

How does the school district foster student safety in a productive learning environment free of alcohol and drugs?

- School Board Policy 1049 prohibits the use, possession and distribution of alcohol and other drugs
- Administrative Regulation 1049 guides administrators in disciplining students involved with alcohol and other drugs
- Curriculum in grades K-12 teach the effect of drugs and alcohol and avoidance skills
- School-based Student Assistance Program accepts referrals and provides intervention support
- Early identification of the warning signs of drug use
- Classroom management strategies that include behavior interventions
- Involvement of parents
- Coordination with community groups and agencies
- Development of students' social and coping skills
- Academic support during suspensions and expulsions

Full text of School Board Policy and Administrative Regulation 1049 available at:
<http://www.k12northstar.org/board-of-education/policies-regulations>

What Parents Can Do

Refer your child to the school's Student Assistance Program

Get to know your child's friends and their parents

Ask them about their dreams, hopes and fears

Attend parenting classes or support groups

Know your resources and use them

Monitor your child's whereabouts

Encourage positive social skills

Remember you are the parent

Communicate values openly

Encourage responsibility

Create family traditions

Model good behavior

Give clear messages

Talk to children daily

Spend time together

Be a good listener

Give lots of praise

Be well informed

Be consistent



For more information contact the
Office of Safe and Healthy Students Director
Fairbanks North Star Borough School District

520 Fifth Avenue
Fairbanks, AK 99701
(907) 452-2000 ext 11355
www.k12northstar.org

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Drugs & School Don't Mix

at the
**Fairbanks North Star Borough
School District**

Students Belong in School, Not Drugs and Alcohol



Using, possessing, being under the influence of or distributing alcohol or other drugs interferes with attaining a good education.

The safety of all students is at risk.

The school district knows education and prevention are effective for the majority of students. However, students who violate the rules can expect the following consequences:

- Ten-day suspensions in grades 7-12
- Expulsions for repeat offenses or distribution
- Community service
- Referral to obtain a drug assessment
- Participation in intervention programs

The school district wants to maintain its relationship with the student involved with drugs and alcohol. Therefore, voluntary opportunities are in place to offer education support during suspensions and expulsions to minimize interruption to a student's education.

In-School or District wide PASS (Positive Alternative to School Suspension) provides secondary students suspended for alcohol and drug violations academic support and intervention education.

Students receive individual academic support to complete work from their school. Students attending the five-day PASS program, located either at the home school or in the district wide location, may take a substance use assessment called the Substance Abuse Subtle Screening Inventory (SASSI). If the results are negative, the requirement for the student to obtain a drug and alcohol assessment is waived.

Students Making a Right Turn (SMART) is a program outside of schools, located in the central Administrative Center. Expelled students in grades 7-12 can complete schoolwork from teacher-made lessons, correspondence work from BYU, Advanced Academics or other. It includes appropriate education for substance abuse and some behavior problems.

What is a drug assessment and why is it required?

An assessment is an evaluation of the student's involvement with alcohol or other drugs. It is required as part of the discipline process for drug and alcohol violations. Professional staff of the district may provide the first assessment free of charge. As an alternative, a student may receive financial assistance, not to exceed \$100, to seek an assessment from an approved community provider. Subsequent assessments are conducted by approved community providers and at the student's expense.

There are five possible outcomes to the two-hour assessment:

- No problem
- Misuse
- Abuse
- Chemical dependency, which requires treatment outside the district
- Defensive

What is the drug assessment used for?

The results of the drug assessment are provided to the professional intervention staff running the Student Assistance Program (SAP) at the school. The outcome of the drug assessment guides the staff in providing school-based support and services for the student and parent. The student's assessment records as well those from SAP are kept confidential and separate from the student's cumulative academic records.

If parents suspect drug or alcohol use or are worried about their child, they can refer their child to the school's Student Assistance Program (SAP) by contacting the prevention intervention specialist. SAP provides intervention support services in grades K-12. The program assists the parent and student to attain the help they need in the community while providing education and support at school.

Drug & Alcohol Prevention Behavior Signs of an Adolescent in Need:

- A drop in grades
- Switching friends
- Emotional highs and lows
- Defiance to rules and regulations
- Becoming more secretive
- Loss of initiative
- Withdrawal from family functions
- Withdrawal from school activities
- Change in physical hygiene
- Not informing parents of school activities
- Many excuses for staying out late
- Isolation
- Suspicion of money or alcohol missing
- Selling possessions
- Parents feeling manipulated & bargained with
- Short tempered
- Weight changes
- Legal problems
- Defensive
- Health problems