



SEPTEMBER 2023

ST. THOMAS AQUINAS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
				Hot Lunch Options Hot #1 Chicken Broccoli Bake Hot #2 Creamy Tomato Pasta with Beef Sides Included Tossed Green Salad, Peas, Carrots, & Corn Medley, Baguette & Vanilla Ice Cream Cup Specialty Cold Options Sandwich Asian Chicken Salad Wrap Salad Greek Salad
4	5	6	7	8
Labor Day No School	Hot Lunch Options Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Sides Included Rice, Tossed Green Salad, Baguette & Fresh Fruit Specialty Cold Options Sandwich Turkey & Bacon Club Salad Chicken Cobb Salad	Hot Lunch Options Hot #1 Fish Sticks Hot #2 Three-Cheese Pizza Sides Included Carrots & Celery Sticks with Ranch, Tossed Green Salad & Apple Crisp Specialty Cold Options Sandwich Roasted Veggie Caesar Wrap Salad Mandarin Salad	Hot Lunch Options Hot #1 Spaghetti with Meat Sauce Hot #2 Beef Hot Dogs Sides Included Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette & Nilla Wafers Specialty Cold Options Sandwich Curried Tuna Wrap Salad Grilled Chicken Fajita Salad	Hot Lunch Options Hot #1 Chicken Volterra with Tossed Green Salad Hot #2 Beef Tacos Sides Included Spanish Rice, Calabacita & Graham Crackers Specialty Cold Options Sandwich Chicken Salad on Croissant Salad Chicken Caesar Salad
11	12	13	14	15
Hot Lunch Options Hot #1 Shells and Cheese Hot #2 BBQ Chicken Sides Included Broccoli Rice Casserole, Tossed Green Salad, Baguette & Yogurt Specialty Cold Options Sandwich Italian Sandwich Salad California Tossed Green Salad	Hot Lunch Options Hot #1 Beef Stroganoff Pasta Hot #2 Grilled Cheese & Tomato Basil Soup Sides Included Tossed Salad, Green Beans, Baguette & Fresh Fruit Specialty Cold Options Sandwich BLT Wrap Salad Cajun Salad with Grilled Chicken	Hot Lunch Options Hot #1 Pancakes, Roasted Potatoes & Sausage Hot #2 Asian Mandarin Chicken Sides Included Rice, Tossed Salad w/ Parmesan Ranch & Apple Sauce Specialty Cold Options Sandwich Tuna on Croissant Salad Tossed Southwestern Salad	Hot Lunch Options Hot #1 Green Chili Chicken Enchiladas Hot #2 Chicken Adobo Sides Included Tossed Salad with Cilantro Dressing, Rice & Pound Cake with Fresh Strawberries Specialty Cold Options Sandwich Turkey Taco Wrap Salad Chicken Caesar Salad	Hot Lunch Options Hot #1 Sticky Thai Meatballs Hot #2 Gemelli Pasta with Bolognese Sauce Sides Included Broccoli, Rice, Baguette & Vanilla Ice Cream Cup Specialty Cold Options Sandwich Asian Chicken Salad Wrap Salad Greek Salad
18	19	20	21	22
Hot Lunch Options Hot #1 Beef Hot Dogs Hot #2 Loaded Baked Potato Sides Included Green Beans, Squash Casserole & Nilla Wafers Specialty Cold Options Sandwich Mediterranean Chicken Wrap Salad Texas Hill Country Salad	Hot Lunch Options Hot #1 Bowtie Basil Cream Pasta with Chicken Hot #2 Fish Sticks Sides Included Corn, Tossed Salad, Baguette & Fresh Fruit Specialty Cold Options Sandwich Turkey & Bacon Club Salad Chicken Cobb Salad	Hot Lunch Options Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy Sides Included Mashed Potatoes, Carrots & Celery Sticks with Ranch, Baguette & Chocolate Cake Specialty Cold Options Sandwich Roasted Veggie Caesar Wrap Salad Mandarin Salad	Hot Lunch Options Hot #1 Fusilli with Meatballs Hot #2 Corn Dogs Sides Included Broccoli, Tossed Salad, Baguette & Applesauce Specialty Cold Options Sandwich Curried Tuna Wrap Salad Grilled Chicken Fajita Salad	Hot Lunch Options Hot #1 Chicken & Beef Sausage Jambalaya Hot #2 Three-Cheese Pepperoni Pizza Sides Included Peas and Carrots, Caesar Salad & Peach Cobbler Specialty Cold Options Sandwich Chicken Salad on Croissant Salad Chicken Caesar Salad
25	26	27	28	29
Hot Lunch Options Hot #1 Beef Lasagna Hot #2 Chicken Provencal Sides Included Ratatouille, Tossed Green Salad, Baguette & Graham Crackers Specialty Cold Options Sandwich Italian Sandwich Salad California Tossed Green Salad	Hot Lunch Options Hot #1 Shells and Cheese Hot #2 Meatloaf Sides Included Cauliflower Gratin, Spinach Salad, Baguette & Yogurt Specialty Cold Options Sandwich BLT Wrap Salad Cajun Salad with Grilled Chicken	Hot Lunch Options Hot #1 Pancakes & Sausage Hot #2 Lemon Rosemary Chicken Sides Included Roasted Potatoes, Green Beans, Baguette & Fresh Fruit Specialty Cold Options Sandwich Tuna on Croissant Salad Tossed Southwestern Salad	Hot Lunch Options Hot #1 Chicken Parmesan with Spaghetti Hot #2 Broiled Hamburgers Sides Included Tater Tots, Caesar Salad, Baguette & Nilla Wafers Specialty Cold Options Sandwich Turkey Taco Wrap Salad Chicken Caesar Salad	No Lunch Served STA Half-Day