



LIVE OAKS CAREER CAMPUS

Cafeteria Menu

BREAKFAST

\$1.25

**Entree (includes grain)
Fruit and/or (1) Fruit Juice
Milk**
(Low-Fat 1% or Fat Free Chocolate)

Breakfast is served every day from 7:20-7:50am.

*Daily offerings include: Cereal bars, bagels,
Pop Tarts, donuts, cereal bowls and
multiple hot entrees.*

Fruit, juice and/or milk are also available.

LUNCH

\$3.00

**Entree (includes grain)
(2) Fruit
(2) Vegetables
Milk**
(Low Fat or Fat Free Chocolate)

October 2023

| | | | | |
|--|--|--|--|--|
| 2 Big Mac Wrap French Fries Mixed Veggies | 3 Chicken Alfredo Garlic Breadstick Buttered Broccoli Steamed Carrots | 4 Pulled Pork BBQ Sandwich Side Salad w/Veggies Buttered Corn | 5 Chicken Tenders w/Dinner Roll Cheesy Mashed Potatoes Green Beans | 6 Baked Potato Bar Bowl of Chili w/Breadstick Buttered Peas |
| 9 Bosco Sticks w/Marinara Steamed Broccoli & Cauliflower | 10 Chef's Choice | 11 Cheese Cones Buttered Corn Salad w/Fresh Veggies | 12 Spicy Chicken Tenders Steak Fries Hot Veggies | 13 <i>No School Teacher PD Day</i> |
| 16 <i>No School Holiday/Break</i> | 17 General TSO Chicken w/Brown Rice Oriental Vegetables | 18 Mac 'N Cheese Bowl w/Toppings Dinner Roll Steamed Broccoli | 19 Chicken Tenders Prezel Rod Potato Smiles Glazed Carrots | 20 Grilled Cheese and Tomato Soup Pickle Slice Steamed Peas |
| 23 Chicken Parmesan w/Garlic Roll Green Beans Side Salad | 24 Fried Rice w/Egg Roll Steamed Broccoli | 25 Brunch for Lunch Sausage, Eggs Biscuits & Gravy Hot Cinnamon Apples | 26 Popcorn Chicken Bowl w/Mashed Potatoes, Corn & Cheese Dinner Roll | 27 Chef's Choice |
| 30 Steak Hoagie w/Chs & Marinara Side Salad Hot Vegetable | 31 Soft Pretzel Stick w/Cheese Broccoli and Cauliflower | | | |

Apply online today for Free or Reduced Meals!

Visit our website at:

<http://www.greatoaks.com/about/food-service>

A variety of fruits and vegetables are offered daily on our Fresh Bar and serving lines.

Romaine salad mix, cucumbers, cherry tomatoes, celery, carrots, peppers,
apples, oranges, craisins, and applesauce just to name a few!

COMING SOON: Be sure and visit our Ala Carte Snack Bar available after lunch meals are served, where all items are Smart Snack compliant!

Entrees Available Daily:

- Pizza - Meat & Cheese
- Mexican Bar
- Hot/Cold Sandwich Station
- Grab 'N Go Options
- Charcuterie Boxes
- Large Entree Salads
- Vegetarian Options