

Meatless Monday	Taco Tuesday	Wacky Wednesday	California Thursday	Friday Favorites
2 Pasta with Butter Parmesan Sauce & Garlic Bread EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola	3 Crunchy Grass Fed Organic Beef Taco Chicken Tenders Boar's Head Hummus & Pretzels Granola Bar & String Cheese	4 Grilled Cheese Sandwich Orange Chicken with Brown Rice Yogurt & Granola Fortune Cookie	5 Homemade Macaroni & Cheese with Chicken Bites EUSD Cheese Pizza EUSD Pepperoni Pizza Benefit Bar & String Cheese	6 Grass Fed Beef Hamburger Grass Fed Beef Cheeseburger Soft Pretzels with Cheese Dipping Sauce Yogurt & Granola Chocolate Brownie
9 Bean & Cheese Burrito EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola	10 Cheese Tamale with Tortilla Chips Crispy Chicken Sandwich Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels Granola Bar & String Cheese	11 Cheese Quesadilla Chicken & Waffles Yogurt Berry Parfait with Granola	12 Fiesta Nachos with Grass Fed Carnitas EUSD Cheese Pizza EUSD BBQ Chicken Pizza Benefit Bar & String Cheese	13 Grass Fed Beef Hotdog Homemade Macaroni & Cheese Yogurt & Granola Whole Fruit Strawberry cups
16 Cheese Tortellini with EUSD Marinara & Garlic Bread EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola	17 Baja Fish Taco with Tortilla Chips Chicken Tenders Boar's Head Hummus & Pretzels Granola Bar & String Cheese	18 Grilled Cheese Sandwich Orange Chicken with Brown Rice Yogurt & Granola Fortune Cookie	19 Breaded Chicken Drumstick with Potato Wedges & Hawaiian Roll EUSD Cheese Pizza EUSD Pepperoni Pizza Benefit Bar & String Cheese	20 Brunch for Lunch (Pancakes) Mozzarella Breadsticks & Marinara Yogurt & Granola Sugar Cookie
Fall Break (Oct. 23-27)				
30 EUSD Spaghetti & Marinara with Garlic Bread EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola	31 Fiesta Nachos with Grass Fed Organic Beef Boar's Head Turkey & Cheese Deli Sandwich Boar's Head Hummus & Pretzels Granola Bar & String Cheese Whole Fruit Orange Popsicle			

Fall Break (Oct. 23-27)

Contains Pork:
Gluten Free:
Vegetarian:
Scratch-made Fresh Daily:



Meals are FREE for all EUSD Students

Adults & Visitors (Updated Pricing):
\$6.00 for Lunch
\$4.00 for Breakfast

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at www.schoolcafe.com.

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: lea.bonelli@eusd.net.

Food Allergies:

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request.
- We serve GF items, but our kitchens are not GF facilities.
- We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

**Menus are subject to change without notice **
This institution is an equal opportunity provider.

Breakfast Menu

Breakfast is served daily before school. Check with your school office for specific service times. Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

- Monday:** Banana Bread
Assorted Cereal
- Tuesday:** Maple Belgian Waffles
Assorted Cereal
- Wednesday:** Homemade Blueberry Muffin
Oatmeal Benefit Bar
- Thursday:** Mini Pancakes
Assorted Cereal
- Friday:** French Toast Minis
Banana Chocolate Chip Scone

Daily Salad Bar:

Fresh, Seasonal, California-Grown!
Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic seasonal veggies!

- Mondays:** California Grown Apple Pears
 - Tuesdays:** Super Sliced Apples & Jicama
 - Wednesdays:** Rotating Locally Grown Produce & Pineapple Chunks
 - Thursdays:** California Grown Plums & Sliced Cucumbers
 - Fridays:** California Grown Valencia Orange Slices
- Various dressings are offered daily including a option.