
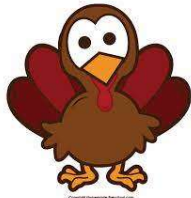


What's on the Menu?

NOVEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				
		<p>1. Greek Chicken Flatbread</p> <p>2. Waffles with Yogurt</p>	<p>1. Chicken Parmesan</p> <p>2. Oven Baked Lasagna</p> <p>Garlic Flatbread Roasted Carrots</p>	<p>1. Cheese Pizza</p> <p>2. Pepperoni Pizza</p>
<p>1. BBQ Meatballs</p> <p>2. Muffin Fun Lunch</p> <p>Smiley face Fries</p>	<p>1. Chicken Quesadilla</p> <p>2. Cheese Quesadilla</p> <p>Refried Beans Salsa Sour Cream</p>	<p>1. Sweet & Sour Chicken Brown Rice</p> <p>2. Cheesy Pull-apart Marinara</p> <p>Roasted Broccoli</p>	<p>1. Chicken Sandwich</p> <p>2. Alfredo Tortellini Garlic Flatbread</p> <p>French Fries</p>	<p>1. Cheese Pizza</p> <p>2. Pepperoni Pizza</p>
<p>1. Turkey Corn Dog</p> <p>2. Grilled Cheese</p> <p>Smiley face Fries</p>	<p>1. Chicken Tostado</p> <p>2. Bean & Cheese Burrito</p> <p>Salsa Sour Cream</p>	<p>1. BBQ Chicken Flatbread</p> <p>2. Pancakes with Yogurt</p>	<p>1. Chicken Drumstick Mashed Potatoes</p> <p>2. Mac and Cheese</p> <p>Garlic Flatbread Zucchini & Squash</p>	<p>1. Cheese Pizza</p> <p>2. Pepperoni Pizza</p>
<p>1. Hamburger/ Cheeseburger</p> <p>2. Sun Butter Banana Roll-up</p> <p>Smiley face Fries</p>	<p>1. Chicken Tacos</p> <p>2. Black Bean & Corn Tacos</p> <p>Black Beans Salsa Sour Cream</p>	NO SCHOOL		
<p>1. Beef Hot Dog</p> <p>2. Margherita Flatbread</p> <p>Smiley face Fries</p>	<p>1. Beef Nachos</p> <p>2. Bean & Cheese Burrito</p> <p>Refried Beans Salsa Sour Cream</p>	<p>1. Greek Chicken Flatbread</p> <p>2. Waffles with Yogurt</p>	<p>1. Chicken Parmesan</p> <p>2. Oven Baked Lasagna</p> <p>Garlic Flatbread Roasted Carrots</p>	

Weekly Choice 3 Options
<p><u>MONDAY</u> Garden Salad Salad</p>
<p><u>TUESDAY</u> Taco Salad</p>
<p><u>WEDNESDAY</u> Vegan Chickpea Salad</p>
<p><u>THURSDAY</u> Chicken Caesar Salad</p>
<p><u>FRIDAY</u> Caesar Salad</p>
<p>*Flatbread served Daily</p>

DAILY OPTIONS
<p><u>FRUIT AND VEGGIE BAR</u></p> <p>FRESH FRUITS FRUIT CUPS WHOLE FRUITS</p> <p>FRESH VEGGIES FRESH MADE SIDE SALADS</p>

All meals served with milk or chocolate milk



Vegetarian



Locally Grown