides Medi-Cal information.	888-975-1142 800-300-1506 www.coveredca.com
Health Net (HN) 251 E. Hackett Rd., Modesto Care managed plan for Medi-Cal members in Stanislaus County.	800-327-0502

<p>Health Plan of San Joaquin (HPSJ) 1025 J St., Modesto Care managed plan for Medi-Cal members in Stanislaus County. It also administers the MCAP program in Stanislaus County.</p>	888-936-7525
<p>HICAP (Health Insurance Counseling and Advocacy Program) 3500 Coffee Rd., Ste. 19, Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m. Assistance with general Medicare information, counseling, and advocacy for elders. www.agingservices.info</p>	209-558-4540
<p>Medi-Cal Access Program (MCAP) Formerly known as AIM (Access for Infants and Mothers). MCAP is California’s insurance program for mid-income pregnant women and their children up to age 2 that are not eligible for no cost Medi-Cal or pay over \$500.00 maternity deductible or co-payment.</p>	800-433-2611
<p>Medi-Cal Information – Outreach Line (Information and mail-in application)</p>	888-747-1222
<p>Medi-Cal Main Office (CSA) 251 E. Hackett Rd., Modesto Mon - Fri: 8:00 a.m. – 5:00 p.m. Medi-Cal is a health care program for low-income residents of California. Eligibility determined by income and assets.</p>	877-652-0734
<p>Medically Indigent Adult (MIA) Program 830 Scenic Dr., Modesto Health care program for adults 21 – 65 years who earn a low income, are uninsured, and live in Stanislaus County.</p>	209-558-7232

HOSPITALS

<p>Central Valley Specialty Hospital 730 17th St., Modesto www.centralvalleyspecialty.org</p>	209-248-7700
<p>Doctors Medical Center 1441 Florida Ave., Modesto www.dmc-modesto.com</p>	209-578-1211
<p>Doctors Behavioral Health Center 1501 Claus Rd., Modesto www.dbhc-modesto.com</p>	209-557-6300

Emanuel Medical Center 825 Delbon Ave., Turlock www.emanuelmedicalcenter.org	209-667-4200
Kaiser Hospital 4601 Dale Rd., Modesto www.kaiserpermanente.org	209-557-1000
Memorial Medical Center 1700 Coffee Rd., Modesto www.memorialmedicalcenter.org	209-526-4500
Oak Valley Hospital 350 S. Oak Ave., Oakdale www.oakvalleycares.org	209-847-3011

HOUSING

Bethany's House 3048 Hahn Dr., Modesto Housing for pregnant women, 18 years and older, who are facing a crisis or unplanned pregnancy and need support and a place to live. www.bethany.org/modesto	209-526-3342
Central Valley Opportunity Center (C.V.O.C) 1801 H Street, Ste. A4, Modesto Offers housing, emergency shelter, and other services to support families at risk of losing their home. Mon – Fri: 8:00 a.m. – 5:00 p.m. www.cvoc.org	209-577-3210
Community Housing & Shelter Services 708 H St., Ste. B, Modesto Temporary shelter, housing counseling, and rental assistance for families in emergency situations. Mon – Fri: 9:00 a.m. – 4:00 p.m.	209-527-0444
Community Impact Central Valley 817 10 th St., Modesto Provides transitional and permanent housing for individuals and families experiencing homelessness, or those at risk. Several programs available for individuals diagnosed with HIV. Mon – Fri: 9:00 a.m. – 4:00 p.m. www.communityimpactcv.org	209-572-2437
Environmental Resources, Stanislaus County 3800 Cornucopia Way, Ste. C, Modesto Mon – Fri: 7:30 a.m. – 5:00 p.m.	209-525-6700

Services: Foodborne illness complaints, restaurant inspections in Stanislaus County, hazard material disposal, and housing complaints from tenants.

www.stancounty.com/er

Family Promise 209-549-9454

2301 Woodland Ave., Ste. 7-8, Modesto www.modestofamilypromise.org

Provides shelter, meals, and hope to local families in need. Assistance with finding a permanent home. Email: director@modestofamilypromise.com

Haven Women’s Center – Modesto 24-Hour Crisis Hotline 209-577-5980

618 13th St., Modesto www.havenwcs.org

Emergency shelter for physically abused women and children. Provides peer support, support groups, and other programs for ages 6-17 years. 888-45HAVEN
888-454-2836

Haven Women’s Center – Turlock 209-664-9131

1301 Starr Ave., Turlock www.havenwcs.org

Emergency shelter for physically abused women and children. Provides peer support, support groups, and other programs for ages 6-17 year.

209-557-2000

Housing Authority of Stanislaus County

1701 Robertson Rd., Modesto

Mon - Fri: 8:30 a.m. – 5:00 p.m.

Provides decent, safe, and affordable rental housing and home ownership for low-income families. Section 8 and Family Self-Sufficiency programs have a waiting list. www.stancoha.org

Hutton House 24-Hour Crisis Line 209-526-1623

201 Jennie St., Modesto

Temporary shelter for runaway, homeless, and youth in crisis who are 13 – 17 yrs. Crisis support for human trafficking victims, abused youth, and homeless teens.

www.centerforhumanservices.org

Modesto Union Gospel Mission 209-529-8259

1400 Yosemite Blvd., Modesto

Shelter for men, women, and children. Breakfast at 6:30 a.m. and dinner at 7:30 p.m. every day. Other services provided: evening homeless clinics, community clothes closet, and high school diploma program. Staff available 24 hours.

www.modestogospelmission.org

Pathways 209-526-3809

608 E. Granger Ave., Apt. 25, Modesto

Mon – Fri: 8:00 a.m. – 5:00 p.m.

Transitional living and supportive services program for youth ages 18-21 years who are homeless. Services include job training, employment related services, counseling, case management, and independent living skills.

www.centerforhumanservices.org

Redwood Family Center – California Ave. Facility 209-550-7352
1030 California Ave., Modesto
Faith based transitional housing for women in recovery from addictions

(SUD recovery) and their children up to 12 years of age. Staff available 24 hours.
Accepts CPS cases as well. Graduate housing for individuals who have completed this phase of their recovery.

www.valleyrecoveryresources.com

Redwood Family Center – Corson Ave. Facility 209-521-1805
416 Corson Ave., Modesto
Faith based transitional housing for women in recovery from addictions (SUD recovery) and their children up to 12 years of age. Staff available 24 hours.
Accepts CPS cases as well. Graduate housing for individuals who have completed this phase of their recovery.

www.valleyrecoveryresources.com

IN-HOME CARE AND NURSING

Addus 209-526-8451
1701 Coffee Rd., Modesto www.addus.com
Cost effective in-home care for elders providing assistance with activities of daily living such as bathing, dressing, meal preparation, housekeeping, etc.

Catholic Charities – Services for Seniors and Caregivers 209-593-6115
2351 Tenaya Dr., Ste. D, Modesto
Senior services include Friends Visiting Program, homemaker services, Meals on Wheels, Ombudsman Program, senior options case management, elder abuse prevention, and transportation.

Community Hospice 209-578-6300
4368 Spyras Way, Modesto www.hospiceheart.org
Compassionate and quality care, education, and support for terminally ill patients and their family regardless of ability to pay.

Covenant Care at Home 209-250-5200
125 N. Broadway St., Ste. 1B, Turlock www.covenantcareathome.org
Medicare-certified home health provider for elders.

Elder Care Locator 800-677-1116
Phone and online elder care locator and referrals to state and local agencies for elders and their families. www.eldercare.gov

Interim Health Care	209-577-4625
1521 N. Carpenter Rd., Ste. D1, Modesto www.interimhealthcare.com Help older adults to maintain independence in their own home by providing their health care needs and daily living assistance.	
Mid Valley Health Services	209-531-1858
2800 Mitchell Rd., Ste. S, Ceres www.midvalleyhealthservices.com Home infusion, enteral feeding, Synagis therapy, and delivery of special formula.	
Rescare Homecare	209-523-9130
1101 Sylvan Ave., Ste. C210, Modesto www.rescare.com Provides home care aides serving mostly elders and individuals with disabilities. Private pay and long-term care insurance only.	
Visiting Home Nurses Association (Sutter Care at Home)	209-571-1055
1316 Celeste Dr., Ste. 140, Modesto www.suttercareathome.org Advanced illness management, home health care, and infusion therapy.	

LEGAL AID

Affordable Legal Aid	209-571-2400
1026 McHenry Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Family law, bankruptcy information, child support orders, custody, visitation modification, and other low-cost services such as wills, guardianship, and adoption. Evening appointments are available. www.affordablelegalaid.us	
California Dept. of Fair Employment & Housing	Recording 800-884-1684
Protection from unlawful discrimination in employment, housing, and public accommodations. Protection from hate violence and human trafficking. www.dfeh.ca.gov Email: contact.center@dfeh.ca.gov	
California Document Service	209-537-0359
2600 E. Whitmore Ave., Ste. 1, Ceres Assistance with legal document preparation only. No legal aid or attorney on site. Fee for service. Mon – Fri: 9:00 a.m. – 5:00 p.m.	
California Rural Legal Assistance (CRLA)	209-577-3811
1111 I St., Ste. 310, Modesto www.crla.org Mon, Tue, Thu, Fri: 9:00 a.m. – 5:00 p.m. & Wed: 9:00 a.m. – 2:00 p.m. Free legal service program helping low-income individuals, families, and communities. Legal assistance concerning housing, labor and employment, rural health, education, and sexual harassment prevention.	

