

# Year 10 Meet the Tutor - Welcome

Tutor group:

Tutor:

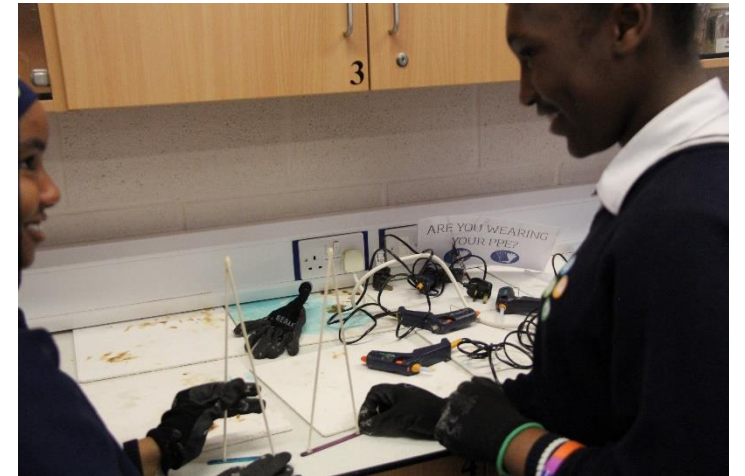
Email address:



# A great start from Year 9



- Positive attitudes
- Smartly dressed
- Growth mindset
- Enthusiastic
- Kindness
- Building new friendships



# Year 10 Pastoral Team



Ms E George  
*Assistant Headteacher*



Ms S Shirfield  
*Head of Year 10*



Ms L Griffiths  
*Deputy Head of  
Year 10*



Ms H Coleridge  
*Deputy  
Headteacher*

# The role of the Tutor



**The first port of call for students' wellbeing**

**Supporting and monitoring academic progress**

**Building emotional literacy and promoting excellent behaviour**

**Monitoring attendance and punctuality**

**Checking uniform and planners**

**Supporting Students' Personal Development**

**Promoting Student Voice and tutor group input into Student Council.**

**Organising tutor group rewards – certificates for merits, punctuality, attendance**

**Encouraging extra-curricular involvement from every student**



# Which characteristics are we looking for in Sydenham students?



## We think of others:

- Be collaborative
- Be concerned for society
- Be calm and respectful when moving around the school
- Be kind to others at all times



# Which characteristics are we looking for in Sydenham students?



## We are ready to learn:

- Arrive on time
- Be fully equipped
- Follow our 5 to start, 5 to finish routines
- Wear correct school uniform
- Follow instructions



# Which characteristics are we looking for in Sydenham students?



## We work hard:

- Show resilience and perseverance
- Participate in every lesson
- Always try our best
- Act on feedback
- Meet deadlines



# Which characteristics are we looking for in Sydenham students?



## We are curious and open-minded

- See mistakes as opportunities to improve
- Listen to the ideas of others respectfully
- Participate in whole school events, clubs and opportunities





# What can you expect from us?



- ▶ A year team that is kind
- ▶ A year team that will listen to you and your child
- ▶ A year team that you can form good relationships with
- ▶ A year team that will help find solutions to challenges you have
- ▶ Friendly faces that will encourage your child each morning
- ▶ A year team that cares and are committed to your child's success at Sydenham
- ▶ A year team that will celebrate your child and their achievements
- ▶ A year team that will support your child to make the right decisions and offer constructive feedback where necessary
- ▶ A team that will support your child's academic progress
- ▶ A year team that will challenge your child to become the best version of themselves

