

October

High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Macaroni and Cheese Breadstick	Breaded Chicken Sandwich (Regular and Spicy) Chips	Brunch For Lunch French Toast Sticks Chicken Sausage Links Hashbrown Patties	Mozzarella Cheese Sticks with Marinara Garlic Toast	Poppin' Flavored Popcorn Chicken Day (Southern OR Nashville Hot) Cornbread BBQ Baked Beans
Alternate	Alternate	Alternate	Alternate	Alternate
Build your own Beef Nachos Jalapeno Cheese Sauce Fiesta Black Beans	Orange Chicken Lo Mein	Italian Dunker with Marinara Sauce Caesar Salad	Beef Chili Cheese Fries Garlic Toast Fritos (1oz)	Rotini Grilled Chicken Alfredo Garlic Breadstick
Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Ginger Stir-Fry Vegetable Fresh Fruit Assorted Fresh Vegetables	Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables Spicy Roasted Chickpeas	Steamed Peas Fresh Fruit Assorted Fresh Vegetables
9	10	11	12	13
Mini Chicken Corndogs Chips	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll	Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast	Chicken Wing Day Salted Pretzel with Cheese Sauce	Beef or Chicken Gryo
Alternate	Alternate	Alternate	Alternate	Alternate
Spaghetti with Beef Meat Sauce Garlic Breadstick	Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Fiesta Black Beans	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	General Tso Chicken White Rice Chicken Potsticker	Chicken Tenders (Regular and Spicy) Cornbread
Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Parmesan Spinach Alfredo w/ Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables BBQ Baked Beans	Sidewinder Fries Fresh Fruit Assorted Fresh Vegetables
16	17	18	19	20
Beef Walking Taco White Rice	Breaded Chicken Sandwich (Regular or Spicy) Chips	Brunch for Lunch French Toast Sticks Chicken Sausage Links Hashbrown Patties	No School	No School
Alternate	Alternate	Alternate	Alternate	Alternate
Thai Sweet Chili Chicken Lo Mein Noodles	Hearty Beef Lasagna Garlic Toast Caesar Salad	Italian Dunker with Marinara Sauce Caesar Salad		
Ginger Stir-fry Vegetable Fresh Fruit Assorted Fresh Vegetables	Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Cauliflower with Soy Sauce Fresh Fruit Assorted Fresh Vegetables		
23	24	25	26	27
Chicken Wing Day Salted Pretzel with Cheese Sauce	Mini Chicken Corndogs Curly Fries	Chicken Bites Garlic Mashed Red Potatoes Chicken Gravy Dinner Roll	Cheesy Chicken Philly Fritos (1oz)	Chicken Tenders (Regular and Spicy) Garlic Breadstick Caesar Salad
Alternate	Alternate	Alternate	Alternate	Alternate
Sweet and Sour Chicken Fried Rice	Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice	Spicy Honey Chicken White Rice Chicken Potsticker	Cheesy Beef Totchos Breadstick Fritos (1oz)	Pizza (BBQ Chicken or Cheese) Caesar Salad
Steamed Carrots Fresh Fruit Assorted Fresh Vegetables	Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables Fiesta Black Beans	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Steamed Green Beans Fresh Fruit Assorted Fresh Vegetables	Parmesan Spinach Alfredo w/ Tortilla Chips Fresh Fruit Assorted Fresh Vegetables Orange Cream Sidekick Slushie
30	31			
Macaroni and Cheese Breadstick	Breaded Chicken Sandwich (Regular and Spicy) Chips			
Alternate	Alternate			
Build your own Beef Nachos Jalapeno Cheese Sauce Fiesta Black Beans	Orange Chicken Lo Mein			
Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Ginger Stir-Fry Vegetable Fresh Fruit Assorted Fresh Vegetables			
Offered Daily				
Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich
Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers

IN SCHOOL OFFERED DAILY:

Manager Choice of: Specialty Salad, Specialty Sandwich, Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich.

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.

A milk will incur a cost unless taken as part of a school meal.