

# minutes

## SHAC-School Health Advisory Council

9.20.2023

12:06– 1:01

CISD Boardroom

Facilitator Dr. Mark McClure

Note taker Cheri McCullough

Attendees Dr. Mark McClure, Rickie Leck, Lisa Magers, Stefanie McBroom, Glenna Pollock, Debbie Reynolds, Christi Gregory, Bill Allen, Lori Johnson, Michael Hoots, Erick Silva, Cherine Murray, Rachel Russell, Janeth Meador, Paige Briscoe, Chelsea Chapman, Robyn Keeton, Brook Watson, Lara Arnold, Angie Dallas, Annette Jacobs, Melissa Reaves, Sammy Arouse, Angelina Arias

### Welcome – Dr. Mark McClure

Committee members introduced themselves

### Approval of Previous Meeting Minutes \*

Committee members silently read minutes from May 10, 2023

Brook Watson made a motion to approve; Rickie Leck seconded; motion carried

### What is SHAC? – Dr. Mark McClure

This committee assists in making decisions in the district's health education instruction

- Choosing curriculum for various health-related subjects
- Assists in planning coordinated school health programs
- Determines opportunities for collaboration between CISD and community
- Educating students on topics such as child abuse, dating violence, family violence, sex trafficking with grade appropriate curriculum

### Election of Co-Chair

- Dr. McClure opened the floor for nominations
- Janeth Meador volunteered
- Committee accepted and voted for Janeth Meador to serve as the Co-Chair for 2023-2024

### TCHAT (Texas Child Health Access Through Telemedicine) – Jennifer Swanson

Telehealth for Counseling Services

- 1 in 6 youth experience mental health disorders every year
- 1 in 10 children reside in Texas
- What this program offers
  - No cost – state and federally funded
  - In school services
  - In home services during academic breaks
  - Brief teletherapy
  - Brief telepsychiatry
  - Risk assessment
  - Consultation
  - Community referrals
- Process
  - Secure link for counselor to make referral
  - Contact parent/guardian to complete referral
  - Contacts school to schedule sessions