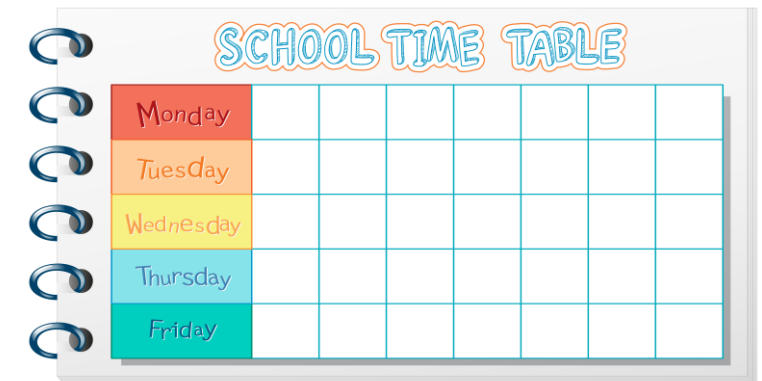


# The Weekly Programme



- Your child should arrive to school by 8:40am and go to their tutor room
- Register is taken at 08.50am
- Tutor sessions will follow the weekly programme below

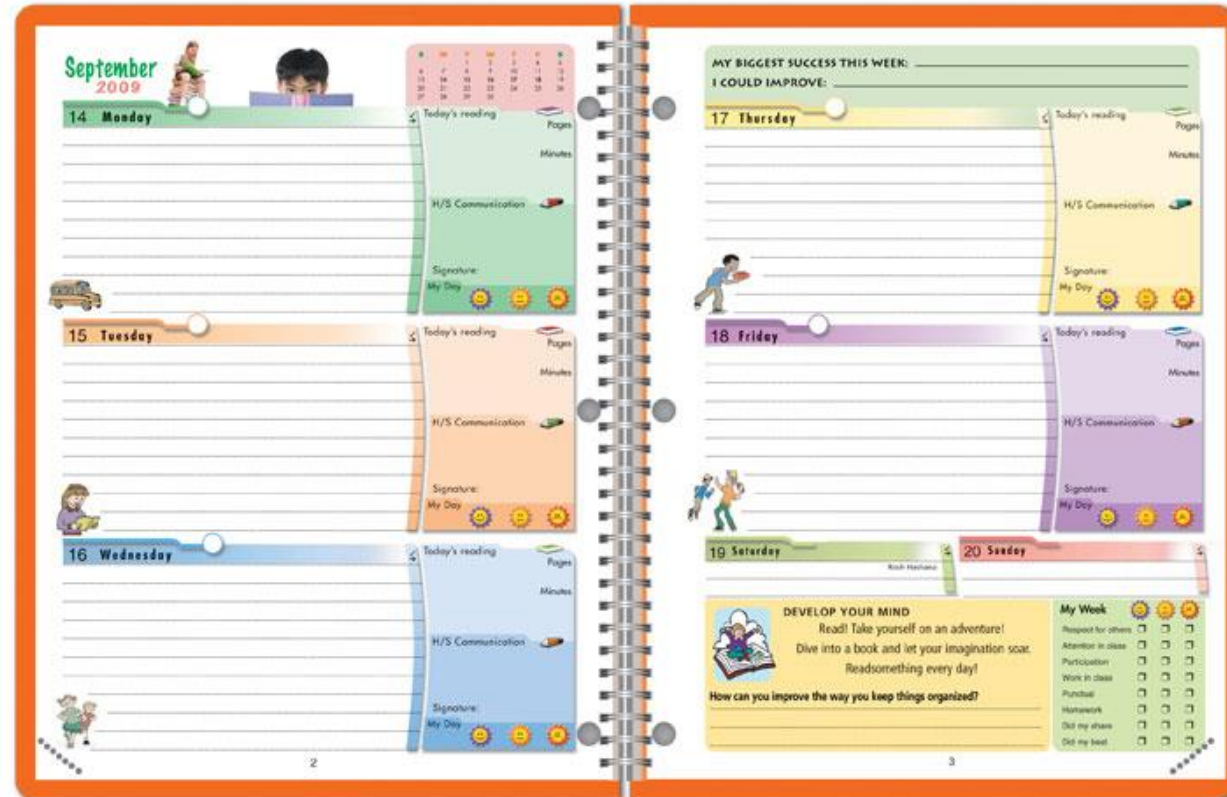
Year 10	Session	Key focus
Monday	<i>Silent ready and reflection time</i>	Literacy and building oracy
Tuesday	<i>Assembly</i>	Assembly
Wednesday	<i>Wellbeing Wednesday- Bench ball competition/yoga/mindful activities</i>	Wellbeing
Thursday	<i>Study skills/work experience workshop</i>	Study skills
Friday	<i>Assembly Oracy</i>	Pastoral focus