Catholic Charities Immigration Legal Services		209-444-5910
2351 Tenaya Dr., Ste. D, Modesto Mon – Fri: 8:30 a.m. – 4:30 p.m. Provides low-cost consultations, legal counseling, and tutoring services to assist permanent residents achieve US citizenship.		
Department of Child Support Services	24-Hour Information Line	866-901-3212
251 E. Hackett Rd., Modesto Office is open from Mon – Thu: 7:00 a.m. – 6:00 p.m. To speak to a representative, call Mon – Fri: 8:30 a.m. – 4:30 p.m.		
El Concilio		209-523-2860
1314 H St., Modesto www.elconcilio.org Provides help with completing immigration paperwork and citizenship classes.		
Haven Women’s Center – Modesto	24-Hour Crisis Line	209-577-5980
618 13 th St., Modesto Assists with restraining orders for victims of domestic violence. No lawyer on-site.		
Haven Women’s Center – Turlock		209-664-9131
301 Star Ave., Turlock Can only assist with restraining orders for victims of domestic violence.		
Juvenile Probation Dept.		209-525-5400
2215 Blue Gum Ave., Modesto www.stancounty.com/probation		
Office of Family Law Facilitators		Walk-In Service
800 11 th St., Room 220, Modesto Email: self.help@stanct.org Mon – Thu: 8:00 a.m. – 12:00 p.m. & Fri: 1:00 p.m. – 4:00 p.m. Free assistance (procedural guidance and legal forms) to individuals in a legal action who do not have an attorney in paternity actions, child and spousal support.		
Project Sentinel		888-324-7468
1231 8 th St., Ste. 410, Modesto Mon – Fri: 9:00 a.m. – 4:00 p.m. Tenant-landlord assistance, complaints of discrimination (fair housing), and mortgage counseling.		
Senior Law Project	www.senioradvocacynetwork.org	209-577-3814
1314 G St., Modesto Mon – Thu: 9:00 a.m. – 5:00 p.m. Provides free legal services in various civil law matters such as landlord, tenant, public benefits, labor, and education to residents 60 and older.		

Senior Legal Hotline 800-222-1753
Free legal advice for elders.

Small Claims Court Advisory 209-530-3178
800 11th St., Rm. 220, Modesto Mon – Fri: 8:00 a.m. – 4:00 p.m.

Stanislaus County Clerk Recorder’s Office 209-525-5250
1021 I St., Modesto Mon – Fri: 8:00 a.m. – 4:00 p.m.
Provides legal document assistance, issues copies of birth, death, and marriage certificates and licenses. Performs civil marriage ceremonies and maintains divorce records.

STANISLAUS COUNTY LAW ENFORCEMENT – NON-EMERGENCY BUSINESS LINES

- **Ceres Police Department** Mon – Fri: 8:00 a.m. – 5:00 p.m. 209-538-5712
- **Hughson Police Department** Mon – Fri: 8:00 a.m. – 5:00 p.m. 209-883-4052
- **Modesto Police Department** 209-572-9500
Mon – Tue: 8:00 a.m. – 5:00 p.m. & Wed – Thu: 8:00 a.m. – 6:00 p.m.
- **Newman Police Department** Mon – Fri: 8:00 a.m. – 4:00 p.m. 209-862-2902
- **Oakdale Police Department** 24 hours – 7 days a week 209-847-2231
- **Patterson Police Department** Mon – Fri: 8:30 a.m. – 4:30 p.m. 209-892-5071
- **Riverbank Police Department** Mon – Fri: 8:00 a.m. – 5:00 p.m. 209-869-7162
- **Sheriff’s Office - Patrol Operations** 209-525-7188
- **Turlock Police Department (Incl. Animal Control)** 24 hours – 7 days a week 209-668-1200
- **Waterford Police Department** Mon – Fri: 8:00 a.m. – 5:00 p.m. 209-874-2349

Stanislaus County Lawyers Referral Service 209-571-5727
804 14th St., Modesto Mon – Fri: 9:00 a.m. – 5:00 p.m.
\$50 for initial ½ hour consultation. Need to pay a non-refundable fee when scheduling the appointment with credit or debit card.

Stanislaus County Mediation Center 888-324-7468
1231 8th St., Ste. 425, Modesto Mon – Fri: 9:00 a.m. – 4:00 p.m. 209-236-1577
Counseling and mediation to resolve tenant-landlord or neighbors dispute, day of trial in court mediation services for small claims, and unlawful detainer hearings.

Stanislaus County Victims Services	209-525-5541
832 12 th St., Ste. 300, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Provides sensitive treatment, information, and resources for crime victims throughout the criminal justice process.	
Stanislaus Family Justice Center	209-525-5130
1625 I St., Modesto Mon – Fri: 8:30 a.m. – 5:00 p.m. Multi-disciplinary services and support for domestic violence, elder abuse, child abuse, and sexual assault. www.stanislausfamilyjustice.org	
Superior Court of California, County of Stanislaus	209-530-3100
800 11 th St., Modesto Mon – Fri: 8:00 a.m. – 4:00 p.m. The Self Help Center and Office of the Family Law Facilitator provides assistance in representing you in child support and family law matters. In addition, they can assist you in selecting the proper legal forms and instructions for completing, filing, and serving paperwork for family and civil law. www.stanct.org	
United States Citizenship & Immigration Service	800-375-5283
www.unicis.gov Mailing address: USCIS 1177 Fulton Mall, Fresno, CA 93721-2816	
Forms and information on website:	800-767-1833
For Hearing Impaired	209-523-4562
United Way	
www.ustan.org 422 McHenry Ave., Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m. Call for appointment if you are court mandated for community services.	
Vital Records Services	209-558-8070
820 Scenic Dr., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Reviews and registers all births, deaths, and fetal deaths that occur in Stanislaus County. Issues certified birth and death copies when requested in person or by mail, as well as permits for disposition of human remains. Must have appropriate forms completed and pay current fee. <i>To receive a certified copy of a birth or death older than 1 year, please contact the County Clerk Recorder's Office at 525-5250. For divorce records please contact the Superior Court of California, Stanislaus County at 558-6000.</i>	

MEDICAL SERVICES

All for Kids	209-497-6767
1524 McHenry Ave., Ste. 520, Modesto Provides services for children. Accepts Medi-Cal and private insurance.	

<p>Aspen Family Medical Group 2501 McHenry Ave., Ste. F, Modesto Serving children with Medi-Cal insurance.</p>	<p>209-522-9054</p>
<p>Bentley Health Center 12619 Bentley St., Waterford www.visitlch.org Medical services for children and adults. Accepts most insurances, including Medi-Cal. Offers a sliding fee scale for individuals without insurance. Mon & Wed: 9:00 a.m. – 6:00 p.m. Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.</p>	<p>209-442-6200</p>
<p>Bhinder, Jagmohan MD 1860 Colorado Ave., Turlock Serving children with Medi-Cal.</p>	<p>209-669-1692</p>
<p>Cancer Detection Program – Every Woman Counts Free mammogram for women aged 40 yrs. and older, and free cervical cancer screen for women 21 yrs. and older. Eligibility needs to be met.</p>	<p>800-511-2300</p>
<p>Cedar Family Practice 12700 Welch St., Waterford Mon – Fri: 8:30 a.m. – 5:00 p.m. Provides primary care services for families. Accepts Medi-Cal.</p>	<p>209-874-2345</p>
<p>Child Health & Disability Prevention (CHDP) Program Provides no cost health exams for children from birth through age 20 who are receiving Medi-Cal. Children under age 18 who are low-income and have no insurance may be eligible through the CHDP Gateway enrollment process.</p>	<p>209-558-8860</p>
<p>Del Puerto Health Center 1700 Keystone Pacific Pkwy., Ste. B, Patterson www.dphealth.org Mon – Fri: 8:30 a.m. – 6:30 p.m. & Sat: 8:30 a.m. – 12:30 p.m. Family practice and well child exams. Medi-Cal accepted.</p>	<p>209-892-9100</p>
<p>Del Valle Clinic 2116 E. Orangeburg Ave., Ste. C, Modesto Family practice for individuals without health coverage. Services in Spanish and English. Not accepting Medi-Cal or private insurance. \$65.00 for consultation. Performs minor surgery such as circumcision, vasectomy, and immigration health exams. Call for more details. Mon – Fri: 8:00 a.m. – 5:00 p.m.</p>	<p>209-589-1500</p>
<p>Esho, Maryam MD 1729 N. Olive Ave., Ste. 7, Turlock Serving children 0 – 18 years with Medi-Cal and private insurance. Services in English and Spanish. Mon – Fri: 8:00 a.m. – 5:00 p.m.</p>	<p>209-668-6900</p>

Family First Medical Care 209-522-3362
1317 Oakdale Rd., Ste. 440, Modesto
Family practice accepting all patients with Medi-Cal, Medi-Care and private insurance. Sliding scale for individuals without insurance. Services in English and Spanish. Mon – Fri: 9:00 a.m. – 6:00 p.m.

