COVID-19 Preparedness Plan
2023-2024 School Year

Updated 9.21.2023

Rochester Catholic Schools is committed to the safety, spiritual, social, emotional, and academic needs of all our students. Respect, kindness, and understanding are essential to the success of the 2023-2024 school year.

Health screening: We continue to ask families to be diligent in monitoring their children for symptoms, especially after a known exposure, and to keep children at home if they are feeling ill.

Vaccination: Optional.

Masking: Optional, recommended on days 6-10 after a positive test (unless the student has two consecutive negative covid tests 24 hours apart)

Testing: Families are encouraged to test when COVID-19 symptoms present or when an exposure has occurred.

Communication: Families should report a positive case of COVID-19 to their school principal.

Isolation: If an individual tests positive for COVID-19, it is recommended that s/he isolate for five days from the onset of symptoms or positive test. As with any illness, the individual must stay home from school until his/her symptoms have diminished and have been fever-free for 24 hours. When she/he returns to school, the individual is encouraged to wear a mask until 10 days after initial onset of symptoms or positive test. (see 'masking' above)

Both the Center for Disease Control (CDC) and Minnesota Department of Health (MDH) have guidance to inform your family's decisions. We will use this information if case numbers warrant adjustments to our approach above.