# Communication



- Planner
  - record homework
  - relay messages
- Tutor- first port of call
- Emails
- Subject staff
- Letters
- Contact school reception
- Year 10 Head of Year



# How can you support us?



- Use the 'My Child at School' app to monitor attendance, behaviour points (positive and negative) and detentions. Using the app to support your child in making informed decisions e.g avoiding further late detention by waking up 10 minutes earlier
- Discuss school report outcomes with your child and support with creating retrieval practice timetables.
- Encourage your child to attend suitable subject interventions.
- Support your child in being organised and ready to learn
- Support your child in following the school's uniform policy
- Check planner and Bromcom to see that homework is being completed
- Update the school if your child is absent or late to school to keep your child's attendance accurate.
- Encourage enrichment involvement. All students in Year 10 should join at least one club
- Contact the tutor with any concerns you may have. **My email address is:**

# Uniform



- Blazer
- Jumper (optional in hot weather)
- White shirt with reverse collar
- Skirt or blue school trousers
- Black shoes (that can be polished)
- **Black** socks
- Black or blue coat
- Sydenham school bag

# Uniform



You are also able to buy second hand uniform via the online uniform shop UNIFORMD: [Uniformd](https://www.uniformd.com)

Once on the site go to:

- Uniformd Shop
- Type in Sydenham School
- Click on the Sydenham icon



Once you buy the item/s we will package it and you can come and collect it from school or we can give it to your child.

# Get organised and get going



- Organise books and notes from the start of the year.
- Check which subjects your child has revision guides/materials for.
- Arrange to get revision guides/materials for the subjects that are missing.
- Check on any coursework deadlines/requirements.
- Organise a space to study.

# Uniform – what not to wear



- Jewellery
- Dangly/hoop earrings
- Large studs
- Facial piercings/multiple piercings
- False nails and nail varnish
- Make up
- Dyed hair/extensions
- Trainers
- Crocs
- Suede shoes
- White socks
- Hoodies (the Sydenham PE hoodie can only be worn in PE lessons)
- Non-Sydenham School bag



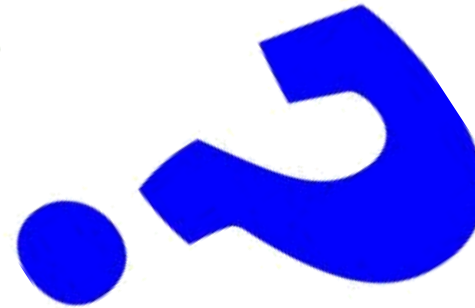


# Today, tomorrow, everyday



- Make every lesson count. Focus fully. Don't waste time that you will need to make up later.
- Try some retrieval practice **every day**. Make it manageable.
- Remember to interleave. Return to topics after a while, once they've been forgotten.
- Use lunch times and after school efficiently to get work done on the school site.

# Any questions?





**Sydenham School**  
**Year 10 2023**  
**Meet the Tutor Evening**

**Hannah Coleridge**  
**Deputy Headteacher**



# Culture and Ethos of Sydenham School



- High expectations
- Kindness
- Hard work
- Participation
- Relationships







# A Level Results 2023<sup>+</sup>

SYD Roll	2017	2018	2019	2023
A* - A	29%	24%	20%	30%
A* - B	57%	54%	49%	57%
A* - C	81%	81%	77%	85%
A* - E	99%	99%	99%	99%



