

OCTOBER 2023

INTERNATIONAL ACADEMY MENU

Breakfast - 7:20am

Lunch - 11am-1pm

Monday

2 JET'S PIZZA!
OR Bacon Cheese Burger
with Fries

9 JET'S PIZZA!
OR Fish Sticks with
Garlic Bread

16 JET'S PIZZA!
OR Mac & Cheese Burger
with Sweet Potato Fries

23 JET'S PIZZA!
OR Chicken & Waffle
EGGOGI Sandwich

30 JET'S PIZZA!
OR Fish Stick Sandwich
with Fries

Tuesday

3 Macaroni and Cheese
served with Broccoli and
Garlic Toast

10 Popcorn Chicken
Parmesan Flatbread

17 Pasta Bar
Choice of Marinara Sauce,
Alfredo, Meatballs and
more with Garlic Toast

24 2 Beef or Chicken Tacos
served with Pico corn,
Refried Beans and Churros

31 Popcorn Chicken Bowl
Mashed Potatoes, Corn

Wednesday

4 Oriental Beef Dipper Stir
Fry served w/ Rice
Served with WG rice and
Asian Veggie Mix

11 Dorito Taco Cheese Bowl
Served with Black Beans
and Churros

18 Meatball Grinder
with Marinara and Cheese
served with optional
Peppers and onions

25 Flatbread
Chicken/Cheddar Melt
w/ Tomato Soup

Thursday

5 Bosco Day! OR
Emoji Waffle w/ Turkey
Sausage 🤪

12 Bosco Day!
OR Vegan Nuggets with
Fries

19 Bosco Day!
French Toast Sticks w/
Turkey Sausage

26 Bosco Day!
OR Pulled Pork Sandwich
and Baked Beans

Friday

6 Chicken Drumstick served
with Mashed Potatoes,
Chicken Gravy & Corn

13 Orange Chicken w/ Rice
Served with WG rice, Asian
Veggie Mix

20 Beef & Cheese Tatchos
served with Corn and a
variety of toppings

27 **1/2 Day!**
NO LUNCH!

Bloomfield Hills Schools is providing
2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school
year!

Make sure to take advantage of this amazing program!

All complete breakfasts and lunches are FREE!

Only one breakfast and lunch per student per day

Ala carte options will be available at an extra charge.

248.341.5671



DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS w/ MUFFIN
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS)
AND MUCH MORE!!**

Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

Chicken Tenders

All White Meat Lightly Breaded Chicken Strips
Served with WG muffin

Nacho Dorito Taco Bowl

Beef and Cheese filled Doritos
Served with refried beans

Chicken Tenders

All White Meat Lightly Breaded Chicken Strips
Served with WG muffin

EGGOJI Waffle and Sausage

2 animated WG Waffles
served with turkey sausage patties
and Syrup cup 😊

Oriental Beef Stirfry

Beef bites glazed in Teriyaki sauce
served over WG rice with Asian mixed Veggies

Flat Bread Cheddar Melt

Goopy Cheddar Cheese melted
between WG Flatbread Served
with Tater Tots

French Toast with Turkey Sausage

Crispy French Toast Sticks served
with a Turkey Sausage Patty, Syrup,
Hash Brown Patty

2 Soft Tacos

Beef or Chicken and Cheese
Served with refried beans

Flat Bread Chicken Cheddar Melt

Goopy Cheddar Cheese melted over
Popcorn Chicken Bites between WG
Flatbread Served with Tater Tots

Fish Sticks

Lightly Breaded Haddock
Served with WG muffin

Pulled Pork sandwich

Tangy Shredded Pork on a WG Bun
served with Baked Beans

Vegan Nuggets

Breaded Veggie Nuggets seasoned and
baked to taste like Chicken!

Pasta Bar

Pasta served with Marinara Sauce or
Alfredo served with choices of Beef
Meatballs, Diced Chicken and Broccoli.
Served with Parmesan, and Garlic Toast

Bosco Sticks

Mozzerella cheese filled breadsticks
served with Marinara Sauce

Orange Chicken

Crispy battered chicken bites glazed in
a sweet orange sauce, served over rice
with Asian mixed Veggies

Mini Corn Dogs

Mini Turkey hotdogs battered in a crispy
whole grain Corn Bread Batter served with
French Fries

Chicken Patty Sandwich

All White Meat Lightly Breaded Plain or
spicy Chicken Patty Served on a WG Bun

Chicken and Waffle Sandwich

Crispy Chicken sandwiched between 2
Waffles with optional Coleslaw and a
variety of toppings

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots
Served with refried beans and Toppings

BREAKFAST

**Offered Daily
in the Cafe 8:15-8:30am**

**Choose from Cold and
Hot Choices including
Apple Cinnamon Texas
Toast, Breakfast
Sandwiches, Yogurt
Parfait
Bagels, Muffins
Cereal Bars, Cereal
All Breakfasts include up
to a full cup of fruit
and/or Juice and a 1%
white or chocolate milk**

**Join us in learning
about**

Michigan Produce!

**a variety of Michigan Carrots,
Blueberries, Apples, Salad
Greens, Cherries available Daily
on our Fruit and Veggie Bar!**

**DAIRY
Free**

**gluten
FREE**

**100%
VEGETARIAN**

Gluten Free
option available per
medical request-
preorder required

Vegetarian and
Dairy Free options
available - preorder
required

**MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**