



Navigating Resources

Tips, Tricks and Places to Look...

Meeting Norms

- Stay engaged and present, assume positive intentions
- Accept and expect that all questions will not be answered today (but we will try to find the answers)
- Recognize that accessing community resources is a family led endeavor
- For online attendees, please ask questions in the Q&A

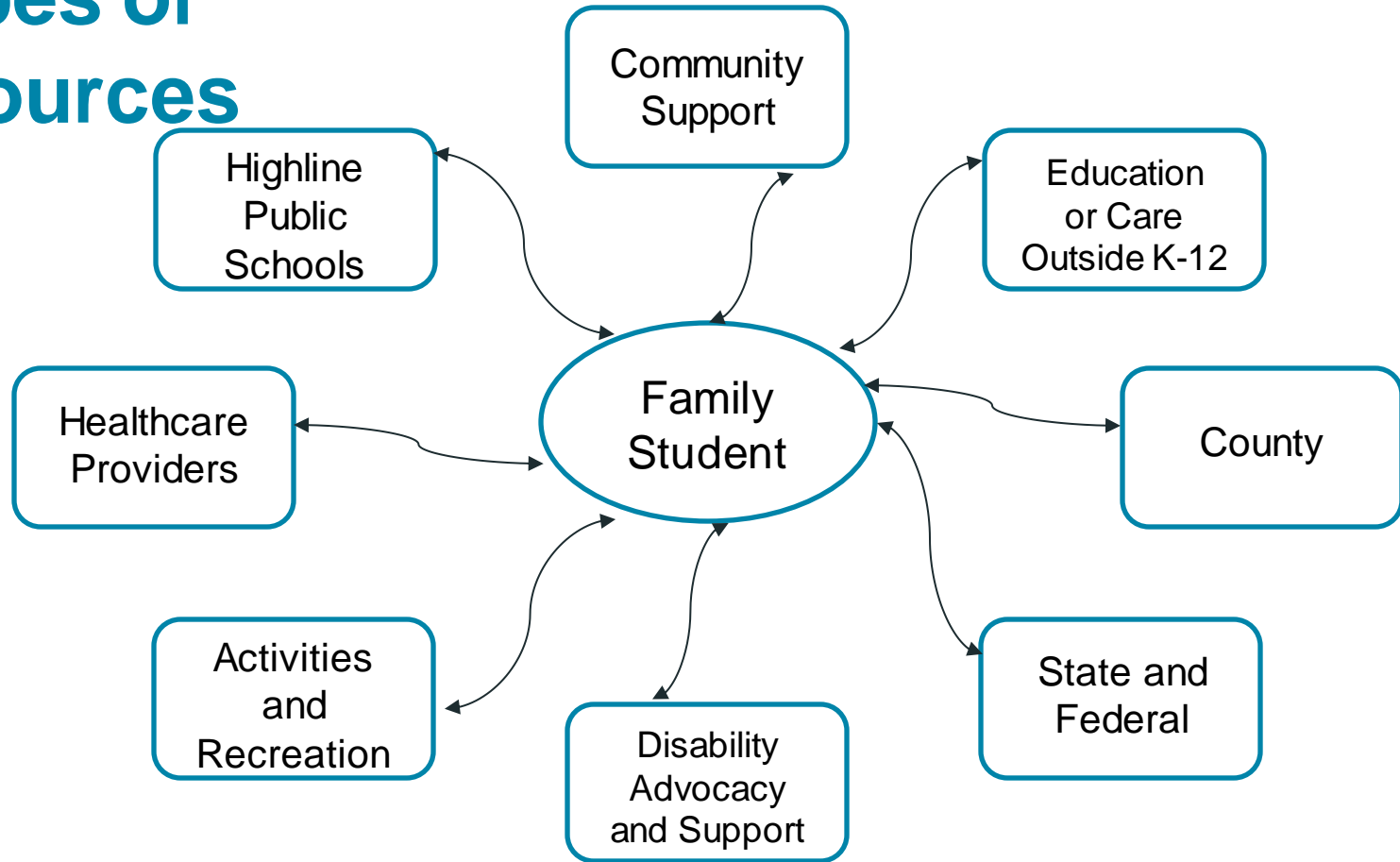
Disclaimer

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Session Goals

- ✓ Understanding of what we mean by resources
- ✓ How to navigate the Highline Public Schools website
- ✓ Introduction to state and federal programs
- ✓ Simplifying insurance and medical care
- ✓ Comfortable accessing resources
- ✓ Introduction to the range of local resources
- ✓ Sharing our vision

Types of Resources



Highline Public Schools

- Website Navigation

[Athletics](#)[Business & Finance](#)[College & Career Readiness](#)[Communications](#)[Enrollment & Transfers](#)[Facilities](#)[Health Services](#)[Human Resources](#)[Language Learning](#)[Nutrition Services](#)[Records](#)[Safety & Security](#)[School Construction](#)[Social Services & Mental Health](#)[Special Education](#)[Student Support & Family Engagement](#)[Teaching & Learning](#)[Technology Services](#)[Testing](#)[Transportation](#)[NATIVE EDUCATION](#)[RECORDS REQUESTS & TRANSCRIPT](#)[English](#)

SOCIAL SERVICES & MENTAL HEALTH

The Social Services & Mental Health Department eliminates barriers and connects students and families to resources available both within and outside of our school system.

Social Services & Mental Health	
504 Accommodation Plans	
Social Workers	
Crisis Team	
Mental Health & Substance Use	>
Homeless Student Support	
Foster Student Support	

SPECIAL EDUCATION

Highline Public Schools recognizes that some students require specialized instruction and/or services to achieve success in school. In order to provide appropriate educational opportunities designed to meet each student's unique learning needs, Highline has a continuum of special program options.

The school district provides services to identify and evaluate potential disabilities in children ages birth to 21 living within Highline's boundaries. We offer screening clinics that provide parents with information about their child's academic, vision, hearing, language, cognitive, and motor skill development.