# Our ambitions for your child

## Year 13 destinations last year included:

Student	Grades	University	Subject
Ella	A*A*A*	University of Oxford	Physics
Daisy	A*AA	University of Oxford	History
Tavishi	A*A*AA	University of Bath	Architecture
Sophie	A*AA	University of Southampton	Electronic Engineering
Emily	A*AA	University of Leeds	Sociology
Zoe	A*AAA	University of Exeter	Natural Sciences
Violet	A*A*A*	University of Sussex	Art History
Mistura	D*DD	University of Roehampton	Primary Education
Satrena	D*DD	University of Greenwich	Adult Nursing
Rubidzai	D*DD	University of Swansea	Sociology
Rudra	D*DD	University of Nottingham	Criminology





# Aim High

Ella Wilson

University of  
Oxford: Physics

A\*AA





# Aim High

Success Stories – 2023

Daisy Herrington

University of  
Oxford: History

A\*AA





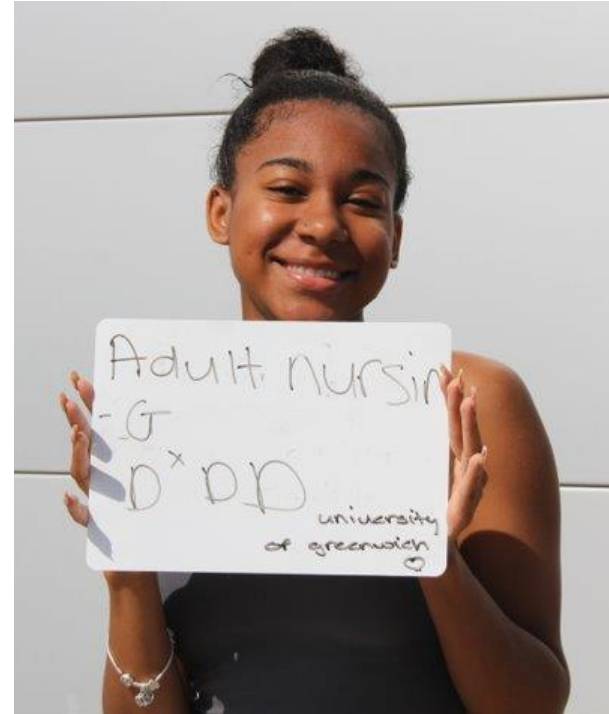
# Aim High

Success Stories – 2023

Satrena Neath

University of  
Greenwich:  
Adult Nursing

D\*DD





# Key Stage 4 Outcomes 2023

Headline Measure	Sydenham 2019	Lewisham 2019	National 2019	Sydenham 2023	Lewisham 2023	National 2023
<b>Attainment 8</b>	50.90	43.7	46.7	51.69	46.8	Not yet released
<b>Progress 8</b>	+0.17	-0.27	-0.03	Not yet released	Not yet released	Not yet released
<b>English + Maths 9-5</b>	47.3%	37.4%	43.2%	54%	46%	Not yet released
<b>EBacc Average Grade</b>	4.62	3.85	4.07	4.82	Not yet released	Not yet released

**Eleanor George**  
**Assistant Headteacher**



# The Sydenham Curriculum – 3 aims



**Academic  
achievement**

**Global  
citizenship**

**Enterprise  
and  
confidence**

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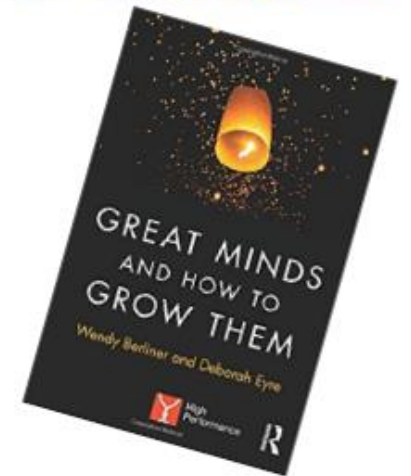
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# Learning at Sydenham School



- “Intelligence isn’t fixed – most people can get cleverer.
- High performers are made not born. They work for it.
- Any house can be home to success. It’s not all in the genes.”

