

CAMBRIAN SCHOOL DISTRICT

Board Policy

Policy 5030

Adopted: June 27, 2006

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STUDENTS

Student Wellness

The Governing Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity consistent with the expectations established in the state's curriculum frameworks and designed to build the skills and knowledge that all students need to maintain a healthy lifestyle. The Superintendent or designee shall build a coordinated school health system that supports and reinforces health literacy through health education, physical education, a safe and healthy school environment, and parent/guardian and community involvement.

Parents/guardians, students, school food service professionals, school administrators, Board representatives, and members of the public shall be involved with the development of the Student Wellness policy.

The Governing Board believes that food and beverages sold to students at District schools should support the health curriculum and promote optimal health. Nutrition standards adopted by the District for all foods and beverages sold to students, including foods and beverages provided through the district's food service program, student stores, vending machines, fundraisers, or other venues, shall meet or exceed state and federal nutrition standards.

Foods and beverages provided through federally reimbursable school meal programs shall meet or exceed federal regulations and guidance as they apply to schools.

The Superintendent or designee shall oversee the implementation of the Wellness Policy districtwide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.