Goel, Krishan MD 209-667-0905
1100 Delbon Ave., Turlock
Pediatric services specializing in adolescent health. Accepts new patient with private insurance. Mon – Thu: 9:00 a.m. – 7:00 p.m., Fri: 9:00 a.m. – 5:00 p.m. & Sat: 9:00 a.m. – 4:00 p.m.

Golden Valley Health Centers www.gvhc.org 866-682-4842
All phases of medical care, sliding fee scale, and Medi-Cal accepted. Clinics located in Ceres, Modesto, Newman, Patterson, Riverbank, Turlock, and Westley. Toll free line to get information and set appointments for all clinics.

Krishnamoorthi, K. MD 209-874-2321
324 F St., Waterford
Internal medicine serving families in the community of Waterford and surrounding communities. Accepts Medi-Cal and private insurance.

Las Palmas Health Center www.visitlch.org 209-837-3990
1010 W. Las Palmas Ave., Patterson
Mon & Wed: 9:00 a.m. – 6:00 p.m. Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.
Medical services for children and adults. Accepts most insurances, including Medi-Cal. Offers a sliding fee scale for individuals without insurance.

Medical Referrals

Provides referral to doctors accepting new patients:

- **Emanuel Medical Center** www.emanuelmedicalcenter.org 209-664-5920
- **Memorial Medical Center** www.memorialmedicalcenter.org 209-525-3111
- **Oak Valley Hospital Clinic** www.oakvalleyhospital.co 209-847-8140
Ext. 2
- **Stanislaus Medical Society** www.stanislausmedicalsociety.com 209-527-1704

Newman Medical Clinic 209-862-3604
1349 Main St., Newman
Primary health care services. Accepts Medi-Cal and provides low-cost services for individuals living in Newman and surrounding areas.

<p>Oak Valley Community Health Center 1420 W. H St., Oakdale Primary health care services. Accepts Medi-Cal and provides low-cost (sliding scale) services. Mon – Sun: 8:00 a.m. – 6:00 p.m.</p>	<p>www.oakvalleycares.org</p>	<p>209-848-4180</p>
<p>Oak Valley Women’s Health Center 1420 W. H St., Oakdale Pregnancy testing, prenatal care, family planning, and cancer detection program. Medi-Cal accepted. Mon – Fri: 8:00 a.m. – 5:00 p.m.</p>	<p>www.oakvalleycares.org</p>	<p>209-848-4180</p>
<p>Pathway Healthcare 190 S. Oak St., Bldg. 2, Ste. 1, Oakdale Pregnancy testing, family practice, and birth control. Accepts Medi-Cal from Health Plan of San Joaquin (HPSJ). Mon – Thu: 8:00 a.m. – 5:00 p.m. & Fri: 8:00 a.m. – 12:00 p.m.</p>	<p>www.pathway-hc.com</p>	<p>209-848-8410</p>
<p>Planned Parenthood Mar Monte 1431 McHenry Ave., Ste. 100, Modesto Pregnancy testing, family planning, and prenatal care. Accepts private and Medi-Cal Insurance. www.plannedparenthood.org</p>	<p>Appointment Line</p>	<p>800-711-9848 209-574-5900</p>
<p>Public Health Services 820 Scenic Dr., Modesto Provides a range of services including immunizations (TB testing/treatment and travel vaccinations), STD testing and treatment, as well as HIV anonymous and free testing. Consultation services by appointment only.</p>		<p>209-558-7700</p>
<p>Riverbank Community Health Center 2603 Patterson Rd., Ste. 3, Riverbank Mon – Sun: 8:00 a.m. – 6:00 p.m. Primary health care services. Accepts Medi-Cal and private insurance except HMOs and Kaiser. Low-cost services available for uninsured persons.</p>	<p>www.oakvalleycares.com</p>	<p>209-869-8102</p>
<p>St. Luke’s Family Practice 1700 McHenry Village Way, Ste. 2, Modesto Provides medical care for Stanislaus residents who don’t have insurance or are not eligible for government programs such as Medi-Cal. Donations for service accepted. Mon, Tue, Thu, & Fri: 8:15 a.m. – 12:00 p.m. & 1:15 p.m. – 5:00 p.m.</p>	<p>www.stlukesfp.org</p>	<p>209-549-1057</p>
<p>Sierra Health Center 1801 Tully Rd. Ste. F-1, Modesto Primary health care center. Mon – Fri: 8:30 a.m. – 5:30 p.m.</p>		<p>209-526-5770</p>

<p>Sutter Gould Ceres Care Center 2516 E. Whitmore Ave., Ceres Serves children with Medi-Cal.</p>	<p>209-538-1733</p>
<p>VA Modesto Clinic and Lab 1225 Oakdale Rd., Modesto Mon – Fri: 6:30 a.m. – 4:00 p.m. Medical services and lab tests for veterans only</p>	<p>209-557-6200</p>
<p>Valley Oak Pediatrics 4120 Prescott Rd., Oakdale Serving children with Medi-Cal insurance.</p>	<p>209-544-7300</p>
<p>Waterford Community Health Center 12146 Yosemite Blvd., Waterford Mon – Fri: 8:00 a.m. – 6:30 p.m. Primary care services for families in Waterford and neighboring communities. Accepts Medi-Cal. Offers a sliding fee scale for individuals without insurance.</p>	<p>209-874-9254</p>
<p>Wahid, Ali MD 1108 Ward Ave., Bldg. A, Ste. 1, Patterson Mon: 8:00 a.m. – 8:00 p.m. & Tue – Fri: 8:00 a.m. – 5:00 p.m. Provides primary care services for families. Accepts major insurances including Health Net Medi-Cal and Medicare. Accepting new patients. www.wahidmedical.com</p>	<p>209-892-1300</p>
<p>STANISLAUS COUNTY CLINICS – HEALTH SERVICES AGENCY All clinics accept Medi-Cal and can serve uninsured on a sliding scale fee. Mon – Fri: 8:00 a.m. – 5:00 p.m. except Urgent Care, and the teen clinic.</p>	<p>209-558-7000</p>
<p>Modesto</p>	
<p>Family and Pediatric Health Center 830 Scenic Dr., Ste. A, Modesto</p>	<p>209-558-8400</p>
<p>McHenry Medical Office 1209 Woodrow Ave., Ste. B-10, Modesto</p>	<p>209-558-5312</p>
<p>Paradise Medical Office 401 Paradise Rd., Ste. E, Modesto</p>	<p>209-558-4000</p>
<p>Teen Clinic www.teensource.org 1209 Woodrow Ave., Ste. B-10, Modesto Thu: 3:00 p.m. – 7:00 p.m. Confidential reproductive services and peer counseling.</p>	<p>209-558-7212</p>

Urgent Care, Paradise Medical Office 401 Paradise Rd., Modesto Mon – Fri: 5:30 p.m. – 9:30 p.m. Sat – Sun: 10:00 a.m. – 6:00 p.m.	209-558-7000
Physical Rehabilitation Services 1524 McHenry Ave., Ste. 330, Modesto	209-558-7085
Specialty Clinics 1524 McHenry Ave., Ste. 300, Modesto	209-558-7036

MENTAL HEALTH & SUBSTANCE USE DISORDER

Access Line, BHRS Access to mental health assessments, intake, and referral to treatment for Medi-Cal recipients. Mon – Fri: 8:15 a.m. – 4:30 p.m.	888-376-6246
Aspiranet 420 E. Canal St., Turlock Behavioral health services for children, adolescents, youth, and families.	209-668-6121
Bentley Health Center 12619 Bentley St., Waterford Provides mental health and substance abuse services for individuals and families. Most insurances accepted, including Medi-Cal. Offers a sliding fee scale for individuals without insurance. Mon & Wed: 9:00 a.m. – 6:00 p.m. Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.	209-442-6200
CERT Team, BHRS Emergency psychiatric services 24/7 including psychiatric evaluations.	209-558-4600
Center for Human Services 2000 W. Briggsmore Ave., Ste. I, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Child, family and adult counseling, group support for anger management, and childhood depression. Services offered based on income and ability to pay. Medi-Cal accepted. www.centerforhumanservices.org	209-526-1440 209-526-1476
Ceres Partnership 1317 Grandview Ave., Ceres Mon – Fri: 8:00 a.m. – 5:00 p.m. Family resource center has available mental health services for children, families, and adults. Accepts Medi-Cal.	209-541-0101
Community Impact Central Valley 817 10 th St., Modesto Mon – Fri: 9:00 a.m. – 4:00 p.m. HIV education and support groups in English and Spanish, assessment and counseling for individuals diagnosed with HIV. www.communityimpactcv.org	209-572-2437