‘Great Minds and How to Grow Them’ Wendy Berliner and Deborah Eyre







# GCSE English Overview

- All students sit both GCSE English Language and GCSE English Literature – these are two separate GCSEs.
- They are graded 9 to 1.
- The exam board is AQA.
- 100% exam – no coursework.
- Students complete a spoken language assessment as part of the GCSE English Language course. This is compulsory but does not count towards their final grade.



# How to support your child with English

1. Encourage them to read 2-3 non-fiction articles weekly
2. Help them to choose challenging fiction as part of their reading diet (suggested reading in our KS4 reading list).
3. When reading with your child, ask them how the writer feels about the topic they are writing about, and how you can tell this.
4. Ask your child to read their homework aloud to you so that they can spot mistakes and sections that are unclear more easily.

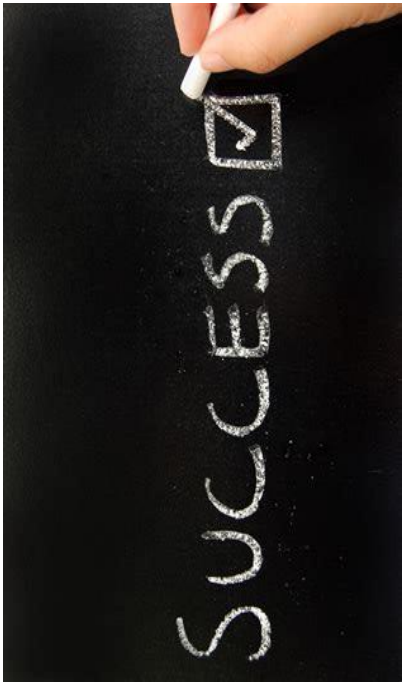


# GCSE Mathematics Overview

- All students sit GCSE Mathematics
- They are graded 9 to 1
- The exam board is Edexcel.
- Students sit three equally weighted papers. (1 non calculator, 2 calculator)
- 100% exam – no coursework



# Helping your child succeed in Maths



Encourage your child to believe they can progress.

Ask them to show you what they have been learning.

Check their homework record on Sparx.

Monday  
lunchtime

and

Thursday  
afterschool

S202

+ -  
× ÷

**KEEP  
CALM  
AND  
COME TO  
MATHS CLINIC**



# GCSE Science Overview

- All students sit GCSE Science
- They are graded 9 to 1
- The exam board is Edexcel
- 100% exam – no coursework

## **Combined Science**

- 2 GCSEs in Science
- Higher or Foundation Tier
- 6 exams @ 1hr 10min

## **Separate (Triple) Science**

- 3 GCSEs in Biology, Chemistry & Physics
- Higher Tier only
- 6 exams @ 1hr 45 min (June 2024)



# GCSE Science Overview

## Year 9 & 10

ALL students taught the Combined Science curriculum  
Completed by Summer of Year 10.

### **Separate (Triple) Science**

*Some* students will learn the triple science curriculum

## Year 11

### **Combined Science**

*MOST* students will review and revise the content for combined science.

*Higher or Foundation.*



# Helping your child succeed in Science

## Use the **CGP revision guide**

1. Use it when interleaving revision
2. Take it to EVERY SCIENCE LESSON
3. Write notes and questions on the pages if still confused by a topic.

## Use **ACTIVELEARN**

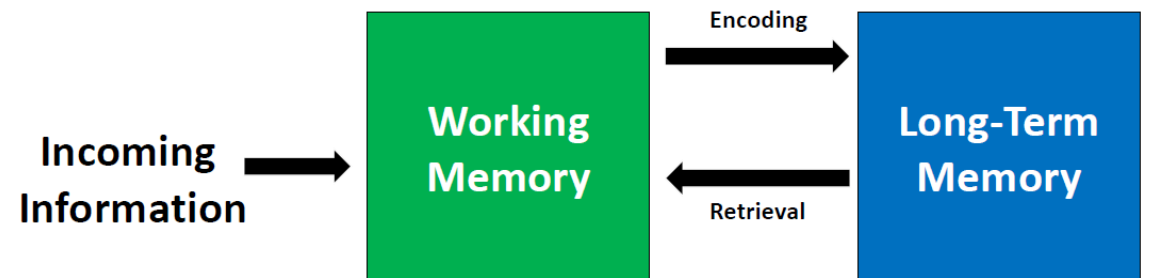
1. Access the school website and go to the Student page
2. Click on Sydenham Apps
3. Scroll down to ActiveLearn app
4. Login with username password



