

SEL Advisory Team

Our goal is to prioritize, teach, and assess the growth and development of the CASEL 5 in TCSS.

The SEL Advisory Team was created to identify a K-12 SEL curriculum to ensure that our teachers and staff have the tools that they need in order to teach those competencies to our students.

Through a comprehensive focus on SEL, Troup County Schools is committed to the social, emotional, and academic development of all students as identified in its six core values: Connection, Equity, Achievement, Resilience, Integrity, Compassion.

Parent University

Parent University was created during the 2022-2023 School Year in an effort to empower parents on how they could best support their child during a potential mental health crisis.

This community outreach provides various training topics relating to trauma, suicide prevention, and other mental health obstacles.

“There is always **LIGHT**,
If only we’re brave
enough to **SEE** it.
If only we’re brave
enough to **BE** it.”

-Amanda Gorman



Social and Emotional Learning (SEL)



Troup County School System

100 North Davis Road

LaGrange, GA 30241

(P)706.812.7900 Ext.1172

(C)706.594.2371

(E)gibsontd@troup.org

Tiffany Gibson, Ed. S.

Coordinator



Troup County School System

A Place for Every Kid



What is SEL?

SEL refers to the building of skills and mindsets necessary for students to thrive in all areas of their life.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) 5 addresses five broad and interrelated areas of competencies:

- **Self-Management**
Understanding and managing emotions
- **Self-Awareness**
Setting and achieving positive goals
- **Social Awareness**
Feeling and showing empathy for others
- **Relationship Skills**
Establishing and maintaining positive connections
- **Responsible Decision-Making**
Making responsible choices

SEL in Troup County Schools

TCSS uses the CASEL 5 framework to ensure that its SEL programming aligns with the district's goals and mission of educating ALL students by using creative and innovative strategies that provide 'A Place For Every Kid.'

We believe it is most beneficial to integrate SEL throughout each school's academic curricula and culture, schoolwide practices and policies and through ongoing collaboration with families and community organizations.

We utilize Purpose Prep, Second Steps, Core Essential Values, Navigate360, and other online programs to aid in lesson planning to address various topics.

TCSS also recognizes that building the capacity of adults to model SEL skills is at the core of teacher and leader excellence. Various professional development opportunities are planned that focuses on trauma informed classrooms, working with at-risk populations, mental health awareness, and relationship building.

Counseling Services

TCSS has a total of 27 school counselors and 6 social workers who work collaboratively to meet the mental health needs of our students. A school counselor, social worker, and school-based therapist is assigned to every school in TCSS.

Comprehensive counseling services are delivered through classroom guidance lessons, small groups, and individual sessions. Topics include education/career planning, goal-setting, personal well-being, character education, social and emotional learning, bullying, grief/loss, and other age appropriate matters.

Students who are in need of more intense counseling services may be referred to an outside agency or may take advantage of seeing one of our school-based therapists.

Currently, therapists from Pathways Center and Grace Harbour Behavioral Health are utilized to provide ongoing counseling services. Eligible students are able to meet with a school-based therapist during the school day in a confidential setting.