<p>Corner of Hope Clinic 1130 6th St., Modesto Specializes in outreach and services for homeless individuals and families who are insured with Medi-Cal or uninsured. Services include family practice, health education, mental health services, and medications. These services are provided regardless of their ability to pay.</p>	<p>866-682-4842</p>
<p>Doctors Behavioral Health Center 1501 Claus Rd., Modesto Visiting Hours: Mon – Sun: 6:00 p.m. – 8:00 p.m. Behavioral health hospital open 24 hours. Provides hospitalizations and treatment for individuals 18 years and older experiencing a psychiatric crisis.</p>	<p>209-557-6300</p>
<p>Empowerment Center, Turning Point Community Programs 1001 Needham St., Modesto Mon – Fri: 7:30 a.m. – 3:00 p.m. Must be 18 years of age or older, resident of Stanislaus County, and have a diagnosed mental illness or be the family member of someone with a mental illness.</p>	<p>209-544-1913</p>
<p>Family Partnership Center 421 E. Morris Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Provides mental health counseling for children and their caregivers experiencing emotional, behavioral, learning, social, and educational challenges. No charge for services.</p>	<p>209-558-8550</p>
<p>First Step Program – Perinatal Services 1700 McHenry Village, Ste. 16, Modesto A drug and alcohol treatment program for pregnant, postpartum, and parenting women and their children 0 – 5 yrs. of age. Assists and supports women to recover from addictions to improve their health and their family’s well-being.</p>	<p>209-527-3270</p>
<p>Golden Valley Health Centers – Behavioral Health Services Provides individual and group therapy for adults and children, psychiatric care, and case management in the following locations. Call appointment line.</p> <ul style="list-style-type: none"> • Florida North: 1540 Florida Ave., Modesto • Women’s Health: 1500 Florida Ave., Modesto • Hanshaw Office: 1717 Las Vegas St., Modesto • Robertson Road: 1121 Hammond St., Modesto • West Modesto: 1114 6th St., Modesto • Patterson Clinic: 200 C St., Patterson 	<p>866-682-4842</p>

<p>Las Palmas Health Center 1010 W. Las Palmas Ave., Patterson Mon & Wed: 9:00 a.m. – 6:00 p.m. and Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m. Provides mental health and substance abuse services for individuals and families. Most insurances accepted, including Medi-Cal. Offers a sliding fee scale for individuals without insurance.</p>	<p>209-837-3990</p>
<p>Leaps and Bounds, BHRS 4640 Spyres Way, Ste. 7, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Counseling program for children 0 – 5 years of age and their parents. Parent/child therapy, play therapy, education on child development, and assistance accessing mental health services.</p>	<p>209-558-4595</p>
<p>Mental Health Prevention and Early Intervention, BHRS 800 Scenic Dr., Modesto Mental health prevention programs and services for Stanislaus County residents including community programs, brief counseling, student mental health, mental health stigma reduction education, and suicide prevention.</p>	<p>209-525-5315</p>
<p>Mental Health Warm Line, BHRS Mental health peer support over the phone.</p>	<p>209-558-4600</p>
<p>Modesto Recovery Services, BHRS 500 N. 9th St., Ste. A, Modesto Mental health assessment, treatment, and wellness services including psychiatric medications, case management, and referrals to wellness services and substance use disorder services and supports.</p>	<p>209-558-4598</p>
<p>Parents United Mental health services and support groups for victims of child sexual assault and sex offenders. Medi-Cal plans and private insurance accepted.</p>	<p>209-524-4858</p>
<p>Patterson Family Resource Center 821 F St., Patterson Mon – Fri: 8:00 a.m. – 5:00 p.m. Mental health services for children, families, and adults. Other mental health services: include support groups for anger management, depression, recovery from substance use disorder (SUD), and referrals to higher system of mental health care. Medi-Cal and sliding scale fees accepted.</p>	<p>209-690-3100</p>
<p>Project Hope (Area Agency on Aging) Brief counseling home visitation program for seniors at risk of depression. Free mental health counseling and support for elders.</p>	<p>209-558-8698</p>

<p>RAIZ Mental Health Prevention Promotores Program 800 Scenic Dr., Modesto Mental health education, skill building through community support groups, and social connections for Spanish speaking Stanislaus residents at risk of developing a mental health condition. Program is provided in partnership with non-profit family resource centers in 12 areas of the county. Call for details.</p>	<p>209-525-5315</p>
<p>Sierra Vista Child and Family Services 100 Poplar Ave., Modesto Offers different programs in the community for individuals of all ages dealing with mental health illness, child abuse, or substance abuse.</p>	<p>209-523-4573</p>
<p>Substance Use Education and Prevention Services, BHRS 800 Scenic Dr., Modesto Education on alcohol and other drugs, substance use prevention education, students and athletes’ substance use prevention programs, and support groups for individuals in treatment/recovery.</p>	<p>209-525-5315</p>
<p>Telecare 121 Downey Ave., Ste. B, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Provides mental health services for individuals in Stanislaus County who have a severe mental illness and are high risk. Services available for uninsured, Medi-Cal, and Medicare. 18 years and older.</p>	<p>209-341-1824</p>
<p>Stanislaus County Behavioral Health & Recovery Services 2101 Geer Rd., Ste. 120, Turlock Mental health assessment, treatment, and wellness services including psychiatric medications, case management, referrals to wellness services, and substance use disorder services and supports.</p>	<p>209-664-8044</p>

NURSING HOME/BOARD & CARE INFORMATION

<p>California Department of Aging & Veterans and Services Assesses the needs of seniors and links elders to local services.</p>	<p>800-510-2020 Message 209-558-8698</p>
<p>Stanislaus Long Term Care Ombudsman Program 1506 H St., Modesto Advocates for the rights and quality care of residents at skilled nursing facilities, residential care facilities for the elderly, and those who attend adult day health care programs.</p>	<p>209-529-3784</p>

OPTOMETRISTS

MEDI-CAL ACCEPTING OFFICES

Ceres

Wing, Gerald & Associates 209-537-8971
1901 Mitchell Rd., Ste. C, Ceres
Provides optometric services for individuals 5 – 20 years with Medi-Cal.

Modesto

Central Valley Eye Medical Group 209-579-8800
1334 Nelson Ave., Modesto
Provides eye exams and other optometric services for all ages with Medi-Cal and private insurance.

Cushing, Gary O.D.
2911 E. Hatch Rd., Modesto
Serves individuals ages 4 yrs. and older. Accepts Medi-Cal, private insurance, and fee for services. English/Spanish 209-537-2359

Modesto Optometric Vision Center 209-521-1028
3601 Coffee Rd., Modesto
Serving individuals ages 6 months and older. Accepts Medi-Cal, private insurance, and fee for services. English/Spanish

Harder, Mark O.D. 209-526-9883
1150 W. Orangeburg Ave., Modesto
Serving minors up to 21 years with Medi-Cal. Not serving adults with Medi-Cal. All ages with private insurance.

Kramer, Eric I. O.D. 209-521-7771
1208 Floyd Ave., Ste. C9, Modesto
Provides optometric services to individuals 1 year and older with Medi-Cal.

Portillo, Richard O.D. 209-578-4885
1624 I St., Modesto
Provides optometric services to individuals 5 years and older with Medi-Cal. Accepting new patients and private insurance.

Stanislaus Vision Associates 209-524-4626
1700 McHenry Ave., Ste. 77, Modesto
Services individuals 5 yrs. and older (younger if vision problems). Accepts Straight Medi-Cal (No HN or HPSJ), private insurance, and fee for services. Spanish/Portuguese/English

Sylvan Eye Associates 209-575-2020
1011 Sylvan Ave., Ste. A, Modesto

Optometric services for individuals ages 5 yrs. and older. Accepts Medi-Cal, private insurance, and fee for services. English/Spanish

Vision Faire Optometry

209-545-3937

4213 Dale Rd., Ste. A-2, Modesto

Services for individuals ages 5 yrs. and older. Accepts Medi-Cal, private insurance, and fee for services. English/Spanish

All Optometric Family Vision Care

209-524-7870

1317 Oakdale Rd., Ste. 620, Modesto

Provide optometric services for all ages. Accepts Medi-Cal and private insurance. Mon – Thurs: 8:30 a.m. – 5:00 p.m., Fri: 9:00 a.m. – 1:00 p.m.

Patterson

Patterson Optometry Services

209-892-2161

46 S. Del Puerto Ave., Ste. A, Patterson

Services for individuals 21 years and younger. Services to adults limited to eye exams only. Accepts Medi-Cal and private insurance.

Medi-Cal does not cover glasses. Services in English and Spanish.

Mon/Wed/Thurs/Fri: 8:30 a.m. – 5:00 p.m., Tues: 8:30 a.m. – 6:00 p.m.

Turlock

Plett Family Optometry

209-667-6031

1001 Colorado Ave., Turlock

Services provided for individuals of all ages. Accepts Medi-Cal and private insurance. Spanish speakers available.

PARENTING

Airport Parent Resource Center

www.prcfamilies.org

209-549-8193

202 S. Santa Cruz Ave., Modesto Ca. Suite A.

Support and parenting classes for families under stress, peer support groups for pregnant and new mothers, and health and safety classes for families with children 0 – 5 years. (Mon 1 pm-5 pm. Tues-Fri 8 am-12 pm.)

Sierra Vista the Bridge Community Center

209-571-8430

605 Chicago Ave., Modesto

Parenting classes and support for Hmong, Cambodian, and Laotian families.

Center for Human Services-CHS

209-526-1440

2000 W. Briggsmore Ave., Ste. I, Modesto

Mon – Thu: 8:00 a.m. – 8:00 p.m., Fri: 8:00 a.m. – 5:00 p.m.

