

Tomball Independent School District

PreK Breakfast Menu

OCT

MENU 2023

BAT BRIDGE AUSTIN



We are now hiring for kitchen jobs!

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- Weekends off

Visit our website for more details!



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

MONDAY

2 Mini-Waffles
100% fruit juice
Low-Fat White Milk

TUESDAY

3 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

WEDNESDAY

4 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

THURSDAY

5 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

FRIDAY

6 Staff Development
Student Holiday

9 Staff Development
Student Holiday

10 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

11 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

12 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

13 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

16 Mini-Waffles
100% fruit juice
Low-Fat White Milk

17 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

18 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

19 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

20 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

23 Mini-Waffles
100% fruit juice
Low-Fat White Milk

24 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

25 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

26 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

27 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

30 Mini-Waffles
100% fruit juice
Low-Fat White Milk

31 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

Our unit breakfast consists of all 3 food components placed on the student's tray.

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All breakfast cereals and pastries contain at least 51% whole grain. 1% White Milk is offered daily.



Food and Nutrition Division
National School Lunch Program

Student Breakfast:
\$1.50
Adult Breakfast:
\$3.10



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.

Meals are Subject to
Change due to
Ongoing Supply Chain
and Staffing Issues



Updated 10/1/2023
www.SquareMeals.org



Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

To add money to a student's account visit: www.schoolcafe.com



TOMBALL
INDEPENDENT SCHOOL DISTRICT
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 **Breakfast for Lunch!**
Pancake, Sausage & Scrambled Eggs
Hash Brown, Fruit
Milk

3 Taco Tuesday
Vegetables, Fruits
Milk

4 Chicken Nuggets
Vegetables, Fruits
Breadstick & Milk

5 Baja Fish Sticks
Vegetables, Fruits
Milk

6 Staff Development
Student Holiday

9 Staff Development
Student Holiday

10 Taco Tuesday
Vegetables, Fruits
Milk

11 Steak Fingers
Vegetables, Fruits
Dinner Roll & Milk

12 Pizza
Vegetables, Fruits
Milk

13 Chicken Sandwich
Vegetables, Fruits
Milk

16 **New! Teriyaki Beef**
Vegetables, Fruits
Brown Rice & Milk

17 Taco Tuesday
Vegetables, Fruits
Milk

18 Chicken Nuggets
Vegetables, Fruits
Breadstick & Milk

19 Baja Fish Sticks
Vegetables, Fruits
Milk

20 Cheeseburger
Vegetables, Fruits
Milk

23 Cheesy Breadsticks
Vegetables, Fruits
Milk

24 Taco Tuesday
Vegetables, Fruits
Milk

25 Steak Fingers
Vegetables, Fruits
Dinner Roll & Milk

26 Pizza
Vegetables, Fruits
Milk

27 Chicken Sandwich
Vegetables, Fruits
Milk

30 **Breakfast for Lunch!**
Pancake, Sausage & Scrambled Eggs
Hash Brown, Fruit
Milk

31 Taco Tuesday
Vegetables, Fruits
Milk

Our unit lunch consists of all 5 food components placed on the student's tray

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All lunch rolls, tortillas, rice, pastas and breads contain at least 51% whole grain.
1% White Milk offered daily.



Food and Nutrition Division
National School Lunch Program

Student Lunch:
\$2.50
Adult Lunch:
\$4.60



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