Special Education staff are committed to helping you identify the services your child may need. If you have concerns about your child's development please contact us at **206-631-3009**.

Special Education Services & Programs

▼

Family Liaisons for Special Education

FAMILY LIAISONS FOR SPECIAL EDUCATION

The Special Education family liaisons support the parents and families of Highline students engaging with special education services, to ensure that they are better informed, connected, and heard. The family liaisons are available to:

- Assist and educate families navigating the special education system and IEP process
- Attend IEP meetings with families, when available and requested
- Increase family's advocacy in becoming a full participant in the process
- Partner with families and school teams to create an effective approach for communicating around the IEP process
- Support language accessibility in all communications
- Provide families with information about relevant community resources

Upcoming Events

- **TUESDAY, MARCH 28**
[Navigating Community Resources](#)

Family Liaison for Special Education FAQs

Contacts

[Kate Calamatta](#)


Pre-K & Elementary schools & families
206-631-4861

[Ellen McGuire](#)

Secondary & Choice schools & families
206-631-4861

Special Needs PTA

Highline Special Needs PTA (HSNPTA) is the districtwide organization representing families with special needs students. Visit the HSNPTA [website](#) to

 English >

Printable Flyers

▼	English
▼	Somali
▼	Spanish
▼	Vietnamese

Resources

[Procedural Safeguards \(OSPI\)](#)

The Washington Office of Superintendent of Public Instruction (OSPI) produces a document that details the rights available to you as a parent or guardian of a student in special education. It should be provided to you in the language of your choosing every year. It is available in 20 different languages.

[Open Doors for Multicultural Families](#)

(Open Doors or ODMF) provides culturally and linguistically relevant information, services, and programming to culturally and linguistically diverse families of persons with developmental and

STUDENT SUPPORT & FAMILY ENGAGEMENT

The Student Support & Family Engagement Department eliminates barriers and connects students and families to resources available both in and out of our school system.