This organization has many parenting classes through its FRCs in Ceres, Oakdale, Newman, and Patterson. Parenting courses for pregnant women, parents, and youth. Call for more details. www.centerforhumanservices.org

Ceres Partnership 209-541-0101

1317 Grandview Ave., Ceres

Parenting classes in English and Spanish for pregnant and parenting mothers, families, and fathers. Free for families with children 0 – 5 yrs. Mental health services available for children and adults with clinician onsite.

209-862-0295

Newman Family Resource Center

1300 Patchett Dr., Newman

Parenting classes in English and Spanish for pregnant and parenting mothers, families, and fathers. Free for families with children 0 – 5 yrs.

CHS Oakdale Family Resource & Counseling Center

209-847-0420

631 W. F St., Oakdale

Mon – Fri: 8:00 a.m. – 5:00 p.m.

Parenting classes in English and Spanish for pregnant and parenting mothers, families, and fathers. Free for families with children 0 – 5 yrs.

Patterson Family Resource Center (CHS)

209-690-3100

700 F. St., Patterson

Mon – Fri: 8:00 a.m. – 5:00 p.m.

Parenting classes in English and Spanish for families with children 0 – 5 yrs.

Commodities Food every 1st of the month (signups based on first come first serve basis)

Ceres Healthy Start

209-556-1559

2491 Lawrence St., Ceres

Mon – Fri: 8:00 a.m. – 4:30 p.m.

Free support group for parents with children 0 – 5 years of age. Free immigration services with lawyer. (9 am-4 pm Mondays.) First steps for learning on Tuesdays 9am 11 am.

Children’s Crisis Center

24-Hour Crisis Line

209-577-4413

Relief Childcare and supportive services for families struggling to secure safe child care or for those experiencing hardship. www.childrenscrisiscenter.com

209-577-0138

El Concilio Community Center

209-523-2860

1314 H St., Modesto

Parenting classes and services for families with children 0 – 5 yrs. Lawyers available by appointment to assist with immigration issues. Mental Health Services such as counseling available to children and adults.

<p>Emanuel Medical Center 825 Delbon Ave., East Wing, Turlock Mon – Fri: 7:00 a.m. – 3:15 p.m. Provides childbirth prep classes. Free for pregnant women. English: 1st Saturday of the month & Spanish: 2nd Saturday of the month</p>	209-664-2580
<p>Family Partnership Center 421 E. Morris Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Provides social support and family activities for parents and caregivers of children experiencing mental health challenges. Assistance with guardianship paperwork with a lawyer and reviewing of paperwork. No charge for services.</p>	209-558-7494
<p>First Step 1700 McHenry Village Way, Ste. 16, Modesto Limited to pregnant or parenting women struggling with substance abuse whose children (0 – 5 years) are enrolled in this drug treatment program. Outpatient services. Services are free. www.centerforhumanservices.org/first-step</p>	209-527-3270
<p>Grayson/Westley Family Resource Center 301 Howard Rd., Westley Parenting classes as well as assistance with Medi-Cal applications, food programs, an social security paperwork. Call and make an appointment.</p>	209-894-3188
<p>Hanshaw Healthy Start 1725 Las Vegas St., Modesto (at Hanshaw Middle School) Parent support groups offered in English & Spanish. Services are free.</p>	209-574-1794
<p>Sierra Vista Hughson Family Resource Center 6940 Hughson Ave., Hughson (Mon – Fri: 8:00 a.m. – 5:00 p.m. Closed 12:00 p.m.- 1:00 p.m.) Parenting classes and support groups. Menta Health Group for adults. Services are free.</p>	209-883-2027
<p>M.O.M.s 1301 12th St., Cross Point Community Church, Modesto Moms club for moms-to-be and up. Meets 1st and 3rd Thu: 9:15 a.m. – 11:30 a.m. Meet Sept through May.</p>	209-521-0181
<p>North Modesto/Salida Family Resource Center 2020 Standiford Ave., Ste. C-1, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Parenting classes in English and Spanish for pregnant and parenting mothers, families, and fathers. Free for families with children 0 – 5 yrs. GED AND ESL classes offered. Mental health evaluation services with clinician.</p>	209-338-0279

<p>CHS Oakdale Family Resource & Counseling Center 631 W. F St. Oakdale Parenting classes and resources for families and children in English and Spanish including car seat safety, mental health prevention, healthy pregnancy, and nutrition. Assistance with covered ca, Cal-fresh, and food pantry and clothes. Call to get calendar of activities. www.oakvalleycares.org</p>	<p>209-847-0420</p>
<p>Orville Wright Healthy Start 801 Empire Ave., Modesto Parenting classes, ESL, and GED classes free to families. Services in English and Spanish. Call for schedule of classes.</p>	<p>209-569-2952</p>
<p>Parent Resource Center 811 5th St., Modesto In-home support for families under stress, parenting/peer support groups, and classes for families with children 0 – 5 years.</p>	<p>www.prcfamilies.org 209-549-8193</p>
<p>Sierra Vista Drop-In Center 908 Sierra Dr., Modesto Provides parenting classes such as financial literacy, educational supports for parents technology literacy, and peer support groups for families with children 0-5 years.</p>	<p>209-492-9785</p>
<p>Sierra Vista Child and Family Services Provides parenting for families with children who have mental health/behavioral problems. Parenting classes and counseling for mental health issues. Many sites listed on website.</p>	<p>www.sierravistacares.org 209-523-4573</p>
<ul style="list-style-type: none"> ▪ Modesto 1700 McHenry Village Way, Modesto ▪ Turlock 2925 Niagra St., Ste. 3, Turlock 	<p>209-550-5879 209-669-6771</p>
<p>Turlock Family Resource Center 2160 Geer Rd., Turlock Parenting classes for families with children 0 – 5 yrs. and pregnant women. Provides referrals to counseling services for Turlock families and support with social and community services.</p>	<p>209-668-6118</p>
<p>Hughson Family Resource Center 6940 Hughson Ave., Suite B. Hughson Parenting classes for families with minor children, including kinder readiness, and youth empowering classes.</p>	<p>209-883-2024</p>

Waterford Family Resource Center 209-874-8450
12617 Bentley St., Waterford
Parenting classes for families with minor children, including kinder readiness, and youth empowering classes.

West Modesto Community Collaborative 209-522-6902
601 S. Martin Luther King Dr., Modesto
Parenting classes for families with children 0 – 5 yrs. and pregnant women. Provides counseling services to families and support with social and community services.

WIC Program 209-558-7377
251 E. Hackett Rd., Modesto
Classes for parents about breastfeeding and infant and toddler nutrition, food safety, and other nutritional problems impacting pregnant and lactating mothers.

PET SERVICES

SPCA of Stanislaus 209-575-2918
4733 Yosemite Blvd., Modesto
Pet adoptions are scheduled by appointment only.

Stanislaus County Department of Animal Services 209-558-7387
3647 Cornucopia Way, Modesto
Mon – Fri: 9:00 a.m. – 5:00 p.m. & Sat: 8:00 a.m. – 5:00 p.m.
License for dog/cat altered: \$12.00. Unaltered for 1 year: \$150. Rabies vaccination \$6.00 with purchase of license. Seniors receive a 50% discount.
www.stancounty.com/animalservices

Turlock Animal Emergency Services 209-668-1200
Call for emergencies regarding aggressive, sick, or injured animals.

Turlock Animal Services – Shelter 209-656-3140
Provides education, protection, and humane treatment of animals.
Shelter opens Mon – Sat: 10:00 a.m. – 2:00 p.m.

PUBLIC HEALTH SERVICES

California Children’s Services 209-558-7515
Case management and other supportive services for children and minors up to age 21 with eligible chronic conditions. Call to find out eligible chronic conditions.
Mon – Fri: 8:00 a.m. – 5:00 p.m.

COMMUNICABLE DISEASE REPORTING SERVICES

A communicable disease is an infectious disease transmissible by direct contact with an affected person by air or through the exchange of body fluids, or indirect contact by a vector such as the bite of a mosquito.

- Fax line to report communicable diseases 209-558-7531
- Phone line to report communicable diseases 209-558-5678
- Services for tuberculosis, sexually transmitted diseases, hepatitis, and other contagious diseases. Provides testing, treatment, case management, and epidemiological investigations. 209-558-7700

HIV/STD Program

209-558-7700

Sexually Transmitted Diseases (STD) testing and counseling, family planning services, partner services and referrals, rapid HIV testing, and other HIV/AIDS services such as care supportive services program which includes case management, health education, and medical management within the HSA clinic system and the AIDS Drug Assistance Program (ADAP) for HIV medications.

HIV Testing (Anonymous) Hours: Mon 1:00p.m.-5:00p.m. – Thu: 1:00 p.m. – 6:00 p.m.

STD Clinic Hours: Mon: 1:00 p.m. – 5:00 p.m. & Thu: 1:00 p.m. – 7:00 p.m.

Immunization Program

209-558-7700

Ages 0-19 years immunizations available by walk-in or appointment.

Walk-in days/times: Tue: 8:00 a.m. – 4:00 p.m. & Thu: 8:00 a.m. – 4:00 p.m.

Appointments: Monday- Friday scheduled appointments only 8:00 a.m.- 4:00 p.m.

Public Health Clinic

209-558-7075

Refugee Health Program

209-558-5676

Newly arriving refugees and asylees within Stanislaus County are eligible for a comprehensive health assessment free of cost for the first 90 days after their arrival. After 90 days, refugees are referred to a primary health care provider for identified health problems.

