



October 2023



Ferndale Area Elementary School Lunch Menu * Menu Subject to Change*

	Fat Free Chocolate, Strawberry, 1% white			Adult Prices: Lunch 4.75, Breakfast 2.40
2. Chicken Nuggets or Ham & Cheese Sandwich, Steamed Broccoli, French Fries, Pears, Milk	3. BREAKFAST FOR LUNCH: French Toast Sticks, or Ham & Cheese Sand., Sausage Links, Tator Tots, Peaches, Milk	4. Popcorn Chicken, or Ham & Cheese Sandwich, Mashed Potatoes w/ Gravy, Corn, Dinner Roll, Peaches, Milk	5. Hamburger on Bun, or Ham & Cheese Sandwich, Vegetarian Beans, Tator Tots, Pineapple, Milk	6. Stuffed Crust Pizza or Ham & Cheese Sand., Green Beans, Baby Carrots, Mandarin Oranges, Milk
9. No School	10. Chicken Patty Sand., or Turkey & Cheese Sandwich, Baby Carrots W Dip, French Fries, Pears, Milk	11. Turkey Hoagie Sand., or PB&J, Shredded Lettuce, Tomato, Chicken Noodle Soup, Steamed Carrots, Milk	12. Chicken Taco or Turkey & Cheese Sandwich, Steamed Rice, Black Beans, Shredded Cheese, lettuce, Salsa, Pears, Milk	13. Pizza or Turkey & Cheese Sand. Steamed Peas, Peaches, Elf Grahams, Milk
16. Taco or Deli Sand, Steamed Rice, Sh. Lettuce & Cheddar Cheese, Salsa, Pineapple, Milk	17. Hot Dog on Bun, or Deli Sandwich Sauerkraut, Baked Beans, Snack Bag, Peaches, Milk	18. Chicken N Gravy Over Biscuits, or Deli Sandwich, Green Beans, Pears, Milk	19. Meatball Hoagie or Deli Sandwich, Steamed Broccoli, Shredded Mozz Cheese, Tossed Salad, Mandarin Oranges, Milk	20. Maxx Sticks w/ Sauce or Deli Sandwich, Steamed Carrots, Pineapple, Sherbet, Milk
23. No School	24. Grilled Cheese Sand., or PB&J Tomato Soup, Baby Carrots & Celery Cup, Goldfish Crackers, Pineapple, Milk	25. Chicken Strips, or PB&J Tator Tots, Steamed Broccoli, Pears, Milk	26. Grande Nachos or PB&J, Lettuce, Cheese Sauce, Steamed Corn, Black Beans, Peaches, Milk	27. Pizza or PB&J Tossed Salad, Green Beans, Pineapple, Pretzels, Milk
30. Meatballs W Gravy, or Ham & Cheese Sand: Seasoned noodles, Steamed Green Beans, Pears, Milk	31. Chicken Nugget, or Ham & Cheese Sand., French Fries, Carrots, Peaches, Milk			

