OCTOBER 2023 **ELEMENTARY MENU**

Breakfast

Delivered to classrooms at school start time by preorder (see school website for details) Lunch - 11am - 12:40pm

Monday

Grilled Cheese Sandwich

³ 1/2 Day! **NO LUNCH!**

10 Chicken Parmesan

Flat Bread

OR Bagel Cheese Box

17 Pasta w/ Marinara and

Meatballs

Garlic Toast

Tuesday

Wednesday

IET'S Cheese Pizza or Hummus Plate

11 IET'S Cheese Pizza or Hummus Plate

IET'S Cheese Pizza

or Hummus Plate

IET'S Cheese Pizza

or Hummus Plate

18

25

19 EGGOJI Waffles & Sausage

12

Thursday

Mini Turkey Corn Dogs

w/ French Fries

OR Crispy Chicken Salad

Chicken Sliders

Smile Potatoes

OR Egg Caesar Salad

OR Egg Chef Salad

26 Flatbread Cheddar Melt w Tater Tots OR Crispy Chicken Salad

Friday

- Orange Chicken w/ WG Rice **OR Hummus Plate**
- 13 **Bosco Sticks** w/ Marinara **OR Hummus Plate**
- Orange Chicken Rice/Asian Veggies **OR Hummus Plate**
- 27 **Bosco Sticks** Marinara Sauce **OR Hummus Plate**

9

2

Chicken Tenders/Muffin OR Wow! Butter & Jelly

OR Wow! Butter & Iellv

Macaroni and Cheese w/ Muffin OR Wow! Butter & Jelly

23 Mini Turkey Corn Dogs w/French Fries OR Wow! Butter & Cheese

30 Cheese Quesadilla Salsa/Sour Cream OR Wow! Butter & Jelly

OR Bagel Cheese Box 24

Cheese Nachos Salsa/Sour Cream OR Bagel Cheese Box

1/2 Day! **NO LUNCH!**

Yogurt Plate offered Daily!!

Bloomfield Hills Schools is providing

2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school vear!

> Make sure to take advantage of this amazing program! All complete breakfasts and lunches are FREE! Only one breakfast and lunch per student per day Ala carte options will be available at an extra charge.

248.341.5671



lets Pizza Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

Chicken Tenders All White Meat Lightly Breaded Chicken **Strips** Served with WG muffin

Bosco Sticks Mozzerella cheese filled breadsticks served with Marinara Sauce and Michigan Cherries

Cheese Nachos Corn Tortilla Chips with Cheese Served with refried beans Salsa and Sour Cream

Crispy Chicken Salad Crispy Lettuce topped with Crispy breaded chicken and shredded cheddar Cheese Served with Ranch Dressing a WG muffin

Egg Chef Salad Crispy Lettuce topped with a Shredded Cheese Blend and Hard Boiled Egg - Served with Ranch Dressing and a WG muffin

Egg Caesar Salad Crispy Lettuce topped with Mozzarell Cheese Blend and Hard Boiled Egg Served with a Creamy Caesar **Dressing and Croutons**

French Toast with Turkey Sausage Crispy French Toast Sticks served with a Turkey Sausage Patty, Syrup, Hash Brown Patty

Mini Corn Dogs Mini Turkey hotdogs battered in a crispy whole grain Corn Bread Batter served with French Fries

Orange Chicken Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with **Asian mixed Veggies**

Bosco Sticks Mozzerella cheese filled breadsticks served with 2 mini chicken burgers on whole grain Marinara Sauce

Chicken Tenders All White Meat Lightly Breaded Chicken Strips Served with WG muffin

EGGOJI Waffle and Sausage

2 animated WG Waffles served with turkey sausage patties and Syrup cup

Cheese Quesadilla Grilled Tortilla filled w/ Creamy Cheese Served with Salsa cup and Sour Cream

Flat Bread Cheddar Melt Gooev Cheddar Cheese melted between WG Flatbread Served with Tater Tots

Pasta with Meathalls Pasta served with Marinara Sauce and Beef Meatballs. Served with Parmesan. and Garlic Toast

Macaroni and Cheese Macaroni noodles tossed in creamy cheese sauce served with WG Muffin

Chicken Patty Sliders buns served with smile potatoes

Grilled Cheese Creamy Cheese grilled between 2 slices of WG bread

Hummus Plate Creamy Yogurt Hummus served with cut Veggies, Tortilla Chips, Cheese stick and an Apple Bag

WOW! Butter and Jelly Sandwich Soy Butter and Jelly on WG Bread Served with Michigan Carrots and sliced **Apples**

Bagel and Cream Cheese Meal Whole Grain Bagel, Cream cheese cup and Cheese stick served with Michigan Carrots

Offered Daily - Yogurt Plate

Creamy Yogurt Cup with Grahams, Apple Bag and choice on Veggie Bar

MENU SUBJECT TO CHANGE WITHOUT NOTICE THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

FREE BREAKFAST

Monday Cereal Bar w/ Applesauce Tuesday **MI Blueberry Yogurt Parfait** Wednesday WG Goodie Ring w/ Fruit cup Thursday Benefit Bar w/ Apple Bag **Apple Cinnamon Texas**

Breakfasts come with a juice box and 1% white or chocolate milk

Toast & Michigan Apple

Join us in learning about

Michigan Produce!

Carrots, Blueberries, Apples, Salad Greens, Sweet Potatoes and Root Vegetable Medley



Gluten Free option available per medical requestpreorder required



Vegetarian and Dairy Free options available - preorder required