Vital Records

209-558-8070

Registers Stanislaus County births and deaths. Issue permits for disposition of human remains (current & previous year).

Note: *If the birth or death certificate is older than 1 year, please go to the Stanislaus County Clerk Recorder's Office (209-525-5250)*

CASE MANAGEMENT SERVICES

Adolescent Family Life Program (AFLP) Services to pregnant and/or parenting teens under age 18.	209-558-7400
Cal-Learn Program Services for pregnant and/or parenting teens under age 20 who are receiving StanWORKS/TANF and have not graduated from high school/GED.	209-558-7400
Child Health & Disability Prevention (CHDP) Program Provides health check-ups to children enrolled in Medi-Cal and children that are income-eligible from birth to 21 years of age. This program also helps families find a doctor or dentist if they don't have one. CHDP also has the Gateway process which provides access to medical services for uninsured children.	209-558-8860
Childhood Lead Poisoning Prevention Program Provides targeted services to children with lead poisoning, conducts outreach education to high-risk populations, and serves as a community resource for preventing childhood lead poisoning.	209-558-8858
High Risk Maternal Child Health Program Provides in-home services to pregnant women, infants, and children with serious health problems, parenting and Childcare education, home evaluations, and referrals to appropriate resources.	209-558-7400
Maternal Child Adolescent Health (MCAH) Outreach, education, and referrals to women of childbearing age that are at risk for inadequate prenatal care and/or poor birth outcomes.	209-558-7400
Perinatal Services Coordination (PSC) Asses, plans, and implements activities that promote and improve quality prenatal care in Stanislaus County. Also, it assists prenatal providers to implement the Comprehensive Perinatal Services Program (CPSP).	209-558-7400
Prenatal Care Guidance (PCG)	By Telephone 209-558-7400

RECREATION

City of Ceres Recreation 209-538-5628

2701 4th St., Ceres

Call or go online for details and information about family activities.

www.ci.ceres.ca.us/235/Recreation

Hughson Parks & Recreation 209-883-0811

7018 Pine St., Hughson

www.hughson.org

Modesto Parks, Recreation & Neighborhoods 209-577-5344

1010 10th St., Ste. 4400, Modesto Mon – Fri: 8:30 a.m. – 4:30 p.m.

Call or go online for information about activities, events, and reservations.

www.modestogov.com/481/parks-recreation-neighborhood

Newman Recreation Department 209-862-4440

831 Hardin Rd., P.O. Box 787, Newman Mon – Fri: 2:30 p.m. – 6:00 p.m.

Call or go online for information about community events, and facilities.

www.cityofnewman.com/contact-us/recreation-department.html

Oakdale Facilities & Recreation Services 209-845-3571

280 N. 3rd Ave., Oakdale Mon – Fri: 8:00 a.m. – 5:00 p.m.

Call or go online for information about activities, community events, and rentals.

www.oakdalegov.com/recreation

Patterson Recreation and Community Services 209-895-8080

1033 W. Las Palmas Ave., Patterson Office hours: Mon-Fri: 8:00am-5:00pm.

Phone calls only: Mon – Fri: 8:00 a.m. – 6:00 p.m.

Call or go online for information about activities.

www.ci.patterson.ca.us/218/Recreation-Community-Services

Riverbank Parks & Recreation 209-863-7150

6707 3rd St., Riverbank Mon – Thurs: 7:30 a.m. – 5:00 p.m.

Alternating Friday's off 8:00 a.m-6:00 p.m.

Call or go online for information about parks, recreation, programs, and events.

www.riverbank.org/185/Parks-Recreation

Stanislaus County Parks and Recreation 209-525-6750

3800 Cornucopia Way, Ste. D, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.

Call or go online for information about parks and facilities, events, and activities

in Denair, Empire, Grayson, Keyes, La Grange, Salida, and other county areas.

www.stancounty.com/parks

Turlock Recreation Services

209-668-5594

144 S. Broadway St., Turlock

Mon – Fri: 8:00 a.m. – 5:00 p.m.

Call or go online for information about activities, events, and park reservations.

www.ci.turlock.ca.us/recreation

Waterford Parks & Recreation

209-874-2328

101 E St., Waterford

Mon – Fri: 8:00 a.m. – 5:00 p.m.

Call or go online for more information. www.cityofwaterford.org

STANISLAUS COUNTY PUBLIC LIBRARIES

www.stanislauslibrary.org

Ceres Public Library

209-537-8938

2250 Magnolia St., Ceres

Mon: 10:00 a.m. – 8:00 p.m., Tue – Thu: 10:00 a.m. – 6:00 p.m.,

& Fri – Sat: 10:00 a.m. – 5:00 p.m.

Denair Public Library

209-634-1283

4801 Kersey Rd., Denair

Tue – Thu: 12:00 p.m. – 6:00 p.m. & Fri – Sat: 11:00 a.m. – 5:00 p.m.

Empire Public Library

209-524-5505

18 S. Abbie St., Empire

Tue – Thu: 12:00 p.m. – 6:00 p.m. & Fri – Sat: 11:00 a.m. – 5:00 p.m.

Hughson Public Library

209-883-2293

2412 3rd St., Ste. A, Hughson

Tue – Thu: 12:00 p.m. – 6:00 p.m. & Fri – Sat: 11:00 a.m. – 5:00 p.m.

Keyes Public Library

209-664-8006

4420 Maud Ave., Keyes

Mon – Wed: 9:00 a.m. – 5:30 p.m., Thu: 9:00 a.m. – 7:30 p.m.,

& Fri: 9:00 a.m. – 5:00 p.m.

Modesto Public Library (Main County Library)

209-558-7800

1500 I St., Modesto

Mon: 12:00 p.m. – 8:00 p.m., Tue. – Thu: 10:00 a.m. – 6:00 p.m.,

Fri – Sat: 10:00 a.m. – 5:00 p.m. & Sun: Closed

Newman Public Library

209-862-2010

1305 Kern St., Newman

Mon: 12:00 p.m. – 6:00 p.m., Tue: 2:00 p.m. – 8:00 p.m.,
Wed – Thu: 12:00 p.m. – 6:00 p.m., Sat: 11:00 a.m. – 5:00 p.m. & Fri: Closed

Oakdale Public Library 209-847-4204

151 S. 1st Ave., Oakdale
Mon/Wed/Thu: 12:00 p.m. – 6:00 p.m., Tue: 2:00 p.m. – 8:00 p.m.,
Sat: 11:00 a.m. – 5:00 p.m. & Fri: Closed

Patterson Public Library 209-892-6473

46 N. Salado Ave., Patterson
Mon/Tue/Thu: 12:00 p.m. – 6:00 p.m., Wed: 2:00 p.m. – 8:00 p.m.,
Sat: 11:00 a.m. – 5:00 p.m. & Fri: Closed

Riverbank Public Library 209-869-7008

3442 Santa Fe St., Riverbank
Mon/Tue/Thu: 12:00 p.m. – 6:00 p.m., Wed: 2:00 p.m. – 8:00 p.m.,
Sat: 11:00 a.m. – 5:00 p.m. & Fri: Closed

Salida Public Library 209-543-7315

4835 Sisk Rd., Salida
Mon/Wed/Thu: 10:00 a.m. – 6:00 p.m., Tue: 12:00 p.m. – 8:00 p.m.,
Sat: 11:00 a.m. – 5:00 p.m. & Fri: Closed

Turlock Public Library 209-664-8100

550 N. Minaret Ave., Turlock
Mon/Tue/Thu: 10:00 a.m. – 6:00 p.m., Wed: 12:00 p.m. – 8:00 p.m.,
Sat: 10:00 a.m. – 5:00 p.m. & Fri: Closed

Waterford Public Library 209-874-2191

324 E St., Waterford
Mon – Tue: 12:00 p.m. – 6:00 p.m., Wed: 2:00 p.m. – 8:00 p.m.,
Thu: 12:00 p.m. – 6:00 p.m., & Sat: 11:00 a.m. – 5:00 p.m. & Fri: Closed

Public Library Home Delivery Service 209-558-7817

Provides free library services for individuals who are of advanced age, have a disabling illness, or a physical/mental disability. Program run by volunteers.

Salvation Army/Red Shield Center 209-538-7111

1649 Las Vegas St., Modesto
Mon – Fri: 9:00 a.m. – 6:30 p.m. & Sat: 12:00 p.m. – 5:00 p.m. (summer only)
www.redshieldmodesto.org

Stanislaus County Police Activity League (PAL) 209-529-9121

1325 Beverly Dr., Modesto Mon – Fri: 8:30 a.m. – 5:00 p.m.
Sports and park and after school programs for children. Free programs available.
Closed from 12:00 p.m. – 1:00 p.m. for lunch. www.stancopal.org

Visually Impaired Persons Support (VIPS Modesto) 209-846-9027
1409 H St., Modesto
Services for the blind and visually impaired, including training on assistive technology, independent living skills, orientation and mobility as well as Braille instruction and support groups.
www.vipsmodesto.org

TESTING

HIV Testing 209-558-7700
820 Scenic Dr., Modesto Press #3
Call for locations and testing schedules.
Testing available in Modesto and Turlock.