REPORT A CONCERN

STUDENT BEHAVIOR

NATIVE EDUCATION

BULLYING &
HARASSMENT

DIGITAL & MEDIA
LITERACY

ATTENDANCE
RESOURCES

COMMUNITY
PARTNERSHIPS

IMMIGRANT & REFUGEE

FAMILY ENGAGEMENT

Student Support & Family Engagement

Attendance

Report a Concern

Bullying, Civil Rights & Sexual
Harassment

Immigrant & Refugee Resources

Student Behavior

Community Resources

Native Education



Family Engagement Catalog

Student Counseling Support



English



Children without a medical or religious exemption, current MMR vaccines or proof of immunity will need two doses of MMR vaccine to be allowed to start school.

Quick Links & Resources

[MEDICAL AUTHORIZATION FORM](#)

[FENTANYL RESOURCES](#)

[CERTIFICATE OF IMMUNIZATION
FORM \(CIS\)](#)

[SPECIAL DIET REQUIREMENT
FORM](#)

[HEALTH HISTORY FORM](#)

Washington State and Federal Resources

- **Developmental Disabilities Association: DDA**
 - **Division of Vocational Rehabilitation: DVR**
- **Supplemental Security Income for Children: SSI for Children**

DDA: Developmental Disabilities Administration

- **Eligibility:**

- Intellectual Disability
 - Cerebral Palsy
 - Epilepsy
 - Autism
 - Neurological or Other Condition similar to Intellectual Disability
 - Developmental Delay.
- Onset prior to age **18**.
 - Expected to **continue indefinitely**.

- A “substantial limitation” assessed by:
 - Cognitive Test Scores
 - Adaptive Test Scores
 - Physical Assistance Needs.
- Apply as soon as possible!

Apply here:

<https://www.dshs.wa.gov/dda/consumers-and-families/eligibility>

DVR: Division of Vocational Rehabilitation

Looking ahead

- DVR helps adults with disabilities find and secure stable employment.

For High school & Transition students:

Pre-Employment Transition Services (Pre-ETS)

- Job Exploration
- Self-Advocacy
- Work-Based Learning
- Workplace Readiness Training
- Post-Secondary Education Counseling



SSI: Supplemental Security Income for Children with Disabilities

- Monthly cash payments
 - Income-based
 - Get Started: <https://www.ssa.gov/ssi/start.html>
 - Online form providing basic identifying information then a social security representative will email/mail an appointment time
 - Child Disability Report (reviewed by social security)
 - Application for SSI (with social security representative's help)
 - SSI Starter Kit:
https://www.ssa.gov/disability/disability_starter_kits_child_eng.htm
- ❖ Other ways to apply: call 1-800-772-1213. DHH: call TTY 1-800-325-0778.

Health Care

- **Medical Insurance**
 - **Medical Care**

Medical Insurance

- Navigating Health Insurance – The Card/Online Hub
- Medicaid/Apple Health:
 - Sign Up: www.wahealthplanfinder.org 'Free or Low-Cost Apple Health'
- Free Navigators and Brokers:
 - <https://www.wahealthplanfinder.org/us/en/tools-and-resources/connect-with-us/virtual-help-details.html>
- Medicaid Consent in IEP

***If already Apple Health enrolled, for information regarding services call
MACSC (Medical Assistance Customer Service Center)
1-800-562-3022 Ext 16131***

Medical Care

- Importance of a referral....and continuing to push.
- Ensure you have a PCP or Pediatrician (caveat here....)
- The Big Locations: Seattle Children's Hospital; UW; Children's Therapy Center; Mary Bridge.
- Other: applied behavior analysis (ABA); occupational therapy (OT); physical therapy (PT); speech language pathology/therapy (SLP)
 - Not all take Apple Health!
- Waitlists (and waitlists...and waitlists....)
 - ASK: Is there a cancellation list you can be put on?

