

## Fikradaha Ka-qaybgalka Ardayga

*Diyaarso oo dir martiqaadyada kulanka: kooxuhu waxay ka warbixiyaan korodhka imaatinka macalinka guud marka ardaygu kordhiyo martiqaadka kulankooda*

*Samee isbarasho: waa hab fiican oo ardaygu wax yar ku bilaabo shirarka IEP iyo kooxdu si ay u arkaan waxa ardaygu fahmayo doorka qof walba ku leeyahay noloshiisa*

*La xidhiidh waxa ku wanaagsan, dookhyada, xiisaha, iyo baahiyaha: ardaygu waxa laga yaabaa inuu tan siyaabo kala duwan ula xidhiidho - hadal, qoraal, adeegsi qalab AAC, bandhig, ama qaar kaloo badan!*

*Codso Degaano: ardaygu wuu ka soo qayb gali karaa kulanka si uu fikrado uga dhiibto hoygooda. Way garanayaan waxa iyaga u shaqeeya waxaana laga yaabaa inay leeyihiin fikrado kooxda inteeda kale ma tixgelin.*

*La wadaag yoolalka mustaqbalka, riyooiyinka, iyo himilooyinka: Mar labaad, ardaygu wuu ka aqoon badan yahay qof kasta waxa ku dhiirrigeliya mustaqbalkooda. Xataa haddii ay hadda u muuqato mid aan la gaadhi karin, arag aragtiddooda u arag bilow sahan. Aad bay u xoojin kartaa ardayda inay tan kooxdooda u caddeeyaan.*

*Samee bandhig: waxaa laga yaabaa in ardaygu rabo in uu muuqaal la wadaago kooxda. Waxay samayn karaan bandhig taageero xubin kooxeed si ay ula wadaagaan fikradahooda.*

*Qor qaybo ka mid ah IEP: Marka ardaygu dareemo raaxo ka qaybgalka kulankooda IEP, weydii haddii ay rabaan inay ku caawiyaan maamulaha kayska qoritaanka IEP laftiisa.*

*U fududee dhammaan ama qayb ka mid ah kulanka: ardayda qaar ayaa awoodi doona*

## Khayraadka

### Waan Go'aansaday

[www.imdetermined.org](http://www.imdetermined.org)

Ilahani waxa uu leeyahay arday, qoys, iyo macalin oo wajahaya bogag internet ah oo leh agab is dhexgal ah si ardayda looga caawiyo dejinta yoolalka, in la maqlo, oo ay gaaraan xiddigaha.

### HSNPTA: Highline Baahiyaha Gaarka ah ee PTA

[highlinespecialneedspta.memberplanet.com](http://highlinespecialneedspta.memberplanet.com)

**Ka raadso taageero qoysaska kale sida ay ardaydooda ugala hadleen IEPs**

### WA PAVE: Hogaami kulammadaada IEP

[www.wapave.org](http://www.wapave.org)

## Ilaha

<sup>1</sup>[Seattle University, Center for Change in Transition Services \(CTSS\), Student-led IEPs \(SLIEP\)](#)

<sup>2</sup>[Cadre Webinar "Student-led IEPs & Youth Engagement as a Dispute Resolution Option"](#)



**HIGHLINE**  
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## Ardaygu hogaamiyo IEPs

Tixgelinta qoysaska iyo ardayda marka ay isu diyaarinayaan ka qayb galka arday badan ee nidaamka IEP



## Waa maxay IEP-ga uu ardaygu

- IEP-yada uu ardaygu hogaamiyo ayaa qeexaya habka loo maro Barnaamijka Wax-barashadda Shakhsi ahaaneed ee u dhaqaaqa in codka ardayga la meel mariyo iyo kordhinta xirfadaha aayo ka tashiga ardayga. Waa kuwan xaqiiqooyin degdeg ah oo ku saabsan IEP-ga ardaygu hoggaamiyo:
- Waxay ku dhiirigelisaa ardayda inay ka qaybqaataan samaynta doorashooyin iyo go'aanno, kordhinta tooda
- hawlgelinta iyo isla xisaabtanka2
- Waxaa la hirgelin karaa da 'kasta
- Ma jirto hab "saxa" ah oo lagu qabto IEP-ga uu ardaygu hogaamiyo waxayna u ekaan doontaa mid ka duwan mid kasta
- arday ku salaysan da'da, baahida, iyo kartida1

## Sideen ugu diyaargarownaa IEP-ga uu ardaygu hogaamiyo?

- Kala hadal maamulaha kiis IEP: weydii siyaabaha ay ardayda ugu daraan kooxda iyo habka. Mararka qaarkood xubnaha kale ee kooxda (sida OTs ama SLPs) ayaa hogaanka u qabta samaynta 1-ka-1 ardayda
- La hadal ardaygaaga: weydii inay tani tahay wax ay xiisaynayaan inay sameeyaan. Haddi ay sidaas tahay, ka faa'iidayso fikradaha kooxdaada oo sahamiya agabka onlayn (dib eeg)
- La wadaag taariikhda IEP-gooda: adiga iyo ardaygaaga, waxaad tahay xubinta ugu muddada dheer kooxda IEP. Waxaa jira aragtiyo aad la wadaagi karto waxa IEP-gooda ay bixiyeen waqti hore ama sida kooxdu u shaqeyso. Waxaa muhiim ah in la ilaaliyo wada-hadallada ku xooggan iyo si

## S.P.I.N.

Iyadoo arday badani ay garanayaan waxa ay ku wanaagsan yihiin iyo baahiyahooda, mararka qaarkood in lala xidhiidho in xaalado kala duwan ama goobo kala duwan ay adkaan karto. Waxa jira qalab kala duwan oo ka caawinaya inay ururiyaan fikraddooda oo ay si cad u muujiyaan dareenkooda.

Waa kan mid ka yimid ImDetermined.org, SPIN. U isticmaal tan si aad fikrado ugala soo baxdo ardaygaaga

Awoodaha: Maxaan ku fiicanahay dugsiga, guriga, ama beeshayda? Maxay kuwa kale dhahaan waa kuwa ku fiican?

### Xoogayga

### Dookhyadayda

### Dantayda

### Baahiyahayga

Danaha: Maxaan jeclahay inaan sameeyo? Maxaan u arkaa mid ku raaxaysanaya? Hiwaayadaha? Hawlaha?

Baahida: Qalabkee ama isbeddelkee ayaa i caawinaya? Maxay yihiin waxyaalaha qaarkood

### Xirfadaha Is-xilqaan

**Is-xukunku macnihiisu waa samaynta doorashooyin iyo go'aanno khuseeya no-loshiisa. Highline, waxaanu qiimaynaa oo aanu xarun u nahay codka ardayga, oo ay ku jiraan ardayda naafada ah. Waa muhiim in ay leeyihiin xirfado ay ku muujiyaan baahidooda. Waxayna tan ku dhaqmi karaan**