Lead Poisoning Testing 209-558-8858
917 Oakdale Rd., Modesto

Paternity Testing (DNA Diagnostics Center) www.dnacenter.com 800-362-2368
Information, consultation, and testing.
Mon – Fri: 5:00 a.m. – 5:00 p.m.

PREGNANCY TESTING

First Choice Health Services General Information: 209-526-1734
2801 Coffee Rd., Ste. A5, Modesto. Medical Services: 209-353-3247
Mon – Thu: 9:00 a.m. – 5:00 p.m., Fri: Closed at 2:00 p.m.
Free pregnancy testing. www.visitfirstchoice.com

THE PLACES BELOW ACCEPT ONE OR MORE OF THE FOLLOWING PAYMENT OPTIONS:
CASH, MEDI-CAL, FEE BASED ON INCOME, FAMILY PACT, OR OTHER INSURANCES.

Bentley Health Center 209-442-6200
12619 Bentley St., Waterford
Mon- Fri: 8:00 a.m. – 5:00 p.m.

Cedar Family Practice 209-874-2345
12700 Welch St., Waterford Languages: English/Spanish
Mon- Fri: 8:30 a.m. – 5:00 p.m. Closed for lunch: 12 p.m.-1:30 p.m.

Family Planning Associates Medical Group 209-578-0443
2030 Coffee Rd., Ste. A-1, Modesto 877-883-7264
Mon – Fri: 8:00 a.m. – 5:00 p.m. www.FPAwomenshealth.com

Golden Valley Health Centers:

Appointment Line

866-682-4842

Below are the listings of all Golden Valley Health Centers in Stanislaus County. Please, call the appointment line or go online to contact all clinics and providers. www.goldenvalleyhealthcenter.org

Ceres

- 2760 3rd St., Ste. B, Ceres Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 1920 Memorial Dr. Ceres Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 3109 E. Whitmore Ave. Ceres Mon – Fri: 8:00 a.m. – 5:00 p.m.

Modesto

- 1500 Florida Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 1114 6th St., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.
& Sat: 8:00 a.m. – 5:00 p.m.
- 1717 Las Vegas St., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 1121 Hammond St., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 2101 Tenaya Dr., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 1130 6th St., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 1801 Tully Rd., Modesto Suite F. Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 209 Kerr Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.

Patterson

- 200 C St., Patterson
Mon – Fri: 8:00 a.m. – 5:00 p.m.

Riverbank

- 4150 Patterson Rd., Riverbank Mon – Fri: 8:00 a.m. – 5:00 p.m.

Turlock

- 1141 N. Olive Ave., Turlock Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 1200 W. Main St., West Turlock Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 2240 W. Monte Vista Ave., Turlock Mon-Fri: 8:00 a.m.-8:00 p.m.
Sat- 8:00 a.m.- 4:00 p.m.

Westley

- 301 Howard Rd., Westley
Mon & Fri: 9:00 a.m. – 4:30 p.m. Wed. Closed.

Patterson Livingston Health Center

209-837-3990

1010 W. Las Palmas Ave., Patterson
Mon-Thu: 8:00 a.m. – 5:00 p.m. Fri: Closed

Oak Valley Family Practice

209-848-4180

1420 W. H St., Oakdale

Riverbank Community Health Center 2603 Patterson Rd., Ste. 3, Riverbank Open 8:00 a.m. – 6:00 p.m., 7 days a week.		209-869-8102
Waterford Community Health Center 12146 Yosemite Blvd., Waterford Mon. – Fri: 8:00 a.m. – 6:00 p.m.		209-874-9254
Pathway Healthcare 190 S. Oak Ave., Bldg. 2, Ste. 1, Oakdale	www.pathway-hc.com	209-848-8410
Planned Parenthood Mar Monte 1431 McHenry Ave., Ste. 100, Modesto Mon – Fri: 8:30 a.m. – 5:00 p.m.	www.plannedparenthood.org Walk-ins Welcome	209-574-2300 1-877-855-7526
Golden Valley Health Center 1801 Tully Rd., Ste. F1, Modesto	www.gvhc.org Mon – Fri: 8:00 a.m. – 5:00 p.m.	209-526-5770 209-722-4842

STANISLAUS COUNTY CLINICS – HEALTH SERVICES AGENCY www.schsa.org

Health Services Agency Family & Pediatric Health Center 830 Scenic Dr., Ste. A, Modesto		209-558-8400
Health Services Agency McHenry Medical Office 1209 Woodrow Ave., Ste. B-10, Modesto		209-558-5312
Health Services Agency Paradise Medical Office 401 Paradise Rd., Ste. E, Modesto		209-558-4000
Public Health Clinic		209-558-7700

TRANSPORTATION

BUSES: Schedules and fares change periodically. Please call or go online to verify current fare and route schedules. www.stanRTA.org 1001 9 th Street, Modesto		209-527-4900
CART (Community Activities and Rehabilitation Transportation) Supplemental transit service for individuals with mental health conditions and their families. Purpose is to provide families with greater access to community events and activities such as committee meetings, peer-support groups, and/or employment and training. Call for reservations.		209-238-9436 Extension 1020

CAT (Ceres Area Transit) 209-521-1274
Call for hours of operation, fares, and discount programs.

MAX (Modesto Area Express) www.modestoareaexpress.com 209-521-1274
Call for hours of operation and fares. MJC students ride MAX & StaRT free with ID – get your semester activity sticker from the MJC Business Office.
50% discount for seniors, Medicare card holders, and individuals with disabilities.

StaRT (Stanislaus Regional Transit) www.srt.org 800-262-1516
Provides transportation services Monday through Saturday to all cities in the county. Go online or call to get route schedules and fares. MJC students ride MAX & StaRT free with student ID – get your semester activity sticker from the MJC Business Office.

Medi-van, Dial Ride, Start, ADA Services 800-262-1516
Reservation needed. It is a flexible route service that arranges curb-to-curb pick-ups for individuals 65+ and/or with disabilities.

- **Eastside Shuttle**
Oakdale to Modesto/Modesto to Oakdale including Riverbank
- **Turlock/Modesto Shuttle**
Modesto to Ceres, Keyes and Turlock, Turlock to Modesto
- **Waterford/Modesto Shuttle**
Waterford to Modesto/Modesto to Waterford including Hughson, and Empire.

Turlock Transit www.turlocktransit.com 209-668-5600
Seniors 65+, individuals with disabilities, and Medicare card holders have 50% discount.

DIAL - A - RIDE SERVICES:

Ceres Dial - A – Ride- (Mon.-Fri. 6 am- 6 pm) (no holidays observed) 209-527-4900
Only seniors and persons with disabilities may ride Ceres Dial-A-Ride. A personal care attendant can ride free when accompanying an individual who requires assistance to board, ride, or get off the vehicle. Call for hours and fares.

Modesto Dial - A - Ride 209-527-4900
Transportation services for individuals with disabilities and seniors only. Americans with Disabilities Act (ADA) riders have priority. ADA certified persons must call before 5:00 p.m. the day before they wish to ride or up to 14 days in advance. NON-ADA disabled 65 +, call at least 2 hours before on

the day you wish to ride. Requests are filled based on availability. Call for hours of operation and fares.

Newman Dial - A – Ride (Closed Holidays) 800-262-1516
Call for hours and fares. START Shuttle, Dial-A-Ride.

Patterson Dial - A – Ride (Closed Holidays) 800-262-1516
Patterson area only. Call for hours and fares. START Shuttle, Dial-A-Ride.

Turlock Dial - A – Ride (Closed Holidays) 209-668-5600
Call two hours in advance for services. Priority to seniors and individuals with disabilities. Call for hours of operation and fares. START Shuttle, Dial-A-Ride.

Waterford Dial - A – Ride (Closed Holidays) 800-262-1516
Call for hours of operation and fares. Service is provided to the general public, seniors, and persons with disabilities. Wheelchair accessible. START Shuttle, Dial-A-Ride.

SPECIAL TRANSPORTATION:

Health Net (Medi-Cal) 800-675-6110
Transportation provided to all Health Net Medi-Cal members. Must be a medically necessary appointment/visit. Need to schedule 72 hours in advance. Select for English #1 and Spanish #2. OPT # 3
www.healthnet.com

Health Plan of San Joaquin (Medi-Cal) 888-896-7526
Transportation provided to all Health Plan of San Joaquin Medi-Cal members. Opt. # 2 and
Must be a medically necessary appointment/visit. Need to schedule 72 hours in Opt. # 8.
advance. Select/Say Enrollment Dept. – for Spanish press #2.
www.hpsj.com

Medi-Van- START Shuttle too. 800-262-1516
Transportation to medical appointments to Bay Area medical centers.
Reservations need to be made 2 weeks in advance. Call for fares, locations, and
times.
www.srt.org/maps-schedules/medivan

Pro-Transport 800-840-4255
Medical transportation to the University of California, San Francisco (UCSF).
Serves Stanislaus and San Joaquin counties.