Think outside the box - dance therapy, art therapy, hippotherapy, martial arts.

How to Access Resources

Tips, Tricks and Strategies

1. Be the squeaky wheel

Resources in our area are in high demand. It may require consistent, sometimes repetitive (or frustrating) follow up to ensure connection. Persistence is key.

2. Know how to navigate your health insurance & other benefits

Reach out to them, ask as many questions about coverage as needed.

3. Seek out community support & organize

*PTA, school, district, cultural or faith communities, social media.
Organize with others to make things happen.*

4. Be strategic about your SEARCH

Terms, location, checking 'last updated' dates.

5. Follow-up

Find someone to talk to, either via email or phone.

Even if it's outdated, if it's interesting, call to express your interest!

6. Take notes

Can refer back to & share with others.

Find Your People

You are not alone!

Community = good

Isolation = bad

Eligibility Category



First Stops

- **Open Doors for Multicultural Families**
- **PAVE**
- **The Arc of King County**
- **Easter Seals**
- **The Special Education Support Center**
- **Center for Parent Information & Resources**
Parent Center Hub National Network

The Highline District SN PTA

Culturally Specific Organizations

- Iraqi Community Center of Washington: www.irccw.org Kent
- Korean Community Service Center: www.kcsc-seattle.org Edmonds
- Casa Latina: www.casa-latina.org Federal Way
- Para Los Ninos: www.plnwa.org Burien
- Somali Health Board: www.somalihealthboard.org Tukwila
- Somali Youth and Family Club: www.syouthclub.org Kent, Bow Lake, McMicken
- Indian American Community Services: www.iacswa.org Bellevue
- Muckleshoot Behavioral Health Program: www.Muckleshoot.nsn.us Auburn
- Seattle Indian Health Board: www.sihb.org Seattle
- Casa Italiana: www.casaitalianacc.org (best cannoli in town) Burien
- Cham Refugees Community: www.chamrefugeescommunity.org Seattle

AND SO MANY MORE: TELL US YOUR FAVORITE

Recreation: There are Options...

Summer Camps

We Rock the Spectrum

Adventure Camp

AIM Initiative

Apex Summer Camp

Aspiring Youth

Camp Beausite

Deaf Teen Leadership

Jill's House Camps

Outdoors for All

Little Bit Riding

Activities

We Rock the Spectrum

Outdoors for All

C.A.S.T. for Kids

Jam Club

Sea Star Aquatics

Seattle Adaptive Sports

YETI

TOPSoccer

City/Community-based

inclusive rec. programs

Talking Book & Braille Library

Camp Finders

[*Seattle Summer Camps*](#)

[*Seattle Children's Hospital*](#)

[*Parent Map*](#)

[*Arc of King County*](#)

DDA Waivers can be used for some Respite Care

Community Resources

First Stops

- Southwest Family and Youth Services
- YMCA Social Impact Center
- Westside Baby
- Food Banks
- Neighborhood House
- United Way of King County
- Transform Burien
- Mary's Place
- Crisis Connections

Mental Health

- VIDEO Seattle Children's:
Finding Mental Health Care in Washington: A Class on Where to Start
- Medicaid vs. Commercial Insurance
- What to look for in choosing a provider:
 - Are evaluations conducted before services begin?
 - Do they offer evidence-based treatment?
 - Someone to help when they're away?
 - May need to attend 3-4 sessions before deciding if they are the right fit
- Washington's Mental Health Referral Service for Children and Teens
<https://www.seattlechildrens.org/clinics/washington-mental-health-referral-service/family/>

What's Next?

A "Highline Public Schools Resource Hub"....

How to learn more:

- Classroom Teacher
- School Social Worker
- School Counselor
- School-Based Family Liaisons
- Family Engagement Center at the District Office

And the Family Liaisons for Special Education....

Thank you!



HIGHLINE
PUBLIC SCHOOLS

highlineschools.org

Success Stories and Q&A

Any questions?

Share some of your success stories.