

main pool schedule



Free to Members
September 24 - 30, 2023

Pool schedule subject to change as needed.

SUNDAY

POOL HOURS:
8:00 am - 2:45 pm

8:00 - 10:00 am
Laps (6)

..... 10:00 - 10:15 - closed

10:15 am - 12:00 pm
Laps (4). Open (2)

..... 12:00 - 12:15 - closed

12:15 pm - 2:00 pm
Laps (6)

..... 2:00 - 2:15 - closed

2:15 - 2:45 pm
Laps (4). Open (2)

(#) = the number
in parentheses
notes the number
of lanes available

* Indicates that there
is a fee to participate.

MONDAY

POOL HOURS:
Closed

TUESDAY

POOL HOURS:
6:00 am - 8:45 pm

6:00 - 9:00 am
Laps (6)

9:00 - 10:00 am
Laps (2). Aquapower (3)

..... 10:00 - 10:15 - closed

10:15 am - 12:00 pm
Laps (4). Open (2)

..... 12:00 - 12:15 - closed

12:15 - 1:15 pm
Laps (2). Masters* (4)

1:15 - 2:00 pm
Laps (6)

..... 2:00 - 2:15 - closed

2:15 - 3:45 pm
Laps (4). Open (2).

..... 3:45 - 4:00 - closed

4:00 - 5:15 pm
Laps (4). Lessons (2)

5:15 - 6:45 pm
Laps (3). Rental (3)

..... 6:45 - 7:00 - closed

7:00 - 8:00 pm
Laps (2). Rental (4)

8:00 - 8:45 pm
Laps (4). Open (2)

WEDNESDAY

POOL HOURS:
6:00 am - 8:45 pm

6:00 - 9:00 am
Laps (6)

9:00 - 10:00 am
Laps (2). Aquarobics (3)

..... 10:00 - 10:15 - closed

10:15 am - 12:00 pm
Laps (4). Open (2)

..... 12:00 - 12:15 - closed

12:15 - 1:00 pm
Laps (2). Aqua HIIT (3)

1:00 - 2:00 pm
Laps (6)

..... 2:00 - 2:15 - closed

2:15 - 3:45 pm
Laps (4). Open (2).

..... 3:45 - 4:00 - closed

4:00 - 5:15 pm
Laps (2). Stingrays (2).
Lessons (2)

5:15 - 6:00 pm
Rental (3). Stingrays (1).
Laps (1)

6:00 - 6:45 pm
Laps (3). Rental (3)

..... 6:45 - 7:00 - closed

7:00 - 8:00 pm
Laps (2). Masters (4)

8:00 - 8:45 pm
Laps (6)

THURSDAY

POOL HOURS:
6:00 am - 8:45 pm

6:00 - 9:00 am
Laps (6)

9:00 - 10:00 am
Laps (2). Aquapower (3)

..... 10:00 - 10:15 - closed

10:15 am - 12:00 pm
Laps (4). Open (2)

..... 12:00 - 12:15 - closed

12:15 - 1:15 pm
Laps (2). Masters* (4)

1:15 - 2:00 pm
Laps (6)

..... 2:00 - 2:15 - closed

2:15 - 3:45 pm
Laps (4). Open (2).

..... 3:45 - 4:00 - closed

4:00 - 5:15 pm
Laps (4). Lessons (2)

5:15 - 6:45 pm
Laps (3). Rental (3)

..... 6:45 - 7:00 - closed

7:00 - 8:00 pm
Laps (2). Rental (4)

8:00 - 8:45 pm
Laps (4). Open (2)

FRIDAY

POOL HOURS:
6:00 am - 8:45 pm

6:00 - 9:00 am
Laps (6)

9:00 - 10:00 am
Laps (2). Aquarobics (3)

..... 10:00 - 10:15 - closed

10:15 am - 12:00 pm
Laps (4). Open (2)

..... 12:00 - 12:15 - closed

12:15 - 1:00 pm
Laps (2). Aqua HIIT (3)

1:00 - 2:00 pm
Laps (6)

..... 2:00 - 2:15 - closed

2:15 - 4:00 pm
Laps (4). Open (2)

..... 4:00 - 4:15 - closed

4:15 - 5:30 pm
Laps (4). Open (2)

5:30 - 6:45 pm
Laps (3). Rental (3)

..... 6:45 - 7:00 - closed

7:00 - 8:00 pm
Laps (4). Open (2)

8:00 - 8:45 pm
Laps (6)

SATURDAY

POOL HOURS:
8:00 am - 5:45 pm

8:00 - 9:00 am
Laps (6).

9:00 - 10:00 am
Laps (4). Lessons (2)

..... 10:00 - 10:15 - closed

10:15 am - 12:00 pm
Laps (4). Lessons (2)

..... 12:00 - 12:15 - closed

12:15 - 2:00 pm
Laps (6)

..... 2:00 - 2:15 - closed

2:15 - 4:00 pm
Laps (4). Open (2)

..... 4:00 - 4:15 - closed

4:15 - 5:45 pm
Laps (6)

Children age 12 &
under must pass our
swim test or wear
a lifejacket to
participate in open
swim. Please visit:
oregonjcc.org/poolrules
for our full
supervision policy
and pool rules.