

Owatonna Education Center Pre-K

This institution is an equal opportunity provider

OCTOBER 2023

BREAKFAST MENU

FREE MEALS FOR ALL STUDENTS
All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL
Students are required to take all 3 items offered.

MILK
Milk Choices: Skim or 1% White

EDUCATIONAL BENEFITS
Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES
Breakfast: \$2.25

ALLERGY INFORMATION
This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast Bar Applesauce Cup	3 Mini Bagel Fresh Fruit	4 Yogurt Cup Fruit Cup	5 Cereal Bowl Juice Cup	6 Smart Round Fruit Bowl
9 Annie's Bunny Grahams Applesauce Cup	10 Frudel Fresh Fruit	11 Cheese Stick Fruit Cup	12 Cereal Bowl Juice Cup	13 Cinnamon Roll Fruit Bowl
16 Breakfast Bar Applesauce Cup	17 Mini Cinnis Fresh Fruit	18 Yogurt Cup Fruit Cup	19 NO SCHOOL	20 NO SCHOOL
23 Nature Valley Crisps Applesauce Cup	24 Waffle Fresh Fruit	25 Cheese Stick Fruit Cup	26 Cereal Bowl Juice Cup	27 Pumpkin Muffin Fruit Bowl