VOLUNTEERS

Community Hospice 4368 Spyres Way, Modesto hospiceheart.org	209-578-6300
Foster Grandparent and Senior Companion 702 N. Aurora St., Stockton www.volunteermatch.org	209-473-0951
Volunteer Center - United Way 422 McHenry Ave., Modesto Directs interested parties to volunteer opportunities. Mon – Fri: 8:00 a.m. – 4:30 p.m. Call for appointment, application needed. www.uwaystan.org	209-524-1307
Volunteer Services - Health Services Agency Individuals interested in volunteering within the Health Services Agency. Call for appointment and application or go online at www.stancounty.com/volunteer	209-558-7180

WEBSITES

BEST HEALTH WEBSITES

Courtesy of the **Maino Community Health Library** at Memorial Medical Center

Addiction (Drug & Alcohol) Websites

- www.cviaa.org – AA of Modesto
- www.findtreatment.samhsa.gov – Locate drug and alcohol treatment in your city.
- www.al-anon.org – Al-Anon and Alateen
- www.nicotine-anonymous.org – Nicotine Anonymous
- www.svgna.org – Stanislaus Valley Groups of Narcotics Anonymous

Addiction (Gambling) Websites

- www.ncpgambling.org – California Council on Problem Gambling
- www.gamblersanonymous.org – Gamblers Anonymous – Northern California
- www.ncpgambling.org – National Council on Problem Gambling

Doctors Website

- www.ama-assn.org – American Medical Association. Click on "doctor finder".

Drugs (Medications) Website

- www.medlineplus.gov – National Library of Medicine. Click on Drug Information.

Drug Interaction Website

- www.drugs.com – Drug Digest. Click on "Interactions Checker" on top bar.
- www.mothertobaby.org – Provides information about medications and other exposures during pregnancy and while breastfeeding that may be safe or unsafe for babies.

Drugs (Free or Low Cost) Websites

- www.pparx.org – Partnership for Prescription Assistance. This is a single point of access to public and private patient assistance programs.
- www.rxassist.org – Free or low-cost drugs.

General Health Websites

- www.emedicinehealth.com – E-medicine's consumer health site. Very helpful articles.
- www.everydayhealth.com – Disease Education Networks. Interactive web broadcasts.
- www.mayoclinic.org – Directed by a team of Mayo Clinic physicians.
- www.medlineplus.gov – Information selected by Health Sciences Librarians and the National Library of Medicine.
- www.nih.gov – A listing of the 27 National Institutes of Health.
- www.pubmed.gov – Medline database from the National Library of Medicine.

Infants, Toddlers, and Adolescents Websites

- www.infantrisk.com – Medications used during pregnancy and breastfeeding.
- www.kidshealth.org – Health information for parents, kids, and teens. Spanish/English.
- www.usa.gov/child-care - Help for children living with grandparents and other relatives including financial assistance, childcare, and other community benefits.

Medicare in California Website

- www.cahealthadvocates.org – California Health Advocates and HICAP. Accurate, unbiased information about Medicare in California.

Mental Health Websites

- www.eachmindmatters.org – California Mental Health Movement. Spanish/English.
- www.mentalhealth.gov – A U.S. Department of Health & Human Services Website.
- www.nostigmas.org – A project to end stigma against mental health.
- www.suicideispreventable.org – Suicide prevention website. Spanish/English.
- www.understood.org – Information, resources, and tools to help parents understand children who have learning and attention difficulties.

Nursing Home Quality Website

- www.calqualitycare.org – California Health Care Foundation in Oakland. Great site if you're looking for nursing homes and other options. New additions are Home Health Care and Hospice ratings.

Organizations and Support Group Websites

- www.friendsaregoodmedicine.com – Information and assistance source to community support groups. Leadership training, consultation and assistance to groups, and information sheets on topics of interest to self-helpers.
- www.lalecheleague.org – Breastfeeding education and community support
- www.nlm.nih.gov – National Library of Medicine mega site for organizations. Over 300 health hotlines.

Videos Online

- www.medbroadcast.com – Video clips and motion graphics
- www.marchofdimes.org – Short health video clips about pregnancy and infant health.

HOW TO APPLY FOR MEDI-CAL

Medi-Cal is health coverage for Californians who meet income and eligibility requirements. It provides access to a comprehensive set of benefits known as the “essential health benefits”. These essential health benefits are:

- Outpatient (ambulatory) services
- Emergency services
- Hospitalization
- Maternity and newborn care
- Mental health and substance use disorder services (including behavioral health treatment)
- Prescription drugs
- Programs such as physical and occupational therapy
- Laboratory services
- Preventative and wellness services
- Chronic disease management
- Children’s health services (including oral and vision care).

If you are pregnant or have an immediate medical need, apply in person at one of the offices listed under Health Insurance Information (pg. 42 – Community Services Agency or pg. 44 – Medi-Cal). A case manager will assess your situation and determine your eligibility. You may be eligible for temporary approval of Medi-Cal benefits while your application is being processed.

Q. What verifications are necessary to provide when applying for Medi-Cal?

A. You may apply without documentation, but you will have to give certain information before your Medi-Cal can be approved. Your worker will tell you what proof is needed. If you cannot get the proof yourself, ask your worker to help you.

Here is a list of some of the items that may be required:

- Social Security card(s)
- Medicare card(s)
- Naturalization documents(s)

- Alien registration card(s)
- Pregnancy verification
- Income verification
- Property tax statements for all real property
- Vehicle registration(s)
- Bank account statement(s) and trust account document(s)
- Stocks, bonds (including U.S. Savings Bonds), and mutual funds
- Life Insurance policies including Cash Surrender Value (CSV) tables
- Documentation regarding the current value of Annuities, IRAs, and Trusts
- Burial trust(s), prepaid burial contract(s), and information on burial plot(s)
- Documentation showing proof of identity and citizenship

Q. Do you have to be a US citizen to be eligible for Medi-Cal?

A. No, but you must be an eligible non-citizen (have the legal right to be in the US) to get full scope benefits. If you are an undocumented resident, you may be eligible for pregnancy or emergency related services only. Talk to a Medi-Cal worker or call the Medi-Cal Outreach Line (pg. 44) for more details.

Q. Do you have to have children to be eligible for Medi-Cal?

A. No, adults without children may apply for Medi-Cal benefits if they are:

- Pregnant
- 65 or older
- Have a verified disability that is expected to last a year or more
- Are legally blind
- In long term care at a skilled nursing facility
- Meet income eligibility guidelines

If you have more questions about Medi-Cal, eligibility, and benefits, please go online at www.dhcs.ca.gov or call **Community Services Agency (CSA)**.

877-652-0734

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LIST OF ACRONYMS

AA	Alcoholic Anonymous
AARP	American Association of Retired Persons
ADA	Americans with Disabilities Act
ADHD	Attention Deficit Hyperactivity Disorder
AFLP	Adolescent Family Life Program
APS	Adult Protective Services
BHRS	Behavioral Health and Recovery Services
C.H.S.S.	Community Housing and Shelter Services
CART	Community Activities and Rehabilitation Transportation
CAT	Ceres Area Transit
CERT	Community Emergency Response Team
CHDP	Child Health & Disability Prevention Program
Corp.	Corporation
CPS	Child Protective Services
CRLA	California Rural Legal Assistance
CSA	Community Services Agency
CTIS	California Teratogen Information Services
CVOC	Central Valley Opportunity Center
DDS	Doctor of Dental Surgery
Dept.	Department
DMC	Doctors Medical Center
DNA	Deoxyribonucleic Acid
DRAIL	Disability Resource Agency of Independent Living

EBT	Electronic Benefits Transfer
EDD	Employment Development Department
ESL	English as a Second Language
FRCs	Family Resource Centers
G.E.D.	General Education Diploma
H.E.A.P.	Home Energy Assistance Program
HICAP	Health Insurance Counseling and Advocacy Program
HIV	Human Immunodeficiency Virus
HN	Health Net
HPSJ	Health Plan of San Joaquin
HSA	Health Services Agency
ID	Identification
IHSS	In-Home Supportive Services
Info	Information
Lab	Laboratory
M.I.D.	Modesto Irrigation District
MAX	Modesto Area Transit
MCAH	Maternal Child and Adolescent Health
MCAP	Medi-Cal Access Program
MCERT	Mobile Community Emergency Response Team
MD	Medicine Doctor
MIA	Medically Indigent Adult Program
MICL	Modesto Institute for Continued Learning
MJC	Modesto Junior College
NFP	Nurse Family Partnership
O.D.	Ophthalmology Doctor
PACE	Peterson Alternative Center for Education
PAL	Police Activity League
PCG	Prenatal Care Guidance
PPO	Preferred Provider Organization
PSC	Perinatal Services Coordination/Coordinator
ROP	Regional Occupation Program
SCOE	Stanislaus County Office of Education
SDI	State Disability Insurance
SEAPA	Stanislaus Elder Abuse Prevention Alliance
SPCA	Society for the Prevention of Cruelty to Animals
StanWORKS	Stanislaus Work Opportunity and Responsibility to Kids
StaRT	Stanislaus Regional Transit
STD	Sexually Transmitted Disease
T.I.D.	Turlock Irrigation District
TB	Tuberculosis
TOPS	Turnaround Opportunity Schools
UCSF	University of California San Francisco
USCIS	United States Citizenship & Immigration Services
VA	Veterans Affairs
VCRC	Valley Caregiver Resource Center
Vet	Veteran
VIPS	Vision Impaired Persons Support
VMRC	Valley Mountain Regional Center
WIC	Women, Infants, and Children