

OCTOBER 2023 HIGH SCHOOL MENU

Breakfast - 7:30am/9:25am
Lunch - 11am - 1:15pm

Monday

2 **EGGOGI**
Waffles and Chicken 

9 Meatball Grinder
with optional grilled
peppers and Onions

16 Popcorn Chicken Bowl,
Roll
w/ mashed potatoes,
gravy and Corn

23 Crispy Chicken
Drumstick, Roll
w/ mashed potatoes
MICHIGAN VEGGIES

30 BBQ Chicken Drumstick,
Roll
w/ mashed potatoes
MICHIGAN VEGGIES

Tuesday

3 **1/2 Day!**
NO LUNCH!

10 Beef and Cheese Nachos
MICHIGAN SALAD GREENS
Refried Bean

17 Cheese Quesadillas
served with Pico corn,
Refried Beans and Churros

24 Beef and Cheese Nachos
MICHIGAN SALAD GREENS
Refried Bean

31 **1/2 Day!**
NO LUNCH!

Wednesday

4 Chicken Swarma
sandwich w/ Fries
JET'S Pizza Day!

11 Grilled Cheese sandwich
w/ Tomato Soup
JET'S Pizza Day!

18 Philly Cheese Steak
sandwich w/ Fries
JET'S Pizza Day!

25 Beef Gyro sandwich
w/ Fries
JET'S Pizza Day!

Thursday

5 Peirogi and Sausage
Garlic Breadstick
MICHIGAN BROCCOLI

12 Chicken Alfredo Pasta
Garlic Breadstick
MICHIGAN BROCCOLI

19 Marinara Pasta w/
Meatballs
Garlic Breadstick
MICHIGAN BROCCOLI

26 Cheese Lasagna
Garlic Breadstick
MICHIGAN BROCCOLI

Friday

6 Orange Chicken
w/ WG rice and Stir-
fried Veggies

13 Teriyaki Chicken
w/ WG rice and Stir-
fried Veggies

20 Orange Chicken
w/ WG rice and Stir-
fried Veggies

27 Mac and Cheese Bar
w/ Buffalo Chicken
and Broccoli

Bloomfield Hills Schools is providing
2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school
year!

Make sure to take advantage of this amazing program!

All complete breakfasts and lunches are FREE!

Only one breakfast and lunch per student per day

Ala carte options will be available at an extra charge.

248.341.5671



DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!**

Buffalo Chicken Mac & Cheese
Creamy Mac & Cheese served with Crispy
Chicken bites and Buffalo Sauce

Chicken Thai Rice Bowl
Crispy Chicken over WG Rice
Tossed in a Thai Sun Butter Sauce

Chicken Swarma
Seasoned Chicken served on a whole grain
Pita with tangy cucumber sauce and optional
diced tomatoes and onions
Served with Crispy French Fries

Pasta Bar
Your choice of Pasta topped with marinara
sauce or Alfredo and choice of meatballs or
chicken served with Broccoli and garlic
breadstick

Beef Gyro
Seasoned shave beef strips served on a whole
grain Pita with tangy cucumber sauce and
optional diced tomatoes and onions
Served with Crispy French Fries

Philly Steak and Cheese
Shaved seasoned beef on a WG sub bun
topped with melted Mozzarella cheese and
optional Peppers & Onions with Fries



EGGOJI Waffles and Chicken

2 animated WG Waffles
served with turkey sausage patties
and Syrup cup

Meatball Grinder
Meatballs tossed in Marinara topped with
melted Mozzarella cheese and topped with
optional Peppers & Onions with Fries

Chicken and Waffle Sandwich
Crispy Chicken sandwiched between 2 Waffles
with optional Coleslaw and a variety of
toppings

Pulled Pork sandwich
served with Baked Beans

Lasagna
Cheese Filled Pasta rolls topped with
marinara sauce served with Broccoli and
garlic breadstick

Peirogi and Sausage
Potato and Cheese filled dumplings served
with Smoked sausage
and garlic breadstick

Chicken Alfredo Pasta
Al Dente Pasta topped with creamy
Parmesan Cheese sauce and grilled
chicken. Served with Broccoli and garlic
breadstick

Chicken Drumstick
Crispy breaded chicken leg served with
Mashed Potatoes, Chicken Gravy and
Green Beans

Orange Chicken
Crispy battered chicken bites glazed in a
sweet orange sauce, served over rice with
Asian mixed Veggies

Beef and Cheese Nachos
Beef and Cheese on Crispy tortilla chips
with optional toppings
Served with refried beans

Popcorn Chicken Bowl
Crispy Popcorn Chicken over Creamy
Mashed Potatoes topped with Corn
and Chicken Gravy

Bosco Sticks
Mozzerella cheese filled WG
breadsticks served with Marinara
Sauce

Teriyaki Chicken
Grilled chicken bites glazed in a
savory Teriyaki sauce, served over
rice with Asian mixed Veggies

General Tso Chicken
Crispy battered chicken bites glazed in a
Tangy sweet & spicy sauce, served over
rice with Asian mixed Veggies

Grilled Cheese Sandwich
Crisp, cheesy toasted sandwich
served with Tomato Soup

**NEW! scan
code to
preorder
deli
sandwich**



SCAN ME

**BREAKFAST
DAILY SPECIALS
TURKEY/CHEESE CROISSANT
YOGURT PARFAITS
HOMEMADE MUFFINS
BAGELS AND CREAM CHEESE
DONUTS**

**CEREAL, CEREAL BARS AND MUCH MORE
ALL COMPLETE BREAKFASTS
INCLUDE CHOICE OF MICHIGAN PRODUCE,
JUICE AND**

1% white or Choclate MILK

Fruit and Veggie Bar!

Offered Daily

**Includes Michigan Produce such
as Blueberries, Cherries,
Michigan Lettuce, Legumes and
Apples
plus MUCH more Fruits and
Veggies to Choose from!**



**Gluten Free
option available per
medical request-
preorder required**



**Vegetarian and
Dairy Free options
available - preorder
required**



**MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**