# Learning and Memory



- Learning is building knowledge in our long-term memory
- When we first learn information, we hold it in our working memory, but this can only hold small amounts of information
- To learn, we need to keep knowledge in our long-term memory
- Retrieval Practice helps us to do this
- This is when we deliberately recall information to see what we know
- Retrieval Practice is key to learning at Sydenham School



# Studying and revising



- Reading over notes is not an effective form of studying
- A more effective technique is for students to put everything away and test themselves on what they know
- This builds a stronger working memory
- This is a blank paper exercise or brain dump



# Supporting your child



## Parent Top Tip

Quiz your daughter or son using their flashcards. Give them plenty of time to answer. The more they struggle, the better for memory.

STEP

1

Make a list of all the important information you need to know from a particular unit or chapter.

STEP

2

Close the books and create a quiz using flashcards or app.

STEP

3

Try to retrieve everything you remember.

STEP

4

Go back and check all your answers.



# 5 HABITS OF AN EFFECTIVE learner



Resilience



Perseverance



Realising



**Sydenham School  
Study Guide**

*How the science of learning  
can improve your revision  
and reduce stress.*

**Retrieval Practice**

**Questioning & Elaboration**

**Concrete Examples**

**Spaced Practice**

**Interleaving**



**Sinead Shirfield**  
**Head of Year 10**



# Safeguarding and Mental Health



- Encourage a calm and organised environment at home for studying
- Encourage a regular routine- avoid studying late at night and support with a healthy diet
- Discuss with your child the benefit of no phones in bedrooms whilst sleeping, and limiting their use before bedtime
- Be vigilant for any changes and communicate concerns with your child's tutor or Ms Shirfield so they can put support in place



Inclusion Faculty Sydenham School

Confidence  
Achievement  
Resilience  
Empathy

# Key Dates



- Assessment week: Half term 2: Monday 30th October- Friday 10<sup>th</sup> November
- Yr10 Employability Day – Friday 17th November 2023
- Year 10 Progress Point Report 1 WC 4th December 2023
- Year 10 Parents' Evening – 13th December 2023
- Mock exams: Half term 6: Monday 10<sup>th</sup> June- Friday 21<sup>st</sup> June
- Year 10 Progress Point Report 2 : WC 15th July 2024
- WEX – 1st – 12th July 2024

A yellow sticky note is pinned to the right side of the slide with a blue pushpin. The note has the words 'Important Dates' written on it in a black, handwritten-style font.

Important  
Dates

# Revising for Year 10 Mocks



- Half term 2: Monday 30th October- Friday 10<sup>th</sup> November
- Half term 6: Monday 10<sup>th</sup> June- Friday 21<sup>st</sup> June
- Learning check lists will be stored on Teams for students to access, along with revision materials
- Study skills is embedded in all subjects



# Work Experience



- Brings the curriculum to life
- Develops social and communication skills
- Builds confidence and motivation
- Optimises your CV
- Helps to discover your career path



# Work Experience



- Mind map the careers that are of interest
- Encourage your child to make a list of employer to contact
- Support your child with initial contact
- Build CV
- Keep track of paperwork that needs to be completed
- AIM HIGH

# Keeping in touch



- **Tutor:** Pastoral issues or issues across subjects and your first port of call
- Fortnightly **newsletter** SYD emailed to all parents
- **My Child At School** – monitor homework, punctuality and positive / negative behaviour points (MCAS)
- Contact **Reception** if you would like to **speak** or **meet** with a member of staff
- Subject Teacher: Questions related to a particular subject



**Thank you!**



**THANK YOU!**