

TCCA Health Screening Program

2023 – 2024

To address the educational and health needs of students, it is necessary to first assess their physical health and well-being. Health screening techniques allow for early identification of suspected abnormalities.

Screening is a traditional part of school health services. It centers on vision and hearing since impairment of these senses can interfere with learning, occurs with significant frequency in students, and can be detected with acceptable accuracy by good screening techniques.

In accordance with the provisions of the School Health Services Act 381.0056, vision, scoliosis, hearing, growth and development (Body Mass Index) are screened. Parents may opt-out of any or all screenings. The opt-out is good for that school year.

This type of screening is population based and done on all students designated to receive these screening services, unless parents opt out. Populations targeted for mandated screenings are specified in Chapter 64F-6.003, Florida Administrative Code (F.A.C.).

- Hearing screenings shall be provided, at a minimum, to students in grades Kindergarten (K), 1, and 6; and students entering Florida schools for the first time in grades K through 5; and optionally to students in grade 3.
- Vision screening shall be provided, at a minimum, to students in grades K, 1, 3, 6 and students entering Florida schools for the first time in grades K through 5.
- Growth and development screening shall be provided, at a minimum, to students in grades 1, 3 6, and optionally 9.
- Scoliosis screening shall be provided, at a minimum, to students in grade 6.

Vision Screening

Overview:

Vision Screening and eye examinations are essential for detecting visual impairment. Conditions that lead to visual abnormalities may lead to inadequate school performance and prevent students from obtaining maximum benefits from their educational experience. Undetected impairments of the visual process can lead to potential problems with learning and difficulty in adjusting to the school environment.

Vision Screening Procedures:

1. Students in grades K, 1, 3 and 6 will be screened for vision in the fall.
2. Vision screeners use the LEA symbols chart for students in Kindergarten through 1st grade. Vision screeners use the Sloan letter cards for students in grades 3 and 6.
3. If they do not pass either the initial screening or the rescreening then they are referred for follow-up.
4. Students, who normally wear corrective lenses but do not have them at screening, will be screened without them.
5. Parents should remind students prior to screening to remember to bring glasses to school on their assigned screening day.
6. Upon completion of the screening, School Counselors will receive a list of all students who have been referred for follow-up.
7. A letter requesting an exam by an eye care specialist will be sent to the parents of those students who do not pass the screening. The eye specialist is asked to complete a section of the letter and the parents are to return it to the school. A family who cannot afford care may be referred to the appropriate community agency for assistance.
8. At the end of the screening, all of the results are to be entered into the electronic student record.

Passing criteria for Vision Screening:

Grades K – 1st: 20/40

Grade 3: 20/30

Grade 6: 20/25

HEARING SCREENING

Overview:

The purpose of school hearing screening is to identify students with a hearing loss that may affect their intellectual, emotional, social, speech, and/or language development. A subtle hearing loss may be overlooked resulting in developmental or academic delays. Even mild hearing losses may be educationally and medically significant.

Passing criteria for Hearing Screening:

For elementary students, each ear is screened at 25 decibels on 3 frequencies (1000hz, 2000hz, and 4000hz).

For sixth grade students, each ear is screened at 25 decibels on 4 frequencies (1000hz, 2000hz, 4000hz, and optionally 8000hz).

The student passes the screening if he/she misses one or no presentations.

The student fails if he/she misses two or more presentations.

SCOLIOSIS SCREENING PROGRAM

Overview:

Treasure Coast Classical Academy will carry out a scoliosis screening program for all students in Grade 6. Scoliosis is an abnormal curvature of the spine usually developing in pre-adolescents and adolescents during rapid growth spurts. Early detection can prevent scoliosis from progressing and can identify those in need of treatment.

For detailed information about the forward bending test, scoliometer use, and screening guidelines, refer to the National Association of School Nurses publication "Postural Screening Guidelines for School Nurses" (2004) or the National Scoliosis Foundation

GROWTH AND DEVELOPMENT SCREENING

Overview:

Height and weight measurements provide a simple, effective method of identifying potential childhood health problems. These measurements can be used as an educational tool for parents, students, and school personnel.

The BMI-for-age percentile growth charts are the most commonly used indicator to measure the size and growth patterns of children and teens in the United States. BMI-for-age weight status categories and the corresponding percentiles were based on expert committee recommendations. (www.CDC.gov)

Weight Status Category:	Percentile Range:
Underweight	Less than the 5th percentile
Normal or Healthy Weight	5 th percentile to less than the 85 th percentile
Overweight	85 th to less than the 95 th percentile
Obese	Equal to or greater than the 95 th percentile

Height and Weight Screening Procedures:

These measurements can be taken and recorded by any member of the school staff, health services staff, or registered volunteer who has been appropriately trained.

The measurements should be taken away from other students to ensure the privacy of the student being screened.

Weight should be measured on a standard scale of known accuracy and recorded to the nearest 1/2 pound. Since students will be weighed clothed, screeners should be instructed to have the students remove any bulky jackets or sweaters and shoes. **The screener will subtract 1 pound to account for the students remaining clothing.**

Standing height should be measured against a wall mounted measuring tape or board, or a rigid free-standing device. Screeners should be instructed to have the students remove their shoes. The student should stand with the heels slightly apart and the back as straight as possible. Heels, buttocks, and shoulder blades should touch the wall or measuring surface. The student's line of vision should be straight ahead, arms at sides, and shoulders relaxed. It is important to assure that the student's knees are not bent and that heels are not lifted from the floor. Record height to the nearest 1/2 inch. If the student is screened wearing shoes, the screener will subtract 1/2 inch from the measurement.

Screening Dates

(All screenings will take place during each class's respective P.E. period)

All necessary re-screenings will take place exactly 2 weeks of the date that your scholar was initially screened. (Oct. 16 – Oct. 20) (Oct. 23 – Oct. 27)

October 2nd 2023

Third Grade: MacMaster

Kindergarten: Orrantia

Sixth Grade: Coach Ibarrosa

First Grade: Spotswood

October 3rd 2023

Third Grade: Wolfe

Kindergarten: Keeler

Sixth Grade: Coach Bri

First Grade: Gardner

October 4th 2023

Third Grade: Massey

Kindergarten: Evans

Sixth Grade: Coach Dave

First Grade: Gardner

October 5th 2023

Third Grade: Petric

Kindergarten: Fuerer

Sixth Grade: Coach Rob

First Grade: Dray

October 6th 2023

Third Grade: Zimmerman

Kindergarten: Hoadley

Sixth Grade: Coach Tyler

First Grade: Lavelle

October 9th 2023

Third Grade: Forlenza

Kindergarten: Degenova

Sixth Grade: N/A

First Grade: Reeves

October 10th 2023

Third Grade: Baker

Kindergarten: N/A

Sixth Grade: N/A

First Grade: N/A

October 11th 2023

Make-up Day

October 12th 2023

Make-up Day

October 13th 2023

Make-up Day