

Gyeonggi Suwon International School Menu

<October>

	Mon(10.16)	Tue(10.17)	Wed(10.18)	Thu(10.19)	Fri(10.20)
Korean Menu	Fish Cutlet 1,2,4,5 Steamed Rice Mushroom Spicy Noodle (ES-Mushroom Noodle) 4,5,19 Cucumber salad White Kimchi Kimchi 4,7	Spicy Hard Boiled Pork (ES-w/ Soy Sauce) 4,5,8 Steamed Rice / Multigrain Rice Bean Sprout Soup 4,5 Japchae 4,5 Seasoned Green 4,5 White Kimchi Kimchi 4,7	Stir fried Chickenw/Kimchi 4,5,7,12 (ES-w/ Soy Sauce) 4,5,12 Steamed Rice Bean Paste Soup 4,5 Grilled Tofu 4,5 Seasoned Bean Sprouts 4,5 White Kimchi Raidsh Kimchi 4,7	Fried Pork w/Rice cake 1,4,5,8,10 Steamed Rice Mushroom Soup 4,5,19 Stewed Burdock 4,5 Sweet Potato & Apple Salad 1,4,20 White Kimchi Kimchi 4,7	Spicy Chicken Soup (ES-Chicken Soup) 4,5,12 Steamed Rice Grilled Fish 4,5 (ES-Meatball) 1,4,5,8,10 Stir-fried Zucchini 4,5,15 White Kimchi Raidsh Kimchi 4,7
International Menu	Baked Curry Chicken 1,2,4,5,8,10,12,13,15,17 Steamed Rice Broccoli & Cauliflower 4,5,15 Chickpeas Salad 17	Chicken Stroganoff 2,4,5,12,15 Steamed Rice Green Beans & Onion 4,5,15 Vinagrete 10,13	Indian Ground Pork 2,4,5,8,10,12,13,15 Steamed Rice Tortilla Chips 4,5 Corn Salad 1,4 Corn Chowder Soup 2,4,5,12	Japanese Chicken Rice Bowl 1,4,5,6,8,12,15 Steamed Rice Takoyaki 1,4,5,6,13,15,20 Eggplant & Onion 4,5,15	Swiss Steak 1,2,4,5,8,10,12,13,15 Steamed Rice Honey Carrots 4,5 Hempseed Salad 17
	Mon(10.23)	Tue(10.24)	Wed(10.25)	Thu(10.26)	Fri(10.27)
Korean Menu	Stir-fried Pork 4,5,12,15 Steamed Rice Soft Tofu Stew 4,5 Fried Sweet Pumpkin 4,5 Bellflower Salad (ES-Bellflower Salad) 4,5 White Kimchi Raidsh Kimchi 4,7	Grilled Pork Belly & Sausage 2,4,5,8,12,13,15 Steamed Rice / Multigrain Rice Fish Cake Soup 4,5 Seasoned Bean Sprout (ES-Seasoned Bean Sprout) 4,5 Lettuce Salad White Kimchi Kimchi 4,7	Dak-galbi (ES-w/ Soy Sauce) 4,5,12 Steamed Rice Bean Paste Soup 4,5 Stir fried Potato 4,5,15 Korean Jelly Salad White Kimchi Kimchi 4,7	Korean Meatballs 1,2,4,5,8,10,13,15,17 Steamed Rice Squid Radish Soup (ES-Squid Radish Soup) 4,5,14 Stir Fried Mushroom 4,5,15,19 Radish Namul 4,5 White Kimchi Raidsh Kimchi 4,7	Pork Backbone Stew 4,5,8 Steamed Rice / Multigrain Rice Sausage Pancake 1,2,4,5,8,10,12,13,15 Seaweed Cucumber Vinegar Dressing Seasoned Cold Salad White Kimchi Raidsh Kimchi 4,7
International Menu	Mozzarella Chicken 2,4,5,10,12,15 Steamed Rice Hawaiian Salad 1,4		Pork Cutlet 1,2,4,5,8,10,13,15,17 Steamed Rice Mixed Vegetables 2,4,5 Dutch Salad 1,4,5	Gambero & Oil Spaghetti 4,5,8,10,12 Baguette 1,2,4,5 Hand-made Pickle 17	Chicken Quesadilla 2,4,5,10,12,15 Fried Potatoes 4,5,10 Coleslaw 1,4 Cream Onion Soup 2,4,5,12

<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

* This menu can be changed depending on its ingredients.